



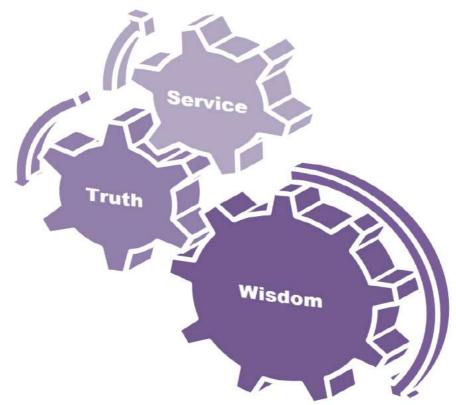
Emergency Medicine Foundation Program

Collaboration of Royal College of Emergency Medicine (UK)



Rawalpindi Medical University

Motto



Vision

- To impart evidence based research oriented medical education
- To provide best possible patient care
- To inculcate the values of mutual respect and ethical practice of medicine

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Message By Vice Chancellor

Emergency medicine is new specialty in Pakistan. Holy family Hospital affiliated with Rawalpindi Medical University is first public sector hospital in Punjab to establish department of emergency medicine. There are few qualified specialists in the field of emergency medicine in Pakistan, a country having a population of over 220 million with extra ordinary burden of both the communicable and non-communicable diseases and trauma cases. Even today, there are only seven hospitals across Pakistan having training opportunity in field of emergency medicine but most of them are private sector hospital.

Realizing importance of emergency medicine, Rawalpindi medical university signed a memorandum of understanding with Royal college of emergency medicine (UK) for starting Emergency medicine foundation program (EMFP). It is a great opportunity to develop a trained workforce for our newly established department of emergency medicine. It will be a milestone in history of emergency medicine in Pakistan. It will help to improve care of patients presenting in emergency department. Curriculum for this training program will cover all important clinical and professional aspects of emergency medicine. Teaching and assessment methodologies for this program will provide great learning opportunity for our trainees to learn according to international standards. Training will be delivered by our faculty under supervision of RCEM. It will provide capacity building for our local faculty. In future this trained faculty will be in better position to develop further training opportunities in this specialty. It will bring great change in knowledge, skills and professional attitude for doctors working in emergency department. Launching this program in Pakistan will also help to create awareness among health processionals regarding importance of Emergency Medicine as a specialty.

Prof. Dr. Muhammad Umar, Sitara-i-Imtiaz



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Message By Royal College Of Emergency Medicine

The Royal College of Emergency Medicine (RCEM) is pleased to announce the launch of The Emergency Medicine Foundation Programme and to issue an invitation to international healthcare services to participate in a pilot of this one-year training programme. This new curriculum will provide a quality assured training of key professional and clinical competences in Emergency Medicine at a pre-specialist level. It is aimed at those who have completed residency and wish to develop skills in emergency care, including those who may wish to progress towards further specialist training and membership and fellowship exams. Participation in the pilot of this programme will include delivery of a quality assured training, of key clinical and professional competences, within a structured educational framework that includes supervision from senior clinicians delivered within a local learning hub. Services will have access to a fully developed curriculum, with tools and guidance for training and assessment and associated learning and development resources. This will be complemented by a training programme for clinical and educational supervision. This is an extremely exciting opportunity for both services and clinicians to further develop competence in emergency medicine and standardise care delivery.



Dr Tajek B Hassan, PresidentRoyal College of Emergency Medicine
Medicine



Dr Jason Long, DeanRoyal College of Emergency

Message By Director DME And Program Director

Emergency Medicine Is Rapidly developing specialty in whole of world. It is need of time to promote this specialty in our health system. It is the specialists in emergency medicine who decide what course of action to be followed for a patient reaching hospital in critical condition and if we want to strengthen emergency healthcare, we must produce specialists in EM. In Pakistan we do not have sufficient number of qualified doctors in this specialty. Holy family Hospital is the first public sector hospital in Punjab to have department of emergency medicine. Emergency medicine foundation program (EMFP) is a great opportunity for our university to develop trained faculty in field of emergency medicine. It is the only site in Pakistan for this training Program by Royal College of Emergency Medicine. It will provide training opportunity according to international standards. It has developed a Curriculum covering professional development, trauma care, and resuscitation for acute medical emergencies. This program will provide a foundation to develop future training opportunities in field of emergency medicine and will enable our young doctors to provide best possible care in emergency department according to international standards.



Prof. Rai Muhammad Asghar Director DME



Prof. Janangir Sarwar Khan Professor of Surgery & Program Director EMFP

PREFACE

EM is a relatively new specialty, which has evolved just over the last quarter of a century. In fact, EM is the first specialty to develop directly due to demand by the public. Emergency physicians are first contact providers. EM is a specialty of depth and breadth. EM is the medical specialty with the principal mission of evaluating, managing, treating, and preventing unexpected illness and injury. Quality emergency care is a fundamental right and should be available to all who seek it. There is a rapidly growing interest in EM throughout the world.

EM in Pakistan is a new specialty, and in fact, is not an officially designated specialty. EM is an extremely important component of any health care system and provides a vital service to the public. Major clinical problems (all of which are common in Pakistan) that are very well managed by EM include the following: trauma, cardio-respiratory illnesses, toxicology, environmental disorders, and mass casualties from disasters. EM also provides significant benefits to the general public. These include reassurance and confidence, convenience, and ensured access to care. EM also is important for public education in illness and injury prevention, teaching the public how to correctly utilize the health care system. There are significant benefits in developing physician residency training programs in EM.

It is need of the time to introduce specialty of Emergency Medicine in all public sector hospitals of the country as trained personnel can save lives of thousands of patients coming to accident & emergency departments of hospitals in critical condition. It is the specialists in emergency medicine who decide what course of action to be followed for a patient reaching hospital in critical condition and if we want to strengthen emergency healthcare, we must produce specialists in EM.

Scarcity of resources is a limiting factor in establishing EM as a specialty because it requires upgrading of basic infrastructures and adequate training of EM personnel. Lack of trained EM faculty is another limiting factor in Pakistan. Despite obstacles, there is a potential for the development of EM. It is hoped that this relatively new specialty will meet the challenges and will grow with time.

Rawalpindi Medical College was established in 1974. Two years back it was upgraded to Rawalpindi Medical University. Holy Family Hospital, Benazir Butto Hospital and District Headquarter Hospital are tertiary care hospitals affiliated with university as teaching hospitals. All these three hospital have very busy emergency departments. These hospitals are referral centers for upper Punjab, Azad Kashmir and KPK. Due to poor primary and secondary health systems, most of emergency patients are directly referred to these hospitals without proper management.

The Royal College of Emergency Medicine (RCEM) uk is supporting the development of Emergency Medicine at a Global level. As part of this commitment the International Education Committee within the College has developed a training curriculum, aimed at providing registered medical practitioners at pre-specialist level with a demonstrable period of study and training in Emergency Medicine.

The Emergency Medicine Foundation Program (EMFP) will be a one-year course that has a defined and evidence-based curriculum with key competences, both professional and clinical, that support services to provide care that is safe, effective and responsive to population needs. Guidance on methods of learning and assessment will be available, along with additional supportive training tools and resources.

Delivery of training will be with work place-based assessment and online learning. Local supervisors will directly supervise training in coordination with foreign faculty. RCEM will also arrange workshops for training of supervisors.

EMFP is one year certificate course. It will be a joint venture between RMU and RCEM. It will provide a great opportunity to develop a trained staff for working in department of emergency medicine in our hospitals along with trained workforce.

DR USMAN QURESHI LEAD EDUCATIONAL SUPERVISOR FOR EMFP

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GLOSSARY OF TERMS

AA Audit Assessment ABG Arterial blood gas

AMPLE Allergies, Medications, Past illness, Last oral intake, Events leading up to

presentation

ACAT-EM Acute Care Assessment Tool for Emergency Medicine

ATMIST Age of patient, Time of arrival, Mechanism of injury, Injuries suspected, Signs,

Treatment given

AXR Abdominal X-Ray
BBV Blood bourne virus

BiPAP Bilevel Positive Airway Pressure

BVM Bag Valve Mask

CbD Case based Discussion

CPAP Continuous Positive Airway Pressure

CPR Cardiopulmonary resuscitation

CS Clinical Supervisor
CSF Cerebrospinal fluid

CTPA CT Pulmonary Angiography

CXR Chest X-Ray

CYP Children and young people

DM Diabetes Mellitus

DOPs Direct Observation of Procedures

ED Emergency Department
eLc E Learning course
EM Emergency Medicine

EMFP Emergency Medicine Foundation Programme

ES Educational Supervisor ICP Intra-cranial pressure LOC Level of consciousness

LP Lumbar Puncture
LS Life support course

Mi Mini-Clinical Evaluation Exercise

MSF Multi-source feedback
PE Pulmonary embolism

PID Pelvic inflammatory disease

PMH Past medical history PoP Plaster of Paris

PPI Proton pump inhibitors

RCEM Royal College of Emergency Medicine

RL Reflective log S Simulation

TMJ Temporomandibular Joint

TXA Tranexamic acid

Introduction

Review of local health and health service needs

It is well known that outcomes for patients presenting with acute emergencies and injuries are linked to the quality of initial clinical assessment and management. This recognition has led to the emergence of Emergency Medicine as a specialty and development of specialist training, especially at higher 'specialty' level aimed at completion of membership exams. However, access to these specialist training courses are limited, and can cost individuals a large amount of personal funds. There is currently a gap in the training programmes of many countries at a pre-specialist or 'core' level after undergraduate training and internship or residency is complete.

The EMFP will enable registered medical practitioners to demonstrate development of core professional and clinical skills in EM, to a measurable and entrustable standard. Development of the medical workforce in EDs will in turn support improved standards of care, especially in areas with high burden of trauma and acute illness, and provide development opportunities for clinicians, who traditionally may have had to seek this outside of the country. In turn completion of this programme can act as a stepping stone to higher specialist training and completing membership exams.

Curriculum purpose

Aim and objectives of curriculum

To develop a curriculum, based at pre-specialist level, that provides key clinical and professional skills in emergency care and ensure health services can provide care that is safe, effective and responsive to population needs.

The following project objectives are key to delivering the above aim:

- A one-year training programme for registered medical practitioners that provides quality assured training in EM at pre-specialist level
- Recruitment to a one-year pilot of the programme in 2019, to develop and adapt the curriculum and training as required
- Education and supervision of trainees by trained clinical and educational supervisors, working within a Learning Hub
- Training of senior clinicians as educational and clinical supervisors
- Development of an array of learning and support tools within RCEM Learning and Eportfolio
- An evaluation of the pilot and effectiveness of the curriculum, followed by wider implementation

Governance and strategic support

Curriculum development and governance process

Initial curriculum development has been by the International Education Committee, utilising current UK Foundation and Core curricula, as well as international best practice and

guidance. The curriculum will be tailored to the trainee level and population needs within pilot countries. The following have been considered when developing the initial pilot curriculum:

- Likely disease prevalence in key non-UK countries
- Potential differences in social determinants of health and acuity or stage of illness of patients presenting to ED
- Wider health service coverage that may impact on patients attending ED
- Potential differences in culture that might impact on health service delivery and health seeking behaviour
- Different training pathways and likely cost to individual of training
- The possible wider role in public health, infection control, mass casualties and disaster preparedness that be required by emergency services in these countries

The programme will not align with one educational provider in any country and will be open to all services who meet criteria. The initial pilot will be limited to India and Pakistan, with the development of a maximum of six learning hubs per country.

Feedback will be actively sought at several points in the pilot process, including on the draft curriculum from learning Hubs prior to pilot. In addition, feedback on the curriculum and evaluation of it's to provide required skills will take place during the pilot, as well as a formal evaluation at the end of the pilot followed by review and revision as required.

Ensuring training and assessment is fair and based on principles of equality and diversity

There are minimal criteria for trainee inclusion within the programme, and services will be responsible for ensuring that recruitment is fair and equitable. Delivery of teaching and assessment of skills and knowledge will be acquired through multiple different techniques, by trained senior clinicians as well as incorporation of feedback from patients and colleagues.

Recruitment, teaching, supervision and assessment by Supervisors and services will be overseen by the Learning Hubs and a faculty.

Trainees should be registered medical practitioners, working within Emergency Medicine and not participating in another formal training programme in order to participate.

Links with other training

Completion of this programme will not automatically enable trainees' entrance to specialist training or the ability to complete membership examinations.

Programme of learning

Outline of training programme delivery

The training is competency based and split into professional, clinical and procedural skills within specific modules. The curriculum covers resuscitation, trauma, acute clinical presentations and core professional competencies and common procedures for this level of trainee. Two of the clinical modules will be decided at a local hub level to allow services to tailor training to local need.

Core Professional Modules

These ensure the trainee has appropriate competence across all professional practice to ensure safe, effective care and good team working. Many of these skills may have been partially or fully achieved before during undergraduate or residency training, but we would expect increased levels of autonomy and maturation in communication skills. The trainee will also be introduced to issues in the context of Emergency Medicine.

These modules do not require separate assessments but cover key areas of professional behaviour and communication that will be assessed within clinical assessments.

Clinical modules

These have been split into resuscitation, trauma and acute presentations and will cover knowledge, skills and behaviours required for common presentations in these areas. Key procedural competences are included within these modules.

In addition to these core modules there are 'Additional' professional and clinical modules. Each Learning Hub will be asked to choose at LEAST 2 modules, prior to the start of the year, that best fit their service and local health needs. These modules will then become part of the local curriculum.

Paediatric specific competencies

Trainees are expected to be able to have some experience with assessment and treatment of children and many modules will have paediatric specific competencies, which should be assessed **in addition to** the competencies listed for adults. One assessment must be a paediatric case as a minimum. It is not expected that trainees will have to show their competence in all the paediatric specific competencies outside of this single assessment.

Entrustable Professional Activities (EPAs)

EPAs constitute the general tasks or work that would or could occur in a day or shift. They are made up of multiple assessable competences and types of competences.

Each module has an indication of the required level of entrustment by completion of assessment of competence. 2,3

- 1- Not allowed to practice clinician is an observer only
- 2- Direct active full supervision by a senior clinician, with prompting or verbal and actual guidance and help throughout
- 3- Indirect active- partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available
- 4- Passive- full entrustment to carry out competence, no senior support provided

In addition, there is a level 5 -Supervisor- able to supervisor others in EPA. For purposes of this programme we have removed this level as it will be too senior.

The list of competences that must be assessed as fully achieved to allow unsupervised practice will be listed. Assessment may be required several times, for key aspects of

competences as it is anticipated that at start of programme that trainees would be at EPA level 1 or possibly 2. It is not anticipated that trainees would move from level 1 to 4 in a year.

At the start of the year, we would suggest that key EPAs are assessed, and a supervision level assigned. This would need to occur in first few weeks and would then be used to guide educational and overall supervisory requirements for individual trainees.

Entrustment decisions

Some assessments will require summative assessment, but we encourage initial formative assessment which can identify areas for growth. Several formative assessments with evidence of learning in between is of greater evidentiary use and shows better learning than a single summative assessment.

Summative decisions do not necessarily link with duration of programme but change in behaviour and skills e.g. this is competency rather than time-based assessment.

There is no order to which EPA should be completed first or the order in which they be completed, but resuscitation competences should be assessed within first six months.

Appendix 1 has a table of all competencies with expected EPA level by the end of the programme.

Learning outcomes and progression through programme How to use the syllabus

Each module has clear competencies, some of which must be observed directly in the work place. Trainees must learn the key aspects of the syllabus, so that they can ensure that they arrange adequate supervision and ensure progression with demonstrating achievement of competencies throughout the programme.

Along with competencies within each module there is list of suggested presentations or situations that would be suitable as basis for assessment of different aspects of the syllabus. You may be able to assess aspects of several modules within one assessment, for example as well as completing clinical module 'Acute Cardiac Presentations' there may be aspects of professional competencies such as pharmacology, communication with patients and communication with staff that can be assessed at the same time, as well as competency in carrying out certain procedures.

The trainee must therefore have a good working knowledge of the curriculum to make the best use of assessments.

Further detailed information regarding types and number of assessments required, 'satisfactory' unsatisfactory' outcomes for modules and the assessment forms please see: the 'Curriculum assessment guidance'

Appendix 2 has the Assessment Blueprint outlining the potential assessment tools that can be utilised for each area of professional and clinical practice.

Summative assessment tools

Summative assessments are pass/fail encounters with consultant assessors or via other sources e.g. eLearning modules. These can be carried out after a period of training and can be repeated. There are descriptors of satisfactory versus unsatisfactory progress

Summative clinical assessment tools include:

- Mini- Clinical Evaluation Exercise (Mini-CEX)
- Case-based discussion (CBD)*often more formative from a pragmatic perspective
- Directly Observed Procedure (DOP)
- Life Support course (LS)

Mini-Clinical Evaluation Exercise (Mini-CEX)

Evaluates a clinical encounter with a patient and looks at competence in core skills for good clinical care, including ability to take history and examination and clinical reasoning. Trainee will receive immediate feedback.

Case-based Discussion (CbD)

Assesses performance of trainee in managing patient during presentation and looks at areas such as clinical reasoning, decision making and judgement, application of knowledge in patient care. CbD focuses on a written record of patient's management.

Direct Observation of Procedures (DOPS)

Assessment of skill at a procedure through direct observation and evaluation recorded on tool against a structured checklist. The trainee will receive immediate feedback.

Life Support Course (LS)

This is successful completion of recognised life support course.

Formative assessment tools (both clinical and non-technical)

Formative assessments offer opportunity for reflective practice and form the majority of assessments at this stage of training. These include:

- Mini-CEX
- CBD
- Acute Care Assessment Tool for EM (ACAT-EM)
- Multi-source feedback (MSF)
- Direct observation of procedural skills (DOPS)
- Audit assessment (AA)
- Reflective Log

Acute Care Assessment Tool (ACAT-EM)

Allows for assessment over a period of time and over several different cases and can cover several domains e.g. clinical and professional competences.

The trainee should be aware when the ACAT-EM is being undertaken and it can be used for up 5 different acute presentations, but a minimum of 3.

