



Faculty Research Directory 2022

3rd Edition



**Rawalpindi Medical University
Office of Research Innovation and Commercialization
(RMU-ORIC)
(2019- 2022)**



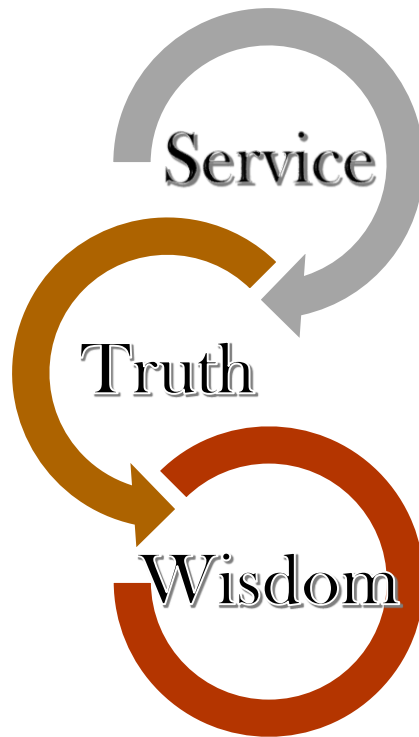
بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَمَا يَذَّكَّرُ إِلَّا أُولُو الْأَلْبَابِ

"But none will grasp the message except the men
of intellect." (Quran 2:269)



Vision



Mission

- ❖ To impact evidence-based research oriented medical education
- ❖ To improve the health of the communities we serve through education, biomedical research and patients care
- ❖ To inculcate the values of mutual respect and ethical practice of medicine

Message by the Vice Chancellor



Prof Dr Muhammad Umar
Vice Chancellor RMU and Allied Hospitals

Research and innovation play a significant role in stimulating sustainable growth development. Research is central to developing new and innovative products, processes and services, which enable higher productivity, industrial competitiveness, and ultimately prosperity. Innovation research is not innovative research. Rather it involves applying brainstorming, ideation, product development research, or similar techniques to tap into creative thinking and test concepts within your company and its market.

Do you know why research is important in science and technology? Well, for one reason, the research contributes to the advancement of science and technology. Surprisingly, many people think that science and technology research is not that important. In their opinion, it is not as important as other activities in science and technology such as scientific work within companies, industrial technology, or the use of technologies in society.

Research can even gain a greater understanding of the world. Let's take, for instance, the research to understand climate change. The research contributes to our knowledge about the world and furthers our understanding of it. Science and technology research also contributes to the creation of new technologies, between basic and translational scientists been so necessary. In fact, it also enables major breakthroughs in science. Technologies are often built on scientific research, which makes science and technology research important.

It is the responsibility of those of us involved in today's biomedical research enterprise to translate the remarkable scientific innovations we are witnessing into health gains for the nation. At no other time has the need for a robust, bidirectional information flow. The importance of research in science and technology is to further our understanding of the world.

PROF. MUHAMMAD UMAR, Sitara-i-Imtiaz

MBBS, MCPS, FCPS, FRCP(G), FRCP(L), FACG, AGAF, FASGE

Vice Chancellor / Chief Executive / Professor of Medicine

Rawalpindi Medical University & Allied Hospitals

Gastroenterologist and Hepatologist, Holy Family Hospital

Clinical Coordinator Hepatitis Prevention and Control Program

Chairman WGO Hepatitis C Treatment Guidelines Committee

First Governor of American College of Gastroenterology (ACG)

Past President Pakistan Society of Gastroenterology (PSG)

Past President Pakistan Society of Hepatology (PSH)

Past President Rawalians

President Rawalian Research Forum

Past Chairman Asiahep Pakistan

Message by the Director ORIC



It is a great pleasure and honour for me to serve as Director ORIC, Rawalpindi Medical University. Office of Research Innovation and Commercialization was established in 2019, at RMU to provide a significant niche in education and research of science and technology. ORIC provides end to end services for all matters about research & development, innovation, commercialization, patents, collaborations, arranging seminars/ symposium/ conferences/ workshops, etc and/or research publication honorarium. However, the institute has now expanded its programs to postgraduate programs of which three are PhD programs. RMU is striving to equip its young medical graduates with the required knowledge and skill so that they can respond to the market demand of the day and thereby contribute to the growth and transformation

of the country. RMU is a leading institution in medicine and now for the past few years, RMU positioned to make key contributions to the advancement of technology solutions and sustainability research and to help lead the way toward sustainable growth of technological resources. The University is committed to create an ambience for nurturing innovation, creativity and excellence within its students. We, at RMU, strongly support interdisciplinary research and development for the benefit of Industry and Society. In the last few years, we have taken several initiatives, like introducing a new program PhD Program, upgrading of funding resources, and adding big Lab building complex and several research projects. Many more ventures are being planned in the next couple of years to stay relevant in the era of innovation and disruption.

We are proud to say that the Institute and it's allied hospitals are ideally placed to exploit the synergy within the departments of the university. In doing so, we believe the role of ORIC would create exclusive and novel courses and projects to make significant contributions to science and technology as a domain. We are confident that all our efforts will grow into significant essences of accomplishments in the greater academic idiom. Hopefully, our efforts in all the major areas of science and technology will produce fruitful results in academic innovation, top-tier journal publications, citations and technology developments.

DR UZMA SHAUKAT

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Lahore, Pakistan

Acknowledgements

We highly appreciate the contributions of all HODs and staff members of departments of Rawalpindi Medical University and Allied Hospitals who provided the information of their departments for the research directory. We appreciate the ORIC-RMU team in 2019. Their contribution, commitment, dedication and hard work went beyond. We are thankful to Prof. Dr. Naeem Akhtar, who were appointed as Director ORIC in 2019, Additional Director-Prof. Dr. Asad Tameezudin Nizami, Manager Research Operations & Development-Dr. Shireen Rafiq, Manager Operations-Dr. Amna Noor, Publication Specialist-Dr. Arslan Manzoor Mughal and Dr Uzma Hayat, Director Research Unit, RMU. It would not have been possible without their support.

Disclaimer

The information provided in this research directory is for general information only. The information and details regarding the research activities, projects, publications and workshops have been provided by the respective departments of Rawalpindi Medical University through electronically designed standard Performa. We endeavour to keep the information complete and accurate. However, we make no representations or warranties of any kind, express or implied, regarding the completeness, accuracy and reliability of this information. We cannot accept any legal responsibility or liability of any errors or omissions that may be made. Also, we cannot accept liability for damage or loss of profit, arising from any errors or omissions.

Editorial Board:

Chief Editor:

Prof. Dr. Muhammad Umar
Dr. Uzma Shaukat

Editor:

Dr. Huma Shafique
Manager Research Operations and
Development (ORIC)



Preamble

Research is essential to find out which treatments work better for patients. It plays an important role in discovering new treatments, and making sure that we use existing treatments in the best possible ways. It can provide important information about disease trends and risk factors, outcomes of treatment or public health interventions, functional abilities, patterns of care, and health care costs and use. The different approaches to research provide complementary insights.

The Rawalpindi Medical University embarked upon its journey towards distinction in the fields of health education and medical research. In order to develop Rawalpindi Medical University into a true center of excellence, it is imperative that apart from maintaining high standards in teaching, research is meticulously pursued and awarded. The college proved itself as one of the leading medical colleges of Pakistan, later progressed to the status of the University by the Government of Punjab. What lied ahead was an uphill task of development of future vision, accreditation from HEC, development of infrastructure, curriculum and teaching programs. Ever since then, RMU is striving to achieve such goals in a systematic manner in lines with the strategic vision in research and healthcare delivery.

The Office of Research, Innovation & Commercialization (ORIC) has been established at RMU is acting as a focal point for providing guidance and support to the constituent institutions in all activities related to research. ORIC provides end to end services for all matters about research & development, innovation, commercialization, patents, collaborations, arranging seminars/symposium/ conferences/ workshops, and/or research publication honorarium. ORIC is the focal point for all research-related activities of the University. ORIC facilitates the University researchers (faculty members and scholars) to promote their research work both nationally and internationally.

The publication of this research directory will provide the medical community with an opportunity to analyze and learn from the work done by the faculty of Rawalpindi Medical University over the years. Hopefully, it will also prove to be a spark of inspiration for the undergraduate students to explore new paths in medical research.

We are highly grateful to our Vice Chancellor, Prof Muhammad Umar for believing in our abilities and made us responsible for future research developments by ORIC.

I take full responsibility and will be happy to incorporate any changes recommended by the faculty.

Dr Huma Shafique

PhD Molecular Genetics

NUST, Pakistan/Newcastle University, UK

Manager Research Operations and Development

Office of Research, Innovation & Commercialization (ORIC)

Rawalpindi Medical University,

Rawalpindi

Table of Contents

Vision.....	i
Mission	i
Message by the Vice Chancellor.....	ii
Message by the Director ORIC	iii
Acknowledgements	iv
Disclaimer	iv
Editorial Board:.....	iv
Section A.....	1
<i>RMU FACULTY PUBLICATION ANALYSIS REPORT</i>	<i>1</i>
.....	1
Section B.....	7
<i>Departmental Research Activities.....</i>	<i>7</i>
DEPARTMENT OF ANATOMY	8
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>9</i>
<i>PUBLICATIONS (International)</i>	<i>11</i>
<i>PUBLICATIONS (National)</i>	<i>11</i>
DEPARTMENT OF ANESTHESIA	14
<i>RESEARCH PROPOSALS</i>	<i>15</i>
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>16</i>
DEPARTMENT OF ANESTHESIA	18
<i>RESEARCH PROPOSALS</i>	<i>19</i>
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>20</i>
DEPARTMENT OF ANESTHESIA, Holy Family Hospital	21
<i>RESEARCH PROPOSALS</i>	<i>22</i>
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>22</i>
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION.....</i>	<i>22</i>
<i>PUBLICATIONS (International)</i>	<i>23</i>
<i>PUBLICATIONS (National)</i>	<i>23</i>
DEPARTMENT OF BIOCHEMISTRY	26
<i>PUBLICATIONS (National)</i>	<i>27</i>

DEPARTMENT OF CARDIOLOGY	29
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>30</i>
SEMINAR / CONFERENCE / PAPER PRESENTATION	30
<i>PUBLICATIONS (International)</i>	<i>31</i>
<i>PUBLICATIONS (National)</i>	<i>31</i>
DEPARTMENT OF COMMUNITY MEDICINE	33
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>34</i>
<i>PUBLICATIONS (International)</i>	<i>34</i>
<i>PUBLICATIONS (National)</i>	<i>35</i>
DEPARTMENT OF DERMATOLOGY	38
<i>RESEARCH PROPOSALS</i>	<i>39</i>
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>41</i>
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION.....</i>	<i>41</i>
<i>PUBLICATIONS (International)</i>	<i>41</i>
<i>PUBLICATIONS (National)</i>	<i>42</i>
DEPARTMENT OF EMERGENCY MEDICINE.....	44
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>45</i>
<i>PUBLICATIONS (International)</i>	<i>45</i>
<i>PUBLICATIONS (National)</i>	<i>46</i>
DEPARTMENT OF OTORHINOLARYNGOLOGY (ENT)	48
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>49</i>
<i>PUBLICATIONS (International)</i>	<i>49</i>
<i>PUBLICATIONS (National)</i>	<i>50</i>
DEPARTMENT OF OTORHINOLARYNGOLOGY (ENT)	52
<i>RESEARCH PROPOSALS</i>	<i>53</i>
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>54</i>
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION.....</i>	<i>54</i>
<i>PUBLICATIONS (International)</i>	<i>55</i>
<i>PUBLICATIONS (National)</i>	<i>55</i>
DEPARTMENT OF FORENSIC MEDICINE & TOXICOLOGY.....	58
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>59</i>
DEPARTMENT OF GASTROENTEROLOGY (CENTER FOR LIVER & DIGESTIVE DISEASES)	60
<i>PUBLICATIONS (International)</i>	<i>61</i>
<i>PUBLICATIONS (National)</i>	<i>63</i>
<i>BOOKS AND MANUAL PUBLISHED</i>	<i>65</i>
<i>CONFERENCES/ SEMINARS</i>	<i>65</i>

AWARDS /FELLOWSHIPS/ MEMBERSHIPS OF LEARNED SOCIETIES	66
WEBINARS & COURSES ORGANIZED	66
WORKSHOPS	66
ESTABLISHMENT OF PROJECTS & AWARENESS PROGRAMS.....	67
PUBLICATIONS (INTERNATIONAL).....	68
DEPARTMENT OF INFECTIOUS DISEASES.....	73
RESEARCH COURSE / WORKSHOPS	74
PUBLICATIONS (International)	74
PUBLICATIONS (National)	76
DEPARTMENT OF MEDICAL EDUCATION	80
PUBLICATIONS (National)	81
Department Of Medical ICU.....	82
PUBLICATIONS (National)	83
DEPARTMENT OF MEDICINE UNIT-I, BBH	84
RESEARCH PROPOSALS	85
RESEARCH COURSE / WORKSHOPS.....	85
PUBLICATIONS (National)	86
DEPARTMENT OF MEDICINE UNIT-II, BBH	89
RESEARCH PROPOSALS	90
PUBLICATIONS (National)	90
SEMINAR / CONFERENCE / PAPER PRESENTATION.....	91
DEPARTMENT OF MEDICINE, DHQ	92
RESEARCH PROPOSALS	93
PUBLICATIONS (National)	94
RESEARCH COURSE / WORKSHOPS	94
DEPARTMENT OF MEDICINE UNIT-I, HFH	95
RESEARCH PROPOSALS	96
PUBLICATIONS (National)	97
PUBLICATIONS (International)	98
SEMINAR / CONFERENCE / PAPER PRESENTATION.....	99
RESEARCH COURSE / WORKSHOPS	100
DEPARTMENT OF MEDICINE UNIT-II	102
RESEARCH COURSE / WORKSHOPS.....	103
SEMINAR / CONFERENCE / PAPER PRESENTATION.....	103
PUBLICATIONS (International)	103
PUBLICATIONS (National)	104

DEPARTMENT OF NEPHROLOGY	106
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>107</i>
<i>PUBLICATIONS (INTERNATIONAL).....</i>	<i>107</i>
<i>PUBLICATIONS (National)</i>	<i>107</i>
DEPARTMENT OF NEUROSURGERY	109
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>110</i>
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION.....</i>	<i>111</i>
<i>PUBLICATIONS (INTERNATIONAL).....</i>	<i>112</i>
<i>PUBLICATIONS (NATIONAL)</i>	<i>112</i>
DEPARTMENT OF GYNAE /OBS, BBH.....	114
<i>RESEARCH PROPOSALS</i>	<i>115</i>
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>117</i>
<i>PUBLICATIONS (National)</i>	<i>118</i>
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION.....</i>	<i>118</i>
DEPARTMENT OF GYNAE/ OBS, DHQ	120
<i>RESEARCH PROPOSALS</i>	<i>121</i>
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>122</i>
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION.....</i>	<i>122</i>
<i>PROJECT ACCOMPLISHED</i>	<i>123</i>
<i>PUBLICATIONS (INTERNATIONAL).....</i>	<i>123</i>
<i>PUBLICATIONS (NATIONAL)</i>	<i>123</i>
DEPARTMENT OF GYNAE/ OBS UNIT-I	126
<i>RESEARCH PROPOSALS</i>	<i>127</i>
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>129</i>
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION.....</i>	<i>131</i>
<i>PUBLICATIONS (INTERNATIONAL).....</i>	<i>132</i>
<i>PUBLICATIONS (National)</i>	<i>132</i>
DEPARTMENT OF GYNAE/ OBS UNIT-II, HFH	135
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>136</i>
<i>SEMINAR/CONFERENCE/PAPER PRESENTATION</i>	<i>137</i>
<i>PUBLICATIONS (National)</i>	<i>137</i>
DEPARTMENT OF OPHTHALMOLOGY.....	140
<i>RESEARCH PROPOSALS</i>	<i>141</i>
<i>RESEARCH COURSE / WORKSHOPS.....</i>	<i>141</i>
<i>PUBLICATIONS (National)</i>	<i>142</i>
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION.....</i>	<i>144</i>

DEPARTMENT OF ORTHOPEDIC SURGERY, BBH	146
<i>RESEARCH COURSE / WORKSHOPS</i>	147
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION</i>	147
<i>PUBLICATIONS (International)</i>	149
<i>PUBLICATIONS (National)</i>	149
DEPARTMENT OF PAEDIATRICS	152
<i>RESEARCH COURSE / WORKSHOPS</i>	153
<i>PUBLICATIONS (National)</i>	153
DEPARTMENT OF PAEDIATRIC SURGERY	154
<i>RESEARCH COURSE / WORKSHOPS</i>	155
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION</i>	155
<i>PUBLICATIONS (International)</i>	155
<i>PUBLICATIONS (National)</i>	156
DEPARTMENT OF PATHOLOGY	158
<i>RESEARCH PROPOSALS</i>	159
<i>RESEARCH COURSE / WORKSHOPS</i>	160
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION</i>	162
<i>PUBLICATIONS (International)</i>	162
<i>PUBLICATIONS (National)</i>	163
DEPARTMENT OF PHARMACOLOGY	166
<i>RESEARCH PROPOSALS</i>	167
<i>RESEARCH COURSE / WORKSHOPS</i>	168
<i>PUBLICATIONS (International)</i>	171
<i>PUBLICATIONS (National)</i>	172
DEPARTMENT OF PHYSIOLOGY	175
<i>PUBLICATIONS (National)</i>	176
RAWALIAN BURN & RECONSTRUCTIVE SURGERY	178
<i>RESEARCH COURSE / WORKSHOPS</i>	179
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION</i>	179
<i>PUBLICATIONS (International)</i>	180
<i>PUBLICATIONS (National)</i>	180
DEPARTMENT OF PSYCHIATRY	182
<i>RESEARCH PROPOSALS</i>	183
<i>INTERNATIONAL PROJECTS</i>	184
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION</i>	185
<i>RESEARCH COURSE / WORKSHOPS</i>	185

<i>PUBLICATIONS (International)</i>	186
<i>PUBLICATIONS (National)</i>	187
DEPARTMENT OF RADIOLOGY, BBH	189
<i>RESEARCH PROPOSALS</i>	190
<i>RESEARCH COURSE / WORKSHOPS</i>	190
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION</i>	190
<i>PUBLICATIONS (International)</i>	191
<i>PUBLICATIONS (National)</i>	191
DEPARTMENT OF RADIOLOGY, DHQ	193
<i>WORKSHOPS/CONFERENCES/PRESENTATIONS/SEMINARS</i>	194
<i>PUBLICATIONS (International)</i>	195
<i>PUBLICATIONS (National)</i>	195
DEPARTMENT OF RADIOLOGY, HFH	197
<i>RESEARCH COURSE / WORKSHOPS</i>	198
<i>PUBLICATIONS (International)</i>	198
<i>PUBLICATIONS (National)</i>	198
DEPARTMENT OF SURGERY UNIT-I, BBH	204
<i>PUBLICATIONS (National)</i>	205
DEPARTMENT OF SURGERY UNIT-II, BBH	206
<i>PUBLICATIONS (International)</i>	207
<i>PUBLICATIONS (National)</i>	208
DEPARTMENT OF SURGERY, DHQ	209
<i>PUBLICATIONS (International)</i>	210
<i>PUBLICATIONS (National)</i>	210
DEPARTMENT OF SURGERY UNIT-I, HFH	213
<i>RESEARCH PROPOSALS</i>	214
<i>SEMINAR / CONFERENCE / PAPER PRESENTATION</i>	214
<i>RESEARCH COURSE / WORKSHOPS</i>	215
<i>PUBLICATIONS (INTERNATIONAL)</i>	215
Erbilirubinemia as an indicator of complicated appendicitis	215
<i>PUBLICATIONS (NATIONAL)</i>	216
DEPARTMENT OF SURGERY UNIT-II, HFH	217
<i>RESEARCH PROPOSALS</i>	218
<i>RESEARCH COURSE / WORKSHOPS</i>	218
<i>PUBLICATIONS (International)</i>	218

DEPARTMENT OF UROLOGY, BBH **219**
PUBLICATIONS (International) 220
PUBLICATIONS (National) 220

Section C **222**
Research Workshops conducted by Department of Medical Education 222

Research Workshops conducted by Department of Medical Education **223**
 2019 224

Section D **227**
5th RMU International Scientific Conference 2021 227
Schedule of Pre-Conference Workshops / Symposia 227

ABBREVIATIONS **244**

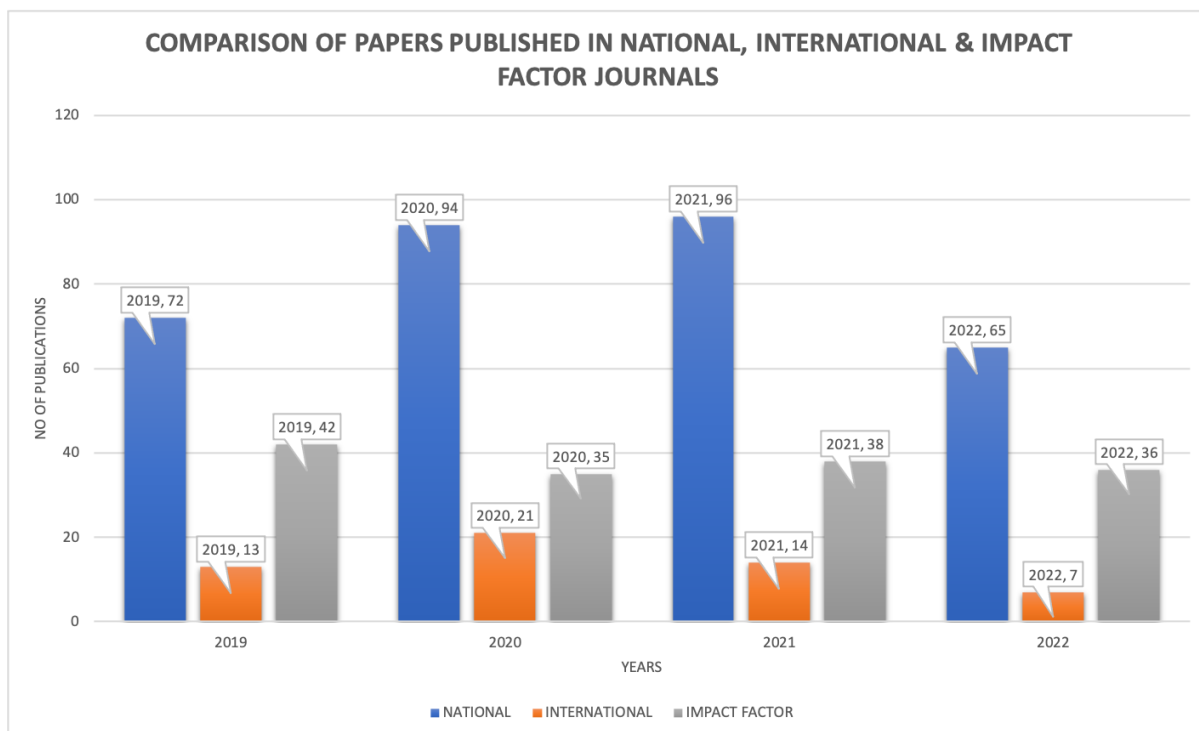
Section A

RMU FACULTY PUBLICATION ANALYSIS REPORT

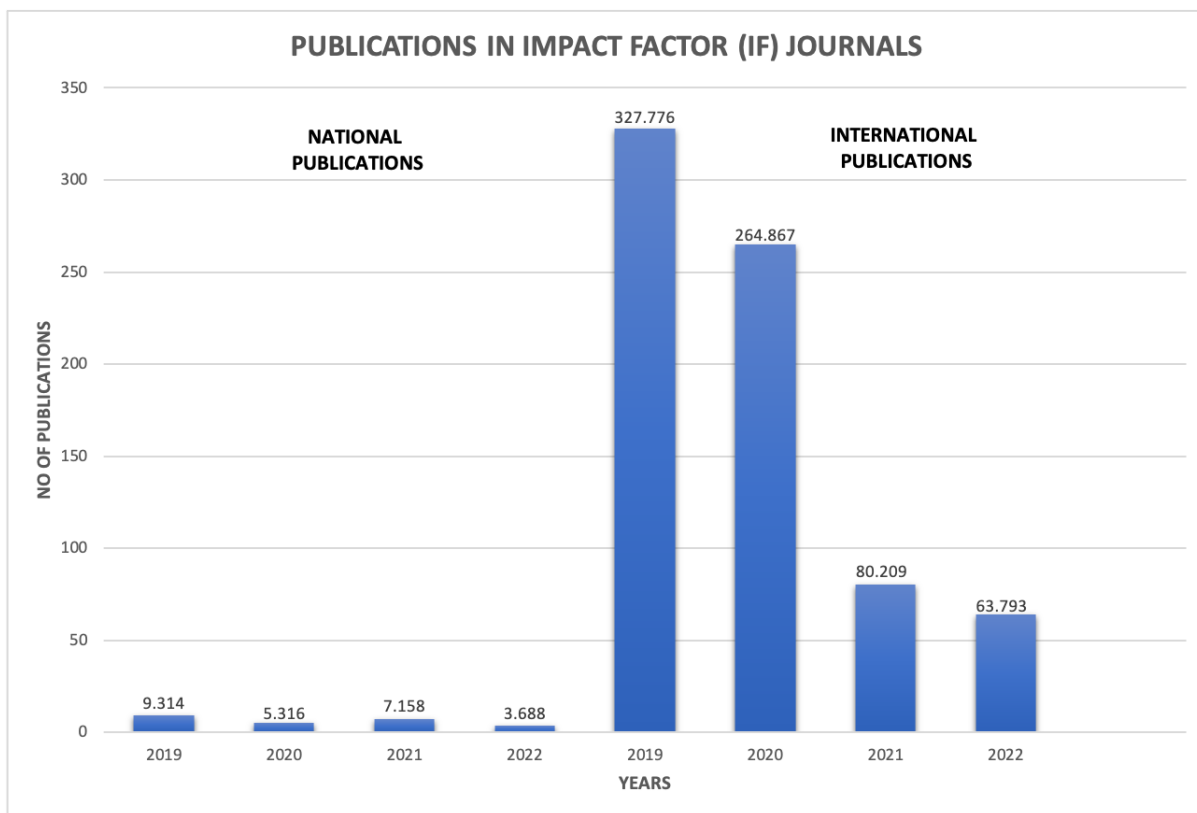
Sr #	Departments of RMU & Allied Hospitals	National Publications				International Publications				Total
		2019	2020	2021	2022	2019	2020	2021	2022	
1.	Department of Anatomy, RMU	01	07	10	04	02	01			25
2.	Department of Anesthesia, BBH									
3.	Department of Anesthesia, DHQ									
4.	Department of Anesthesia, HFH		01	07	02				01	11
5.	Department of Biochemistry, RMU	08	01	01	01					11
6.	Department of Cardiology, BBH	1		07	08	02	01	02	01	22
7.	Department of Community Medicine, RMU	12	11	08	12	03	09	10	07	72
8.	Department of Dermatology, BBH	02	02	04	04			01	03	16
9.	Department of Emergency Medicine		02	01	01	01	02	02	03	12
10.	Department of E.N.T, BBH	06	02	05	01	01		01		16
11.	Department of E.N.T, DHQ	03	05	04	02		01			15
12.	Department of Forensic Medicine and Toxicology, RMU									
13.	Department of Gastroenterology, HFH	01	09	06	05	04	09	05	05	44
14.	Department of Infectious Diseases, HFH		04	07	06	01	04	05	02	29
15.	Department of Medical Education, RMU	01								01

16.	Department of Medical ICU				03					03
17.	Department of Medicine, DHQ		02							02
18.	Department of Medicine I, HFH		04	01			06	02	02	17
19.	Department of Medicine II, HFH	04		04		04	02	03	01	18
20.	Department of Medicine I, BBH	05	02	03	02					12
21.	Department of Medicine II, BBH	01								01
22.	Department of Nephrology,	01	01	01		02	01			06
23.	Department of Neurosurgery, DHQ		02	01		01			01	05
24.	Department of Obstetrics & Gynaecology, DHQ	05	03	02	02	01				13
25.	Department of Obstetrics & Gynaecology I, HFH	02		08	07	01		01	01	20
26.	Department of Obstetrics & Gynaecology II, HFH	04	07	07	02					20
27.	Department of Obstetrics & Gynaecology, BBH	01	03	03	01		01		03	12
28.	Department of Ophthalmology, BBH	04	04	07						15
29.	Department of Orthopedic Surgery, BBH	03	04	05	02	02	01	01		18
30.	Department of Paediatric Surgery, HFH	03		01	01	02			02	09
31.	Department of Pathology, RMU	03	04	03		01	02	02		15
32.	Department of Pharmacology, RMU	02	05	03	05	05	01	02		24

33.	Department of Physiology, RMU	06	01							07
34.	Department of Physiotherapy, BBH					01				01
35.	Department of Physiotherapy, HFH		01	01	03	01	01	01	01	09
36.	Department of Plastic Surgery, HFH	05	01	02	01				01	10
37.	Department of Psychiatry, BBH	08	04	03	03			01	01	20
38.	Department of Radiology, BBH	01	02	02	01			02		08
39.	Department of Radiology, DHQ	01	03	03	02			01	01	11
40.	Department of Radiology, HFH	05	11	10	09			02	01	38
41.	Department of Surgery I, BBH			02	02					04
42.	Department of Surgery II, BBH	01	03	03	02	01	03	05	06	24
43.	Department of Surgery, DHQ	01	09	02	06			02		20
44.	Department of Surgery I, HFH	09	05	04	08	06	01	03	04	40
45.	Department of Surgery II, HFH								01	01
46.	Department of Urology		01	03					02	06
Total		110	126	140	108	42	46	54	50	676



Sr No	NO OF PAPERS PUBLISHED	QTY
1.	National Publications with Impact Factor	70
2.	National Publications with no Impact Factor	427
3.	International Publications with Impact Factor	111
4.	International Publications with no Impact Factor	68
5.	Total articles published from 2019-2022	676



Sr No	PUBLICATIONS WITH IMPACT FACTOR								TOTAL	
	2019		2020		2021		2022		No	IF
	No	IF	No	IF	No	IF	No	IF		
1.	42	337.1	35	270.1	38	87.3	36	67.5	151	762

Section B

Departmental Research Activities

DEPARTMENT OF ANATOMY

Rawalpindi Medical University



CORRESPONDENCE

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Conducted 2 Day Workshop On "Educational Planning & Evaluation"	Dr Arsalan Manzoor Mughal	Jan 2019	College of Physicians and Surgeons Islamabad
2.	Conducted 2 Day Workshop On "Assessment of Competence"	Dr Arsalan Manzoor Mughal	Mar 2019	College of Physicians and Surgeons Islamabad
3.	Core Facilitator "Educational Psychology Module" In Chpe Course	Dr Arsalan Manzoor Mughal	May 2019	College of Physicians and Surgeons Rawalpindi
4.	"Supervisor Skills"	Dr Arsalan Manzoor Mughal	Jun 2019	College of Physicians and Surgeons Islamabad
5.	Assessment Of Competence	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	July 2022
6.	University Residency Program	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	May 2022
7.	Leadership In Medical Education	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	May 2022
8.	Leadership In Medical Education	Dr Arsalan Manzoor Mughal	Deans Hall, Main	March 2022

			Campus, RMU	
9.	University Residency Program	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	March 2022
10.	University Residency Program	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	Feb 2022
11.	Teaching Large Groups	Dr Arsalan Manzoor Mughal	Deans Hall, Main	Dec 2021
12.	University Residency Program	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	August 2021
13.	University Residency Program	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	July 2021
14.	University Residency Program	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	June 2021
15.	Communication Skills	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	Feb 2021
16.	ORIC Director's Meeting	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	Feb 2021
17.	Manuscript writing & Publication (Online)	Dr Arsalan Manzoor Mughal	Deans Hall, Main	July 2020

			Campus, RMU	
18.	University Residency Program	Dr Arsalan Manzoor Mughal	Deans Hall, Main Campus, RMU	Jan 2020

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Platelet-rich plasma-induced inhibition of chondrocyte apoptosis directly affects cartilage thickness in osteoarthritis.	Asjid R, Faisal T, Qamar K, Khan SA, Khalil A, Zia MS	Cureus	11(11)	2019
2.	Length of orbital margins of dry skulls in local Pakistani population.	Rasheed, A., Hina, M., Tafweez, R.	Anatomy Journal of Africa	8(1)	2019

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Changes in number of chondrons in tangential zone of ageing male human articular cartilage	Ali S, Yousuf A, Amin M	Esculapio	15(2)	2019
2.	The Ameliorative Effect of Ginger on Cadmium Induced Histological Changes in Testes of Albino Rats	Sheikh N, Rana R, Ali S, Cheema H, Beenish H, Mughal A	JIMC	15(4)	2020
3.	E-learning: A way out in COVID-19 Crisis	Shahid R, Mughal A	JRMC	24(3)	2020
4.	Morphometric localization of pterion for lateral neurosurgical planning and approach.	Rafi A, Yousaf A, Mughal AM, Shafi R	JPMA	70(10)	2020
5.	Symptom Analysis of Confirmed Covid-19 Patients at Allied Hospitals of Rawalpindi Medical University	Malik J, Khurram M, Mughal AM, Chaudhary NA, Aziz Q, Khan MM, Manzoor MS	JIMDC	9(4)	2020