Multi-Source Feedback (MSF)

Used to assess generic professional skills such as communication, team working, reliability etc

This provides objective systematic collection and feedback of performance, that is derived from a range of colleagues including doctors, nursing and administrative staff, allied health staff. The trainee does not see the individual response

Audit Assessment (AA)

Used to assess competence in completing an audit cycle or one PDSA round of a QI project. Completion of this assessment tool can be based on review of audit or QI documentation or presentation of either at an MDT meeting

Reflective log (RL)

This is an important aspect of formative assessment and allows trainees to show evidence of learning and behaviour change throughout the programme. Further information on reflection is available to trainees within the 'Trainee Reference Guide'.

Timing of assessments

There are a large number of assessments that need to be undertaken and trainees will not be able to complete the curriculum unless they start these straight away. Only the resuscitation modules and the first trauma module require summative assessment, all the rest can be done through formative assessment and reflection of learning.

We anticipate trainees will need to do at least 2-3 assessments per month, in order to demonstrate their competences and show progression through the year. Trainees are responsible for identifying suitable presentations for assessment, but supervisors must be available as much as possible to make the most of these opportunities.

Trainees may find that in some areas their first assessment meets the required level for sign-off but in others they may need to do additional work and have a further assessment. The trainee should ensure that they may need to focus additional effort on those areas where their skills or knowledge are weakest.

It is assumed that trainees will be started at EPA level 1 or 2 (see page 8 for descriptors) and that they will move towards the final EPA level throughout the programme. See Appendix 1 for list of required entrustment levels.

Assessment with paediatric presentations

It is expected that at least one to two of the modules will be assessed in paediatric patients. In general, the competencies laid out in the modules are the same as for adults, but where there are additional paediatric-specific issues to consider, these are added at the end of the module.

Teaching and support

Trainees will be required to attend formal teaching and supervisory meetings throughout the year but are also encouraged to carry out additional reading and online courses to expand their knowledge.

Supervisors will advise trainees where skills, including core professional competences, fall below expected level and a more summative assessment approach may be required. InEMFP Pilot Curriculum general, the main evidence will be integrated with clinical assessment tools and demonstrated in the trainee's reflective log and formative feedback (e.g. MSF). This will be subject to regular educational/clinical supervisor reviews.

Syllabus outline

The modules listed below must be completed by all trainees in all pilot sites. In addition, each Learning Hub must choose AT LEAST TWO additional modules from the list of 10 below, to add to the curriculum.

Generic Modules			
	All trainees in all Learning Hubs will be completing these modules.		
	They cover professional, clinical and procedural competencies		
CC	Core Professional	CC1	Clinical decision making and judgement
	Competencies	CC2	Therapeutics and safe prescribing
	* Please note,	CC3	Assessment and management of pain
	these are NOT	CC4	Infection prevention and control and personal safety
	assessed separately but	CC5	Assessing patient capacity and obtaining consent
	must be evidenced	CC6	Safeguarding and the vulnerable patient
	through	CC7	Communication with the patient/relative(s) inc. breaking
	assessment of the		bad news
	clinical modules	CC8	Communication with colleagues and effective handover
		CC9	Time and workload management
		CC10	Health promotion and public health
R	Resuscitation	R1	Cardiorespiratory, respiratory and peri-arrest
		R2	Shock, anaphylaxis and the septic patient
		R3	The unconscious patient (or deteriorating level of
			consciousness)
Т	Major Trauma	T1	Systematic assessment and initial management of a major
			trauma presentation
		T2	Major Incident Management: involving large numbers of
			casualties or a surge of acutely ill patients
Α	Acute	A1	Acute cardiac presentations
	presentations	A2	Acute respiratory presentations
		A3	Acute abdominal presentations
		A4	Acute presentations involving self-harm and unintentional
			toxins/poisoning
		A5	Acute neurological, cognitive or affective presentations
		A6	Acute musculoskeletal and atraumatic limb presentations
		A7	Management of burns
Liste	d below are the practi	cal proce	edures in which all trainees must complete assessment
PP	Practical	PP1	Peripheral venous cannulation / emergency intraosseous
	procedures		access
•		PP2	Obtaining and interpreting an ABG
		PP3	Obtaining and interpreting an ECG
		PP4	Management of serious haemorrhage (inc. pelvic binder)
		PP5	Basic airway assessment and management
		PP6	Cardio-Pulmonary Resuscitation and safe defibrillation
		PP7	Primary survey of a major trauma patient
		PP8	Initial decompression of a large/tension pneumothorax

	PP9	Local anaesthesia
	PP10	Regional anaesthesia
	PP11	Fracture reduction
	PP12	Dislocation reduction
	PP13	Wound closure and appropriate dressings
	PP14	Limb injury immobilisation including splints/PoP/slings
	PP15	Safe delivery of a fluid challenge

			Additional modules
Liste			dules. Each Learning Hub will be asked to add AT LEAST two of
	these to the	ir curricu	ulum, which must then be completed by their trainees
0	Options	01	Principles of quality/safety improvement
		O2	Dermatological presentations
		О3	Infectious and endemic diseases
		O4	Haematological emergencies
		O5	Urological, renal and genitourinary disorders
		O6	'End-of-life' and palliative care considerations
		07	Care of patient with malnutrition, electrolyte or endocrine
			disorder
		O8	Common ophthalmological presentations
		O9	Common ENT, maxillofacial and dental emergencies
		O10	Common obstetric and gynaecological presentations

A. Core curriculum

CORE PROFESSIONAL COMPETENCES

CC1 Clinical decision making and judgement

Assessment of these competencies to be integrated during Mini-CEX, ACAT-EM or CbD of clinical modules with appropriate cross-linking. It is important to also consider these competencies within your reflection logs. Colleagues and supervisors may feedback comments on this area within the MSF.

Trainees are expected to achieve EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/	Detail of competency
Skill/	
Behaviour	
Knowledge	Defines the steps of diagnostic reasoning
	Conceptualises the clinical problem and generates a differential
	diagnosis within the context of clinical likelihood. Be able to test, refine
	and verify hypotheses
	Recognises how to use expert advice, clinical guidelines and algorithms.
	Can utilise support for decision making in stressful environments Recognises the need to determine the best value and most effective
	treatment both for the individual patient and for a patient cohort
	Defines the concepts of a disease's natural history and assessment of risk
Skills	Is able to judge the severity of a presenting complaint, based on history
	and examination and determine an appropriate differential diagnosis,
	investigation and treatment plan
	Is able to recognise signs and symptoms that may indicate a <i>critical</i>
	illness and escalates appropriately
	Constructs an appropriate management plan and communicates this
	effectively to the patient, parents and carers where relevant
	Can define the relevance of an estimated risk of a future event to an
	individual patient
	Is able to assess those patients suitable for discharge and provide
	appropriate treatment and advise
Behaviour	Ensures that patients have an appropriate monitoring plan, including
	reassessment and identification of the deteriorating patient
	Shows willingness to discuss intelligibly with a patient the notion and
	difficulties of prediction of future events, and benefit/risk balance of
	therapeutic intervention
	Recognises personal beliefs and biases and understand their impact on
	the delivery of health services
	Is willing to facilitate patient choice

Recognises the need to use all healthcare resources in a discriminatory
manner and appropriately

CC2 Therapeutics and safe prescribing

Assessment of these competencies to be integrated during Mini-CEX, ACAT-EM or CbD of clinical modules with appropriate cross-linking. If further learning is required eLc can be used to support some aspects of this module.

Listed below are *high risk areas* of therapeutics and should be considered opportunities for discussion and assessment:

- Patient requiring a new antibiotic prescription for community acquired infection
- Patient requiring Gentamycin or Vancomycin Monitoring
- · Patient with potential toxicity/ overdose or requiring therapeutic levels of:
 - o Gentamycin/ Vancomycin
 - o Digoxin
 - o Lithium
 - o Phenytoin/ Carbamazepine/ Sodium Valproate
 - o Cyclosporin
 - o Sirolimus
 - o Tacrolimus
 - o Amiodarone
- Patients requiring blood monitoring for potential adverse events:
 - o Cytotoxic drugs
 - o Antipsychotic drugs o

Anticoagulants

- o Amiodarone
- Patient with hepatic impairment, requiring a new medication
- Patient with renal impairment requiring a new medication
- Patient presenting with 5+ regular prescribed medications (polypharmacy)
- Patient requiring opiate analgesic for pain
- Oxygen prescribing in hypercapnic respiratory failure (ABG/SpO2)
- Patient requiring an Insulin Infusion
- Paediatric weight-based calculations for common therapeutics.

Trainees are expected to achieve EPA level 3 (Indirect active- partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/ Skill/	Detail of competency
Behaviour	
Knowledge	Recalls indications, contraindications, side effects, drug interactions and dosage of commonly used drug groups e.g. analgesics,
	antibiotics, IV fluids

	Recalls a range of adverse drug reactions to commonly used drugs,
	including analgesics and antibiotics
	Recalls drugs requiring therapeutic drug monitoring and can
	interpret results
	Can define the effects of age, body size, organ dysfunction and
	concurrent illness on drug distribution and metabolism relevant to
	the trainee's practice
	Understands the requirement to adjust the dose for relevant
	medications in patients with known renal or hepatic impairment
	Understands key issues around prescribing including common errors
	in medications and safe prescribing, polypharmacy, compliance
	and resistance (overlapping with health promotion/public health)
	[antibiotic stewardship – see also IPC/Safety CC3)
Skills	Advises patients (and carers) about important interactions and
	adverse drug effects
	Is able to safely prescribe 'higher risk' therapeutics (list above)
	Provides comprehensible explanations to the patient, and carers
	when relevant, on the use of medicines
	Performs dose calculations (e.g. for age/weight) safely and
	accurately
Behaviour	Improves the patients understanding of diagnosis, investigations and
	treatments, including side effects and contraindications of
	medications
	Makes sure an accurate record of prescribed medication is shared
	with relevant others involved in an individual's care
	Maximises patient compliance by minimising the number of
	medicines required that is compatible with optimal patient care
	Maximises patient compliance by providing full explanations of the
	need for the medicines prescribed

CC3 Assessment and management of pain

Assessment of these competencies to be integrated during Mini-CEX, ACAT-EM or CbD of clinical modules and with appropriate cross-linking.

Patient presentations of particular importance that could be utilised to demonstrate competencies within this module include any patient presenting with moderate to severe pain, issues with regards to analgesia prescriptions such as side effects, exacerbation of existing chronic pain/need for adjuncts, opiate-seeking behaviour, and frequent attenders.

Trainees are expected to achieve EPA level 3 (Indirect active- partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/	Detail of competency
Skill/	
Behaviour	
Knowledge	Describes how to assess the severity of acute pain including scoring
	systems such as the Visual Analogue Scale and Verbal Rating Scale
	Describes the use of multi-modal therapy and the 'analgesic ladder'
	Understands how emotions contribute to pain
	Understands the different treatments of acute and chronic pain,
	including use of adjunctive therapy e.g. anxiolytics, neuroactive
	agents
	Understands the pharmacology of commonly used analgesics
	including but not limited to: Indications and contraindications, Side
	effects, Safety profile, Drug interactions
	Can list complications of regional anaesthesia and outlines their
	treatment including that of local anaesthetic toxicity and respiratory
	depression due to centrally administered opiates
Skills (see also	Is able to discuss options for pain relief with the patient and obtain
include PP9	informed consent
and PP10)	Uses non-pharmacological as well as pharmacological pain
	management such as immobilisation, TENS
	Safely prescribes analgesia for the acutely ill patient in pain
	Safely titrates analgesia against level of pain
	Is able to undertake the peripheral nerve blocks including but not
	limited to: digital, wrist (ulnar, median, radial), femoral, facial
	(auricular, supra-trochlear, supra-orbital), ankle and know their
	contraindications
Behaviour	Ensures effectiveness of analgesia provided and seeks help if pain is
	not relieved or is disproportionate
Paediatric	Knows how to assess pain in CYP, the range of options to relieve pain
specific	and how to select the best option.
competencies	Knows the range of nonpharmacological and pharmacological -
	agents, routes of administration, dosage.
	Can explain the management of severe pain including the use of
	intranasal opiates and intramuscular ketamine
	Knows the safe doses, side effects and toxicity of different agents

CC4 Infection prevention and control and personal safety

Assessment of these competencies to be integrated during Mini-CEX, ACAT-EM or CbD of clinical with appropriate cross-linking.

Assessment of key skills can also be assessed through DOP of aseptic technique, audit of personal/ local practice, MSF plus an eLc.

Potential situations in which Infection control issues could be considered as part of the assessment include the following:

- Patient presenting with suspected infective diarrhoea
- Care of a potentially contaminated patient e.g. chemical, or external haemorrhage with either:
 - o history of BBV (HIV/AIDS or Hepatitis B/C)
 - o or suspected pulmonary TB or other infectious disease
- Any patient with suspected nosocomial infection e.g. MRSA, C. Difficile
- Notifiable diseases and associated responsibilities
- Neutropenia, immunosuppression or other specific patient risk-factors

Trainees are expected to achieve EPA level 2 (Direct active – full supervision by senior clinician, with prompting/verbal and actual guidance and help throughout) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/ Skill/	Detail of competency
Behaviour	
Knowledge	Understands the principles of preventing infection in high risk groups (e.g. antibiotic use to prevent Clostridium difficile) including understanding the local antibiotic prescribing policy
	Knows the role of notification and the role of local authorities in infection control, the principal notifiable diseases and the process for notification
	Is aware of the risks of nosocomial infections. Understands the links between antibiotic prescription and the development of nosocomial infections.
	Understands the principles of risk management of large-scale outbreaks or pandemic infections and initial safe IPC measures to take to limit cross-infection [see also -Mass Casualty T2)
Skills	Uses blood cultures appropriately with good technique and for appropriate indications Starts antibiotics within 1 hour for septic patients
	Manages simple common infections in patients using first-line treatments. Communicating effectively to the patient the need for treatment and any messages to prevent re-infection or spread
	Prescribes antibiotics in accordance with local guidelines, microbiology advice and maintaining stewardship principles Practices aseptic technique, even whilst performing clinical
	procedures Identifies the potential for infection amongst high risk patients, including the immunosuppressed, obtaining appropriate investigations and considering the use of second-line therapies
Behaviour	Always follows local infection control protocols. Including washing hands before and after seeing all patients; standard precautions

	Recognises and takes appropriate action in potential infection
	including use of masks, aprons, closed cubicles (e.g. diarrhoea,
	haemoptysis) and recognises the risk of cross infection
	Uses gloves in all venepuncture or invasive procedures and goggles
	as required, safely disposes of all sharps
	Notifies all infectious diseases including common ED presentations
	(meningococcal, TB, food poisoning)
	Counsels patients on matters of infection risk, transmission and control
	Is able to explain infection control protocols to students and to
	patients and their relatives.
	Encourages all staff, patients and relatives to observe infection
	control principles
Paediatric	Is able to explain potential risks of common childhood infectious
specific	diseases to either immunologically naïve children/adults in close
competencies	contact, or high-risk groups such as pregnant women or
	immunosuppressed

CC5 Assessing patient capacity and obtaining consent

Assessment of these competencies to be integrated during Mini-CEX, ACAT-EM or CbD of clinical modules.

Assessment of key communication skills can also be assessed through DOP of key procedures e.g. fracture reduction or audit of personal/ local practice. Some aspects of knowledge could be obtained through eLc.

Potential situations in which assessment of capacity and consent issues could be considered as part of the overall assessment include the following:

- Patient with dementia/ acute delirium (sufficient to impair capacity) requiring consent for a procedure or treatment
- Adult with learning disability, that impairs capacity, requiring consent for a procedure or treatment
- Patient at risk (or who poses a risk to others) from a mental health presentation
- · Assessing cognition and capacity in a patient who is intoxicated
- Obtaining written consent for patient requiring invasive procedure/ treatment: o Reduction of fracture or dislocation
 - o Procedural sedation o
 - Cardioversion
 - o Excision of abscess
 - o Consent for thrombolysis for MI/PE/ Stroke
- Child requiring consent for a procedure
- Adolescent requiring consent for a procedure

Trainees are expected to achieve EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/	Detail of competency
Skill/	
Behaviour	
Knowledge	Understands potential causes of impairment of cognition or capacity
	e.g. delirium, dementia, severe mental health disorder
	Understands the importance of the patient's background, culture,
	education and preconceptions (ideas, concerns, expectations) to
	the consultation process and how it influences communication
	Understands when problems with communication and a patient's
	mental state may make obtaining consent difficult and the
	appropriate actions to take
	Understands the law as it applies to healthcare provision, patient
	consent and capacity and where to find sources of medicolegal
	information
Skills	Establishes a rapport with the patient and any relevant others (e.g.
	carers)
	Consents patients verbally and notes the consent for minor
	procedures such as suturing and abscess drainage
	Can perform a mental state examination and assessment of
	cognition and capacity
	Gains written consent for procedures requiring sedation or
	intravenous anaesthesia in line with local departmental protocols e.g.
	Biers block, conscious sedation for shoulder reduction
	Recognises when consent or refusal is invalid due to lack of capacity
	and applies principles of 'best interests' and proportionality 'least
	restriction'; concept and safe use of restraint/deprivation of liberty
	Is able to explain complex treatments meaningfully in layman's terms,
	to listen actively and question sensitively to guide the patient and to
	clarify information to assess level of understanding and thereby to
	obtain appropriate consent
Behaviour	Acts with courtesy, empathy, compassion and professionalism. Ensure
	that the approach is inclusive, and patient centred and respect the
	diversity of values in patients, carers
	Checks the patient's/carer's understanding, ensuring that all their
	concerns/questions have been covered
	Uses different methods of ethical reasoning to come to a balanced
	decision where complex and conflicting issues are involved
	Respects a patient's rights of autonomy even in situations where their
	decision might put them at risk of harm
<u> </u>	

	Shows a willingness to obtain a second opinion, senior opinion, and
	legal advice in difficult situations of consent or capacity
	Where communication or capacity is impaired, escalates
	appropriately to senior colleagues
	Makes accurate contemporaneous records of the discussion
Paediatric	Understands the rights of children and adolescents to participate in
specific	decisions about their health within their own legal framework
competencies	Is able to discuss treatments requiring consent with patient and
	family/carer/legal guardian and obtain consent from the
	appropriate person, dependant on legal age of consent

CC6 Safeguarding and the vulnerable patient

Assessment of these competencies to be integrated during Mini-CEX, ACAT-EM or CbD of clinical modules with appropriate cross-linking. Some aspects of knowledge could be obtained via eLc.