6.	Publishing Medical Research in Pakistan; Challenges and the Way Forward.	Mughal, A.M. & Khurram, M	JRMC	24(1)	2020
7.	A Radiographic study on prevalence of sesamoid bones of feet in residents of Rawalpindi/Islamabad.	Saeed, I, Yousaf, A, & Baig, M. M.	JRMC	24(4)	2020
8.	Localization of Trochlear Spine & Fovea in Human Skulls.	Atta I, Nouman M Tafweez R.	InProceedings	34(4)	2020
9.	Antiulcerogenic activity of vitamin E on Gastric ulcers produced by Indomethacin.	Yousaf, A, Saeed, I, ul Hassan, T, Intisar, R. F, & Shiekh, M	JRMC	25(1)	2021
10.	Approach of MBBS Students receiving Modular vs Students receiving Conventional mode of education towards health research. A comparative study	Munir, R, Ghafoor, N, Niazi, I. M. K, Saeed, I, & Yousaf, A	JRMC	25(3)	2021
11.	Effect of red bull on histology of renal mesangium	Rasheed, A, Hina, M, Bashir Kiani, Tafweez, R., Aslam, I, Saeed, A	JRMC	25(1)	2021
12.	Variations In Length of Styloid Process in Adult Human Dry Skulls	Muneera M, Hina M, Bukhari ZH, Kuraishi RT	PAFMJ	71(4)	2021
13.	Morphometric study of vertebral artery groove in dry human cervical vertebra in Pakistani population.	Hina M, Tasleem M, Rasheed A, Tafweez R	JRMC	25(3)	2021
14.	Protective effect of coriandrum sativum L. (coriander) ethanolic leaf extract on isoniazid induced hepatotoxicity in albino mice	Hina M, Rashaeed A, Tasleem M, Naseem N	PPMJ	32(1)	2021
15.	Evolution of Post Graduate Curricula in Pakistan.	Mughal AM, Umar M	JRMC	25(4)	2021
16.	Effects of sugarcane juice (Saccharum officinarum L.) on arsenic induced hepatotoxicity in albino rats	Nouman M, Muneera M, Tafweez R	JAIMC	19(1)	2021
17.	Protective Role of Vitamin E on Sodium Arsenite Induced Histomorphological Changes of Liver in Albino Rat	Ijaz A, Tasleem M, Tuifail S, Kuraishi RT, Laique T	PJMHS	15(3)	2021
	Developing and Implementing Integrated Modular Curriculum for	Mughal AM	Esculapio		2021

	Pre-Clinical Sciences in Medical Institutes; Current Challenges and Solutions.			(17)4	
18.	Proximal Fibular Osteotomy (PFO) in Medial Compartment Osteoarthritis Knee Joint.	Riaz S, Rahman O, Mughal AM, Esculapio MS, Anjum S, Bashir MA, Qayyum N.		(18)1	2022
19.	Depression, Anxiety and Stress in Young Female Doctors is Associated with High Sexual Harassment Scores.	Mughal FAR, Sharif H, Mughal AM, Kawish AB, Khan N, Rehman A.	PJMD	11(1)	2022
20.	Recommendations for improving Quality of Research in Medical Institutes.	Mughal AM	JUCMD	1(1)	2022

DEPARTMENT OF ANESTHESIA

Benazir Bhutto Hospital



Sitting First Row (L to R): Dr.Tayyeba Malik(PG),Dr.Husna Jameel(PG),Dr.Tayyeba Aslam(PG),Dr Rabia Sarwar(PG),Dr Nazish Kazim(PG),Dr Kainat Altaf(PG),Dr Huma (PG)

Standing 2nd Row (L to R): Dr Mishkat Junaaid(PG),Dr Raheel Ahmed Baig(PG),Dr Kaleem Ahmed(PG),Dr Arshad Iqbal(PG),Dr. Zaid Bin Saif(PG),Dr Aysha Saleem(SR),Dr Irum Saeed(Consultant)
Dr Abeera Zareen(HOD),Dr Waqas Anjum(SR),Dr Ambreen Siddiqui(Consultant),Dr Mehwish Asad(PG),Dr Mahrukh(PG),Dr Farwa Kazmi(PG),Dr Shamsa Kanwal(PG)
Dr Najia Siddiqui(PG),Dr Rabbia Ghafoor(PG)

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Low dose Vs high dose Oxytocin for initiating uterine contraction during cesarean section	2022	Dept of Anesthesia	Dr Kainat Altaf	BBH, RWP
2.	Comparison of the Frequency of Post-Dural Puncture Headache with Para-Median Approach versus Median Approach in Patients Undergoing Cesarean Section	2022	Dept of Anesthesia	Dr Arshad Iqbal	BBH, RWP
3.	Analgesic effects of US guided Quadratus Lumborum block during lower abdominal surgeries as compared to IV analgesia	2022	Dept of Anesthesia	Dr Huma Bashir	BBH, RWP
4.	Comparison of postoperative recovery time of propofol & sevoflurane in patient having laparoscopic cholecystectomy	2022	Dept of Anesthesia	Dr. Nazish Kazam	BBH, RWP
5.	Effect of intrathecal bupivacaine alone and bupivacaine combined with dexmedetomidine in cesarean section using spinal anesthesia; a comparative study	2022	Dept of Anesthesia	Dr Rabbia Sarwar	BBH, RWP
6.	Comparison of Upper Lip Bite Test and Modified Mallampati Score for better bedside difficult Laryngoscopy predictability in Elective Surgeries	2022	Dept of Anesthesia	Dr Muhammad Yusuf Darr	BBH, RWP
7.	Comparison of Hemodynamic effects of Unilateral Vs Bilateral	2022	Dept of Anesthesia	Dr. Raheel Ahmed Baig	BBH, RWP

Spinal Anesthesia in lower limb surgeries					
8.	Comparison of effects of adding dexdotimidine Vs midazolam to intrathecal bupivacaine on post operative analgesia	2022	Dept of Anesthesia	Dr Nouman Aslam	BBH, RWP

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Annual WOFAPS Conference October		2022	
2.	Workshop on GLOBAL PEDIATRIC SURGICAL CARE		2022	
3.	7 th Annual Pediatric Orthopedic society of Pakistan		2022	RMU
4.	6 th International Conference,		2022	Shalimar Medical and Dental College
5.	Masterclass on covid 19, Department of medicine		2021	RMU
6.	Masterclass on research: A world of opportunities, Department of pediatric surgery		2021	RMU
7.	Masterclass on Clinical Audit, Department of pediatric surgery		2021	RMU
8.	30 th Annual APSP conference		2022	RMU

10.	5 th International RMU Conference	2021	RMU
11.	4 th Annual Resident Research conference	2021	RMU
12.	Neonate as a Surgical Patient symposium	2021	RMU
13.	6 th Annual conference of research section of IAPS	2021	RMU
14.	24 th Annual Psychiatric Conference	2021	RMU
15.	7 days extensive webinar on Research and its components	2021	RMU
16.	29 th Annual APSP conference	2021	RMU
17.	3 rd Annual Resident Research conference,	2020	RMU
18.	Research Grant visit to WOFAPS	2019	DOHA, QATAR

DEPARTMENT OF ANESTHESIA

DHQ Teaching Hospital, RWP

CORRESPONDENCE

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Co-investigator	Department / Hospital
1.	1.To tilt or not to tilt: comparison of severity of hypotension between supine & left tilt position during spinal anesthesia for elective c-section	2022	Department of Anesthesia			DHQ Hospital, Rawalpindi
2.	2.2mins sitting position vs immediately lying down:a comparison of hemodynamic variables after spinal anesthesia with hyperbaric bupivacaine in cesarean delivery.	2022	Department of Anesthesia			DHQ Hospital, Rawalpindi
2.	3. comparison of thyromental distance with cormacklehane grade in predicting difficult airway intubation in patients undergoing General anesthesia at DHQ hospital Rawalpindi a cross sectional study	2022	Department of Anesthesia			DHQ Hospital, Rawalpindi
3.	4.choice of anesthesia as a career among graduates of Rawalpindi Medical university; A cross sectional survey	2022	Department of Anesthesia			DHQ Hospital, Rawalpindi
4.	5.intrathecal MGSO4 vs intrathecal tramal as an adjuvant to 0.75%hyperbaric bupivacaine for prevention of post spinal shivering & duration of block in patient undergoing infraumbilical surgery	2022	Department of Anesthesia			DHQ Hospital, Rawalpindi
5.	6.comparison of analgesic effect of adding dexmedetomidine vs midazolam to intrathecal bupivacaine in patients undergoing infraumbilical surgeries	2022	Department of Anesthesia			DHQ Hospital, Rawalpindi

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	ABG's interpretation	Dr. Sajid Abbassi	21-02-22	Department of anesthesia DHQ hosp. Rawalpindi
2.	ECG basics for Anesthetist	Dr. Talha bin Nazir	13-12-2021	Department of anesthesia DHQ hosp. Rawalpindi

DEPARTMENT OF ANESTHESIA, Holy Family Hospital

CORRESPONDENCE

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Comparison of Efficacy of Intra-Articular Plain Bupivacaine and Bupivacaine with Dexmedetomidine for Postoperative Analgesia in Arthroscopic Knee Surgeries	2022	Holy Family Hospital		HFH, RWP
2.	Comparison of dexmedetomidine vs midazolam for sedation in mechanically ventilated patients	2022	Holy Family Hospital		HFH, RWP

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Difficult Airway management	Dr Mubashir	Mar 2019	Anaesthesia Department HFH

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Title of presentation	Name of Presenter	Title of Conference	Venue	Date
1.	Supracalvicular nerve block for post operative analgesia in adult	Dr Zahra maryum and Dr Abeera Zareen	E-paper presentation	CPC hall Rawalpindi medical university	21, Mar 2019
2.	Propofol auto coinduction versus midazolam Propofol coinduction a comparative study applying primary technique	Dr Ayesha Nazir and Dr Arfa Zainab	Annual function of Pakistan society of anaesthesia	CPC hall Rawalpindi medical university	Mar 2019

3.	2022-Neuroscience of Chronic pain in elderly	Dr. Yasmin Sultan Majeed			May 24, 2022
4.	Pulse oximeter perfusion index article presentation. Propofol midazolam co-induction article presentation. Surgical ICU audit.	Dr. Ayesha Nazir Dr. Arfa Zainab Dr. Assad Kamal	PSA Quarterly meeting	CPC Hall, RMU	24 Mar, 2019
5.			2020- World Anesthesia Day	Margalla Hotel, Islamabad.	16 Oct,2020
6.	History of Anesthesia in Pakistan Maternal and Fetal well-being COVID in obstetrics Rocuronium	Dr. Qudsia Dr. Salim Dr. Javeria Dr. Ali	2020- World Anesthesia Day	Margalla Hotel, Islamabad	16 Oct,2021
7.	Difficult airway, case presentation- NAP-6. Percutaneous Dilatational tracheostomy- A 3-year experience at SICU	Dr. Nayab Zahra Dr. Arifa Khan. Dr. Hassam Zulfiqar	2022- Quarterly Pakistan Society of Anesthesia meeting on	CPC Hall, RMU	2nd-Sep-2022

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Vaping associated pulmonary injury	Hassam Zulfiqar; Omar Rahman.	Statpearls NCBI Book shelf		2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Preoperative Anxiety and Fear of Anesthesia in Patients admitted in Tertiary Care Hospitals of Rawalpindi	Jawad Zahir	JRMC	24(1)	2020

2.	Dexamethasone Versus Ondansetron in Preventing Postoperative Nausea and Vomiting in Laparoscopic Surgery	Anum Malik, Jawad Zahir, Arshad Shahani, Ayesha Nazir	Annals of PIMS	17(3)	2021
3.	Pulse Oximeter Perfusion Index as an Early Indicator of Onset of Sympathectomy After Epidural Anaesthesia	Ayesha Nazir, Jawad Zahir, Arshad Shahani, Anum Malik	Annals of PIMS	17(40)	2021
4.	Effect of Dilution of Propofol on Pain at Site of Injection: Comparison Between 1% vs. 0.33% Formulation.	Dr. Arshad Shahani	Annals of PIMS	17(3)	2021
5.	Comparison of Intraarticular Ketorolac Versus Triamcinolone Acetone Injection in Patients of Knee Osteoarthritis	Dr. Jawad Zahir, Dr. Abeera Zareen	JRMC	25(4)	2021
6.	Effects of IV Magnesium Sulphate on Hemodynamic Response to Pneumoperitoneum In Laparoscopic Cholecystectomy: A Randomized Control Trial	Jawad Zahir, Abeera Zareen	Annals of PIMS	17(2)	2021
7.	The Diagnostic Accuracy of Endoscopic Ultrasound-Guided Fine Needle Aspiration in Patients with Endoscopic Biopsy Negative Upper Gastrointestinal Lesions	Hassam Zulfiqar	Annals of PIMS	17(2)	2021
8.	Changes in Liver Fibrosis as Determined by FIB-4 Score Following Sofosbuvir-Based Treatment Regimes Without Interferon	Maria Zafar, Hannan Zulfiqar, Muhammad Najm ul Hasan Shafi, Hassam	Annals of PIMS	17(4)	2021

		Zulfiqar, Raja Sheraz Ullah Khan, Muhammad Bilal Shafi			
9.	Comparison of Fully Deflated with Partially Inflated Technique for Ease of Insertion of Laryngeal Mask Airways in Adult	Ayesha Nazir, Anum Malik, Arshad Shahani	Annals of PIMS	18(2)	2022
10.	Effect of Intravenous Fluid Therapy on Postoperative Vomiting in Children Undergoing Tonsillectomy	Ayesha Nazir, Fizza Batool, Anum Malik	JIIMC	17 (1)	2022

DEPARTMENT OF BIOCHEMISTRY

Rawalpindi Medical Univeristy, Old Campus

CORRESPONDENCE

Name	Dr Tehmina Qamar
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PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Association of 25 Hydroxy Vitamin D Levels with Age in Community Acquired Pneumonia.	Hina Firdous, Muhammad Rizwan Mahmud, Nadeem Naseem, Sadaf Zaman	JRMU	23 (1)	2019
2.	Effects of ALT normalization in the first month of the treatment by Sofosbuvir / Ribavirin therapy versus Sofosbuvir / Daclatasvir therapy in HCV infected individuals.	Kashif Rauf, Tehmina Qamar, Bashir Ahmad	JRMC	23(4)	2019
3.	Effect of platelet rich plasma on chondrocyte number in chemically induced animal model of osteoarthritis.	Rafia Asjid, Tehmina Qamar, Tayyaba Faisal, Faiza Umbreen, Saima Suhail, Summaya Bashir, Khadija Qamar.	PAFMJ	69(3)	2019
4.	Effects of Obestatin Supplementation of Plasma Glucose, serum insulin and insulin resistance in high fat diet induced Obese Sprague Dawley Rats.	Nadia Latif, Amena Rasool, Muhammad Kahlid Anwar, Tehmina Qamar.	PAFMJ	69(3)	2019
5.	An improved modified protocol for silver staining of DS DNA IN Agarose Gel	Nuzhat Ayesha Akram, Bushra Iftikhar, Shoaib Ahmad, Fasiha Fatima, Tehmina Qamar	PAFMJ	69(1)	2019
6.	Assessment of smoke induced genotoxicity in Sprague dawley rats	Aneela Jamil, Amir Rashid, Abdul Khaliq Naveed.	PAFMJ	69(3)	2019
7.	Protective effect of Tribulus Terrestris on nifedipine induced	Sidra Hamid, Aneela Jamil, Zarmast Khan	PJP	15(4)	2019

	changes in male sex hormones				
8.	Effect of nifedipine on serum luteinizing hormone and serum testosterone in male Sprague dawley rats	Sidra Hamid, Qaiser Aziz, Aneela Jamil, Omera Naseer, Prof Muhammad Aslam	PJP	26(2)	2019
9.	Comparison of efficacy of duloxetine with amitriptyline in terms of reduction in frequency of pain in the patients of diabetic neuropathy	Muhammad Asif Jave, Muhammad Absar Alam, Atif Maqsood, Amna Azhar, Muhammad Arif, Anoosh Qayyum	PJP	27(9)	2020

DEPARTMENT OF CARDIOLOGY

Benazir Bhutto Hospital



CORRESPONDENCE

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Workshop on Echocardiography – New concepts	Prof Imran Saeed Ali Prof. Nusrat Ara Majeed Prof. Syed Fayyaz Ahmed Shah Dr. Amir Ayub Dr. Akhtar Ali Bandesha	14-03-19	Benazir Bhutto Hospital
2.	49th cardiocon – ECG workshop	Dr. Hamid Sharif Dr. Muhammad Saeed Dr. Hamza Azhar Ghauri	Nov, 2019	Benazir Bhutto Hospital

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Title of Conference	Name of Presenter	Venue	Date
1.	National Cardiology updates	Prof. Imran Saeed Ali Maj Gen. Dr. Sohail Aziz Maj Gen Dr. Imran Fazal Dr. Amir Ayub Dr. Hamid Sharif	RMU	21-03-19
2.	National Cardiology Symposium in collaboration with Gynae/Obs	Prof. Imran Saeed Ali Prof. Dr. Shagufta Sial Dr. Ismat Tanveer Dr. Humera Noreen Dr. Raja Mehdi Hassan Dr. Naima S Qazi Dr. Atif Shehzad	BBH	23-04-19
3.	17th International conference on Cardiac Electrophysiology			28-02-2020
4.	5th International RMU Conference		RMU	Dec, 2021
5.	18th International conference on Cardiac Electrophysiology			June, 2022
6.	ESC Congress		Spain	Aug, 2022

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Effect of quinolones versus cefixime on international normalized ratio levels after valve replacementsurgery with warfarin therapy	Anam Liaqat , ArifUllah Khan, Mohammad Asad, Hafsa Khalil	Medicina	55(10)	2019
2.	A Spotlight on the Underlying Activation Mechanisms of the NLRP3 Inflammasome and its Role in Atherosclerosis: A Review	Anam Liaqat, Muhammad Asad, Fatima Shoukat, Arif-Ullah Khan	Inflammation	43(6)	2020
3.	Evaluation of myocardial injury patterns and ST changes among critical and noncritical patients with coronavirus-19 disease	Anam Liaqat1, Rao SaadAli-Khan2, MuhammadAsad & Zakia Rafque	Scientific Reports Nature	11(4828)	2021

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Age and gender related outcomes in patients undergoing head up tilt test for vasovagalsyncope	Muhammad Asad, Kashif Khan, Muhammad Talha Bin Nazir, Muhammad Ali, Atif Nazir, Hamid Sharif Khan, Aleena Khan, Shanzah Khan, Qurban Hussain Khan	PAFMJ	71(SUPPL 2)	2021
2.	The effect of ventricular pre-excitation in wpw syndrome patients, on left ventricular wall motion and systolic function, pre and post radiofrequency	Muhammad Amer Naseem, Azmat Hayat, Shahid Abbas, Bushra Jabeen, Qurban Hussain Khan, Muhammad	PAFMJ	71(SUPPL 2)	2021

	ablation of accessory pathway	Asad, Muhammad Awais, Aleena Khan			
3.	Case Report: Assessment of quality of life post cardiac device implantation: an AFIC experience	Sajida Parveen, Muhammad Asad, Sumera Sultana, Aleena Khan, Azmat Hayat, Azra Kousar	PAFMJ	71(SUPPL 2)	2021
4.	Reasons for noncompliance with medication and disease severity among heart failure patients at Benazir Bhutto Hospital Rawalpindi	Imran Saeed Ali, Rizwana Shahid and Muhammad Asad	PJHS	3(05)	2022
5.	Case Report: Initial Experience in Ablation of Non-coronary Cusp PVCs by using High density Mapping System (Rhythmia)	Mohammad Asad, Qurban Hussain Khan, Azmat Hayat, Rehana Khadim	JCPSP	32(4)	2022
6.	Is 3d transthoracic planimetry still superior over 2d echo in rheumatic mitral stenosis when both area and hemodynamic parameters of severity are in question?	Muhammad Ali, Muhammad Asad, Khurram Abbas, Anum Umair, Sadia Saeed Subhani, Rehana Khadim	PHJ	55(01)	2022
7.	Comparison of transradial versus transfemoral access for percutaneous coronary intervention in a tertiary cardiac care facility	Kashif Khan, Ibrahim Shah, Muhammad Asad, Muhammad Abbas, Abdul Wali, Muhammad Mohsin, Farhan Tuyyab, Naseer Ahmed Samore, Zubair Ahmed, Noor Shah	PAFMJ	71(SUPPL 2)	2022

DEPARTMENT OF COMMUNITY MEDICINE
Rawalpindi Medical Univeristy, New Teaching Block



CORRESPONDENCE

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Health research Methodology for MS and MD PGTs	Prof. Arshad Sabir	30-31 Jan 2019	DME Hall, NTB
2.	Clinical trials	Dr Rana Jawad of John Hopkin USA / NIH was guest speaker	12 th Mar 2019	DME Hall, NTB
3.	Health research; focus clinical trials”	Prof. Arshad Sabir	12 th Mar 2019	DME Hall, NTB
4.	Update on “Seasonal influenza (H1N1) control strategies” : epidemic preparedness	Prof. Arshad Sabir	15 th Mar 2019	CPC hall NTB RMU
5.	Health research Methodology for MS and MD PGTs	Prof. Arshad Sabir	2-3 May 2019	DME Hall, NTB
6.	Research funding & grant proposal writing	Prof. Arshad Sabir	2-3 May 2019	DME Hall, NTB

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Assessment of knowledge of symptoms of ischemic hrart disease in population visiting a tertiary care hospital in Pakistan	Rasool SM,AsadZ,Bhatti AA, Kulsoom A	Cureus	11(8)	2019
2.	Dengue Epidemic 2019 – An Experience in Tertiary care hospitals of Rawalpindi Medical University Pakistan	Zeb S, Shahid R, Umar M, Yasmeen S,Zeb M,Kalsoom I	LOJ Nur Heal Car	2(5)	2020
3.	Risk Assessment of type-II Diabetes among population of Rawalpindi Pakistan	Shahid R, Sabir SA, Bilal S, Sheikh AR, Qureshi M, Nasim S	LOJ Nur Heal Car	3(1)	2020
4.	Gender based comparison of psychological distress among COVID-19 patients at Rawalpindi Institute of Urology & Transplantation Pakistan	Malik S, Shahid R, Zeb S, Umar M,Raza MR, Ahmad T,Ali SM,Ahmad H	JMCRR	3(6)	2020

5.	An Overview of Preliminary COVID-19 Cases admitted in Rawalpindi Institute of Urology & Transplantation Pakistan	Zeb S, Umar M, Shahid R, Aziz Q, Akram MO, Khurram M, Randhawa K, Ahmed M	RRHOAJ	5(2)	2020
6.	Telemedicine Services at Rawalpindi Medical University: An initiative to optimize healthcare of the patients during COVID-19 Pandemic	Shahid R, Umar M, Zeb S, Akhtar N, Ali SM, Haider SI, Zaidi N, Ahmed M, Ahmad H	RRHOAJ	5(2)	2020
7.	Gender based comparison of psychological distress among COVID-19 patients at Rawalpindi Institute of Urology & Transplantation Pakistan	Malik S, Shahid R, Zeb S, Umar M, Raza MR, Ahmad T, Ali SM, Ahmad H	JMCRR	3(6)	2020
8.	Assessment of Depression, Anxiety and Stress among COVID-19 patients by using DASS 21 Scales	Raza MR, Shahid R, Umar M, Zeb S, Shehryar M, Ambreen S, Ahmed M	JMCRR	3(6)	2020
9.	Liver Function Tests: a marker of severity in COVID-19 patients	Ahmed M, Umar M, Sufyan A, Zeb S, Hassan A, Shahid R	Austin Hepatology	5(1)	2020
10.	Dengue Predictive Model 2020 for Rawalpindi district Pakistan	Shahid R, Zeb S, Umar M, Noor A, Bukhari SUK, Khurram M, Khan MM	JMCRR	3(6)	2020

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Variation of Systolic Blood Pressure in Relation to Biological Variables and Risk Factors	Maha Kaif, Syed Arshad Ali Sabir, Sidra Hamid, Aneela Jamil, Tauqeer Ahmad, Noreen Maqbool Bokhari	JRMU	23(2)	2019
2.	Postgraduate career preferences of female medical students of Rawalpindi Medical University, Pakistan	Muneeba Faisal, Syed Arshad Sabir, Zohaib Jamal, Aneeqa Akhtar, Erum Nasir, Mohammad Ali Khalid.	RMJ	44(1)	2019

3.	Establishing construct validity of AMEET inventory	Rizwana Shahid, Rehan Ahmed Khan, Rahila Yasmeen	JPMA	69	2019
4.	Item analysis of MCQ of Ophthalmology at RMU	Rizwana Shahid, Qamar Farooq, Rahim Iqbal	RMJ	44	2019
5.	Vaccination among parents of children less than 5 year of age attending Public and Private Sector hospitals	Imran Shaikh, Khola Noreen, Nadia Khalid, Farhan Muhammad Qureshi	RMJ	44(1)	2019
6.	Establishing construct validity of AMEET inventory	Shahid R, Khan RA, Yasmeen R	JPMA	69(1)	2019
7.	Item Analysis of Multiple Choice Questions of Ophthalmology at Rawalpindi Medical University	Shahid R, Farooq Q, Iqbal R	RMJ	44(1)	2019
8.	Assessment of „Three Delays Model“: An Experience at Public Sector MCH Hospital	Asif Mahmood Mattoo, Saadia Asif Hameed, Maqsood Butt	PJMR	58(2)	2019
9.	Healthcare Waste Management: Current Knowledge, Attitude and Practices “A Study at Secondary and Tertiary Care Hospitals	Asif Mahmood Mattoo1, Saadia Asif Hameed, Maqsood Butt	PJMR	58(4)	2019
10	Assessment of Trachoma Awareness in General Population of Sahiwal	M. Hassam Rehim, Ahmed Zeeshan Jamil, Sajid Hameed, Sumera Raiz, Asif Maqsood Butt, Aroojul Hassan	Ophthalmology Update	17(4)	2019
11.	SWOC analysis of e-learning educational services at Rawalpindi Medical University in the midst of COVID-19	Noreen, N., Umar, M., Sabir, S.A. & Farooq, A	JRMC	24 COVID-19 Supplement-1	2020
12.	Opportunities and development of telemedicine in response to COVID-19: experience	Noreen K, Umar M, Sabir AA	Biomedica	36(COVID 19-S2)	2020

	from public sector medical university				
13.	Analysis of COVID-19 Mortality in Allied Hospitals of Rawalpindi Medical University Pakistan	Zeb S, Shahid R,Umar M, Aziz Q, Akram MO,Khurram M, Khan MM	Biomedica	36(COVID 19-S2	2020
14.	Comorbidity of COVID-19 related Fatalities in Tertiary Care Hospitals of Rawalpindi Pakistan	Shahid R, Umar M, Zafar RB, Zeb S, Ambreen S, Akram MO.	JRMC	24 COVID-19 Supplement-1	2020
15.	Post-Operative Complications of Laparoscopic Vs Open Inguinal Hernioplasty	Khizzer Kiani, Asif Hayat Khan, Asif Maqsood Butt, Abdul Qadir Khurram, Sajid Hameed, Zeeshan Ahmad	PJMHS	14(1)	2020
16.	A Model; Road Map to Achieve Sustainable Development Goals 2030 Realizing Your Potential a Proposed Guidelines for National Health Policy for Integrated Health Care Delivery	Asif Maqsood Butt, Omaima Asif,	JRMC	25(4)	2021
17.	Awareness Regarding Dengue Prevention and Control in Periurban Union Councils of Tehsil Rawalpindi	Naveed Akhtar, Ayesha Babar Kawish, Qandeel Tahir, Asif Maqsood Butt and Sajid Hameed	PBMJ	5(1)	2022
18.	Knowledge, Attitudes, and Practices towards Novel COVID-19 among Pakistani Population during Pandemic Period	Asif Mahmood Mattoo, Saadia Hameed, HinaJaved, Fakher un-Nisa, Asif Maqsood Butt and Mehboob Ahmad	PBMJ	5(6)	2022

DEPARTMENT OF DERMATOLOGY

Benazir Bhutto Hospital



CORRESPONDENCE

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Comparison of efficacy of intralesional 10% Hypertonic Saline and Meglumine antimoniate	2022-2023	Department of Dermatology	Dr Muhammad Tanveer Hussain	BBH, RWP
2.	Efficacy of 5% tranexamic acid vs 3% Hydroquinone cream in melasma	2022-2023	Department of Dermatology	Dr Aneeza Saleem	BBH, RWP
3.	Comparison of tropical tretinoin vs salicylic acid peel in the treatment of post inflammatory hyperpigmentation	2022-2023	Department of Dermatology	Dr Shama Benazir	BBH, RWP
4.	Comparison of outcome of Ablative fractional CO2 laser (FCO2) and Autologous Platelet rich plasma (PRP) in the treatment of atrophic acne scars	2022-2023	Department of Dermatology	Dr Maryam Niazi	BBH, RWP
5.	Role of cross TCA in ice pick scars	2022-2023	Department of Dermatology	Dr Kinza Nasir	BBH, RWP
6.	Effectiveness of intradermal transamine in management of melasma	2022-2023	Department of Dermatology	Dr Huma Arooj	BBH, RWP
7.	Clinical spectrum of patients presenting in the dermatology outpatient department at a tertiary care unit in Rawalpindi	2022-2023	Department of Dermatology	Dr Amir Saleem	BBH, RWP
8.	Can the longterm antibiotic treatment of acne have prolonged effects on the skin, gut and oral microbiome	2022-2023	Department of Dermatology	Dr Amir Saleem	BBH, RWP

9.	Camparison of oral Doxycycline with topical 30%Salicylic acid in treatment of acne vulgaris	2022-2023	Department of Dermatology	Dr Amir Saleem	BBH, RWP
10.	Role of topical Timolol in patients with infantile haemangioma	2022-2023	Department of Dermatology	Dr Fariha	BBH, RWP
11.	Comparison between efficacy of minoxidil 5% topical spray vs PRP in patients with androgenic alopecia	2022-2023	Department of Dermatology	Dr Asim Mehmood	BBH, RWP
12.	Role of topical 5% tranexamic acid in melasma	2022-2023	Department of Dermatology	Dr Nazia Akhtar	BBH, RWP
13.	Role of spironolactone in acne	2022-2023	Department of Dermatology	Dr Anam	BBH, RWP
14.	Efficacy of continuous vs pulse dosing of terbinafine in toe nail onychomycosis	2022-2023	Department of Dermatology	Dr Amir	BBH, RWP
15.	Treatment of pediatric alopecia areata with Anthralin	2022-2023	Department of Dermatology	Dr Zaem	BBH, RWP
16.	Comparison of microneedling and glycolic acid peel in treatment of acne scar	2022-2023	Department of Dermatology	Dr Fatima	BBH, RWP
17.	Correlation of PASI with platelets, rdw, MPV	2022-2023	Department of Dermatology	Dr Safina	BBH, RWP
18.	Correlation b/w disease severity and quality of life in patients with Psoriasis	2022-2023	Department of Dermatology	Dr Zainab	BBH, RWP
19.	Efficacy of intralesional Vit-D3 in warts	2022-2023	Department of Dermatology	Dr Uzma	BBH, RWP
20.	Comparison b/w oral transamine with topical	2022-2023	Department of Dermatology	Dr Sadia	BBH, RWP
21.	Comarison of oral Fluconazole and	2022-2023	Department of Dermatology	Dr Rabbiya	BBH, RWP

	terbinafine for p.versicolor				
22.	Efficacy of 85% lactic acid in treatment of meanoma	2022-2023	Department of Dermatology	Dr Nida Tanveer	BBH, RWP

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
01	Research Methodology & Biostatistics	Dr Tayyaba Faisal	2022	Derma BBH
02	Online resources for health research	Dr Shahzad Ali Khan	2019	RMU (NTB)

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Name of Presenter	Title of Presentation	Title of Conference	Venue	Date
1.	Dr M. Amer Saleem	Nail Changes and Oral mucosal Involvement in Classical Lichen Planus: A look at distribution and association	International	Dubai	18-03-2019
2.	Dr M Amer Saleem	Effect of Acne on Psychological morbidity and Self Esteem of the patients, A data from tertiary care hospitals in Pakistan	International	Dubai	18-03-2019

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	COVID-19 in a Dermatologist's Clinic; A Case from Pakistan	Dr Shawana Sharif	Cureus	13	2021
2.	Platelet Count, Mean Platelet Volume, and Red Cell Distribution Width as Markers for Psoriasis Severity	Dr Shawana Sharif	Journal of Drugs in Dermatology	21	2022
3.	A Randomized Trial of Oral	Dr Shawana Sharif	Journal of Drugs in Dermatology	21	2022

	Tranexamic Acid with Fluocinolone-Based Triple Cream Versus Fluocinolone Based Triple Cream Alone for the Treatment of Melasma				
4.	Comparison of efficacy of platelet-rich Plasma and 5% topical minoxidil for androgenetic alopecia treatment	Dr Shawana Sharif	Journal of Drugs in Dermatology		Accepted