Potential situations in which safeguarding issues could be considered as part of the overall assessment include the following:

- Elderly patient requiring full care presenting with injuries consistent with abuse
- Female (with or without child dependants) presenting after injury from domestic violence, or vulnerable to gender-based issues e.g. female feticide
- Patient with any presentation who has or is suspected of having alcohol or drug abuse, where care or follow up is impacted
- Patient with any presentation who is homeless, where care or follow up will be impacted
- Patient with any presentation who has learning difficulties or mental health condition and reduced capacity
- Any presentation of vulnerable adult where any abuse type is suspected
- Communication with parents where a risk of harm (such as FGM) or possible exploitation is identified
- Communication with parent of child with suspected non-accidental injury, neglect or other form of abuse

Trainees are expected to achieve EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/ Skill/	Detail of competency
Behaviour	
Knowledge	Understands the signs of physical, emotional, sexual abuse including
	domestic violence or abuse of elderly and how they may present in ED
	Understands the role of the clinician in identification of dependants
	potentially at risk due to patient's personal health and substance

	misuse, including understanding the procedure to be followed when
	abuse is suspected
	Knows the local policies and procedures and clinician responsibilities
	when suspected abuse is identified in adults or children
Skills	Is able to identify patients and or other family members at risk of
	gender-based violence or exploitation, including issues such as FGM
	Is able to identify elderly patients at risk of malnutrition, dehydration,
	susceptibility to extremes in temperature
	Identifies and overcomes possible barriers to effective communication,
	including seeking translators for patients
	Recognises the possibility of deliberate harm in vulnerable patients and
	report to appropriate agencies
Behaviour	Records findings, discussions and resultant actions/ referrals carefully in
	notes
	Recognises the duty of the medical professional to act as patient
	advocate
Paediatric	Understands the ways children might present with all forms of abuse,
specific	including neglect and emotional as well as sexual exploitation and
competencies	relevant tools

CC7 Communication with the patient/relative(s) inc. breaking bad news; confidentiality

Assessment of these competencies to be integrated during Mini-CEX, ACAT-EM or CbD of clinical modules with appropriate cross-linking. Communication of key information is an important aspect of DOPs.

Key skills and behaviours regarding clarity and effectiveness of communication to be assessed via MSF and as part of reflection.

Potential situations in which communication skills with patients could be included as part of the overall assessment include the following:

- Patient with suspected STI/ HIV requiring sexual health history
- Obtaining a history from patient with acute delirium, dementia
- Communication with family after patient death
- Communication with patient where advising of potential/ suspected bad news dx: STI/ HIV/AIDS/Cancer/MI/Stroke/Major abdominal complaint/ MS/ Potential loss of limb/ Deterioration of disease
- Communication of risk/ advice for patient with alcohol/ drug abuse
- · Communication with a victim of sexual assault
- Carrying out history/ examination with patient via translator
- Communicating with any person who is verbally or physically aggressive
- Communicating with a patient who may be at risk of domestic or gender-based violence
- Obtaining history from patient in severe pain

Trainees are expected to achieve EPA level 3 (Indirect active- partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/	Detail of competency
Skill/	
Behaviour	
Knowledge	Understands how the patient's background, culture, education and
	preconceptions may impact communication with patient and their
	understanding
	Understands communication factors that may lead to dissatisfaction of
	the care that was delivered
	Recognises that the way in which any information is delivered
	significantly affects the subsequent relationship with the patient
	Recognises that every patient may desire different levels of
	explanation and have different responses to information provided
	Recognises that personal information is private or confidential (within
	the relevant legal context of that country) but the patient may wish to
	be accompanied or request information to be shared with another
	individual or representative; and that this is handled sensitively
	Is able to discuss the role of the coroner or other legal representative
	(such as Police) in an unexpected death including the need for a post-
	mortem or similar investigation or examination
Skills	Establishes a rapport with the patient and any relevant others (e.g.
	carers/relatives/advocates)
	Listens actively and questions sensitively to guide the patient and to
	clarify information
	Prepares patient/relative to receive bad news and responsive to their
	reactions and offer appropriate time and space to absorb information
	Structures the interview e.g. set the scene, establish understanding,
	Discuss: diagnosis, implications, treatment, prognosis and subsequent
	care
	Encourages questioning and ensures comprehension from patients
	and or family/ carers
	Responds to verbal and visual cues from patients and relatives
	Can communicate complex information with support of translator
	when patient speaks a different language
	Can discuss decisions regarding resuscitation, with patients and
	family/carers (within the relevant legal context of that country)
Behaviours	Introduces themselves to patient/carer/ relative stating name and role
	Can communicate complex information in a clear manner
	Recognises the importance of preparation when breaking bad news
	bv:
	by:

	☐ Setting aside sufficient uninterrupted time
	Choosing an appropriate private environment
	☐ Having sufficient information regarding prognosis and treatment
	☐ Structuring the interview
	☐ Being honest, factual, realistic and empathic
	Is able to discuss life-threatening conditions with patient with realistic
	presentation of risks and likely outcomes
	Acts with empathy, honesty and sensitivity avoiding undue optimism or
	pessimism. Respect the different ways people react to bad news
	Involves patients and carers in decisions regarding care
Paediatric	Is able to establish a rapport with CYP and their families
specific	Understands the developmental stage in CYP when communicating
competencies	and particular issues related to communicating with adolescents and
	young people

Additional/complementary competencies- EPA Level 1 or 2

Knowledge/	Detail of competency
Skill/	
Behaviour	
Paediatric	Under supervision; observes or is involved in providing difficult
specific	information to parents related to the care of their child
competencies	

CC8 Communication with colleagues and effective handover/continuity of care Assessment of these competencies to be integrated during Mini-CEX, ACAT-EM or CbD of clinical modules with appropriate cross-linking.

Key skills and behaviours regarding clarity and effectiveness of communication to be assessed via MSF and during some of the DOPs e.g. CPR. In addition, these skills should be reviewed within the RL.

Potential situations in which communication competencies with colleagues could be included as part of the overall assessment include the following:

- Taking part in or undertaking transfer of patient from one clinical team/site to another
- Giving clinical management advice to a remote lay person, first responder or other healthcare professional
- Receiving or delivering handover from pre-hospital team in trauma or resus situations
- Handover patient with unstable/ deteriorating condition at end of shift to colleague or handover via group meeting

- Communication with specialist or general practitioner with regards to patient-where require follow up care
- · Communication with team during trauma and or resus call

Trainees are expected to achieve EPA level 3 (Indirect active- partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/ Skill/	Detail of competency
Behaviour	
Knowledge	Understands the role played by all members of a multi-disciplinary
	team, good team dynamics and how these positively impact on
	patient care and safety
	Understands the principles of good communication and
	communication techniques e.g. SBAR
	Understands the structured communication requirements of handover
	and potential harm from poor handover communication
	Understands the principles of best practice in handover
Skills	Communicates accurately, clearly, promptly and comprehensively
	with relevant colleagues by means appropriate to the urgency of a
	situation (telephone, email, letter etc), especially where responsibility
	for a patient's care is transferred
	Is able to tell the named nurse and/or nurse in charge (or other
	relevant clinical lead) the patient plan and communicate key
	requirements for treatment and monitoring with nursing staff
	Recognises when a patient is not responding to treatment, reassesses
	the situation and escalates appropriately
	Ensures effective handover of patients to other doctor at end of shift,
	including overall care plan for patients, acuity and tasks not yet
	completed and priority of tasks
	Ensures effective handover of key information, when transferring care
	to other teams e.g. at referral
Behaviour	Recognises role of nursing staffing, lead registrar and consultant
	Appreciates vital role of all members of team including administrative
	and portering staff
	Identifies problems for next shift/ team and takes pre-emptive action
	where required
	When communicating with other team members, especially regarding
	clinically unstable patients, communicates the patient acuity clearly
	e.g. using a red-amber-green assessment
	Encourages an open environment with regards to safety, issues of
	performance and team working

Ensure appropriate confidentiality is maintained during
communication with any member of the team
Handover of patients at end of shift is given in appropriate
environment and manner and is comprehensive and efficient
Ensures accurate contemporaneous note keeping inc.
referral/discharge documentation and record of handover

Additional/complementary competencies- EPA Level 1 or 2

Knowledge/ Skill/	Detail of competency
Behaviour	
Skill	Giving clinical management advice to a remote lay person, first
	responder or other healthcare professional

CC9 Time and workload management

Assessment of this module can be carried out as part of clinical workplace assessments or ACAT-EM; appropriately cross-linked, and with aspects included from MSF summary.

Alternatively, it can be assessed via separate AA or reflective log.

Potential situations that would be suitable for assessment of these competencies include prioritisation of the management of more than one severely unwell patient presenting at once.

Trainees are expected to achieve EPA level 3 (Indirect active- partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/	Detail of competency
Skill/	
Behaviour	
Knowledge	Understands that some tasks are more urgent or more important
	than others, prioritises care
	Understands the need to prioritise work according to urgency and
	importance, prioritises resources and delegate appropriately
	Outlines techniques for improving time management
	Understands the importance of prompt investigation, diagnosis and
	treatment in disease management as key to reducing morbidity
	and mortality
Skills	Identifies clinical and clerical tasks requiring attention or predicted
	to arise with minimal organisational supervision
	Recognises the most urgent / important tasks and ensure that they
	are managed expediently

	Estimates the time likely to be required for essential tasks and plan
	accordingly
	Groups together tasks when this will be the most effective way of
	working
	Recognises and appreciates the knowledge and skills of other team
	members in order to delegate tasks
	Knows when to ask for senior assistance or additional support
Behaviour	Ensures that tasks are prioritised according to importance and
	completes appropriately. Anticipates when priorities should be
	changed
	Is able to work flexibly and deal with tasks in an effective fashion
	Ensures all discharge summaries/diagnoses are completed during
	the shift
Paediatric	No additional competences
specific	
competencies	

CC10 Health promotion and public health

Assessment of this module can be carried out as part of clinical workplace assessments using CbD or ACAT-EM or may be included within MSF. Alternatively, it can be assessed via separate AA or some of the competencies can be obtained through completion of an eLc.

Potential situations in which health promotion competencies could be included as part of the overall assessment include the following:

- Patient attending with presenting complaint related to alcohol or drug misuse
- Patient attending with any presentation who are morbidly obese or suffer from malnutrition
- Patients requiring advice on weight loss, alcohol intake, exercise etc as result of diagnosis e.g. ACS and smoking
- Patients attending with suspected sexually transmitted disease
- Patient presenting with a potentially notifiable disease

Trainees are expected to achieve EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout) in these competencies, unless indicated separately in specific clinical modules.

Knowledge/ Skill/	Detail of competency
Behaviour	
Knowledge	Understands the factors which influence health – psychological,
	biological, social, cultural and economic (especially poverty)
	Understands the factors which influence the incidence and
	prevalence of common conditions, including the influence of

	lifestyle on health and factors that may influence an individual to
	change
	Where relevant, according to local/national policy or service
	delivery –understands the purpose and principles of screening
	programmes
	Knows the key local concerns about health of communities such as
	smoking and alcohol/ drug misuse and available cessation support
	Knows the safe drinking limits for alcohol in females and males and
	how to assess patients for dependency or harmful drinking
	Knows the impact of obesity and malnutrition on overall health and
	cognitive ability. Understand how these might occur at the same
	time
	Understands issues surrounding other determinants of health such as
	occupation, exercise and sexual health
	Understands issues relating to social and family contacts with
	suspected malaria, TB, Hepatitis B/C, HIV/AIDS
Skills	Identifies opportunities to prevent ill health and disease in patients
	and communicates these to an individual and their relatives,
	Takes a drug, alcohol and smoking history in all relevant patients
	Counsels patients appropriately on the benefits and risks of
	screening and sign-post patients to appropriate services
	Counsels patients on reducing risk of common infections, diseases
	e.g. malaria, HIV
	Supports an individual in a simple health promotion activity (e.g.
	smoking cessation)
Behaviour	Engages in effective team-working around the improvement of
	health
	Encourages, where appropriate, screening to facilitate early
	intervention
Paediatric	Is aware of risk-taking behaviour in adolescents and young adults
specific	and this impact on choices with regard to sexual behaviour, use of
competencies	alcohol, illicit drugs and tobacco

RESUSCITATION

Trainees must complete an assessment of ALL of the following:

- R 1 Cardiorespiratory, respiratory and peri-arrest
- R 2 Shock, anaphylaxis and the septic patient
- R 3 Unconscious patient (or deteriorating level of consciousness)

R1 Cardiorespiratory, respiratory and peri-arrest

Assessment of these competencies is via Mini-CEX, with final summative Mini-CEX to be completed by the end of the programme. If the trainee has evidence of ALS certification valid up to the time of end of programme review this can be used as evidence of completion of some of the relevant knowledge, skills and behaviours within this module.

In addition, key DOPs should be carried out as part of this module including Basic airway management (PP5) and CPR (PP6) unless holding valid BLS training certification within the last 12 months.

Potential situations in which these competencies could be assessed include the following:

- Any adult presentation where resuscitation is instigated, and resus team or team support is required for management
- Patient in respiratory distress requiring airway adjuncts and or additional ventilatory support requiring resus, anaesthetic or team-based support
- Patient presenting with deteriorating cardiac or respiratory presentation requiring escalation of support and management by team e.g. post MI, pericardial effusion with tamponade, asthmatic requiring ventilation, major embolic event, acute LVF

Core competencies to achieve with adult patients, are EPA level 3 (Indirect active-partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available). Paediatric competencies are to be assessed to EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout)

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Demonstrates knowledge of the causes of respiratory and cardiac
	arrest including special situations (such as drowning, electrical
	incident) and reversible causes in both adults and children e.g.
	hypothermia, trauma, overdose ("4 H's / T's").
	Recalls/explains the mechanism of defibrillation, energy used to
	defibrillate and the factors influencing the success of defibrillation
	Demonstrates familiarity with the ALS and APLS algorithms and can
	outline indications, mode of action and safe use of relevant drugs in
	the management of respiratory and cardiac arrest in adults and
	children

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^{*}Valid APLS certification can be used as evidence of paediatric specific competencies.

Knowledge/	Detail of competency
Skill/	
Behaviour	
Skills-	Familiar with use of transthoracic US to look for IVC compression and
investigation	cardiac tamponade or right-side dilatation
and treatment	Insertion intraosseous device for drug / fluid administration
	Insertion of an arterial line for invasive BP monitoring
	Insertion of a central line for access / vasoactive drug administration
	Initiation of general anaesthesia / paralysis, endotracheal intubation
	(RSI) and formal invasive ventilation for post-arrest critical care
	Initiation of non-invasive ventilation in appropriate patients

R2 Shock, anaphylaxis and the septic patient

Assessment of these competencies via Mini-CEX, with final summative Mini-CEX to be completed by the end of the programme.

In addition, key DOPs could be carried out as part of this module including Peripheral line insertion (PP1), ABG (PP2), IV fluid bolus administration (PP15).

Potential situations in which these competencies could be assessed include the following:

- Any patient presenting with significant allergic response/ anaphylaxis to an allergen or toxin e.g. insect bite, snake/ insect bite, nut allergy
- Any patient presenting with signs of shock, whatever the cause e.g. major blood loss, cardiac event, neurogenic shock, shock secondary to major sepsis
- Any patient presenting with fever and signs of significant systemic sepsis: malaria, pneumonia, peritonitis, meningitis, encephalitis, pyelonephritis
- Any patient presenting with fever and signs of significant sepsis with an indwelling catheter, central line or permanent venous portal
- Any immunocompromised patient presenting with sepsis

Core competencies to achieve with adult patients, are EPA level 3 (Indirect active-partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available). Paediatric competencies are to be assessed to EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout)

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Demonstrates knowledge of the definitions of sepsis and septic shock
	and understand the patho-physiology, presentation and assessment
	of other causes of shock including cardiogenic, hypovolaemic and
	neurogenic shock
	Demonstrates knowledge of common bacterial (gram negative and
	gram-positive organisms) / vector bourne diseases producing sepsis
	Is able to differentiate features of different infection types
	Demonstrates knowledge of special situations not limited to but
	including infection with:
	☐ Toxin producing bacteria
	☐ Invasive Group A Streptococcus
	☐ Fungal organisms
	□ Vector bourne infections e.g. malaria
	☐ Multi-drug resistant organisms e.g. MDR-TB
	☐ Infectious presentations in the immunocompromised
	☐ Infection amenable to source control e.g. abscess, infected
	device
	Elucidates causes of anaphylactic shock and demonstrates
	knowledge of treatment and follow up required, based on best

	averation avidence on World Alleren Constitution Ovidelines for the
	practice guidance e.g. World Allergy Organisation Guidelines for the
	Assessment and Management of Anaphylaxis
	Recognises and can initiate management of neutropenic sepsis (see
	also IPC – CC3)
	Demonstrates knowledge of the pharmacology and rationale for the
	use of the following in sepsis management:
	□ Renal replacement therapy
	□ Vasoactive drugs
	☐ Adjunctive drugs
	Demonstrates understanding of indications for antibiotic prophylaxis
	with different infections; drugs required, for whom and for how long
Skills- History	Obtains a targeted history from patient, even in difficult
	circumstances including appropriate symptom patterns and potential
	triggers
	Obtains a collateral history from friends, family, paramedics- incl. PMH
	and hospital notes
	Identifies the risk factors in the history that may indicate an infectious
	disease e.g. travel, sexual history, IV drug use, animal contact, drug
	therapy, implanted medical devices/prostheses
Skills –	Performs a rapid systematic clinical assessment using ABCDE
Examination	approach (and using ALS algorithm where appropriate)
	Is able to perform a competent examination looking for possible
	source of infection and signs of secondary organ failure
	Recognises signs of other potential causes for shock such as trauma,
	particularly in the frail/elderly
Skills-	Initiates immediate, simple resuscitation (oxygen, iv access, fluid
investigation	resuscitation), takes appropriate investigations and administers first
and treatment	line treatment, including antibiotics and intravenous fluids in
	accordance with local guidance [Sepsis Six / Bundle]
	Demonstrates an understanding of the need to assess the fluid status
	of the acutely unwell patient, when such assessment is necessary,
	and the need for reassessment and additional monitoring
	Orders, interprets and acts on initial investigations appropriately: ECG,
	blood cultures, blood count, electrolytes, CVP measurements
	When meningitis/encephalitis is suspected, can outline the indications
	for lumbar puncture and when this should precede antibiotic therapy;
	and subsequently interpret CSF laboratory analysis results
	Demonstrates an understanding of the use of glucose control,
	pressure area care, renal replacement therapies,
	thromboprophylaxis, gastrointestinal homeostasis and nutrition in all
	critically ill patients
	Identifies immediate life threats and readily reversible causes,
	recognising the need to initiate key treatment at the same time as
	carrying out history and examination
	Today and order indicate of the control of the cont