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comparison of efficacy of permethrin 5% cream with crotamine 10% cream in patients with scabies.	Muhammad Ali Rao, Naeem Raza, Muhammad Faheem, Muhammad Amer Saleem	JAMC	2	2019
2.	Comparison of efficacy of two different doses of famciclovir in the prevention and treatment of postherpetic neuralgia	Dr Shawana Sharif	JAMC	31	2019
3.	Effect of COVID-19 on Clinical Spectrum of patients presenting to the Dermatology Outpatient Department of a Tertiary Care Hospital in	Dr Shawana Sharif	JRMC	24	2020
4.	Management of Chronic Urticaria	Dr Shawana Sharif	JRMC	24	2020
5.	Effectiveness of Faculty Development Workshop on Introduction and Development of	Dr Shawana Sharif	JJIMC	16(1)	2021

	Student's Portfolio: A Pilot Project				
6.	Role of HRCT for Rapid Triage of Patients with COVID-19 Pneumonia	Dr Shawana Sharif	JRMC	25	2021
7.	Prevalence and associated risk factor of COVID-19 and impacts of meteorological and social variables on its propagation	Dr Shawana Sharif	JJIMC	16	2021
8.	Dermatological Manifestations of COVID-19: Data from a tertiary care hospital of Pakistan dedicated for COVID-19 Patients	Dr Shawana Sharif	JRMC	25	2021
9.	Histo-pathological spectrum and role of clinic-pathological correlation in vesiculo-bullous lesions; A tertiary care hospital experience	Dr Shawana Sharif	JAMC	34	2022
10.	A Comparison of Microneedling versus Glycolic Acid Chemical Peel for the Treatment of Acne Scarring	Dr Shawana Sharif	JCAD	15	2022
11.	Comparison of Topical Silymarin with Hydroquinone in the Treatment of Melasma	Dr Shawana Sharif	JRMC	26	2022
12.	Comparative Analysis of Pattern of Dermatological Disorders Treated During 2019 and 2020 at Benazir Bhutto Hospital Rawalpindi and Hospital Statistics: A Rapid Review of Effect of Covid-19	Dr Shawana Sharif	JRMC	41	2022

DEPARTMENT OF EMERGENCY MEDICINE

Holy Family Hospital



CORRESPONDENCE

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Training session for nurses and paramedics	Dr Aimen Malik, Dr Mirza U Baig Dr Asad	2022	Depat Of Emergency Medicine
2.	Basic surgical skills	Dr Usman Qureshi		Surgical unit 1, HFH
3.	Disaster management workshop			Surgical unit 1, HFH
4.	Rescue 1122 workshop			Rescue 1122 HQ
5.	Master class on paediatric trauma and sepsis management			RMU
6.	Training in Trauma symposium			RMU
7.	Train the trainee workshop for emergency medicine foundation program			RMU

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Peripartum Cardiomyopathy During Puerperium Co-existing with Pre-eclampsia and Complicated by Acute Renal Failure: A Case Report	Akbar A, Ata Ur-Rehman H, Tameez Ud Din A	Cureus	11(12)	2019
2.	Diabetic Ketoacidosis in an Euglycemic Patient	Mumtaz H, Shafiq M, Batool H, et al.	Cureus	12(8)	2020
3.	Frequency of co-morbids and complications occurring in ESRD patients	Saima Ambreen	European Journal of Biomedical and pharmaceutical sciences	7	2020
4.	Tuberous sclerosis complex patient fulfilling the criteria set by the 2012 International Tuberous Sclerosis	Malik A, Akbar A, Ashraf G, Akram H	Apollo Med	18(208)	2021

	Complex Consensus Conference					
5.	COVID-19 pandemic: Trends, interventions and outcomes experienced at Allied Hospitals of Rawalpindi Medical University Pakistan	Muhammad Umar, Rizwana Shahid, Zafar, Shazia Zeb, Qaiser Aziz, Muhammad OmarAkram, Sara Mustafa, Muhammad Mujeeb Khan, Muhammad Khurram, Fazal-ur-Rahman, Muhammad Ali Khalid, Saima Ambreen, Imran Arshad	The Journal of Infectious Diseases	29(3)	2021	
6.	Hypokalemic Quadripareisis As Initial Presentation of Secondary Sjogren Syndrome With Associated Autoimmune Thyroiditis: A Case Report	Fazal F, Ur Rehman M, Tahir S	Cureus	14(5)	2022	
7.	Prevalence and characteristics of dengue shock syndrome in an acute care setting	Mansoor S, Malik A, Akram H.	Apollo Med	12(5)	2022	
8.	Cognitive impairment in Type 2 Diabetes Mellitus	Malik A, Ahmed, M, Mansoor, S	Cureus	14(3)	2022	

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comorbidity of COVID-19 related Fatalities in Tertiary Care Hospitals of Rawalpindi, Pakistan	Shahid, R, Umar, M, Zafar,R.B, Zeb, S.& Akram, M.O	JRMC	24(1)	2020
2.	Survival predictability of BCLC and CLIP staging system in patients of hepatocellular carcinoma	Saima Ambreen	Ophthalmology Update	3	2020
3.	Polycythemia secondary to pheochromocytoma	Saima Ambreen	JRMC	25	2021
4.	White Blood Cell to Platelet Ratio as a Marker of Adverse Outcome in	Malik, A., Awais, M.A., Shafiq, S.,	JRMC	26(3)	2022

Organophosphate Poisoning: Retrospective Cross -Sectional Survey	Aziz, M., Akbar, A A., Rehman, A
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**DEPARTMENT OF OTORHINOLARYNGOLOGY (ENT)
BENAZIR BHUTTO HOSPITAL**



CORRESPONDENCE

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Event & Venue
1.	3 rd Functional endoscopic sinus surgery workshop	Dr Muhammad Aslam, Dr Ahmed Hasan, Dr Muhammad Arshad	March 2019	BBH Hospital
2.	Research and synopsis Writing workshop		20-11-2020	BBH Hospital
3.	Symposium on ENT and Head & Neck Tumour	Dr Muhammad Aslam, Dr Ahmed Hasan, Dr Muhammad Arshad	August 2020	RMU Main Campus
4.	Percutaneous Tracheostomy	Dr Ahmed Hasan, Dr Muhammad Arshad	27-03-2021	BBH Hospital
5.	Basic Life Support workshop	Dr Ahmed Hasan, Dr Muhammad Arshad	05-10-2021	BBH Hospital
6.	Stentless Minimally invasive Dacrocystorhinostomy	Dr Ahmed Hasan, Dr Muhammad Arshad	14-12-2021	BBH Hospital
7.	Hands on Workshop on Percutaneous Tracheostomy	Dr Ahmed Hasan, Dr Muhammad Arshad	16-12-2021	BBH Hospital
8.	A World of droplet infection. Prevention and Management in ENT	Dr Ahmed Hasan, Dr Muhammad Arshad	18-12-2021	BBH Hospital
9.	Expanding Sphenoid sinus Mucocele with imminent vision loss	Dr Zainab	28-03-2022	PSORL Peshawar

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Frequency of Otitis Media with effusion among children aged 1-5 years presenting to immunization Centre of	Nida Riaz	World Journal of Otorhinolaryngology- Head & Neck Surgery	05	2021

tertiary care hospitals,
Rawalpindi

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Sudden sensory hearing loss	Ahmed Hasan ASHFAQ	PAFMJ	06	2019
2.	Rosuvastatin As a Possible Treatment for Sudden Sensorineural Hearing Loss	Ahmed Hasan ASHFAQ	PAFMJ	69(6)	2019
3.	Scarf pin inhalation in young girls. Atypical type of foreign body inhalation	Muhammad Arshad	JRMC	23	2019
4.	Branchial cleft cyst, Second branchial cleft cyst and sinus, Diagnosis and Management	Umair Ashfaq	TPMJ	3263	2019
5.	Second Branchial cleft cyst and sinus, Diagnosis and Management	Muhammad Arshad	TPMJ	26	2019
6.	Comparison of graft uptake in patients undergoing myringoplasty / tympanoplasty by overlay & underlay procedure	Muhammad Arshad	TPMJ	26	2019
7.	Microdebrider assisted turbinoplasty & submucosal diathermy for inferior turbinate hypertrophy. A randomized clinical trial	Muhammad Arshad	JRMU	24	2020
8.	Comparison of postoperative Synechiae formation between Conventional and Endoscopic	Ahmed Hasan ASHFAQ	IMJ	12	2020

	Septoplasty for Deviated Nasal Septum				
9.	Comparison of effectiveness of epleys maneuver only and epelys maneuver betahistanein in management of benign paraxymal positional vertigo	Muhammad Arshad	PJMHS	15	2021
10.	Post-operative outcomes of endoscopic dacrocystorhinostomy without intubation at holy family hospital, Pakistan	Ahmed Hasan ASHFAQ	TPMJ	28(7)	2021
11.	Efficacy of Platelet Rich Fibrin in Myringoplasty	Nida Riaz	PJMS	37	2021
12.	Clinical outcome of Montelukast Sodium in Children with Adenoid Hypertrophy	Ahmed Hasan ASHFAQ	PJMS	37(2)	2021
13.	Comparison Of Olfactory Disturbance In Covid-19 Positive Cases With Non Covid-19 Rhinitis Case	Ahmed Hasan ASHFAQ	PAFMJ	71(2)	2021
14.	Vestibular Rehabilitation with Intratympanic Drug Therapy in Meniere's Disease (Combined Military Hospital Quetta/National University of Medical Sciences (NUMS) Pakistan	Ahmed Hasan ASHFAQ	PAFMJ	72(4)	2022

DEPARTMENT OF OTORHINOLARYNGOLOGY (ENT)

DHQ TEACHING HOSPITAL

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Diagnostic accuracy of Barium swallow for dysphagia keeping rigid esophagoscopy as gold standard	2022	Dept of E.N.T	Dr Ansa Umara	DHQ Teaching Hospital, Rawalpindi
2.	Comparison of factors that lead to early vs late presentation in patients with neck masses	2022	Dept of E.N.T	Dr Ansa Umara	DHQ Teaching Hospital, Rawalpindi
3.	Comparison of topical 3% Salicylic Acid in rectified spirit and Clotrimazole lotion 1% in Otomycosis	2022	Dept of E.N.T	Dr Shaiza Kiran	DHQ Teaching Hospital, Rawalpindi
4.	Comparison of outcomes between early and delayed reduction of nasal bone fractures	2022	Dept of E.N.T	Dr Amna Kousar	DHQ Teaching Hospital, Rawalpindi
5.	Comparison of lower pole knot versus cauterization in tonsillectomy	2022	Dept of E.N.T	Dr Asif Saif	DHQ Teaching Hospital, Rawalpindi
6.	Efficacy of sucralfate in providing post operative analgesia in patients undergoing tonsillectomy	2022	Dept of E.N.T	Dr Ishra Javed	DHQ Teaching Hospital, Rawalpindi
7.	Efficacy of comparison of Epley's Maneuver vs Betahistine in patients of BPPV	2022	Dept of E.N.T	Dr Amna Javed	DHQ Teaching Hospital, Rawalpindi
8.	Efficacy of Clarithromycin vs oral steroids in reducing clinical grade of nasal polyps	2022	Dept of E.N.T	Dr Amna Javed	DHQ Teaching Hospital, Rawalpindi

	in preoperative patients of FESS				
9.	Comparison of surgical excision of lower lip mucocele vs intralesional Dexamethasone inj	2022	Dept of E.N.T	Dr Adia Bushra	DHQ Teaching Hospital, Rawalpindi
10.	Comparison of nasal Glucocorticoid, Antileukotriene vs combination of Antileukotriene and Antihistamine in seasonal allergic rhinitis	2022	Dept of E.N.T	Dr Adia Bushra	DHQ Teaching Hospital, Rawalpindi
11.	Statistical analysis of epidemiology or recurrent tonsillitis in DHQ Hospital Rawalpindi	2022	Dept of E.N.T	Dr. Ishra Javed	DHQ Teaching Hospital, Rawalpindi
12.	Statistical analysis of deviated Nasal septum disease seen in patients presenting in OPD	2022	Dept of E.N.T	Dr. Asif Saif	DHQ Teaching Hospital, Rawalpindi

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Exploring the spoken and unspoken communication		07-12-2021	
2.	Medical leader or masters what we do need		08-12-2021	
3.	Professionalism		13-12-2021	
4.	Association of acute otitis media with breast feeding position among infants in THQ hospital Rawalpindi		16-12-2021	

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Name of Presenter	Title of presentation	Title of Conference	Venue	Date
1.	Pre-conference workshop live surgery endoscopy of				09-12-2021

upper aero-digestive track in ENT
2. 5 th Rhinocon
Islamabad 2022

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Cognitive schemes for clinical diagnostic reasoning by medical students	Sadia Chaudhry, Rehan Ahmed Khan2, Rahila Yasmeen	IAJPS	7(10)	2020

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comparison of rate of recurrence of otitis media with effusion in children treated by myringotomy and ventilating tube insertion with patients treated by additional adenoidectomy	Abeen, Farhat, Sadia Chaudhry, Zafar Ahmed, Nudrat Khalil, and Beenish Amin	RMJ	44(3)	2019
2.	Clinical skills in undergraduate program and Curricular change – does it make a difference?	Sadiq, Naushaba, Syeda Kauser Ali, Lubna Meraj, Sadia Chaudhry, and Fauzia Abdus Sammad	JRMC	23(3)	2019
3.	Use of preoperative tranexamic acid in tonsillectomy with or without adenoidectomy to reduce primary hemorrhage	Arif, Nighat, Sadaf Raffat Mustafa, Usman Aslam, Aysha Nauman, Sadia Chaudhary, and Shuman Roy	JFJMU	13(3)	2019
4.	Complications of Submucous Resection versus Septoplasty in Deviated Nasal Septum	Khan, Habib Ullah, Sadia Chaudhry, Nighat Arif, Muhammad Afzal Khaliq, Maaz Aslam, and Khalil ur Rehman	JRMC	24(1)	2020

5.	Presentation and management of impacted foreign bodies in pediatric tracheobronchial tree	Chaudhry, Sadia, Asmatullah Khan, Afzal Khaliq, Khalil ur Rehman, Nighat Arif, and Habib Ullah Khan	RMJ	45(3)	2020
6.	Why Pakistani students joining medical college: passion or pressure	Sadiq, Muhammad Attique, Khalil Ur Rehman, Sadia Chaudhry, Naveed Arshad, Raja Khalid Shabbir, and Aamir Afzal.	RMJ	45(3)	2020
7.	Recurrence of nasal polyposis in patients undergoing FESS and Conventional Intranasal Polypectomy	Rizvi, Syeda Samar Zehra, Sadia Chaudhry, Zafar Ahmad, Amir Akbar, Farhat Jabeen, and Nudrat Khalil.	RMJ	46(3)	2020
8.	Comparison of Endoscopic Tympanoplasty with Microscopic Tympanoplasty	Qureshi, Nausheen, Muhammad Musharaf Baig, Misbah Parvez, Sundas Masood, and Memoona Afzal	JRMC	24(4)	2020
9.	Role of CXR and HRCT in diagnosing COVID-19, a descriptive cross-sectional study, at a tertiary care hospital in Pakistan	Mughal, Hina Hanif, Madiha Maryam Azam, Faryal Azher, Nasir Khan, Sadia Chaudhry, and Hina Sattar	JRMC	25(4)	2021
10.	Impact of COVID-19 on Elective Surgical Lists in Otorhinolaryngology: An Overview	Afzal, Memoona, Tabassum Aziz, Nausheen Qureshi, Sundas Masood, Fatima Shahid, and Asmara Hussain	JRMC	25(1)	2021

11.	Frequency of Anosmia and Ageusia in COVID-19 Patients	Shahid, Fatima, Nousheen Qureshi, Sundas Masood, Asmara Hussain, and Memoona Afzal	JRMC	25(1)	2021
12.	Comparison of Peritonsillar Injection of Tramadol with Adrenaline Vs Injection of Normal Saline (Placebo) Before Tonsillectomy in Reducing Per-operative Haemorrhage and Post-operative Pain	Masood, Sundas, Aiemen Fatima, Tahira Ikram, Nausheen Qureshi, Rahat Mukhtar, and Fatima Shahid	JRMC	25(3)	2021
13.	Comparison of the Postoperative Pain, Septal Perforation and Synechiae Formation following Septoplasty done with Trans Septal Suturing Verus Nasal Packing	Fatima, Aeimen, Sundas Masood, Asmara Hussain, Tahira Ikram, Fatima Shahid, and Memoona Afzal	JRMC	26(3)	2022
14.	Efficacy of chemical and electrical cautery (Comparison) in management of Anterior Epistaxis	Ikram, Tahira, Muhammad Umar Asim, Sundas Masood, Aeiman Fatima, Haitham Akash, Zaimal Shahan, and Samina Yaqoob	JRMC	1(1)	2022

DEPARTMENT OF FORENSIC MEDICINE & TOXICOLOGY
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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Workshop on Medicolegal work to impart updated knowledge and skill amongst male and Female doctor working in the casualty department of various health outlets		20-12-2022	Dept of Forensic Medicine, RMU
2.	4 days Postmortem examination Training of CMO's of Allied Hospitals		04-01-2022 to 07-01-2022	Dept of Forensic Medicine, RMU
3.	One week refresher training Course to officers regarding medicolegal and post postmortem work		28-2-2022 to 5-3-2022	Dept of Forensic Medicine, RMU

**DEPARTMENT OF GASTROENTEROLOGY (CENTER FOR LIVER &
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HOLY FAMILY HOSPITAL**

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PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Knowledge, attitudes, and practices against the growing threat of COVID-19 among medical students of Pakistan	Khola Noreen, Zil-e-Rubab, Muhammad Umar, Rehana Rehman, Mukhtiar Baig, Fizzah Baig	PLOS ONE	15(12)	2020
2.	Tumor aggression among hepatitis-C related hepatocellular carcinoma patients: An observational study regarding the impact of anti HCV therapy	Javeria Khalid, Mohammad Umar, Tofeeq Ur Rehman, Mashhood Ali & Gul Majid Khan	J Infectious Agents and Cancer	15(35)	2020
3.	An Overview of Preliminary COVID-19 Cases admitted in Rawalpindi Institute of Urology & Transplantation Pakistan	Shazia Zeb, Muhammad Umar, Rizwana Shahid, Qaiser Aziz, Muhammad Omar Akram, Muhammad Khurram, Khalid Randhawa and Muhammad Ahmed	RRHOAJ	5(2)	2020
4.	Gender based comparison of psychological distress among COVID-19 patients at Rawalpindi Institute of Urology & Transplantation Pakistan	Malik Shehryar, Rizwana Shahid, Shazia Zeb, Muhammad Umar, Muhammad Raheel Raza, Tayyab Ahmad, Syed Muhammad Ali, Hassan Ahmad	JMCRR	3(6)	2020
5.	Dengue Predictive Model 2020 For Rawalpindi District Pakistan	Dr. Rizwana Shahid, Dr. Shazia Zeb, Prof, Dr. Muhammad Umar, Dr. Asim Noor, Dr. Syed Usama Khalid, Prof. Dr. Muhammad Khurram and Dr.	JMCRR	3(6)	2020

		Muhammad Mujeeb Khan			
6.	Knowledge, attitudes, and practices against the growing threat of COVID-19 among medical students of Pakistan	Khola Noreen, Zil-e-Rubab, Muhammad Umar, Rehana Rehman, Mukhtiar Baig, Fizzah Baig	PLOS ONE	15(12)	2020
7.	Chronic Hepatitis C Scenario Among Patients Presenting to Liver Clinic at Holy Family Hospital Rawalpindi Pakistan	Muhammad Umar, Rizwana Shahid, Shazia Zeb, Tayyab Saeed Akhtar, Sumaira Yasmeen, Sadia Khan	J Gastro & Digestive Systems	6(1)	2021
8.	Department Wise OPD and Diagnostic Statistics 2020 Along with the Trend of Mortality, Postmortem and Medicolegal Cases Managed at District Head Quarters Hospital Rawalpindi Pakistan	Shahid R, Umar M and Zafar F	SunText Rev Biotechnol	2(3)	2021
9.	An Overview of Obstetrical and Family Planning Statistics 2020 Of Teaching Hospitals of Rawalpindi Medical University Pakistan	Rizwana Shahid, Muhammad Umar, Shazia Zeb Muhammad Nawaz Khokhar, Farzana Zafar, Tabassum Mahmood, Faiza Sahar and Asif Aziz	J Gynecol Women's Health	22(5)	2021
10.	Item Analysis of Pathology Assessment of 4th year MBBS at Rawalpindi Medical University Pakistan,	Rizwana Shahid, Muhammad Umar, Shazia Zeb, Muhammad Nawaz Khokhar, Farzana Zafar, Tabassum Mahmood, Faiza Sahar and Asif Aziz	J Comm Med and Pub Health Rep	2(5)	2021
11.	Comparative Analysis of Pattern of Dermatological Disorders Treated	Rizwana Shahid, Muhammad Umar, Abdul Quddus Butt, Shawana Sharif	Biomedical Journal of Scientific &	41(1)	2022

	During 2019 and 2020 at Benazir Bhutto Hospital Rawalpindi and Hospital Statistics A Rapid Review of Effect of Covid-19		Technical Research		
12.	Chronic Hepatitis C Scenario Among Patients Presenting to Liver Clinic at Holy Family Hospital Rawalpindi Pakistan	Muhammad Umar, Rizwana Shahid, Shazia Zeb, Tayyab Saeed Akhtar, Sumaira Yasmeen, Sadia Khan	J Gastro & Digestive Systems	5(4)	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Chest X-ray findings in COVID-19: A Pictorial Review	Nasir Khan, Muhammad Umar, Maria Khaliq, Hina Hanif, Misbah Durrani, Riffat Raja	JRMC	24 COVID-19 Supplement-1	2020
2.	Opportunities and Development of Telemedicine in Response to COVID-19: Experience from Public Sector Medical University	Noreen, Khola, Umar, Muhammad, Sabir, Arshad Ali,	Biomedica	36, COVID19-S2.	2020
3.	Outbreak of Coronavirus Disease 2019 (COVID-19) in Pakistan: Psychological impact and coping strategies of Health Care Professionals	Khola Noreen, Muhammad Umar, Syed Arshad Sabir, Rehana Rehman	PJMS	36(7)	2020
4.	SWOC analysis of e-learning educational services at Rawalpindi Medical University in the midst of COVID-19	Khola Noreen, Muhammad Umar, Syed Arshad Sabir, Ammara Farooq	JRMC	24 COVID-19 Supplement-1	2020

5.	Comorbidity of COVID-19 related Fatalities in Tertiary Care Hospitals of Rawalpindi, Pakistan	Rizwana Shahid, Muhammad Umar, Raja Bilal Zafar, Shazia Zeb, Saima Ambreen	JRMC	24COVID-19 Supplement-1	2020
6.	E-Learning amid COVID-19 Pandemic: An Experience by medical students of Rawalpindi Medical University Pakistan	Rizwana Shahid, Shazia Zeb, Sumaira Yasmeen, Muhammad Umar, Rai Muhammad A Sghar, Yumna Hafeez	JRMC	24(4)	2020
7.	Analysis of COVID-19 Mortality in Allied Hospitals of Rawalpindi Medical University Pakistan	Shazia Zeb, Rizwana Shahid, Muhammad Umar, Qaiser Aziz, Muhammad Omar Akram, Muhammad Khurram, Muhammad Mujeeb Khan	Biomedica	36, COVID19-S2	2020
8.	Side effects of Sinopharm Vaccine experienced by healthcare professionals of Holy Family Hospital Rawalpindi Pakistan, Rawalpindi	Shahid, R., Umar, M. Khan, M.M., Zeb S., Nadar, A., Afzal, S	JRMC	25(1)	2021
9.	COVID-19 among Healthcare Workers of Teaching Hospitals Affiliated with Rawalpindi Medical University, Rawalpindi Medical University	Rizwana Shahid, Muhammad Umar, Muhammad Mujeeb Khan, Shazia Zeb, Ayesha Nadar, Sheema Afzal	JRMC	25COVID-19 Supplement-1	2021
10.	Evaluation of Online teaching by Undergraduate	Rizwana Shahid, Shazia Zeb, Sumaira Yasmeen,	JRMC	25(2)	2021

	medical students of Rawalpindi Medical University amidst COVID-19 pandemic.	Muhammad Umar, Rai Asghar, Maryim Batul			
11.	Hemorrhagic Manifestations among dengue patients in Tertiary care Hospitals of Rawalpindi Medical University Pakistan	Rizwana Shahid, Shazia Zeb, Sadia Khan, Muhammad Umar, Sumaira Yasmeen, Muhammad Mujeeb Khan, Muhammad Khurram	IDJ	30(2)	2021

BOOKS AND MANUAL PUBLISHED

Sr #	Title of Book/Manual	Name of Writer	Year
1.	COVID Manuals	Prof Muhammad Umar	2021
2.	Salmonella Resistant Treatment Guidelines	Prof Muhammad Umar	2021
3.	Antibiotic Treatment Guidelines for ICU of RMU and Allied Hospitals	Prof Muhammad Umar	2021
4.	Putting the Patient First Book	Prof Muhammad Umar	2021

CONFERENCES/ SEMINARS

Sr #	Name of Presenter	Title of Conference	Venue	Date
1.	APPNA International Conference	Physicians Association and Collaboration	Orlando, USA	2021
2.	4 th RMU International Conference	Organized in collaboration with APPNA, APNE, RMCAANA, UK, Aus, NZ, UAE Alumni	RMU, RWP	2021
3.	PSG 37 th Annual Congress	Pakistan Society of Gastroenterology and GI Endoscopy	Islamabad	2021

AWARDS /FELLOWSHIPS/ MEMBERSHIPS OF LEARNED SOCIETIES

Sr #	Name	Title of Award	Date
1.	Prof Muhammad Umar	Fellowship of Pakistan Society of Internal Medicine PSIM Islamabad	2021
2.	Prof Muhammad Umar	President Pakistan Society of Internal Medicine PSIM, Rawalpindi Islamabad	2021
3.	Prof Muhammad Umar	Member of Standing Committee for sustainable improvement in hospital operations, Health Department Punjab Lahore	2021
4.	Prof Muhammad Umar	Member of Central Induction Committee Punjab Residency Program 2021	2021
5.	Prof Muhammad Umar	Incharge of Sehat Saholat Program Rawalpindi Division Punjab 2022	2022
6.	Prof Muhammad Umar	Governor Award for Extra Ordinary work as RMU VC	2022

WEBINARS & COURSES ORGANIZED

Sr #	Name of Organizer /Course Director	Title of Course	Date
1.	RMU Global Initiative International Webinar	Evidence Based Care for Mental Illness in Pakistan Some Stupid Questions and Implantable Solutions	9 Nov 2021
2.	RMU Global Initiative International Webinar	Endoscopic Management of Hilar Strictures	14 Nov 2021

WORKSHOPS

Sr #	Title of Conference	Venue	Date
1.	13 th Colonoscopy workshop	Centre for Liver & Digestive Disease	19-20 March 2019
2.	14 th Basic ERCP Course	Centre for Liver & Digestive Disease	20-21 September 2019

3.	14 th ERCP & EUS Live Endoscopy Workshop	Centre for Liver & Digestive Disease	24-25 th Feb 2020
4.	15 th Basic Endoscopy Course	Centre for Liver & Digestive Disease	25 th Feb 2020
5.	10 th Basic Colonoscopy Course	Centre for Liver & Digestive Disease	24-25 th Feb 2020
6.	16 th Basic Endoscopy & 15 th Advanced ERCP Workshop	Centre for Liver & Digestive Disease	8 th -9 th Oct 2021
7.	High Resolution Manometry Workshop	Centre for Liver & Digestive Disease	15 th Dec 2021
8.	Infection Control in Endoscopy Conference	Centre for Liver & Digestive Disease	17 th Dec 2021
9.	Colonoscopy Hands on Workshop	Centre for Liver & Digestive Disease	18 th Dec 2021

ESTABLISHMENT OF PROJECTS & AWARENESS PROGRAMS

Sr #	Title of Projects/Programs	Date
1.	Arranged Awareness Program World Hepatitis Day in collaboration with Department of Community Medicine and District Health Authority	2019
2.	Arranged Awareness Program World Hepatitis Day in collaboration with Department of Community Medicine and District Health Authority 2020	2020
3.	Arranged Awareness Program on COVID in collaboration with Department of Community Medicine and District Health Authority	2020
4.	Arranged Awareness Program on Dengue in collaboration with Department of Community Medicine and District Health Authority	2020
5.	Arranged Awareness Program on Polio in collaboration with Department of Community Medicine and District Health Authority	2021
6.	Established RMU Research Lab Complex 1.7 Billions	2021
7.	Established Postgraduate Nursing Institute, Holy Family Hospital Rawalpindi Rs. 250 million	2022
8.	Established "RMU Research Dashboard"	2022

PUBLICATIONS (INTERNATIONAL)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Risk factors associated with oral manifestations, and oral health impact of gastroesophageal reflux disease: a multicentre, cross-sectional study in Pakistan	Warsi, Ibrahim, Javeria Ahmed, Anjum Younus, Abdur Rasheed, Tayyab Saeed Akhtar, Qurrat Ul Ain, and Zohaib Khurshid	BMJ	9(3)	2019
2.	Absent contractility of esophagus can be Type I Achalasia in Evolution.	Tayyab Saeed Akhtar	Turkish Journal of Gastroenterology	30(3)	2019
3.	Lower Esophageal Sphincter Pressure parameters by High Resolution Manometry in diagnosing Achalasia Cardia.	Tayyab Saeed Akhtar	Turkish Journal of Gastroenterology	30(3)	2019
4.	Colonic Malakoplakia: a rare cause of Chronic Diarrhea.	Tayyab Saeed Akhtar	Turkish Journal of Gastroenterology	30(3)	2019
5.	Assessing the Degree of Acute Esophageal Injury Secondary to Corrosive Intake: Insights from a Public Sector Hospitals of a Developing Country.	Ain, Qurat Ul, Manahil Jamil, Hafiz Abu Safian, Tayyab S. Akhter, Salma Batool, Moniba Arshad, Ali Murad Jamal, Ather Iqbal, Laraib Arsh, and Bilawal Abbas.	Cureus	12(10)	2020
6.	Efficacy and safety of generic sofosbuvir plus daclatasvir and sofosbuvir/velpatasvir in HCV genotype 3-infected patients: A real-world results from Pakistan,	Mushtaq, Saima, Tayyab Saeed Akhter, Amjad Khan, Aamir Sohail, Arshad Khan, and Sobia Manzoor.	Frontiers in Pharmacology	11	2020
7.	Effects of a high-dose 24-h infusion of tranexamic acid on death and	Roberts, Ian, Haleema Shakur-Still, Adefemi Afolabi, Adegboyega Akere, Monica Arribas,	Lancet	395(10 241)	2020

	thromboembolic events in patients with acute gastrointestinal bleeding (HALT-IT): an international randomised, double-blind, placebo-controlled trial	Amy Brenner, Rizwana Chaudhri, Mohammad Khalid, Umar Riaz, Muhammad Umar, Tayyab Akhter, Javaria Khan			
8.	Patterns of Hepatocellular Carcinoma after Direct Antiviral Agents and Pegylated interferon Therapy	Fatima, Tehreem, Hassan Mumtaz, Muhammad Hassaan Khan, Saad Rasool, Muhammad Tayyeb, Mobeen Z. Haider, Syed T. Hussain, Aamir Shahzad, Sundas Ali, and Tanveer Hussain.	Cureus	12(11)	2021
9.	Preventive Measures and Active Response against COVID-19 Taken by All Four Provinces, Two Independent Territories, and the Federal State of Islamic Republic of Pakistan, Islamabad	Imran, Muhammad, Bashir Ahmad, Farhan Maqbool, Ashfaq Ahmad, Arshad Malik, Shahid Aziz, Faisal Rasheed, and Tayyab Saeed Akhter.	Social Work in Public Health	37(4)	2022
10.	Gastrointestinal manifestations in adult patients presenting with Dengue infection, A local study from tertiary care hospital	Hussain, Tanveer, Muhammad Ali Khalid, Saadia Khan Baloch, Beenish Adil, Madeeha Shaukat, and Fatima Rauf.	Biomedical Journal of Scientific & Technical Research	42(3)	2022
11.	Microbial Proteins in Stomach Biopsies Associated with Gastritis, Ulcer, and Gastric Cancer	Aziz, Shahid, Faisal Rasheed, Tayyab Saeed Akhter, Rabaab Zahra, and Simone König	Molecules	27(17)	2022
12.	Correlation of Nutrophil Lymphocyte Count Ratio with the Severity of Acute Pancreatitis	Hussain, Tanveer, Anam Shakeel, Javaria Zahid Khan, Aqsa Naseer, Anum Abbas, Sadia Ahmed, Misbah Noureen, and Tayyab Saeed Akhter	Biomedical Journal of Scientific & Technical Research	47(2)	2022