Effectively assesses the response to a fluid bolus (PP15), and makes
appropriate clinical decisions based on this response (urine output)
Arranges suitable monitoring of relevant indices (oximetry, arterial gas
analysis) and vital signs (BP, pulse & respiratory rate, temp, urine
output) and communicates this to wider team
Forms a diagnosis and differential diagnosis including: - including
those that require critical care escalation, atypical presentations
Escalates and calls for senior and or specialist help as appropriate
Adopts a leadership role and demonstrates effective teamwork and
communication with a calm, methodical approach
Is able to communicate effectively and sympathetically with patient,
understanding they may be extremely distressed or agitated
Behaves in a professional manner, respects confidentiality, protects
dignity of patients, remains sensitive to patients' opinions/
hopes/fears; explains plan and risk
Is able to recognise the child in shock and formulate a differential
diagnosis and initiate immediate resuscitation
Is able to recognise and institute treatment for life-threatening
complications, including raised intracranial pressure

Knowledge/	Detail of competency
Skill/	
Behaviour	
Skills-	Familiar with use of transthoracic US to look for IVC compression and
investigation	cardiac tamponade or right-side dilatation
and treatment	Insertion of an arterial line for invasive BP monitoring
	Insertion of a central line for access / vasoactive drug administration
	imitation of general anaesthesia / paralysis, endotracheal intubation
	(RSI) and formal invasive ventilation for post-arrest critical care
	Initiation of non-invasive ventilation in appropriate patients

R3 The unconscious patient (or deteriorating level of consciousness)

Assessment of these competencies via Mini-CEX, with final summative Mini-CEX to be completed by the end of the programme.

Potential situations in which these competencies could be assessed include the following:

· Loss of consciousness or deteriorating LOC following head injury ·

Suspected overdose of drugs or alcohol with impaired LOC • Sudden

loss of consciousness, unknown cause

• Deteriorating level of consciousness, unknown cause •

Status epilepticus

Core competencies to achieve with adult patients, are EPA level 3 (Indirect active-partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available). Paediatric competencies are to be assessed to EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout)

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Identifies the principal causes of unconsciousness (metabolic, drug
	and/or alcohol intoxication, neurological, head injury)
	Knows the indications for urgent CT scanning (national guidelines for
	CT imaging in head injury) and recognises significant abnormalities
	that may require urgent neurosurgical intervention.
	Knows an algorithm for the management of status epilepticus
	including the indications for general anaesthesia and airway
	protection
	Knows the principles of management of head injury and the
	mechanism and effects of raised intracranial pressure, and methods
	of preventing secondary brain injury
Skills- History	If head injury suspected: explores mechanism of injury, any loss of
	consciousness and duration, duration of any amnesia, headache,
	vomiting, associated injuries, currently taking anticoagulation
	Ensures patient is checked for medical alert bracelets or other
	warning items (e.g. therapy/medical card) in property
	Gains collateral history from paramedics, witnesses, friends/relatives
	and medical notes including relevant preceding symptoms (such as
	severe headache) or past medical history (such as epilepsy)
Skills –	Makes a rapid systematic clinical assessment using ABCDE
Examination	approach including a full neurological examination, with cervical
	spine immobilisation where necessary, and actively seeks injuries
	elsewhere particularly with distracting symptoms
	Is able to assess the Glasgow Coma Score ('AVPU' as alternative)
	Ensures the glucose level has been checked
Skills-	Initiates appropriate immediate management – ensuring airway
investigation	protected and adequate ventilation, supported if necessary;
and treatment	cardiovascular support; potential toxic/drug-related causes are
	considered (e.g. opiates: naloxone)
	Initiates early management (e.g. medication to control seizures) with
	close monitoring in cases of epilepsy / status

Skills- Clinical	Recognises and initiates management for the secondary
decision	consequences of head injury (e.g. loss of airway patency, seizures,
making,	raised ICP)
judgement [in	Involves appropriate specialists to facilitate immediate assessment
addition to	and management (e.g. imaging, intensive care, neurosurgeons)
CC1]	Is able to safely relieve pain in the head injured patient
Behaviour-	Adopts a leadership role and demonstrates effective teamwork and
Communication	communication with a calm, methodical approach
&	Is able to communicate effectively and sympathetically with the
professionalism	patient, understanding they may be extremely distressed or agitated
[in addition to	Behaves in a professional manner, respects confidentiality, protects
CC7 & CC8]	dignity of patients, remains sensitive to patients' opinions/
	hopes/fears; explains plan and risk
Paediatric	Is able to assess level of consciousness in CYP using a recognised
specific	score e.g. Paediatric GCS
competencies	Understands potential causes of an unconsciousness in a chid and
	can initiate immediate management – including:

Knowledge/	Detail of competency
Skill/	
Behaviour	
Skills-	Is able to interpret a CT head and C-spine for haemorrhage,
investigation/	ischaemia, space occupying lesion, intracranial pressure rise, skull
treatment	vault/base of skull fracture, cervical spine injury

Major Trauma

T1. Systematic assessment and initial management of a major trauma presentation Assessment of these competencies via Mini-CEX, with final summative Mini-CEX to be

completed by the end of the programme. If the trainee has evidence of ATLS certification valid up to the time of end of programme review this can be used as evidence of completion of relevant knowledge within this module.

In addition, key DOPs should be carried out as part of this module including Primary survey, spinal protection measures, pelvic stabilisation techniques

Potential situations in which these competencies could be assessed include any presentation that is likely to be classified as major trauma using the Injury Severity Score (ISS ≥15) and could include the following:

- Any patient with penetrating injuries to neck, head, abdomen, thorax or pelvis
- Suspected open or depressed skull fracture
- · Traumatic amputation
- Polytrauma involving multiple areas (Moderate to severe Injury to head/neck or thorax/ abdomen plus /-limb)
- Fall from height with injuries to head + 1 other area
- · Fall from standing in the frail elderly with injuries to multiple areas

Core competencies to achieve with adult patients, are EPA level 3 (Indirect active-partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available). Paediatric competencies are to be assessed to EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual quidance and help throughout)

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Is able to demonstrate knowledge of mechanisms of common major
	injuries (blunt and penetrating) to head/neck and spine, limbs and
	within chest, abdomen and pelvis in trauma, their pathophysiology
	and initial recognition
	Understands the concept of damage control resuscitation and
	surgery
	Understands the principles of haemorrhage control and
	haemostatic resuscitation
	Understands the principles of spinal protection and appropriate
	immobilisation
	Knows the principles of management of head injury and prevention
	of secondary brain injury in the context of the major trauma patient
	Appreciates the relevant anatomy and the effects of energy
	transfer from common injury mechanisms; including falls from height,

	ballistic and blast, penetrating trauma (stabbing weapons) and high
	energy blunt trauma (e.g. vehicle collisions with pedestrian)
	Recognises the potential for serious injury from falls from standing in
	frail and older persons
Skills- History	Is able to obtain a relevant history/hand-over from pre-hospital
	responders including mechanism, injuries seen and suspected, signs
	and symptoms, and treatment provided (ATMIST approach)
	Is able to establish an 'AMPLE' history
Skills –	Is able to conduct a primary survey in a trauma patient (adult and
Examination	children) utilising the principles of ATLS/APLS and
	communicate/record these as appropriate
	Can safely remove a patient from immobilisation/spinal board while
	continuing to provide effective spinal protection
	Is able to identify those patients with potentially life-threatening
	cranial/maxilla-facial injury leading to airway compromise
	Is able to identify airway/respiratory compromise from burns
	affecting the head/face or from exposure to hot gases/products of
	combustion in an enclosed space; to appreciate the potential risk
	from this early during the care of the patient
	Is able to identify those patients with potentially life-threatening
	thoracic injuries such as aortic injury, tension pneumothorax,
	diaphragmatic rupture, oesophageal rupture, massive pneumo-
	/haemo-thorax, flail chest or cardiac tamponade
	Is able to identify those patients with potentially life-threatening
	abdominal and pelvic injuries such as major vessel injury and
	bleeding, blunt or penetrating visceral injury such as liver or spleen,
	or severe pelvic fractures
	Is able to recognise critical limb injury, such as open fractures with
	ischaemia, and ensure prompt initial treatment and specialist
	opinion
	Is able to recognise significant traumatic brain injury and spinal cord
	injury and the need to involve specialist care urgently
	Be able to initiate a systematic secondary survey in a trauma patient
	(adult and children) utilising the principles of ATLS/APLS and
	, , , , , , , , , , , , , , , , , , , ,
Skills-	communicate/record these as appropriate (e.g. against checklist) Appreciates the priority of early control of severe external
investigation	haemorrhage and undertaking appropriate control measures such
and treatment	as direct pressure, limb elevation or tourniquet, according to local
	policy
	Is able to initiate emergency airway management, oxygen therapy
	and identify patients in need of urgent endotracheal intubation and
	mechanical ventilation, particularly to facilitate safe transfer.
	Is able to manage a tension pneumothorax or massive pneumo-
	/haemothorax with an initial emergency decompression procedure

	and identify the need for open thoracostomy, thoracotomy and
	subsequent chest drain insertion as require (PP8)
	Is able to obtain appropriate intravenous or intraosseous access in a
	major trauma patient (PP1)
	Can manage haemorrhagic/hypovolaemic shock with appropriate
	blood products, intravenous fluids and therapeutics (such as TXA)
	according to local resources and policy
	Is able to provide safe and effective analgesia.
	Is able to plan initial radiological investigations such as CT scan,
	ultrasound and plain radiographs in a safe and timely manner
	Is able to safely interpret plain films for CXR, pelvis and C-spine
	Carries out and interprets initial appropriate laboratory investigations
Skills- Clinical	Knows how and when to activate the trauma team (based on local
decision	resources and policy) with pre-alert information or on patient
making,	reception
judgement	Recognises when to request more senior or specialty opinion during
[in addition to	the course of the patients care
CC1]	Is able to manage ongoing trauma care based upon clinical,
	radiological and laboratory findings including appropriate location
	for observation and monitoring the patient's response to treatment
	Is able to detect the deteriorating patient and escalate treatment
	appropriately, including identification of those patients that may
	need referral/transfer to a specialist care centre
Behaviour-	Attends promptly when required, understands roles and
Communication	responsibilities in the trauma team and demonstrates effective
&	communication and team work; taking initial leadership role where
professionalism	required to initiate life-saving measures in a timely manner
[in addition to	Communicates in a calm and reassuring manner with conscious
CC7 & CC8]	patients, recognising the potential for disorientation and discomfort
	Communicates effectively with seniors and specialist teams,
	including when inter-hospital transfer is required (referral/hand-over)
	Is able to reflect on the process and outcomes of trauma care after
	delivery and be able to identify potential areas for individual or
	team improvement – participation in team debrief
Paediatric	Recognises important differences in anatomical and physiological
	terms of response to trauma, therapeutics, radiological imaging and
	support to parents/family and subsequent psychological impact on
	team members
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Knowledge/	Detail of competency
Skill/	
Behaviour	
Skills-	Is able to identify and initially manage nasal, LeFort, mandibular, orbital
Examination	and zygomatic fractures and TMJ dislocation. Be able to identify and
	initially manage dental fractures, tooth avulsion
Skills-	Is able to initiate management of torrential nasopharyngeal bleeding
investigation	by the use of Foley catheters and reduction of mid-face fractures
and	Is able to provide monitoring and resuscitative support to patients
treatment	during interhospital transfer
Skills- Clinical	Recognises the burns patient who has an airway at risk and needs
decision	early intubation
making,	
judgement	

T2 Major Incident Management: involving large numbers of casualties or a surge of acutely ill patients

Assessment can be carried out via CbD or reflective diary after mass casualty event or practice or simulation exercise. Alternatively, completion of an appropriate course such as Hospital MIMMS (ALSG).

Evidence of completion of key online training can also form part of this module.

Competencies are to be assessed to EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout)

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Is able to define a major incident in healthcare terms, understand a
	typical major incident plan and the integration/coordination
	between relevant organisations
	Understands the features of, and specific risks from, different kinds of
	incidents including mass transportation, mass gathering, industrial,
	acts of terrorism or CBRN and how this may impact on the hospital
	response
	Understands local job action roles and responsibilities, and reporting
	chain/hierarchy, including the security requirements and importance
	of staff safety
	Understands the management of large numbers of patients that may
	occur as a result of a significant or prolonged incident.
	Can demonstrate knowledge of predetermined procedures to
	generate hospital capacity, manage resources and prioritise patient
	care (including triage)
	Understands the key elements of effective major incident
	management including command and control, communication,
	coordination and information management (including
	documentation)

	Is aware of the need for ensuring the security and safety for staff and
	patients during such an incident
	Understands the principles of decontamination and prevention of
	cross-contamination; when it is required, how it is performed and by
	whom
	Has an awareness of the need to preserve forensic integrity (e.g.
	patient personal items and clothing) and maintain the chain of
	evidence
Skills	Is familiar with personal protective equipment and how to use it
	Is able to accurately triage multiple casualties if required to do so
Behaviours-	Communicates calmly and effectively and is able to share
Communication	information within, and between, teams and key
&	command/coordination individuals
professionalism	Shows willingness to participate in emergency training exercises/ drills
[In addition to	and work in required capacity, dependant on skills and ability
CC7& CC8]	Maintains documentation and personal log of actions appropriately
	Does not attempt to act outside of prescribed role.
	Participates in post incident debriefing and reflects on learning
Paediatric	No additional competences

Acute Presentations

A1 Acute cardiac presentations

Assessment of these competencies via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log.

In addition, key DOPs should be carried out as part of this module.

Potential presentations in which these competencies could be assessed include the following:

- · Chest pain with suspected cardiac features such as sweating/nausea
- SOB and/or cyanosis in a patient with known cardiac history or suspicion of acute heart failure
- Acute palpitations
- Sudden blackouts/syncope
- Any presentation of child with known congenital heart defect, where management is impacted by this condition

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Can list and distinguish between, the common causes of chest pain
	their associated features and pathophysiology.
	Can list and distinguish between, the common arrhythmias and their
	causes, with associated features and pathophysiology
	Can list and distinguish between, the common causes of syncope
	and pre-syncope, with associated symptoms and pathophysiology
	Can list the common causes of sudden worsening of pulmonary and
	or peripheral oedema related to cardiac function
	Recalls cardiac electrophysiology relevant to ECG interpretation
	Recalls the indications, contraindications and side effects of the
	commonly used cardiac medications
	Recalls the indications for cardioversion and cardiac pacing
	Outlines the indications for thrombolysis and angioplasty in ACS
	Outline indications for non-invasive ventilation for heart failure
	Outlines the indications for further investigation of chest pain
	including CTPA or V/Q scan; echocardiography; cardiac stress
	testing
Skills- History	Interprets history and clinical signs to ascertain features that suggest
	a cardiac cause including relevant risk factors
	Differentiates pre-syncope from other causes of 'dizziness'
Skills –	Performs examination to elicit signs of cardiovascular disease,
Examination	including bruits/murmurs, signs of endocarditis

	Is able to elicit signs of life threatening/ critical presentations e.g.
	aortic dissection
Skills-	Conducts a systematic assessment (ABCDE approach) and
investigation	manages emergent issues appropriately and in a timely manner
and treatment	Recognises features of conditions requiring urgent investigation and
	treatment including acute coronary syndrome, pulmonary embolus,
	aortic dissection, shock or impending shock, severe arrhythmias,
	new murmur or severe heart failure
	Orders, interprets and acts on initial investigations in the context of
	chest pain, arrhythmias and syncope appropriately such as ECG,
	blood gas analysis, laboratory tests (including cardiac enzymes),
	chest radiograph, microbiology (e.g. for suspected infective
	endocarditis)
Skills- Clinical	Elects appropriate arena of care and degree of monitoring
decision	Involves senior/specialist provider when patient is critically ill with
making,	chest pain, arrhythmia, or if the cause is unclear
judgement [in	Recognises when patients present with either non-cardiac
addition to	conditions or stable cardiac conditions that can be safely
CC1]	discharged with initial treatment, advice and appropriate follow-up
Behaviour-	No additional competencies in addition to CC7 &CC8
Communication	
&	
professionalism	
Paediatric	No additional competencies

Knowledge/ Skill/	Detail of competency
Behaviour	
Skill	Participation in cardioversion/external pacing and thrombolysis
	Participation/observation of initiation of non-invasive ventilation for
	heart failure
	Observing internal pacing/angioplasty (PCI)/pericardiocentesis
	Observing echocardiography/exercise stress testing/CTCA

A2 Acute respiratory presentations

Assessment of these competencies via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log.

In addition, key DOPs could be carried out as part of this module, including PP2 Obtaining and interpreting an ABG, PP5 Basic airway assessment and management and PP8 Initial decompression of a large / tension pneumothorax.

Potential presentations in which these competencies could be assessed include the following:

- Sudden onset chest pain and SOB (suspicion of pulmonary embolism)
- Acute exacerbation in patient with known COPD or bronchiectasis
- Patient with new onset fever, productive cough +/- haemoptysis (suspicion of pneumonia)
- Any acute SOB with new oxygen requirement
- Acute wheeze with respiratory compromise (e.g. severe asthma)
- Acute stridor with respiratory compromise (e.g. severe croup)
- · Other causes of acute respiratory compromise such as sickle cell crisis

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Defines common causes of Breathlessness (including non-
	cardiorespiratory) and their patho-physiology [to ensure causes of
	acidosis are not overlooked; e.g. DKA]
	Is able to describe the physiology of oxygen delivery, oxygen
	cascade and effects on work of breathing; definitions/causes of
	respiratory failure (type 1/type 2)
	Is able to define common causes and pathophysiology of cough,
	cyanosis [consider endemic pathogens/ environmental/
	occupational causes]; haemoptysis, wheeze, pleuritic chest pain,
	orthopnoea, dyspnoea, pleural effusion
	Is able to differentiate upper and lower respiratory features of
	obstructive or restrictive conditions, inspiratory or expiratory phase
	e.g. stridor vs. wheeze, croup (laryngotracheobronchitis) vs.
	epiglottitis or foreign body obstruction
	Outlines relevant indications for, and limitations of, investigations
	including CXR; transthoracic ultrasound, Computed Tomography
	Pulmonary Angiography; spirometry; ECG; cardiac biomarkers; d-
	dimer; microscopy; Ventilation/Perfusion (V/Q) Scan; ABG [note: PP2
	for interpretation of ABG]
	Recalls/understands principles of ventilatory support strategies
	including prescribing and administration of oxygen therapy, types of
	delivery and appropriate monitoring of effectiveness of ventilatory
	support
	Outlines the indications/contraindications for, and limits of, non-
	invasive and invasive ventilatory support
Skills- History	Takes a history that captures symptoms, timeline and relevant past
	medical, pharmaceutical, environmental or behavioural issues and
	risk factors that may support development of a differential diagnosis

	Pliate is a constitute the history that would identify high viel, notice to
	Elicits issues within the history that would identify high risk patients
	e.g. those likely to deteriorate, require admission, require ventilatory
	support or escalation to higher level care
	Is able to elucidate normal degree of activity/ functioning prior to
	current presentation and establish any predetermined limits of
	escalation, such as an 'advance directive' (or similar)
Skills –	Uses a systematic (ABCDE) approach with an appropriately detailed
Examination	cardiovascular and respiratory examination identifying important
	features to support a differential diagnosis
	Is able to differentiate between stridor and wheeze
	Recognises where respiratory effort is disproportionate due to
	hyperventilation from anxiety rather than a metabolic or
	cardiorespiratory disorder
Skills-	Orders, interprets, prioritises relevant initial investigations including:
investigation	routine blood tests, D-dimer and cardiac enzymes, ABG [note: PP2],
and treatment	CXR, ECG, peak flow, spirometry, CTPA, laboratory analysis pleural
	drain/tap sample
	Interprets ABG results in context of clinical condition [note: PP2]
	Initiates initial treatment specific to suspected cause (e.g. safe
	oxygen prescribing, early antibiotics, bronchodilator therapy)
	Interprets CXR to recognise/differentiate features including pleural
	effusion, pneumothorax, pneumonia, cardiac size, pulmonary
	mass/hilar enlargement; recognise the need for further investigations
	or intervention as necessary (e.g. pleural effusion drain/'tap').
	Makes a rapid and appropriate assessment and provides simple
	airway manoeuvres, airway adjuncts, selection of oxygen delivery
	device
Skills- Clinical	Makes an appropriate assessment of ongoing oxygen delivery and
decision	support, monitoring and decision when to escalate with initial
making,	ventilation [BVM] or ventilatory support if required for more severe or
judgement	deteriorating respiratory compromise and/or to a higher level/arena
	of care
[in addition to	
CC1]	
Behaviour-	Recognises the distress caused by breathlessness and discuss with
Communication	patient and carers
&	Ensures appropriate documentation and sharing of information
professionalism	regarding an infectious disease/communicable disease (such as
[in addition to	notifiable disease reporting process) according to local/national
CC7/CC8]	policy
Paediatric	Is able to identify and treat common respiratory conditions of
	childhood e.g. pertussis, croup, induced bronchospasm (viral URTI-
	related); recognising features of respiratory compromise e.g.
L	1

intercostal/sub-costal recession, accessory muscle use, work and effectiveness of breathing
Appreciates parental concerns and previous history or preceding
pattern of illness in context of the acute presentation; offering appropriate counselling and advice e.g. inhaler medication administration using a spacer device
Is aware of the importance of establishing a vaccination history as part of consultation
Is aware of the risks that some childhood illnesses may present to the immunocompromised or other family members e.g. pregnant females.

Knowledge/	Detail of competency
Skill/ Behaviour	
	Participation/observation of initiation of non-invasive or invasive
	ventilation strategies, including emergency RSI/endotracheal
	intubation.
	Participation/observation of pleural effusion 'tap' and/or chest drain
	insertion; pleural aspiration/insertion of chest drain for spontaneous
	pneumothorax
	Discuss the impact of long-term respiratory illness and potential limits
	of escalation according to patients specified wishes or best interests'
	documentation of appropriate limits of escalation and end of
	life/palliative care.
	Exhibit non-judgemental attitudes and take opportunity to provide
	health education including inhaler technique, smoking cessation,
	lifestyle changes, environmental aspects (solid fuel fires) and
	information about continuity of care for chronic respiratory
	conditions.

A3 Acute abdominal presentations

Assessment of these competencies via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log.

Potential presentations (EXCLUDING clear/established specific O&G causes e.g. ectopic pregnancy) in which these competencies could be assessed include the following:

- Abdominal pain (inc. origin/radiation to loin/groin/back) +/collapse/syncope
- Abdominal/inguinal/groin lumps/masses (e.g. herniae)
- Obstructive features e.g. abdominal distention/vomiting/'overflow' diarrhoea

- Jaundice/hepatic dysfunction (including hepatitis, alcoholic liver disease or poisoning) +/- ascites
- Abdominal signs or symptoms secondary to infectious disease e.g. Schistosomiasis, Helminths, Cryptosporidium, HIV/AIDs
- Gastrointestinal bleeding (upper or lower)
- Vomiting/diarrhoea suggestive of severe infectious gastroenteritis (esp. bloody or profuse diarrhoea)
- Acute exacerbation of known conditions such as diverticulitis, chronic pancreatitis, inflammatory bowel disease, cholecystitis
- Fresh bleeding PR
- Nutritional or mal-absorptive conditions where this may relate to a gastrointestinal disorder or infection

	I
Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Recalls the anatomical relationships of the organs in the abdomen
	and pelvis
	Outlines the different causes of abdominal pain (including surgical
	causes) and how the history and clinical findings differ between the
	causes, across all age groups depending on site, details of history,
	acute or chronic nature
	Outlines possible causes of abdominal distension
	Defines the different types of abdominal mass in terms of site,
	aetiology and clinical characteristics
	Outlines common causes and presentations of upper and lower
	gastrointestinal bleeding
	Specifies the causes of nausea and vomiting, diarrhoea,
	constipation, jaundice and hepatic dysfunction {pre- hepatic,
	hepatic, and post-hepatic causes}, splenomegaly, hepatomegaly,
	abdominal swelling, portal hypertension and bowel obstruction and
	recall the pathophysiology for each aetiology and associated risk
	factors
	Knows the common and serious causes of loin pain including renal
	colic, infection and obstruction of the urinary tract
	Describes features of rupture/leaking abdominal aortic aneurysm as
	a potential presentation with abdominal pain, especially with
	radiation to the back or involving collapse/syncope with evidence
	of shock and/or peripheral vascular compromise
	Can list and define gastrointestinal conditions and aetiology
	associated with acute abdominal presentation including colitis,
	gastroenteritis (infectious or non-infectious), hepatitis, cholecystitis,

	ascending cholangitis, gastrointestinal ulceration, pancreatitis,
	diverticulitis, bowel ischaemia or obstruction, irritable bowel
	syndrome and other functional bowel syndromes, chronic
	constipation
	Can list and differentiate non-abdominal (medical) causes of
	abdominal pain such as myocardial infarction, pneumonia, diabetic
	ketoacidosis, hypercalcaemia, sickle cell crisis, cystic fibrosis
	Considers potential obstetric/gynaecological causes of abdominal
	pain/presentations and differentiating these (e.g. symptoms of PV
	bleeding) such as ectopic pregnancy, endometriosis, placental
	abruption, etc
Skills- History	Takes a focused history of abdominal symptoms including:
	Clarification of features of pain, especially any symptoms of
	immediately life-threatening abdominal conditions such as ruptured
	AAA, perforation and/or peritonitis, ischaemic bowel
	Clarification of features and timelines for other symptoms and
	signs e.g. passing of flatus, bowel habit, vomiting, diarrhoea,
	bleeding
	Specifically identifies potential pregnancy or gynaecological
	causes
	 Identifies any 'red flag' features of serious illness e.g. potential malignancy, liver failure
	Obtains relevant past medical and surgical history including diet
	history, alcohol history, use of medications
Skills -	Is able to undertake a detailed examination of abdomen, loin and
Examination	pelvis/back as appropriate, eliciting any signs of tenderness,
	guarding, rebound tenderness, identify an intra-abdominal mass,
	ascites and interpret these findings appropriately
	Performs a rectal examination as part of physical examination where
	appropriate
	Elicits and interprets important systemic physical signs, associated
	symptoms and risk factors for the presence of diseases presenting
	with abdominal mass, ascites, splenomegaly, hepatomegaly,
	jaundice
	Evaluates nutritional and hydration status of the patient
Skills-	Uses a systematic (ABCDE) approach ensuring identification and
investigation	initiation of timely management of critical or life-threatening illness,
and treatment	including active haemorrhage and sepsis
	Orders, interprets and acts on initial investigations appropriately to
	establish/confirm aetiology: blood tests, urinalysis (including
	pregnancy test in females of child-bearing age), ECG and
	microbiology investigations, stool examination, consideration of
	urgent endoscopy (e.g. for upper GI bleed) as appropriate
	digent endoscopy (e.g. for upper of bieed) as appropriate
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	Orders appropriate radiological investigations including plain films,
	CT abdomen and be able to interpret CXR and AXR to identify air
	under diaphragm or other signs of obstruction or perforation
	Initiates first-line management including appropriate fluid
	resuscitation (including safe prescription/administration of blood
	products where indicated), pain relief, antibiotics, additional
	therapeutics e.g. PPI
	Ensures there is appropriate monitoring and observation including
	the use of a nasogastric tube and/or urinary catheter.
Skills- Clinical	Makes appropriate decisions regarding nutritional status and
decision	feeding e.g. 'nil by mouth'
making,	Prioritises surgical intervention vs. physiological optimisation (often in
judgement	discussion with surgical and anaesthetic team); prioritising order of
	surgical procedures in several patients
[in addition to	Recognises and initially manages complicating factors including
CC1]	coagulopathy, sepsis, alcohol withdrawal, electrolyte disturbance
	Considers the need for other interventions such as use of specific
	blood products, TXA, reversal of anticoagulation, vasopressor
	therapy, intra-luminal tamponade devices (e.g. Sengstaken-
	Blakemore tube)
Behaviour-	Recognises the distress caused by, and often frequent attendance
Communication	that results from, chronic abdominal pain and discusses appropriate
&	strategies with patient and carers
professionalism	Ensures appropriate documentation and sharing of information
professionalism	regarding an infectious disease/communicable disease (such as
in addition to	notifiable disease reporting process) according to local/national
CC7/CC8	policy
	Takes the opportunity at first attendance to offer appropriate
	advice and counselling, and signpost patient to further support
	services, for alcohol dependency
	Recognises the need for a chaperone
	Exhibits a non-judgmental attitude to patients with a history of
	alcoholism or substance abuse
Paediatric	Is aware of the specific paediatric abdominal/surgical emergencies
	including intussusception, pyloric stenosis or nutritional/mal-
	absorptive disorders, GI infection (including helminths, malaria) and
	constipation
	Appreciates parental concerns and previous history or preceding
	patterns of illness in the context of the acute presentation; offering
	appropriate counselling and advice e.g. for chronic constipation
	Appreciates the potential for fabricated or functional disorder,
	Munchausen's by proxy; non-accidental/neglect; psychological
I	

Knowledge/	Detail of competency
Skill/	
Behaviour	
Skills-	Where suspicion of pelvic cause of an acute abdominal presentation
examination	in a female patient is able to undertake an appropriate bimanual
	pelvic examination, use of a speculum +/- microbiological swabs
Skills-	Interprets gross pathology on CT abdomen, CT KUB, IVU, including
investigation	identifying liver metastases, ureteric calculi +/- obstruction/dilatation
and	+/-hydronephrosis; focussed abdominal ultrasound (for AAA)
treatment	Demonstrates appropriate technique in carrying out an ascitic tap +/-
	ascitic drain
	Trans-urethral/transcutaneous suprapubic bladder catherisation

A4 Acute presentations involving self-harm and unintentional toxins/poisoning

This module covers the systemic consequences of intentional/unintentional toxin/poison and, where relevant, mental health aetiology/risk assessment. Assessment of these competencies via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log.

Potential presentations in which these competencies could be assessed include the following:

- Patient with drug or alcohol dependency presenting with issue related to dependency
- · Injury or wound or other presentation as a result of self-harm or suicide attempt
- · Unintentional overdose, accidental poisoning, envenomation/exposure
- Intentional overdose or poisoning
- Snakebite or another toxin
- Risk assessment for suicidal ideation/self-harm/harm to others.
- Adult/Child safeguarding/protection related to supervision/parental presentations.

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Is able to recognise features of a presentation that may represent
	a risk to yourself or others, e.g. from contamination by harmful
	materials, and the measures (such as decontamination) required
	to ensure safety before providing further medical care

I	Can outline potential routes of exposure, animal vectors (locally
	prevalent venomous snake/spider species) and the specific signs
	and symptoms of poisoning from common toxic agents or drugs
	Is able to recognize the common toxidromes (e.g.
	nerve/organophosphate, opiates, carbon monoxide)
	Can outline initial investigation and management of the following
	overdose; paracetamol, salicylate, beta blockers, opiates, alcohol,
	anti- coagulants, benzodiazepines, antidepressants, SSRIs,
	amphetamine, cocaine, carbon monoxide
	Is able to describe how to obtain information about the
	recognition, diagnosis and management of specific poisons and
	toxins depending upon location/environment
	Demonstrates an understanding of drug testing/screening,
	measurement of drug levels and its limitations/application
	Outlines the immediate measures that should be taken and initial
	clinical management of severe envenomation/poisoning including
	use of antivenoms, antidotes and other countermeasures (e.g.
	activated charcoal, acetylcysteine, bicarbonate)
	Outlines the risk factors for a suicidal attempt
	Understands the common co-existing psychiatric pathologies and
	psychosocial factors that may precipitate suicide or self-harm
	Understands addiction, dependence and withdrawal syndromes,
	and how these are initially managed (specific therapeutics such as
	benzodiazepines and nutritional support for alcohol withdrawal)
	Describes the relevant health legislation/legal framework with
	regard to the assessment and treatment of patients following a
	presentation involving self-harm or suicidal ideation including the
	provision of medical treatment against the patient's will
	Describes the relevant health legislation/legal framework with
	regard to the sharing of confidential patient information following a
	presentation involving self-harm or suicidal ideation
Skills-	Where relevant, takes a competent psychiatric history, including a
History	collateral history (friends, relatives, first responders, mental
riistory	healthcare providers)
	In the self-harm patient, demonstrates how to assess risk of further
	harm, which may involve the use of an established scoring tool
	(e.g. SADPERSONS) Is able to recognise a critically ill overdose/self-harm or poisoned
	patient and initiate resuscitation as appropriate
Skills -	Examines to determine the nature and effects of poisoning
Examination	Is able to perform a mental state examination
	Examines for signs of systemic and/or severe local envenomation
	and be able to assess a bite to determine the likelihood that
	envenomation has occurred

	Undertakes a clinical examination looking for signs of the physical
	complications of alcohol or drug dependency
Skills-	Orders, interprets and acts on initial investigations appropriately
investigation	e.g. biochemistry, arterial blood gas, ECG, drug concentrations
and treatment	Is able to provide initial resuscitative care for a significantly unwell
	patient suffering from poisoning/toxin exposure including the safe
	administration of oxygen (and contraindications such as paraquat
	poisoning), adrenaline, intravenous fluids, direct drug antidotes
	such as naloxone for opiate toxicity
	Is able to actively manage the acutely poisoned patient, including
	but not limited to: the use of specific antidotes and antitoxins, use
	of control/counter-measures such as activated charcoal or
	bicarbonate, and indications for renal replacement therapy
	In the case of severe envenomation, ensures that adrenaline and
	antivenom are delivered rapidly once recognised, and ensure
	measures are immediately available to manage a potential
	anaphylactic response to this treatment
	If suspected self-harm, always investigates for overdose by
	common medications and can initiate treatment as appropriate
	For suspected envenomation ensures suitable monitoring is
	instigated to identify any signs of neurological deterioration,
	secondary organ failure and haemostatic dysfunction
Skills-	Ensures assessment of patient with disturbed behaviour takes place
Clinical decision	in a safe environment and ensures the safety of both staff and
making,	patient
judgement	Forms a working diagnosis and assessment of risk of further harm to
	themselves or others, or potentially life-threatening presentations
(in addition to	Is able to assess patient capacity to make decisions regarding their
CC1)	care at the time of presentation
,	Is able to assess the likelihood of type and severity of potential
	envenomation, and relative risks involved in delivering antivenom
	Is able to recognise those patients at sufficient risk that they require
	immediate ongoing specialist mental health care
Behaviour-	Is able to communicate and develop a rapport with patient, family
Communication	and carers and sympathetically elicit history in patients with
&	suspected self-harm
professionalism	Is able to communicate calmly with aggressive or angry individuals
proroccionalion	Can outline strategies for management of those who refuse
(in addition to	assessment or treatment or who abscond and are at risk
CC7& CC8])	Is able to provide advice on reducing risk of further snake/ other
	animal bites whether inside house or external environment
Paediatric	Demonstrates knowledge of the major types of poison/toxin
	ingestion by age
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Recognises self-harm as an expression of distress in children and
adolescents

A5 Acute neurological, cognitive or affective presentations

This module covers primary disorders of brain/brain function – organic or psychiatric in nature.