PUBLICATIONS (NATIONAL)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Prevalence of peptic ulcer in patients of liver cirrhosis presenting with upper GI Bleed	Hussain, Tanveer, Muhammad Sarfraz, Haseeb Ur Rehman, Uzma Batool, and Kashif Irfan.	JRMC	23(3)	2019
2.	Comparison of efficacy of Rifaximin plus Lactulose vs. Lactulose alone in treating Hepatic Encephalopathy	Tanveer Hussain, Misbah Sattar, Sara Mustafa, Uzma Batool, Shafqat Iqbal, Binish Hassan	JRMC	24(4)	2020
3.	Acute Pancreatitis severity scoring index; Prospective study to identify determinants in Pakistan	Hussain, Tanveer, Muhammad Hanif, Ramlah Ghazanfor, Sarmad Arslan, Ibia Nawaz, and Muhammad Umar.	JRMC	24(3)	2020
4.	An Updated Systemic Review and Meta-Analysis to determine the association between iron deficiency Anemia and H pylori. Infection in Low- and Middle-Income Countries.	Hassan Ali, Kiran Fatima, Khunsa Junaid, Rabia Nazim, Aqeela Malik, Sadia Ahmed, Shoaib Muhammad.	AKEMU	27(01)	2021
5.	Role of Probiotic as an Add-on Therapy in Eradicating Helicobacter Pylori Infection.	Hussain, Tanveer, Shafqat Iqbal, Seemab Abid, Misbah Sattar, and Shahid Aziz.	AKEMU	27(04)	2021
6.	Correlation of serum alpha fetoprotein (AFP) levels with the size of hepatocellular carcinoma on	Khan, Javeria, Maria Khaliq, Tayyub Saeed, Muhammad Imran, Nasir Majeed, Rabia Khan, Muhammad Umar, Tanveer Hussain	JRMC	1(1)	2022

	triphasic CT: A study in patients with the heterotrophic viral infection.				
7.	Impact of covid-19 pandemic on endoscopy and colonoscopy procedures, a study from tertiary care center located in Rawalpindi, Pakistan	Akhter, Tayyab Saeed, Javerea Zahid Khan, Muhammad Imran, Shahid Aziz, and Faisal Rasheed.	FUMJ	4(2)	2022
8.	Correlation of Serum Alpha-Fetoprotein (AFP) Levels with the size of Hepatocellular carcinoma on Triphasic CT scan: A study in patients with the heterotrophic viral infection	Khan, Javeria, Maria Khaliq, Tayyub Saeed, Muhammad Imran, Nasir Majeed, Rabia Khan, Muhammad Umar, Tanveer Hussain	JRMC	1(1)	2022
9.	Diagnosis of hepatitis C Virus Infection in human serum using ELISA and Raman Spectroscopy	Kiran Fatima, Sadia Ahmed, Hina Bukhari, Asma Ejaz, Saadia Ch, Maria Nasir.	PJMHS	16(02)	2022
10.	Antimicrobial resistance profile of H. pylori presenting with Peptic Ulcer in Tertiary Care Hospitals of Rawalpindi and Islamabad	Muhammad Bin Khurshid, Sadia Ahmed, Shehryar Javed, Asher Javed, Muhammad Faizan, Huzaiifa, Bangash, Hamza Sheraz, Ayesha Mudassar	PJMHS	16(02)	2022
11.	A Prospective Observational Study Combination of	Mushtaq, Zobia, Bushra Adeel, Tanveer Hussain, Mazhar Ali,	PJMHS	16(9)	2022

Proton Pump Muhammad Ayaz, and
Inhibitors with Imran Joher
Prokinetics in
Gerd

DEPARTMENT OF INFECTIOUS DISEASES

Holy Family Hospital

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Venue	Date
1.	Endnote	Dr. Naeem Liaqat	RMU	15 th Feb 2019
2.	Certificate Course of COVID-19 of House Officer	Dr. M. Mujeeb Khan	CPC Hall, RMU	16-07-2020
3.	Certificate Course of COVID-19 of House Officer	Dr. M. Mujeeb Khan	CPC Hall, RMU	03-08-2020
4.	Optimizing Insulin Therapy	Dr. M. Mujeeb Khan Dr. Jahangir Sarwar Khan Dr. Usman Qureshi	Conference room, SU-I, HFH	15-12-2021
5.	Hand Hygiene, Infection Prevention Control	Dr. M. Mujeeb Khan Dr. M. Ali Khalid	Conference Room, MU-II, BBH	17-12-2021
6.	Dengue Fever Management	Dr. M. Mujeeb Khan	CPC Hall, RMU	29-07-2022

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Characteristics of probable severe fever with thrombocytopenia syndrome patients: a perspective study from Pakistan	Najia Mahmood, Muhammad Khurram, Muhammad Mujeeb Khan, Muhammad Umar, Asif Jalil, Salmaan Sharif, Muhammad Masroor Alam	IJMDC	3(3)	2019
2.	Preparedness of the Healthcare Personnel against the Coronavirus Disease 2019 (COVID-19) outbreak: An Audit Cycle	Nowera Zafar, Zohaib Jamal, Muhammad Mujeeb Khan	Front Public Health	8(502)	2020
3.	Dengue Predictive Model 2020 for Rawalpindi District, Pakistan	Rizwana Shahid, Dr Shazia Zeb, Prof. Dr Muhammad Umar, Dr Asim Noor, Dr Syed Usama Khalid, Prof Dr Muhammad Khurram, Dr Muhammad Mujeeb Khan	JMCRR	3(5)	2020

4.	Liver function tests, a marker of severity in COVID-19 Patients	Ahmed M, Umar M, Sufyan A, Zeb S, Ahmed H, Shahid R, Aziz Q, Akram MO, Khan MM and Ahmed H	Austin Hepatol	5(1)	2020
5.	Coronavirus Outbreak in Neighboring Countries Alerted for Pakistan Medical Preparedness and Public Health Education	Atta Ur Rehman, Ume Hani, Muhammad Mujeeb Khan	Journal of Clinical & Community Medicine	1(5)	2020
6.	COVID-19 pandemic: Trends, interventions and outcomes experienced at Allied Hospitals of Rawalpindi Medical University Pakistan	Muhammad Umar, Rizwana Shahid, Raja Bilal Zafar, Shazia Zeb, Qaiser Aziz, Muhammad Omar Akram, Sara Mustafa, Muhammad Mujeeb Khan, Muhammad Khurram, Fazal-ur-Rahman, Muhammad Ali Khalid, Saima Ambreen, Imran Arshad	JID	29(3)	2021
7.	Dengue and Chikungunya virus co-infection in major metropolitan cities of provinces of Punjab and Khyber Pakhtunkhwa: A multi-center study	Faiz Ahmed Raza, Hasnain Javed, Muhammad Mujeeb Khan, Obaid Ullah, Areeba Fatima, Muhammad Zaheer, Saima Mohsin, Shahida Hasnain, Ruqyya Khalid, Arslan Ahmed Salam	Plos Neglected Tropical Diseases	15(9)	2021
8.	Prevalence and Associated Risk Factor of COVID-19 and Impacts of Meteorological and Social Variables on Its Propagation in Punjab, Pakistan	Arbab Saddique, Shahzada Adnan, Habib Bokhari, Asima Azam, Muhammad Suleman Rana, Muhammad Mujeeb Khan, Muhammad Hanif & Shawana Sharif	Earth System and Environment	5	2021
9.	An Overview of the Treatment Options Used for the Management of COVID-19 in Pakistan: Retrospective	Hashaam Akhtar, Samar Akhtar, Fazal-Ul Rahman, Maham Afridi, Sundas Khalid, Sabahat Ali, Nasim Akhtar, Yousef S Khader, Hamaad Ahmad, BPharm, Muhammad Mujeeb Khan,	JMIR Public Health Surveill	7(5)	2021

	Observational Study				
10.	Correlation of biochemical profile at admission with severity and outcome of COVID-19	Sadiq, Abdullah, Muhammad Khurram, Javaria Malik, Noman Ahmed Chaudhary, Muhammad Mujeeb Khan, Tahira Yasmeen, and Hamza Waqar Bhatti	JCHIMP	11(6)	2021
11.	Polymerase Chain Reaction (PCR) Positivity of COVID-19 reported in Teaching Hospitals of Rawalpindi Medical University Pakistan	Shahid, Rizwana, Muhammad Mujeeb Khan, Fatima Rauf, Rija Farrukh Chaudhary, Sheema Afzal, Muhammad Umar, and Shazia Zeb.	IDJ	30(4)	2021
12.	Hemorrhagic Manifestations among Dengue Patients in Tertiary care Hospitals of Rawalpindi Medical University Pakistan	Shahid, Rizwana, Shazia Zeb, Sadia Khan, Muhammad Umar, Sumaira Yasmeen, Muhammad Mujeeb Khan, and Muhammad Khurram	IDJ	30(2)	2021
13.	Haematological profile abnormalities: and its relationship with severity and outcome of COVID-19 infection	Rizwana Shahid, Shazia Zeb, Sadia Khan, Muhammad Umar, Sumaira Yasmeen, Muhammad Mujeeb Khan, Muhammad Khurram	African Heath Sciences	22	2022
14.	A case report of dengue shock syndrome complicated with multi-organ failure and hepatitis E virus superinfection	Waqar, Kinza, Hashaam Akhtar, Muhammad Mujeeb Khan, Muhammad Umar, Bisma Rauff, and Muhammad Faheem	Future Virology	17(10)	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Hematological Profiles of Patients Suffering from Severe and Non-Severe COVID-19 infection	Adam Umair Ashraf Butt, Abdur Rehman Malik, Muhammad Sarfraz Khan, Saqlain Ghazanfar,	SJRMC	24(1)	2020

	DOI: SJRMC; 2020; 24(1): 3-7	Areeb Khalid, Hafiz Tanveer Tariq, Safi Ullah, Muhammad Mujeeb Khan			
2.	Symptom Analysis of Confirmed Covid-19 Patients Managed at Allied Hospitals of Rawalpindi Medical University, Pakistan	Javaria Malik, Muhammad Khurram, Arsalan Manzoor Mughal, Noman Ahmed Chaudhary, Qaiser Aziz, Muhammad Mujeeb Khan, Muhammad Shahzad Manzoor	JIMDC	9(4)	2020
3.	Analysis of COVID-19 Mortality in Allied Hospitals of Rawalpindi Medical University, Pakistan	Shazia Zeb, Rizwana Shahid, Muhammad Umar, Qaiser Aziz, Muhammad Omar Akram, Muhammad Khurram, Muhammad Mujeeb Khan	Biomedica	36	2020
4	Health Care Workers of Rawalpindi Medical University: The Vanguarders at the COVID-19 War	Mohammad Mujeeb Khan	JRMC	24(1)	2020
5.	Side effects of Sinopharm Vaccine experienced by healthcare professionals of Holy Family Hospital, Rawalpindi, Pakistan	Rizwana Shahid, Muhammad Umar, Muhammad Mujeeb Khan, Shazia Zeb, Ayesha Nadar, Sheema Afzal	JRMC	25 COVID-19 Supplement-1	2021
6.	COVID-19 among Healthcare Workers of Teaching Hospitals Affiliated with Rawalpindi Medical University	Muhammad Umar, Rizwana Shahid, Muhammad Mujeeb Khan, Shazia Zeb, Fatima Rauf, Uzma Hayat	JRMC	25 COVID-19 Supplement -1	2021
7.	Presenting Characteristics, Comorbidities, and Outcomes Among Patients With COVID-19 Hospitalized in Pakistan:	Akhtar, Hashaam, Sundas Khalid, Fazal Ur Rahman, Muhammad Umar, Sabahat Ali, Maham Afridi, Faheem Hassan	JMIR	7(12)	2021

	Retrospective Observational Study				
8.	Delayed admissions and efficacy of steroid use in patients with critical and severe COVID-19: an apprehensive approach	Akhtar, Hashaam, Sundas Khalid, Fazal-ur Rahman, Sabahat Ali, Maham Afridi, Yousef S. Khader, Faheem Hassan, Nasim Akhtar, Muhammad Mujeeb Khan, and Aamer Ikram	JPH	43(3)	2021
9.	Vaccination, the only weapon against COVID-19, for the nonce	Mohammad Mujeeb Khan	JRMC	25(1)	2021
10.	Prevalence and Biochemical Associations of Fever in Adults With Reverse Transcription Polymerase Chain Reaction Proven Coronavirus Disease Presenting at Tertiary Care Hospitals in Rawalpindi	Khan, Muhammad Sheharyar, Muhammad Khurram, Shehrbano Qaiser, Najia Mahmood, Faramarz Khan, and Muhammad Mujeeb Khan	Cureus	14(1)	2022
11.	Rivaroxaban Induced Acute Pancreatitis-A Case Report	Khan, Muhammad Mujeeb	JPSIM	3(2)	2022
12.	Dengue 2021: Trend and Infection rate in Teaching Hospitals of Rawalpindi: Dengue 2021 Trend and Infection Rate in Teaching Hospitals	Shahid, Rizwana, Muhammad Mujeeb Khan, Sadia Khan, Nargis Zaidi, and Sheikh Abdul Rehman	PJHS		2022
13.	Effectiveness of Ivermectin among COVID-19 patients: A Randomized Controlled Trial	Umar, Muhammad, Rizwana Shahid, Muhammad Mujeeb Khan, Uzma Hayat, Ayesha Nadar, Sheema Afzal Muhammad Umar, Rizwana Shahid	JRMC	26(2)	2022

14.	Association of hyperglycemia at admission with in-hospital mortality and severity of illness among patients with COVID-19	Zaman, Sadaf, Mujeeb Khan, and Arif Khatana	JRMC	26(4)	2022
15.	Risk Factors of COVID-19 Critical Outcomes in the Eastern Mediterranean Region: Multicountry Retrospective Study	Lami, Faris, Maisa Elfadul, Hiba Rashak, Mohannad Al Nsour, Hashaam Akhtar, Yousef Khader, Ahmed M. Hussein	JMIR	8(3)	2022
16.	Recurrence of COVID-19 Infection in Healthcare Workers after complete Vaccination	Naseer, Aqsa, Madeeha Nazar, Jamila Khan, Humera Nasim, Mujeeb Khan, Nida Anjum, and Muhammad Umar	PJMHS	16(10)	2022

DEPARTMENT OF MEDICAL EDUCATION
RAWALPINDI MEDICAL UNIVERSITY NEW TEACHING BLOCK

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PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Medical student's perception of their academic learning environment	Raja Amjad Mahmood, Shazia Zeb, Rizwana Shahid, Shazia Yusuf	JRMU	19 (3)	2019

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PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	White Blood Cell to Platelet ratios as a marker of adverse outcome in organophosphate poisoning: A retrospective cross-sectional survey	Aimen Amalik, Muhammad Azam Awais, Saba Shafiq, Maria Aziz Abrar Akbar, Abdur Rehman	JRMC	26(3)	2022
2.	Identification Of Substantial Factors Associated with Mortality in the Emergency Department: Analytical Cross-Sectional Study	Abdul Naeem, Muhammad Arif, Abrar Akbar, Ehtsham Ul Haq, Irum Arshad, Iqra Arshad, Sana Naseem	PJMHS	16(2)	2022
3.	Hypomagnesaemia in Acute Exacerbation of Chronic Obstructive Airway Disease; Association with Anthonisen's Levels of Exacerbation. Descriptive cross-sectional study	Javaira Aziz, Muhammad Amir, Abrar Akbar, Sadia Aziz, Nadia Shams, Lubna Meraj	JRMC	26(2)	2022

DEPARTMENT OF MEDICINE UNIT-I, BBH

Benazir Bhutto Hospital

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Glycated hemoglobin (HbA1c) as a marker for predicting outcomes of patients with acute ischemic stroke	2022	OPD and Diabetic clinic medical ward		MU-1, BBH
2.	Vitamin b12 versus folate level status of diabetic patients treated with metformin presented	2022	OPD and Diabetic clinic medical ward		MU-1, BBH
3.	To compare the efficacy of single high dose and standard dose vitamin D therapy in painful diabetic neuropathy	2022	OPD and Diabetic clinic medical ward		MU-1, BBH
4.	The usefulness of C-reactive protein and neutrophil-to-lymphocyte ration for predicting the outcome in hospitalized patients with liver cirrhosis	2022	OPD and Diabetic clinic medical ward		MU-1, BBH
5.	Thrombocytopenia and grading of esophageal varices in patient of chronic liver disease	2022	OPD and Diabetic clinic medical ward		MU-1, BBH
6.	Correlation between serum sodium and severity of hepatic encephalopathy	2022	OPD and Diabetic clinic medical ward		MU-1, BBH

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Mental Health	DME, RMU	2 Jan, 2019	HFH
2.	Professionalism	DME, RMU	28 Jan, 2019	HFH
3.	Patient Safety	DME, RMU	21Feb, 2019	HFH