Assessment of these competencies via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log. In addition, key aspects of communication and professionalism can be captured through PS and MSF

Potential presentations in which these competencies could be assessed include the following:

- Sudden onset weakness, slurring of speech, confusion or change in conscious level
- Acute onset dizziness and vertigo
- 'First Fit' or status epilepticus
- Isolated head injury
- · Meningitis/encephalitis
- Acute onset unilateral weakness or loss of sensation
- Severe headache with red flag signs or symptoms
- · Acute presentation in patient with multiple sclerosis
- Psychiatric (inc. neuropsychiatric)/affective (such as agitation, severe acute anxiety, mania, hallucinations or psychotic symptoms
- Delirium/dementia (cognitive dysfunction) and mental state examination

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge-	Recalls the common epileptic syndromes, causes and treatments for
Organic	seizures; including relevant indications for investigations for a 'first fit'
conditions	Recognises status epilepticus in the spectrum of seizure disorder and
	the priorities for immediate medical care
	Is able to describe the basic neuro-anatomy of the brain, relevant
	central neurological/sensory functions and how these may be
	affected by disease or injury
	Is able to describe the neuro-anatomy and physiology relevant to
	balance, coordination and movement; differentiate the different
	types of vertigo and ataxia and their causes
	Can outline the neuro-anatomy and physiology of the components
	of the motor system, including differentiation of upper and lower
	motor neurone conditions

	Outlines the neuro-anatomy and physiology of sensation (especially
	pain) and the causes of abnormal sensation and likely site of lesion
	Outlines common causes and treatment of primary headache
	disorders and be able to differentiate between these and
	secondary headache
	Outlines common and life-threatening causes of acute new
	secondary headache, including 'red flag' signs and symptoms and
	indications for urgent neuro-imaging
	Outlines the classification of stroke and its link to prognosis
	Is able to describe the signs and symptoms of infections affecting
	central or peripheral neurological function, including but not limited
	to meningitis, encephalitis, spinal abscess
	Knows the anatomy of the scalp, skull and brain, the
	pathophysiology of head injury (primary and secondary brain injury)
	Outlines the definitions of traumatic brain injury and identify features
	that may require radiological imaging and/or further intervention or
	specialist follow-up
Knowledge-	Defines and characterizes the common types of psychiatric
Psychiatric	conditions and manner these may present in an emergency, and
	potential side effects of the major groups of psychomotor
	medications
	Describes the indications, contraindications and side effects of drugs
	used in acute psychosis including, but not limited to: haloperidol,
	benzodiazepines, clozapine
	Lists the common and serious causes for acute confusion/delirium
	and is able to differentiate between delirium and dementia
	Recognises the factors that can exacerbate acute
	confusion/delirium (e.g. a change in social environment or acute
	infection) and can list the pre-existing factors that may pre-dispose
	to acute confusion/delirium
	Is able to describe the factors that predict aggressive behaviour:
	personal history, alcohol and substance abuse, delirium
	Is able to describe the legal framework for authorizing interventions
	in the management of the disturbed or violent patient
	Is able to outline potential physical health and socioeconomic
	impacts of chronic mental illness
Skills-	Where required, is able to take a full psychiatric history, obtaining
History	the required information regarding:
i iistory	presenting complaint
	past psychiatric history
	• family history
	work history
	sexual/marital history
	substance misuse

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	forensic history
	social circumstances
	Elucidates a clear timeline and history of neurological symptoms e.g.
	change to bladder control, recent or past relevant medical history,
	history of treatment, medications, alcohol/drug misuse
	Obtains a corroborating history from witnesses where possible,
	especially with head injury and fits
	Is able to recognise symptoms that may indicate raised intracranial
	pressure ('red flag' features) and corroborates with examination
Skills -	Is able to undertake an appropriate and focussed neurological
Examination	examination, including cranial nerve examination, assessment of
	level of consciousness, assessment of power, tone, sensation and
	reflexes, to support development of a differential diagnosis
	Can differentiate epileptic seizure from non-epileptic (pseudo)-
	seizures
	Is able to elicit signs of raised intracranial pressure
	Is able to establish the level of a lesion causing changes to motor or
	sensory function
	Is able to elicit specific signs of conditions such as temporal arteritis,
	meningism, myasthenia gravis, Parkinson's
	Is able to conduct a mental state examination including:
	appearance and behaviour (including clothing)
	speech: quality and content
	mood and affect
	thought abnormalities; insight/rationalisation
	hallucinations/delusions
	cognitive function e.g. using the mini mental test score
	Undertakes a physical examination that looks for physical causes of
	psychiatric symptoms and delirium such as head injury, sepsis,
	substance withdrawal, thyroid disease, intoxication, and
	hypoglycaemia
Skills-	Remembers to maintain a systematic approach to assessment
investigation	(ABCDE) as first principle
and treatment	Is able to select appropriate investigations for a suspected
	traumatic, pharmaceutical or other organic cause of behavioural
	disturbance; interpret and act on results of investigations: e.g. ECG,
	blood laboratory tests inc. glucose, brain imaging (CT and MRI)
	Safely sedates patient when appropriate, including monitoring
	requirements and reassessment as required
	If required, is able to initiate treatment for patient dependant on
	differential diagnosis e.g. acute anxiety, acute agitation, signs/
	symptoms of drug/ alcohol withdrawal
	Is able to identify and initiate radiological investigations for
	suspected stroke and acute severe headache including indications
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	for urgent head CT and stroke thrombolysis or neurosurgical /neuro-
	radiological intervention
	Knows the indications for LP and how to interpret basic CSF analysis:
	cell count, protein, bilirubin, gram stain and glucose
Skills-	Following initiation of immediate resuscitative treatment, expedites
Clinical decision	the care of patients requiring more specialist immediate treatment
making,	e.g. stroke thrombolysis, anaesthesia for status epilepticus
judgement	Knows when it may be appropriate to safely discharge patients
	presenting with a 'first fit'
(in addition to	Knows when it may be appropriate to safely discharge patients
CC1)	presenting with headache
Behaviour-	Shows compassion and patience in the assessment and
Communication	management of those with mental health conditions
&	Demonstrates safety awareness of the situation and environment to
professionalism	avoid risk from violent behaviour against themselves or other staff
(in addition to	Is able to safely evade physical assault using appropriate de-
CC7 & CC8)	escalation and/or escape techniques
	Is able to use safe and proportional restraint methods (e.g. sedation
	and/or physical) to manage a violent/aggressive patient who is
	without capacity and at risk of causing/suffering harm
	Can provide explanations and plan for future care for those with
	non-serious headaches
Paediatric	Is able to differentiate between febrile convulsion and epilepsy and
competencies	be able to investigate and treat accordingly
	Is able to reassure parents/ family after child presents with febrile
	convulsion
	Is able to identify children with head injury which may result from
	non-accidental injury
	Is able to recognise children/young patients presenting with anxiety-
	related disorders, signs of post-traumatic stress disorder and other
	forms of distress and can share relevant information or escalate
	appropriately; ensure safeguarding and support measures are put in
	place or signposted

Knowledge/ Skill/	Detail of competency
Behaviour	
Skills-	Is able to perform a diagnostic lumbar puncture
Investigation	Initiates measures to reduce intracranial pressure, such as
and	intubation/hyperventilation, sedation and paralysis, use of hypertonic
treatment	saline/mannitol, cooling measures, posture

A6 Acute musculoskeletal and atraumatic limb presentations

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log. In addition, key aspects of communication and professionalism can be captured through MSF.

In addition, key DOPs can be carried out as part of this module including PP9 Local and regional analgesia, procedural sedation, PP11 fracture reduction, PP12 dislocation reduction, PP13 simple wound closure and appropriate dressings, PP14 Limb immobilisation inc. splints/ POP/slings

Potential presentations in which these competencies could be assessed include the following:

- Acutely painful/swollen limb or joint: traumatic or non-traumatic
- Immediate management of closed or open fracture of limb
- Management of dislocation of joint (with/without associated fracture)
- Acute back or neck pain: traumatic or non-traumatic
- Complex wound affecting muscle/ tendon/nerve or vascular structure
- Acute musculoskeletal manifestations of known systemic disease, nutritional disorder or hereditary condition (including children presenting with developmental abnormality)
- · Child with a limp

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Is able to demonstrate knowledge of bony/joint anatomy with
	relevant radiological appearances in the clinical context
	Demonstrates knowledge of types, mechanisms/patterns of injury,
	clinical and radiological presentations and initial treatment of:
	common fractures (neck of femur/femur, ankle, wrist, hand)
	□ common joint dislocations (hip, shoulder, ankle, patella)
	☐ musculo-tendinous injuries (e.g. Achilles rupture)
	☐ traumatic musculoskeletal back/neck pain
	□ swollen/hot joint – inflammation or infection
	□ spontaneously painful limb (e.g. ischaemia)
	Outlines the serious alternative causes of acute back pain such as
	malignancy, urological, spinal cord compression, AAA rupture
	Outlines the serious alternative causes of acute neck pain such as
	meningeal irritation, local infection and vascular causes
	With reference to back/neck pain: identifies features that raise
	concerns as to a more sinister cause ("red flags") and those that
	lead to a consideration of a chronic cause ("yellow flags")

	Knows the likely/ potential immediate, intermediate or long-term
	secondary issues related to injuries such as fractures e.g. nerve
	damage, compartment syndrome, wound management
	Demonstrates an awareness of the role of nutrition and
	degenerative conditions on bony metabolism and density with its
	effects on function and resilience in different patient groups
	Is able to describe and differentiate causes of limb pain such as
	ischaemia, venous thromboembolism, infection, inflammation,
	radiculopathy (nerve root compression/ infection e.g. shingles)
	Recalls the risk factors for the development of thrombosis and
	recognised risk scoring systems
	Can differentiate between mono and polyarthropathies, and their
	disease associations
Skills-	Is able to take a full history including relevant details of mechanism
History	of injury, including the forces/energy involved and circumstances
	such as protection e.g. clothing/helmet/seat-belt/air bag
	Establishes important details regarding occupational and activity-
	related (e.g. sport or musical instrument) dexterity and lateral
	dominancy when presenting with limb injuries
	Establishes relevant past medical history especially in terms of
	previous joint or limb pain/swelling
	Correlates acute joint or limb pain/swelling with systemic signs or
	symptoms and/or multiple joint involvement
Skills -	Is able to demonstrate assessment of limb and joint function,
Examination	including detection of neurological and vascular compromise
	Can examine joints and spine to elicit any signs of swelling, pain or
	deformity, including range of movement
	Can elicit signs of meningeal irritation when assessing neck pain
	Can elicit signs of spinal cord compression/cauda equina
	syndrome when assessing patients with acute back pain
	Can assess the viability and perfusion of limb and differentiate
	pitting oedema; cellulitis; venous thrombosis; compartment
	syndrome; critical limb ischaemia
Skills-	Orders, interprets and acts on initial investigations appropriately:
investigation	e.g. radiological, blood tests, Doppler studies, urine protein
and treatment	Is able to demonstrate the common techniques for joint and
(in addition to	fracture immobilisation, including:
PP9, PP10, PP11,	□ local and regional anaesthesia (PP9, PP10)
PP12, PP13,	☐ fracture manipulation (PP11) e.g. Colles/distal radius
PP14)	□ reduction of dislocated joint (PP12) e.g. glenohumeral joint
	□ wound care/coverage (PP13)
	□ splintage/application of POP or sling (PP14)
	Is able to prescribe appropriate analgesia/muscle relaxants for
	acute joint/limb or neck/back pain

	Recognises the need for serological investigations such as joint	
	aspiration (recognising that local practice may vary as to where	
	this occurs)	
Skills-	Recognises the time-critical nature of a potential cauda equina	
Clinical decision	syndrome or limb ischaemia, the need for urgent investigations	
making,	and senior/specialist intervention	
judgement and	Can assess a wound for contamination and foreign body (e.g.	
planning	glass) and risk of infection, including tetanus; offers appropriate	
(in addition to	prophylaxis (including immunoglobulin/vaccination) (see also PP13)	
CC1)	Appropriately identifies more complex wounds that may require	
,	irrigation/debridement, tendon, vascular or nerve repair, delayed	
	primary closure and longer-term aftercare e.g. antibiotic therapy	
	or secondary wound surgical care (graft/tissue transfers)	
	Assesses and provides mobility aids including occupational	
	therapy intervention in the case of older/frail patients	
Behaviour-	Provides wound care management advice and information	
Communication	regarding removal of sutures/dressings at appropriate time (see	
&	also PP13)	
communications	Offers appropriate routine musculoskeletal self-care advice e.g.	
(in addition to	Pain relief/Rest/Ice/Compression/Elevation (PRICE) guidance	
CC7& CC8)	Arranges appropriate outpatient clinic/follow-up for review of	
	fractures, dislocations or wounds	
Paediatric	Is able to identify a 'pulled elbow' and its treatment	
	Is able to identify fractures or other musculoskeletal injuries that	
	may indicate non-accidental injury, particularly in association with	
	age/developmental stage or historical inconsistency	
	Appreciates radiological variations due to age (bony epiphyses,	
	association with Salter-Harris fracture patterns)	
	Is able to examine gait, posture and hip joints of all age groups	
	and appropriate to developmental stage	
	Understands the differential diagnosis of limp in a child	
	Septic arthritis: Is able to suspect this in different age groups	

Knowledge/	Detail of competency	
Skill/		
Behaviour		
Skills	Aspiration of a large joint e.g. knee	
	Management of a compartment syndrome; may involve observation	
	of fasciotomy	

A7. Management of burns

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log.

Potential presentations in which these competencies could be assessed include the following:

- Thermal burns
- Chemical (caustic) burns
- · Electrical burns
- Burn injuries of any type to face, including to eyes
- Circumferential burns or those to more sensitive/vital areas (e.g. genitals/hands)

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Is able to understand the pathophysiology of different burns
	(thermal, chemical, electrical and radiation)
	Is able to outline how to carry out an initial assessment,
	resuscitation and management of burns and the potential long-
	term impact on patient
	Recognises the risks to the upper and lower airway from heat
	and inhalation injury
	Recognises the importance of burns in special areas (face,
	joints, perineum) and circumferential burns
	Is able to explain the different dressing types used in burns, how
	they act and indications for their use
Skills- History	Is able to carry out an appropriate history, eliciting the
	mechanism of injury and any potential underlying causes e.g. fit
	or faint or signs of non-accidental injury
Skills -	Carries out a systematic primary survey, with particular initial
Examination	emphasis on airway and breathing
	Is able to assess airway, initiate initial management including
	oxygen therapy and be ready to assist ventilation if required;
	Recognise when emergency airway management is needed,
	such as surgical airway or endotracheal intubation
	Is able to assess the effects of severe burns to the
	head/neck/torso on respiratory function, including recognising
	the need for emergency escharotomies
	Is able to assess burns for sensation and capillary refill time
	Is able to identify electrical entry/exit burn wounds and the
	relevance of location to risk of cardiac and/or neurological
	injury and dysfunction

	Is able to assess the size and depth of burn and calculate the	
	fluid requirements in adults and children using appropriate	
	protocols/evidence-based guidance	
Skills-	Can provide effective multimodal pain relief for burns,	
investigation	appropriate initial coverage (if appropriate) and intravenous	
and treatment	fluids	
	Is able to irrigate chemical burns, including to eyes	
	Recognises electrical burns and the need for ECG assessment	
	and monitoring; appreciates the risk of cardiac or neurological	
	complications, delayed signs of tissue injury (rhabdomyolysis)	
	Is able to assess patients with thermal burns for potential carbon	
	monoxide or cyanide poisoning	
	Recognises and escalates care of severe chemical burns	
	especially involving hydrofluoric acid and similar compounds	
	Is able to manage minor burns and wounds, application of	
	simple dressings and arranging appropriate follow-up care	
Skills-	Recognises the burns patient who has the potential for delayed	
Clinical decision	airway compromise and may require intubation later; ensure	
making and	appropriate monitoring and observation in a suitable location	
judgement	for ongoing care	
	Knows the criteria for referral to a burn's specialist and or other	
(in addition to	specialists e.g. critical care centre (dependent upon	
CC1)	local/regional policy/resources)	
Behaviour-	Is able to assess and manage pain and distress from burns –	
Communication	particularly in children; appreciates the different options e.g. IM	
&	ketamine, IN diamorphine, sedation	
professionalism	Is able to communicate the necessary information and initial	
	self-care burn advice for patients who can be safely discharged	
(in addition to	Escalates and/or refers to senior or specialist care appropriately,	
CC7& CC8)	providing clear and succinct details regarding injury mechanism	
	and calculated burn extent, depth and associated factors such	
	as airway/respiratory involvement, complex burns involving	
	chemical agents, electrical burns	
Paediatric	Is able to communicate sympathetically with the child/young	
	person and their family when child presents with a burn	
	Is alert to burns presenting as potential non-accidental injury or	
	feature of neglect, including delay in seeking medical advice or	
	historical inconsistency, or inconsistent location/pattern of burn	
	for the described mechanism	

Knowledge/	Detail of competency	
Skill/		
Behaviour		
Skills	Is able to carry out escharotomy or fasciotomy if there a	are signs of
	ischaemia to limbs or difficulty breathing	
	Management of complex caustic chemical burns e.g. m	anagement
	with calcium chelation for HF exposure	

Procedures

Listed below are practical procedures in ADULTS that trainees will have to show competency in by the end of their training period. Most of these procedures can be assessed as part of assessment of clinical modules.

Key aspects of Core Professional Competencies can be assessed at the same time as procedures, including communication skills, consent, infection prevention and control.

For each procedure the trainee should know the indications/ contraindications and be able to:

- Explain the procedure to the patient and obtain verbal or written consent, as required
- · Follow infection control procedures and aseptic technique
- · Prescribe associated analgesia / administer if required
- Recognise and be able to undertake emergency management of common complications
- Safely dispose of all sharps
- Document the procedure, including labelling samples and giving instructions for aftercare

Procedure		EPA
		level
PP1	Peripheral venous cannulation/ emergency intraosseous access	4/3
PP2	Obtaining and interpreting an ABG	4
PP3	Obtaining and interpreting an ECG	4
PP4	Management of serious haemorrhage (inc. pelvic binders)	3
PP5	Basic airway assessment and management	4
PP6	Cardio-Pulmonary Resuscitation (CPR) and safe defibrillation	4
PP7	Primary survey	4
PP8	Initial decompression of a large or tension pneumothorax	3
PP9	Local analgesia	3
PP10	Regional analgesia	3
PP11	Fracture reduction	3
PP12	Dislocation reduction	3
PP13	Simple wound closure and appropriate dressings	4
PP14	Limb injury immobilisation inc. splints/POP/slings	4
PP15	Safe delivery of a fluid challenge	4

Optional procedures where competence could be demonstrated, but are NOT a mandatory requirement include:

- Lumbar Puncture
- Urethral and suprapubic catheters
- Endotracheal Intubation
- · Point of care ultrasound

B. Additional module options

The Learning Hubs will identify their choice of AT LEAST 2 additional modules from the list below, based on service and population requirements. These will then become part of the overall trainee curriculum.

O1. Principles of quality/safety improvement

Assessment of this module can be carried as online learning and reflection or through submission of a project report.

Any online training must be from approved provider and have been completed in last 6 months.

Other actions that can support completion of this module include written reflection after completion of quality improvement or audit project, active participation in national or large audit, research or change project as part of project team or as result of serious untoward incident

Trainees are expected to achieve EPA level 2 (Direct active – full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout) in these competencies,

Knowledge/	Detail of competency	
Skill/ Behaviour		
Knowledge	Understands the principles of quality improvement, audit and	
	learning from safety incidents in the healthcare environment	
	Understands the role of human factors in safety, adverse events and	
	near misses	
	Recognises the importance of evidence-based practice in relation	
	to clinical effectiveness and can outline the ways in which clinical	
	guidelines can be developed	
	Outlines local health and safety protocols (fire, manual handling	
	etc)	
	Understands risks associated with the trainee's specialty work	
	including biohazards, hazards related to medical equipment and	
	mechanisms to reduce risk	
	Outlines the use of patient early warning systems to detect clinical	
	deterioration where relevant to the trainee's clinical specialty	
Skills	Adopts strategies to reduce risk e.g. surgical pause safety checklist	
	Contributes to local quality improvement processes – for example;	
	Audit of personal and departmental performance Errors /	
	discrepancy meetings, Critical incident reporting, Unit morbidity and	
	mortality meetings, quality improvement project	
Behaviour-	Engages with an open no-blame culture and shows willingness to	
communication	act on concerns	
&	Communicates honestly with patients after an adverse event	
professionalism	Encourages feedback from other team members on safety issues	
	and events	

	Co-operates with changes necessary to improve service quality and safety
Paediatric	No additional competences
specific	
competencies	

O2 Dermatological presentations

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log.

Potential presentations in which these competencies could be assessed include the following:

- Child/ Adult with pruritic rash
- · Life threatening rashes e.g. meningococcal septicaemia
- Leg ulcer +/- infection or thrombophlebitis
- Skin rash soon after starting new drug treatment- allergic reactions
- Red, hot skin lesion, tracking e.g. cellulitis
- Abscess
- · Bites and infestations
- Surgical wound infection

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Can outline the structure and function of skin, hair and nails
	Recalls the characteristic lesions found in the acute presentation of
	common skin diseases e.g. cellulitis, erysipelas, impetigo, cutaneous
	drug reactions, purpuric rashes, skin malignancies
	Is able to identify the life-threatening dermatological emergencies,
	know their causes and emergency management including but not
	limited to: toxic epidermal necrolysis, Stevens-Johnson syndrome,
	erythroderma, necrotizing fasciitis
	Can outline the common causes of skin and mucosal ulceration and
	outline the classification of skin ulcers by cause
	Understands the aetiology by age and pathophysiology of bites and
	infestations
	Can outline possible complications that may present with a surgical
	wound and the type of infections that may occur
Skills- History	Is able to take a detailed history including systemic disease, drug
	and allergen history and development of skin lesion
	Is able to take detailed history of timeline and evolution of skin signs
	and symptoms

Skills -	Conducts a detailed examination, including the nails, scalp and
Examination	mucosae to arrive at appropriate differential diagnoses
	Accurately describes skin lesions following assessment, including any
	signs of secondary infection
	Is able to identify potential systemic disease with skin presentations
	Documents any early signs of pressure ulcers and identify those
	patients at risk of skin breakdown
Skills-	Orders, interprets and acts on initial investigations appropriately to
investigation	establish aetiology
and treatment	Can prescribe appropriate topical and oral treatments for common
	skin presentations
Skills- Clinical	Identifies those patients who are systemically unwell and require
decision	admission
making and	Recognises life threatening skin rashes and commences treatment
judgement	and escalates care accordingly
(in addition to	Ensures those patients who are at high risk for pressure ulcers are
CC1)	identified
Behaviour-	Engages the patient in the management of their condition
communication	particularly with regard to topical treatments
&	Recognises the importance of prevention of pressure ulcers and
professionalism	diabetic ulcers
(In addition to	Demonstrates sympathy and understanding of patients 'concerns
CC7 & CC8)	due to the cosmetic impact of skin disease
Paediatric	Understands the common dermatological presentations in children
	and is able to differentiate the life-threatening presentations

Additional optional competencies- EPA 1

Knowledge/	Detail of competency
Skill/	
Behaviour	
Skills	Carries out a punch or other skin biopsy
	Debridement of wound
Behaviour	Is able to provide advice on managing open wounds, including
	dressings.

O3 Infectious and endemic diseases

Learning Hubs will be asked to define the most common/ debilitating or clinically important infectious/ endemic diseases that pertain to their service or local population. Assessment of this module should use the generic competencies listed below with particular emphasis on the chosen diseases.

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log.

Potential presentations / common infectious diseases that could be chosen by local Hub as priority for this module

- Meningitis, acute encephalitis syndrome/ Japanese Encephalitis
- TB
- Malaria
- Influenza
- Diarrhoeal diseases and food poisoning
- · Hep B, Hep C, Hep E- acute and chronic
- HIV/AIDS
- Rabies
- Syphilis
- Ascariasis
- Leishmaniasis
- Tetanus
- Viral haemorrhagic fever, Kyasanur forest disease virus and Dengue
- Measles, Mumps, Rubella
- Vaccine preventable diseases e.g. polio, bacterial disease in children
- Schistosomiasis
- Food-bourne trematodes, nematodes

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Can outline the natural history of the common infectious diseases for
	the local population
	Can outline the common presentations and pathogenesis of
	infectious diseases that impact on mortality in your region, including
	meningitis, malaria, TB, HIV/AIDS, Hepatitis, genitourinary infections,
	schistosomiasis, leishmaniasis, Influenza
	Can outline the pathogenesis of food-bourne diseases, food
	poisoning and acute diarrhoeal diseases
	Can outline the different typical/ atypical infective presentations
	common to local area
	Can outline the pathological causes of typical/ atypical infective
	presentations, and treatments

	Can outline those infections requiring notification to authorities and
	the process for doing notification
Skills- History	Is able to obtain a detailed history and understand the importance
	of even generic symptoms e.g. fever with no identifiable cause
	Is able to identify risk factors for development of an infectious
	disease, including contacts, travel, animal contact and sexual
	history
Skills -	Is able to identify signs of severe infection including change to LOC,
Examination	metabolic acidosis, severe anaemia, hypoglycaemia, acute renal
	impairment, acute pulmonary oedema
	Is able to identify signs of acute encephalitis and those patients with
	cardiorespiratory impairment requiring rapid resuscitation
Skills-	Identifies appropriate investigations and treatment, based on the
investigation	differential diagnosis, clinical presentation, age and presence of
and treatment	pregnancy
	Is able to start empirical treatment for the most likely causes of
	encephalitis / meningitis presentations and instigate supportive
	treatment- glycaemic control, hydration, oxygenation
Skills- Clinical	Has a low index of suspicion for common presentations to local area
decision	in any patient with fever and no obvious septic loci
making and	Is able to identify patients at particular risk from seasonal influenza
judgement	and advise on vaccination
(in addition to	Is able to identify those patients at greater risk from infectious
CC1)	disease e.g. immunocompromised, elderly, very young, pregnancy
Behaviour-	Is able to advise patients and family members, when prophylaxis is
Communication	required for an infectious disease e.g. young children and
&	pulmonary TB, pregnant women in endemic malaria areas
professionalism	
(In addition to	
CC7 & CC8)	
Paediatric	Understands the risk diarrhoeal disease presents to those less than 5
	years of age and can instigate safe and effective oral rehydration
	therapy, zinc supplementation and provide advice on breast
	feeding during acute episodes
	Can outline presentations and pathogenesis of common childhood
	infections e.g. measles, mumps, rubella
	Can outline the role of prevention in infectious diseases and be able
	to provide families with advice on contact tracing, prophylactic
	treatment, vaccinations
	·

O4. Haematological emergencies

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log.

Potential presentations in which these competencies could be assessed include the following:

- Severe pain or breathlessness in patient with known Sickle cell disease, thalassaemia or other haematological disease e.g. Hodgkin's disease
- · Acute widespread purpura/ bruising
- Any presentation of patient with ß Thalassaemia Major or Sickle Cell- where care may be impacted by disease
- Sepsis in patient receiving chemotherapy/ immunosuppressives
- Patient with acutely swollen leg and suspected DVT or chest pain and suspected PE

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Understands the pathophysiology and likely presentations of
	acute haematological emergencies e.g. disseminated
	intravascular coagulation
	Is able to outline common acute presentations of sickle cell and ß
	Thalassaemic major/ minor disease, including acute painful crises,
	osteomyelitis/ avascular necrosis, acute infections, anaemia,
	acute chest syndrome, stroke and thromboembolic events
	Understands the types of infection likely to present in a patient
	with sickle cell or thalassaemia
	Is able to diagnose, organise follow- up and explain types of
	thrombocytopenia
	Knows the causes and initial investigation of patients
	presenting with bruising and spontaneous bleeding, including
	over-anticoagulation and its reversal (in life threatening situations)
Skills- History	Obtains a detailed history of sickle cell and thalassaemic disease
	including of current treatment/ transfusion regimen, treatment of
	previous episodes, any concerns they may have about current
	episode
Skills -	Rapidly and systematically assesses the patient in terms of ABCDE,
Examination	and temperature
	Is able to differentiate different types of rash e.g. purpura
	Is able to assess pain, use the appropriate pain score for age and
	institute analgesia using an analgesic ladder

Skills-	Administers oxygen, establishes intravenous access, takes blood
investigation	cultures and administers antibiotics and intravenous fluids and
and treatment	pain relief
	Organises, interprets and acts on initial investigations including
	bloods, ABGs, blood cultures
	Is able to initiate management of life- threatening causes of
	purpura and bruising
Skills- Clinical	Elects the appropriate arena of care and degree of monitoring
decision	for patients with an acute haematological emergency
making and	Refers to appropriate specialist and seeks senior support in timely
judgement	manner
(In addition to	
CC1)	
Behaviour-	Understands the patient's expertise in their own condition of sickle
communication	cell or thalassaemia
&	
professionalism	
(In addition to	
CC7 & CC8)	
Paediatric	No additional competences

O5 Urological, renal and genitourinary presentations

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log. In addition, key aspects of communication and professionalism can be captured through the MSF.

Potential presentations in which these competencies could be assessed include the following:

- Dysuria +/- flank pain and signs of sepsis
- · Acutely swollen testis
- Urinary retention
- · Severe dehydration with reduced urine production secondary to shock or sepsis
- · Acute macro or micro haematuria
- Severe acute flank pain, suspected renal calculi
- Suspected uraemia
- Any presentation where patient has chronic moderate/ severe renal impairment, where management of presentation may be impacted
- Suspected genital ulceration or discharge plus orchiditis

Core competencies to achieve (for all patients), are EPA level 3 (Indirect active-partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available).

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Knows the common causes of acute urinary retention, urinary tract infections, haematuria and scrotal pain or injury including their pathophysiology
	Understands the principal causes of a low urine output in the
	critically ill patient, and can identify the principal sub-causes (pre-
	renal, renal and post-renal), including but not limited to:
	hypotension and inadequate renal perfusionrenal tract obstruction
	nephrotoxic drugs and contrast media
	Understands the methods of assessment of renal function including
	but not limited to: blood tests, assessment of renal excretion,
	imaging of the genitourinary tract Outlines the immediate management options for low urine output
	including but not limited to: fluid resuscitation, increased
	cardiovascular monitoring, administration of vasoactive drugs and
	inotropes, the role of diuretics
	Understands the role of renal replacement therapy in the oliguric
	patient
	Describes common causes of chronic renal disease, their
	presentation and complications
Skills- History	Takes an accurate history of past treatment for chronic renal
Citing Thotory	disease, history of other systemic disease that may impact renal
	function and drug treatments
Skills -	Makes a rapid and systematic assessment using an ABCDE
Examination	approach, of the patient with suspected uraemia, renal calculi,
	renal sepsis including appropriate clinical examination
	Identifies and refers those patients with testicular torsion promptly
	Is able to elicit signs of severe dehydration that may impair renal
	function
Skills-	Is able to relieve symptoms of urinary retention by passage of a
investigation	urethral catheter
and treatment	Is able to order and correctly interpret tests for urinary tract infection,
	renal calculi, scrotal disorders, including radiographic tests
	Is able to establish the underlying cause and search for the
	complications of urinary tract infections e.g. pyelonephritis
1	Is able to safely prescribe for patients in renal failure
	Initiates early (critical) management of acute kidney injury (e.g. fluid
	administration) including requesting safe monitoring and
	identification of hyperkalaemia
	Ensures appropriate tests undertaken and treatment started,
	including any required swabs for genitourinary infection
	moluding any required swaps for genilodimary infection

Skills- Clinical	Is able to plan and communicate to the wider team appropriate
decision	monitoring requirements of the patient with a low urine output
making and	Involves appropriate senior and specialist support to facilitate
judgement	immediate assessment and management of those with decreased
(In addition to	renal function (e.g. imaging, intensive care, surgeons, renal
CC1)	physicians)
	Identifies those patients that need referral for admission and or
	emergency renal replacement therapy
Behaviour-	Is able to reassure patients with severe pain or distress
Communication	Is able to counsel patients on the safe use of medication in renal
&	impairment
Professionalism	Is able to counsel patients on follow up and contact tracing with
(In addition to	suspected genitourinary infection
CC7 & CC8)	Seeks support from specialists early when patient has severe
	derangement of renal function
Paediatric	Knows the principles of monitoring urine output in infants
	Is able to rationalise and manage the acute causes of testicular
	pain in children

Additional optional competencies- EPA 1 to 2

Knowledge/ Skill/	Detail of competency
Behaviour	
Skill-	Examination for suspected STD, obtaining microbiological samples via
examination	urine or swab
Skill-	Examination of CT with contrast for renal calculi
Investigation	Supra-pubic catheterisation
& treatment	
Behaviour	Counselling prior to HIV testing
	Communication of positive HIV or STD result

O6 'End of life' and palliative care considerations

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log. In addition, key aspects of communication and professionalism can be captured through MSF.

Potential presentations in which these competencies could be assessed include the following:

- End stage cancer or disease
- Care of dying patient requiring symptom control

Knowledge/	Detail of competency
Skill/ Behaviour	
Knowledge	Is able to explain signs of a patient who is dying and common
	emergency presentations, including pain, nausea and vomiting,
	hypercalcaemia, bleeding, seizures, spinal cord compression
	Can outline the management of common symptoms of patients
	presenting towards end of life or dying including nausea &
	vomiting, anorexia, breathlessness, pain, psychological distress,
	incontinence, oral health care
Skills- History	Understands the importance of taking an accurate history of
	medications and issues that may arise from polypharmacy
	Is able to assess patients and identify those towards the end of life.
	Understand the importance of assessment of social, psychological
	and spiritual requirements
Skills -	Carries out full examination, including assessment of mental state,
Examination	nutritional and hydration status
	Is able to carry out an assessment and implement management of
	pain, including in patients with cognitive impairment, utilising pain
	scores and analgesic ladder
Skills-	Initiates investigations and management, taking into account
investigation	appropriateness of invasive investigations and treatments in the
and treatment	dying patient
Skills- Clinical	Discusses the patients' needs and preferences regarding care in
decision	the last days of life, including preferred place of death,
making and	investigations and treatments and resuscitation orders
judgement	
(In addition to	
CC1)	
Behaviour-	Is able to sensitively communicate with patients and family/carers
Communication	who present in last days of life, to elicit preferences for care and
&	wishes in terms of treatment
professionalism	Is able to explain issues, symptoms that may arise towards the end
(In addition to	of life for the frail and unwell and can to explain these to patient
CC7 & CC8)	and carers and outline management plans
	Is able to listen with sympathy and understanding to concerns of
	family / carers and patient
	Is able to communicate with other clinicians and act as an
	advocate for patient who is frail or dying
Paediatric	No additional competencies
competencies	

O7 Malnutrition, electrolyte and endocrine presentations

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log. In addition, key aspects of communication and professionalism can be captured through MSF.

Potential presentations in which these competencies could be assessed include the following:

- Any patient with chronic and or severe diarrhoea e.g. Crohns
- Any patient with end stage chronic disease e.g. End stage renal failure or acute renal impairment secondary to sepsis/ medication
- Patient requiring additional support to feed +/- enteral feeding e.g. PEG feeding
- Elderly frail who may have poor nutrition
- Patient with known metastatic cancer and onset of confusion, dehydration, or other signs of hypercalcaemia
- Patients with chronic alcohol dependency and poor nutrition
- · Child with severe acute diarrhoea
- Confusion, sweating or decreased LOC in a known diabetic
- SOB, dehydration, fever, in patient with Type 1 DM
- · Very high glucose in patient without known DM
- Patient with sepsis and Type 1/II Diabetes
- Suspected new diagnosis of Type 1 Diabetes
- Dehydration, confusion (Hypercalcaemia (non-cancer))
- Tachycardia, anxiety, diarrhoea, weight loss (Thyrotoxicosis)
- · Fatigue, bradycardia, weight gain (Myxoedema)

Knowledge/	Detail of competency		
Skill/ Behaviour			
Knowledge	Knows the aetiology, pathophysiology and presentation of		
	dehydration. Is able to recognise the life-threatening complications		
	of dehydration		
	Is able to outline the common causes of malnutrition in adults and		
	children		
	Is able to anticipate common problems an adult/ child with severe		
	malnutrition may present with including; hypoglycaemia,		
	hypothermia, sepsis, dehydration and electrolyte imbalance,		
	mineral and vitamin deficiencies		

	Con sutting the identification and management of common						
	Can outline the identification and management of common						
	vitamin and mineral deficiencies						
	Knows the diagnostic criteria for diabetes and glucose intolerance						
	Describes the pathophysiology and likely presentation of common						
	diabetic emergencies e.g. diabetic ketoacidosis						
	Outlines the management and pathophysiology of common						
	metabolic and endocrine emergency presentations						
	Outlines the impact Type 2 DM may have on life expectancy, risks						
	associated with DM and other health issues/ behaviours and						
	potential long-term complications						
	Is able to outline common insulin regimes for Type 1 DM						
	Is able to outline common pharmacological and non-						
	pharmacological treatments for Type 2 DM						
Skills- History	Is able to screen for potential malnutrition						
	Is able to identify patients with poor absorptive capacity e.g.						
	acute colitis						
	Is able to take an appropriate detailed history to identify						
	precipitating causes of diabetic ketoacidosis, hyperosmolar non-						
	ketotic coma and hypoglycaemia						
	In a patient with suspected new type 2 DM is able to elicit						
	symptoms such as polydipsia, polyuria, repeated skin infections,						
	recent weight loss						
	Is able to elicit potential causes for life threatening metabolic or						
	endocrine presentations						
Skills -	Can elicit signs of dehydration e.g. dry mucosae, reduced skin						
Examination	turgor						
	Is able to elicit signs of common vitamin and mineral deficiencies						
	and any life-threatening complications						
	Can elicit signs related to sepsis in a diabetic						
	Is able to elicit signs of complications of Type 2 DM						
Skills-	Appropriately assesses and establishes the need for a fluid bolus in						
investigation	an acutely unwell patient						
and treatment	Administers intravenous glucose and glucagon safely and rapidly						
	to reverse hypoglycaemia						
	Prescribes intravenous fluids, insulin and potassium safely for the						
	hyperglycaemic patient						
	Can safely correct severe hypo/hyper -natraemia, -kalaemia, -						
	calcaemia						
Skills- Clinical	Identifies those patients that will need critical care and intensive						
decision	monitoring						
making and	Demonstrates an understanding of the need to assess the						
judgement	fluid status of the acutely unwell patient, when such						
(In addition to	assessment is necessary, and the need for reassessment						
CC1)	and additional monitoring						
/	<u> </u>						

	Understands and can implement changes to diabetic treatment,
	including insulin in diabetic patient with concomitant illness
Behaviour-	Is able to advise patients on requirements for changes to treatment
Communication	for diabetes in presence of other illness e.g. sepsis
&	Is able to elicit when malnutrition (+/- dehydration) may result from
professionalism	self-neglect
(In addition to	
CC7 & CC8)	
Paediatric	Is able to calculate and prescribe fluid replacement, maintenance
	fluids and replacement for ongoing losses as per APLS protocols
	Is able to outline different causes and pathophysiology of acute
	versus chronic malnutrition, especially in children
	Understands how behavioural issues in adolescents and young
	adults may impact on their diabetic care
	Can identify where malnutrition may be a sign of neglect in a child

O8. Common ophthalmological presentations

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log. In addition, key aspects of communication and professionalism can be captured through the MSF.

Potential presentations in which these competencies could be assessed include the following:

- Sudden loss of vision, diplopia or blurring of vision
- · Acute red eye
- · Foreign body in eye
- · Infection eye or orbital region
- Change to visual field

Knowledge/	Detail of competency					
Skill/ Behaviour						
Knowledge	Knows the pathophysiology and presentations of common acute					
	eye presentations e.g. acute glaucoma, conjunctivitis, foreign body					
	in eye, detached retina, loss of vision or visual field defects, orbital					
	factures					
	Knows the optical signs of detached retina, papilloedema					
	Can outline common eye presentations associated with systemic					
	disease					
Skills- History	Can obtain the timeline of symptoms and any relevant injuries to the					
	eye, past surgery or ophthalmic conditions					

Skills -	Is able to fully examine an eye, including use of eye drops to dilate
Examination	the pupils and staining for foreign bodies
	Is able to test for visual acuity
	Is able to examine the eye, including use of ophthalmoscope and
	slit lamp
	Is able to assess eye movements and visual fields
Skills-	Knows how to review an x-ray for penetrating eye injuries
investigation	
and treatment	
Skills- Clinical	Correctly identifies the underlying pathology and ensures prompt
decision	ophthalmic referral for those patients who need admission and
making,	those that can be managed with outpatient follow-up
judgement	Is able to identify and referral urgently those with critical eye
(In addition to	conditions e.g. ophthalmic zoster, acute angle glaucoma, SOLs
CC1)	
Behaviour-	No additional competences
Communication	
&	
professionalism	
Paediatric	No additional competences

O9. Common ENT and maxillofacial/dental presentations

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log. In addition, key aspects of communication and professionalism can be captured through MSF.

Potential presentations in which these competencies could be assessed include the following:

- · Severe epistaxis
- · Severe acute sore throat
- · Foreign body in ear or nose
- · Painful locked jaw
- · Potential fracture of jaw
- Loss of tooth
- · Dental abscess
- Vertigo +/- loss of balance

Core competencies to achieve (for all patients), are EPA level 3 (Indirect active-partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor immediately available).

Knowledge/ Skill/ Behaviour	Detail of competency				
Knowledge	Knows the anatomy of the ear, nose and throat				
	Knows the common causes of pain in ear and throat and their				
	initial management				
	Knows the presentation of dental abscess, teeth avulsion and TMJ				
	dislocation				
	Knows the causes of epistaxis including trauma and medication				
Skills- History	Is able to establish the timeline of presentation and associated				
	symptoms e.g. dysphagia, joint pain in sore throat as well as any				
	previous presentations and treatments				
Skills -	Is able to carry out a full examination of external and internal ear,				
Examination	including use of an Otoscope				
	Is able to carry out a full examination of the neck and throat and				
	adjacent lymph nodes				
	Is able to identify patient with upper airway obstruction, including				
	stridor				
Skills-	Is able to derive a differential diagnosis and initiate treatment for				
investigation	most likely cause of presentation				
and treatment	Knows when antibiotics are indicated for sore throats or ear infections				
	Is able to undertake anterior nasal packing /use nasal tampon in epistaxis				
Skills- Clinical	Knows when to refer a patient to ENT for specialist assessment,				
decision	admission or follow up				
making and					
judgement					
Behaviour-	No additional competences				
Communication	·				
&					
professionalism					
Paediatric	Outline common life-threatening ENT/ maxillofacial presentations				
specific	in paediatric age group e.g. epiglottitis, quinsy				

O10. Common obstetric and gynaecological presentations

Assessment of these competencies is via Mini-CEX, CbD (formative or summative) or ACAT-EM and a reflective log. In addition, key aspects of communication and professionalism can be captured through MSF.

Potential presentations in which these competencies could be assessed include the following:

- Abdominal pain or shock in early pregnancy
- Bleeding in early or late pregnancy

- Female with fever, abdominal pain- suspected pelvic inflammatory disease
- Late pregnancy complications e.g. preeclampsia/ eclampsia

Knowledge/	Detail of competency				
Skill/ Behaviour					
Knowledge	Knows the causes of pelvic pain, vaginal discharge and bleeding				
	in women of all ages, including pregnancy				
	Knows the normal physiological changes of pregnancy				
	Knows the early complications of pregnancy and their				
	pathophysiology				
	Knows the complications of middle, late pregnancy, their				
	presentations and pathophysiology				
	Knows the pharmacology of drug metabolism at different				
	trimesters of pregnancy and safe prescribing				
	Knows the common presentations, systemic manifestations,				
	pathogens and appropriate initial investigation for potential PID				
	Knows the common post-partum life threatening presentations				
	e.g. bleeding, PE				
Skills- History	Is able to elicit a full sexual and reproductive history				
	Is able to take an obstetric history				
Skills -	Is able to undertake a full examination of a patient with pelvic				
Examination	pain				
	Is able to demonstrate a bimanual pelvic examination, use of				
	speculum and obtain microbiological swabs when appropriate				
	Is able to examine the foetus in pregnancy, including cardiac				
	sounds, presentation, size				
	In a patient that is bleeding, is able to examine using systematic				
	ABCDE approach and assess requirements for resuscitation				
	Is able to investigate suspected preeclampsia				
Skills-	Can explain the rationale for investigations and commence the				
investigation	appropriate treatment				
and treatment					
Skills- Clinical	In the acutely unwell patient, bleeding or sepsis, is able to carry				
decision	out initial assessment and initiate resuscitation and refer				
making and	appropriately				
judgement	Recognises life threatening presentations such as eclampsia, PE,				
(In addition to CC1)	massive haemorrhage				
Behaviour-	Is able to communicate the need for the examination and				
communication	explain to the patient throughout examination				
	Recognises the need for a chaperone				

&	
professionalism	
(In addition to	
CC7 & CC8)	
Paediatric	No additional competences

Appendices

Appendix 1 EMFP curriculum and expected attainment in EPAs by end of programme year

1	Not allowed to practice independently, observer only
2	Direct active- full supervision by senior clinician, with prompting/ verbal and actual guidance and help throughout
3	Indirect active- partial supervision by senior clinician, no prompting or help provided, direct line of vision or supervisor is immediately available
4	Passive- full entrustment to carry out competence, no senior support provided

			Curriculum modules	EPA	EPA leve	el at end
				level at	Adult	Paediatric
				start	patients	patients
CC	Core Professional	CC1	Clinical decision making and judgement	1	2	2
	Competencies	CC2	Therapeutics and safe prescribing	1/2	3	3
	* Please note, these	CC3	Assessment and management of pain	1/2	3	3
	are NOT assessed	CC4	Infection Prevention and Control (IPC); personal safety	1	2	2
	separately but must be evidenced through assessment of the clinical modules		(PPE)			
		CC5	Assessing patient capacity and obtaining consent	1	2	2
		CC6	Safeguarding and the vulnerable patient	1	2	2
		CC7	Communication with the patient/relative(s) inc. breaking	1/2	3	2
			bad news			
		CC8	Communication with colleagues and effective handover	1/2	3	3
	1	CC9	Time and workload management	1/2	3	3
		CC10	Health promotion and public health	1/2	2	2
R	Resuscitation	R1	Cardiorespiratory, respiratory and peri-arrest	1/2	3	2
		R2	Shock, anaphylaxis and the septic patient	1/2	3	2

			Curriculum modules	EPA EPA I		evel at end
				level at	Adult	Paediatric
	1		T=	start	patients	patients
		R3	The unconscious patient (or deteriorating level of	1/2	3	2
			consciousness)			
Т	Major Trauma	T1	Systematic assessment and initial management of a major	1/2	3	2
			trauma presentation			
		T2	Major Incident Management: involving large numbers of	1	2	2
			casualties or a surge of acutely ill patients			
Α	Acute	A1	Acute cardiac presentations	1/2	3	3
	presentations	A2	Acute respiratory presentations	1/2	3	3
		А3	Acute abdominal presentations	1/2	3	3
		A4	Acute presentations involving self-harm and unintentional	1/2	3	3
			toxins/poisoning			
		A5	Acute neurological, cognitive or affective presentations	1/2	3	3
		A6	Acute musculoskeletal presentations	1/2	3	3
		A7	Management of burns	1/2	3	3
PP	Practical	PP1	Peripheral venous cannulation / emergency intraosseous	1/2	3	-
	procedures		access			
		PP2	Obtaining and interpreting an ABG	1/2	3	-
		PP3	Obtaining and interpreting an ECG	1/2	3	-
		PP4	Management of serious haemorrhage (inc. pelvic binder)	1/2	3	-
		PP5	Basic airway assessment and management	1/2	4	-
		PP6	Cardio-Pulmonary Resuscitation (CPR) and safe	1/2	4	-
			defibrillation			
		PP7	Primary survey of a major trauma patient	1/2	4	-
		PP8	Initial management of a tension pneumothorax	1/2	4	-
		PP9	Local anaesthesia	1/2	3	-

			Curriculum modules	EPA	EPA leve	el at end
				level at	Adult	Paediatric
1 .				start	patients	patients
		PP10	Regional anaesthesia	1/2	3	-
		PP11	Fracture reduction	1/2	3	-
		PP12	Dislocation reduction	1/2	3	-
		PP13	Simple wound closure and appropriate dressings	1/2	4	-
		PP14	Limb injury immobilisation including splints/POP/slings	1/2	4	-
		PP15	Safe delivery of a fluid challenge	2	4	-
O Add	lditional modules	O1	Principles of quality/safety improvement	1	2	2
* PI	lease note the	O2	Dermatological presentations	1	2	2
	Learning Hub will choose 2 to be	O3	Infectious and endemic diseases	1	2	2
		O4	Haematological emergencies	1	2	2
1 1	cluded within the rriculum	O5	Urological, renal and genitourinary disorders	1/2	3	3
	Triculani	O6	'End-of-life' and palliative care considerations	1	2	-
		07	Care of patient with malnutrition, electrolyte or endocrine	1	2	2
			disorder			
		O8	Common ophthalmological presentations	1	2	2
		O9	Common ENT, maxillofacial and dental emergencies	1	2	2
		O10	Common obstetric and gynaecological presentations	11	2	-

Appendix 2 Assessment blueprint

Listed below are the curriculums with the suitable assessment tools. It is suggested all modules have initial formative assessments, followed by additional formative or summative assessment as outlined below. Please note, although summative eLc alone cannot be used to sign off a module by itself, although it can be used as additional evidence alongside an ACAT-EM or CbD.

Curriculum modules			Summative										
		Mini- CEX	CbD	ACAT- EM	MSF	AA	RL	S	Mini- CEX	CbD	DOPs	LS	eLc
CC1	Clinical decision making and judgement	*	*	*	*		*		*	*			
CC2	Therapeutics and safe prescribing	*	*	*									*
CC3	Assessment and management of pain	*	*	*							*		
CC4	Infection Prevention and Control (IPC); personal safety (PPE)	*	*	*	*	*					*		*
CC5	Assessing patient capacity and obtaining consent	*	*	*		*					*		*
CC6	Safeguarding and the vulnerable patient	*	*	*									*
CC7	Communication with the patient/relative(s) inc. breaking bad news	*	*	*	*		*				*		
CC8	Communication with colleagues and effective handover	*	*	*	*		*				*		
CC9	Time and workload management			*	*	*	*						
CC10	Health promotion and public health		*	*		*	*						*
R1	Cardiorespiratory, respiratory and peri-arrest	*					*		*		*	*	
R2	Shock, anaphylaxis and the septic patient	*					*		*		*		
R3	The unconscious patient (or deteriorating level	*					*		*				
	of consciousness)												
T1	Systematic assessment and initial	*					*		*		*	*	
	management of a major trauma presentation												
T2	Major Incident Management: involving large												
	numbers of casualties or a surge of acutely ill		*				*	*				*	*
	patients												

Curriculum modules			Formative								Summative					
		Mini- CEX	CbD	ACAT- EM	MSF	AA	RL	S	Mini- CEX	CbD	DOPs	LS	eLc			
A1	Acute cardiac presentations	*	*	*			*		*	*	*					
A2	Acute respiratory presentations	*	*	*			*		*	*	*					
А3	Acute abdominal presentations	*	*	*			*		*	*						
A4	Acute presentations involving self-harm and	*	*	*			*		*	*						
	unintentional toxins/poisoning															
A5	Acute neurological, cognitive or affective	*	*	*			*		*	*						
	presentations															
A6	Acute musculoskeletal presentations	*	*	*			*		*	*	*					
A7	Management of burns	*	*	*			*		*	*						
PP1	Peripheral venous cannulation / emergency										*					
	intraosseous access															
PP2	Obtaining and interpreting an ABG										*					
PP3	Obtaining and interpreting an ECG										*					
PP4	Management of serious haemorrhage (inc.										*					
	pelvic binder)															
PP5	Basic airway assessment and management										*					
PP6	Cardio-Pulmonary Resuscitation (CPR) and										*					
	safe defibrillation															
PP7	Primary survey of a major trauma patient										*					
PP8	Initial management of a tension										*					
	pneumothorax															
PP9	Local anaesthesia										*					
PP10	Regional anaesthesia										*					
PP11	Fracture reduction										*					
PP12	Dislocation reduction										*					

Curriculum modules			Formative								Summative					
		Mini- CEX	CbD	ACAT- EM	MSF	AA	RL	S	Mini- CEX	CbD	DOPs	LS	eLc			
PP13	Simple wound closure and appropriate										*					
	dressings															
PP14	Limb injury immobilisation including										*					
	splints/POP/slings															
PP15	Safe delivery of a fluid challenge										*					
O1	Principles of quality/safety improvement					*	*					*	*			
O2	Dermatological presentations	*	*	*			*						*			
О3	Infectious and endemic diseases	*	*	*			*						*			
O4	Haematological emergencies	*	*	*			*						*			
O5	Urological, renal and genitourinary disorders	*	*	*			*						*			
O6	'End-of-life' and palliative care considerations	*	*	*			*						*			
O7	Care of patient with malnutrition, electrolyte or endocrine disorder	*	*	*			*						*			
O8	Common ophthalmological presentations	*	*	*			*						*			
O9	Common ENT, maxillofacial and dental emergencies	*	*	*			*						*			
O10	Common obstetric and gynaecological presentations	*	*	*			*						*			