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Association of 25 Hydroxy Vitamin D Levels with Age in Community Acquired Pneumonia	Firdous H, Mahmud R, Naseem N, Zaman S, Tanveer N, Khalid MA	JRMC	23(1)	2019
2.	Diagnostic accuracy of Right Liver Lobe Diameter/Albumin Ratio for Non-Invasive detection of Oesophageal Varices in Hepatitis C related Cirrhosis	Ahmed S, Sarwar N, Hafeez S, Abbas N, Akram N, Ahmed R.	Esculapio	15(3)	2019
3.	Peripheral Neuropathy in Newly Diagnosed cases of Type II Diabetes Mellitus	Akram N, Butt A, Waheed K, Ahmed A, Jaffrey A, Ahmed S	Pak J of Neurol Surg	23(3)	2019
4.	Agreement between Findings of Fine Needle Aspiration Cytology and Cell Block Preparation in Malignant Focal Liver Lesions	Raza A, Sarfraz R, M Imran, Ahmed S, Ahmed R	JAIMC	17(2)	2019
5.	Frequency of Acute Kidney Injury in Hospitalized Patients with Cirrhosis in a	Sarwar N, Zafar N, Ahmed S, Ahmad A, Jilani M, Bakhtiar H	JAIMC	17(4)	2019

	Tertiary Care Hospital				
6.	Comparison Efficacy of Rifaximin plus Lactulose vs. Lactulose alone in treating Hepatic Encephalopathy	Hussain T, Sattar M, Mustafa S, Batool U	JRMC	24(4)	2020
7.	Gastro esophageal Reflux Disease in Patients With chronic obstructive pulmonary disease	Hafeez MS, Butt A, Hashim MA, Ahmed S, Ahmed A	Ann Pak Inst Med Sci	17(1)	2020
8.	Predictors of Mortality of COVID-19 cases In Benazir Bhutto Hospital Rawalpindi	Tahir S, Zaman S, Meraj L, Sheraz F, Dar SI, Shams N	JRMC	25(1)	2021
9.	Prevalence of Gastroesophageal Reflux Disease in Asthma and Chronic Obstructive Pulmonary Disease	Fuad M, Iqbal W, Khan MO, Ali A, Imran M, Ashraf MS	P J M H S	15(9)	2021
10.	Requirement of Intravenous Fluid and Insulin in the Management of Diabetic Ketoacidosis	Qasim MI, Hashir MM, Batool S, Sajid NK, Iqbal W, Ashraf MS	PJMHS	15(5)	2021
11.	Can "HINTS" aid the Diagnosis of Posterior	Tahir S, Tahir N, Meraj L, Zaka N, Zaman S, Malik K.	JRMC	26(1)	2022

	Circulation Stroke among patients with Acute Vestibular Syndrome?				
12.	Effect of N- Acetylcysteine Therapy on Mortality Rate in Patients of Acute Aluminum Phosphide Poisoning	Ashraf S, Nazar T, Aziz B, Farooq H	Esculapio	18(3)	2022

DEPARTMENT OF MEDICINE UNIT-II, BBH
Benazir Bhutto Hospital



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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Glycated hemoglobin (HbA1c) as a marker for predicting outcomes of patients with acute ischemic stroke	2022	OPD and clinic medical ward		MU-II, BBH
2.	Vitamin b12 versus folate level status of diabetic patients treated with metformin presented	2022	OPD and clinic medical ward		MU-II, BBH
3.	To compare the efficacy of single high dose and standard dose vitamin D therapy in painful diabetic neuropathy	2022	OPD and clinic medical ward		MU-II, BBH
4.	The usefulness of C-reactive protein and neutrophil-to-lymphocyte ration for predicting the outcome in hospitalized patients with liver cirrhosis.	2022	OPD and clinic medical ward		MU-II, BBH
5.	Thrombocytopenia and grading of esophageal varices in patient of chronic liver disease	2022	OPD and clinic medical ward		MU-II, BBH
6.	Correlation between serum sodium and severity of hepatic encephalopathy	2022	OPD and clinic medical ward		MU-II, BBH

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name Journal	of	Volume	Year
1.	Association of 25 Hydroxy Vitamin D levels with age in community	Mohammad Ali Khalid, Muhammad Rizwan	JRMU		23(1)	2019

acquired
pneumonia

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Name of Presenter	Title of Presentation	Title of Conference	Venue	Date
1	Dr Osama Ishtiaq	Advances in diabetes	International	BBH	17/3/2019
2	Dr Kaleem Ullah Toori	MDR TB	International	BBH	18/3/2019
3	Dr Naghman Bashir	Medical ethics	International	BBH	17/3/2019
4	Dr M Mujeeb	Principles of infectious diseases	International	BBH	18/3/2019
5	DR Rabia Mumtaz	Antibiogram	International	BBH	18/3/2019
6	DR Arshad Rabbani	Guide lines of Congo Fever	International	BBH	18/3/2019

DEPARTMENT OF MEDICINE, DHQ
District Headquarter Hospital



CORRESPONDENCE

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Assosiation of serum uric acid levels with chronic kidney disease	2022	Dept of Medicine		DHQ Hospital
2.	Frequency of hypothyroidism in patient with type II DM in a teaching hospital	2022	Dept of Medicine		DHQ Hospital
3.	Effect of incentive spirometry exercise on preceieved stress red cell distribution; width and PFTs (Pulmonary Function Test) in COPD patients.	2022	Dept of Medicine		DHQ Hospital
4.	Effect of hydrocortisone,thiamine and acorbic acid on patient admitted with septic shock metabolic resuscitation Protocol	2022	Dept of Medicine		DHQ Hospital
5.	Prediction of Esophageal varices in cirrhotic patients using SAAG	2022	Dept of Medicine		DHQ Hospital
6.	Comparison of effect of dapagliflozin and sitagliptin on serum glucose levels, serum creatinine and GFR. As an add an antidiabetic agent in DM type II patients with CKD	2022	Dept of Medicine		DHQ Hospital
7.	Intradialytic complications in ESRD patients present in teaching hospital	2022	Dept of Medicine		DHQ Hospital
8.	The frequency of acute kidney injury in critically ill patients presenting at tertiary care hospital and it is relationship with 28 days mortality in patients with acute kidney injury versus	2022	Dept of Medicine		DHQ Hospital

without acute kidney
injury

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
2.	Symptom analysis of confirmed Covid-19 patient managed at allied hospitals of Rawalpindi Medical University, Pakistan	Javaria Malik, Muhammad Khurram, Arsalan Manzoor Mughal, Noman Ahmed Chaudhary, Qaiser Aziz, Muhammad Mujeeb Khan, Muhammad Shahzad Manzoor	JIMDC	9(4)	2020
3.	Oral uncens in systemic lupus Erythematosus relationship with disease duration and severity	Shamaila Mumtaz, Misbah Ali, Nauman Bari Khan, Benish Mehmood, Muhammad Azhar, Farah Farhan	JKCD	10(1)	2020

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Knowledge and practice for foot-Care in Diabetes	Dr. Zahid Miyan Associate Professor BMU/ Diabetologist	04-12-21	Conference room DHQ hospital, Rawalpindi
2.	Infection Prevention and control and Safety of Health Care Workers	Dr. Naseem Akhter (assistant Professor, infectious Disease) PIMS / Miss Asia Nazeer /Miss Shahida Yasmeen (Nursing Instructor)	14-12-21	Conference room DHQ hospital, Rawalpindi
3.	Ambulatory Teaching Workshop	Dr. Mehwish Jamil / Dr Lubna Meraj	17-12-21	Conference room DHQ hospital, Rawalpindi
	Awareness of organ donation and Ethical issues	Dr. Syed Mudassir Laeeq / Dr Omer Rahman / Dr. Saima Iqbal	18-12-21	Online class/ Face to Face Activity / Hybrid Activity

DEPARTMENT OF MEDICINE UNIT-I, HFH

Holy Family Hospital



CORRESPONDENCE

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Co-investigator	Department / Hospital
1.	Frequency of atrial fibrillation in COPD patients		MU1, HFH	Dr. Sidra Amjad	Dr. Saima Ambreen	HFH
2.	Clinical characteristics and outcome of patients with Diabetes admitted with Covid-19		MU1, HFH	Dr. Aaliya Javed	Dr. Saima Ambreen	HFH
3.	To determine the correlation of redcell distribution width (RDW) and severity of community acquired pneumonia		MU1, HFH	Dr. Faisal Qayyum	Dr. Saima Ambreen	HFH
4.	Correlation of Serum Calcium Levels with Glycated Hemoglobin in Type 2 DM Patients		MU1, HFH	Dr. Ahsan Shafiq	Dr. Saima Ambreen	HFH
5.	Association of 25 hydroxy vitamin D and severity of community acquired pneumonia		MU1, HFH	Dr. Mariya Ehsan	Dr. Saima Ambreen	HFH
6.	Frequency of vit D deficiency in young population coming with fatigue at tertiary care hospital		MU1, HFH	Dr. Shahrukh Khalid	Dr. Saima Ambreen	HFH
7.	Short term outcome, severity and clinical parameters of patients who are PCR negative but HRCT suggestive of COVID-19 infection		MU1, HFH	Dr. Ali Asif	Dr. Saima Ambreen	HFH
8.	Correlation of covid disease severity and number of vaccinations a person had for covid		MU1, HFH	Dr. Ehtisham	Dr. Saima Ambreen	HFH
9.	Correlation of disease severity of covid and past pulmonary TB		MU1, HFH	Dr. Shujaat	Dr. Saima Ambreen	HFH
10.	To study the correlation of elevated alpha fetoprotein levels with		MU1, HFH	Dr Haider	Dr. Saima Ambreen	HFH

mean tumor size with
hepatocarcinoma

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comorbidity of COVID-19 related Fatalities in Tertiary Care Hospitals of Rawalpindi, Pakistan	Rizwana Shahid, Muhammad Umar, Raja Bilal Zafar, Shazia Zeb, Saima Ambreen, Muhammad Omar Akram	JRMC	24	2020
2.	Non-Compliance with COVID-19 Screening in Pakistan: A Cross-Sectional Survey	Furqan Ali Taj, Muhammad Raheel Raza, Saima Naz, Muhammad Umar, Aqsa Hameed	JRMC	24	2020
3.	Compliance on the Use of Different Types of Face Mask by Healthcare Workers and General Public in Tertiary Care Hospital of RMU during COVID-19 Pandemic	Saba Sarfraz, Muhammad Raheel Raza, Khizar Aziz, Muhammad Umar, Khola Noreen, Shehryar	JRMC	24	2020
5.	Survival Predictability of BCLC and CLIP Staging Systems in Patients of Hepatocellular Carcinoma	Dr. Saima Ambreen, Dr. Sana Virk	Ophthalmology Update	18	2020
6.	Polycythemia Secondary to Pheochromocytoma	Saima Ambreen	JRMC	25	2021

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Interconnection of Psoriasis with Kidney Disease: A Traditional Review	Muhammad Ahsan Shafiq, Boula S Gattas, Crystal N Ibetoh, Eugeniu Stratulat, Fan Liu, George Y Wuni	The Journal of Middle East and North Africa Sciences	6	2020
2.	Rare presentation of carbon monoxide poisoning: after petroleum intoxication	Hassan Mumtaz, Malik Shehr Yar, Muhammad Raheel Raza, Saima Ambreen, Aqsa Hameed and Nabila Javed	European Journal of Biomedical and Pharmaceutical sciences	7	2020
3.	Assessment of Depression, Anxiety and Stress among covid-19 patients by using Dass 21 scales	Muhammad Raheel Raza, Rizwana Shahid, Muhammad Umar, Shazia Zeb, Malik Shehryar, Saima Ambreen, Muhammad Ahmed	Journal of Medical Case Reports and Reviews	3	2020
4.	Diabetic Ketoacidosis in an Euglycemic Patient	Ahsan Shafiq, Saima Ambreen, Hassan Mumtaz, Hajra Batool, Tayyaba Naz	Cureus	12	2020
5.	COVID 19 Pandemic: Trends, Interventions, and Outcomes experienced at the allied hospitals of RMU Pakistan	Prof. Dr. Muhammad Umar, Dr. Fazal ur Rahman, Dr. Muhammad Khurram, Dr. Saima Ambreen	JID	29	2020
6.	Frequency of co morbids and complications occurring in ESRD patients	Ahsan Shafiq, Saima Ambreen, Tayyaba Naz, Hajra Batool, Hassan Mumtaz, Shamim Mumtaz	European Journal of Biomedical and Pharmaceutical sciences	7	2020

7.	Unifocal Langerhans Cell Histiocytosis Presenting as Spontaneous Pneumothorax	Saima Ambreen, Ahsan Shafiq, Muhammad Khurram	Journal of Advances in Medicine and Medical Research	33	2021
8.	Owren's Disease: A Rare Deficiency	Madiha Ehtisham, Ahsan Shafiq, Muhammad Shafique, Hassan mumtaz	Cureus	13	2021
9.	Cognitive impairment in type 2 Diabetes Mellitus	Saima Ambreen	Cureus		2022
10.	Hypokalemic Quadripareisis as initial presentation of secondary Sjogren syndrome with associated autoimmune thyroiditis	Saima Ambreen	Cureus		2022

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #h	Name of Presenter	Title of presentation	Title of Conference	Venue	Date
1.	Dr. Iqra	Correlation of 24-hour Urinary Sodium with severity of Ascites in HCV related Liver Cirrhosis	National	4 th RMU International Scientific Conference	20-25 Mar, 2019
2.	Dr. Fareeha	Outcome of UGIB in HCV Cirrhotic liver disease in relation to child Pugh classification	National	4 th RMU International Scientific Conference	20-25 Mar, 2019
3.	Dr. Zahid	Outcome of RFA, 07 year's experience from centre for liver diseases, HFH, Rawalpindi.	National	4 th RMU International Scientific Conference	20-25 Mar, 2019
4.	Dr. Faheem	Management of Adult Dengue Shock Syndrome Patients not improving with DEAG Guidelines based therapy	National	4 th RMU International Scientific Conference	20-25 Mar, 2019

(1st prize)

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	BLS/ACLS	Dr Wasiq	Feb 2019	Academic Hall, MU1
2.	Initiation and intensification of insulin therapy in diabetes.	Dr. Osama Ishtiaq	14 Mar 2019	Academic Hall, MU1
3.	BLS/ACLS	Dr Wasiq	May 2019	Academic Hall, MU1
4.	BLS/ACLS	Dr Wasiq	Feb 2019	Academic Hall, MU1
5.	Critical Care in ARDS	Dr. Mamoon Yousaf	Nov, 2020	HFH
6.	Common Febrile Illness and Therapeutic Challenges - CPC		January, 2020	HFH
7.	Silk Road Oddity by Medical Unit 1 and Short Case Presentation on Chronic Obstructive Pancreatitis - CPC		October, 2020	
8.	Basic Life Support and ACLS		2020	MH1
9.	COVID 19 Case Discussion with RMU ICU Faculty		June, 2020	RMU
10.	Acute Neurological, Cognitive, or Affective Presentations	Dr. Saima Ambreen	January 2020	
11.	End of Program Review Panel for Final Assessment of Trainees under EMFP		November 2020	
12.	Management of Non-Variceal Upper GI Bleeding– Under RMU Global E-Learning Initiative by worthy Vice Chancellor RMU	Dr. David Carr-Locke Professor Dr. Muhammad Umar	Dec, 2020	
13.	Session for Mental Health and		June, 2020	RIUT

	Psychological Support for Medical Officers		
14.	Common Febrile Illness and Therapeutic Challenges - CPC		January, 2020 CPC
15.	Silk Road Oddity by Medical Unit 1 and Short Case Presentation on Chronic Obstructive Pancreatitis - CPC		October, 2020 CPC
16.	Critical Care in ARDS	Dr. Mamoon Yousaf	Nov, 2020
17.	COVID 19 Case Discussion with RMU ICU Faculty		June, 2020
18.	Acute Neurological, Cognitive, or Affective Presentations	Dr. Saima Ambreen	January 2020
19.	End of Program Review Panel for Final Assessment of Trainees under EMFP		November 2020
20.	National Undergraduate Medicine Research Symposium 22		On 16th July 2022
21.	International Guest Lecture on Introduction to Interventional Pulmonology	Dr. Fawad Ch. Organized	July 2022

DEPARTMENT OF MEDICINE UNIT-II

Holy Family Hospital

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Workshop on Research paper writing	Muhammad Ahmad	05-02-2019.	Medical Unit-II, HFH
2.	Basic Spirometry	Kaleem Ullah Toori	04-03-2019	Medical Unit-II, HFH
3.	Role of EBPS/EVS for staging lung Ca	Fawas Aleem Ch. (USA)	20-03-2019	Medical Unit-II, HFH
4.	Utilizing RCT Appraisal for patient care	Dr. Mobeen Iqbal	04-03-2019	Medical Unit-II, HFH

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Name of Presenter	Title of presentation	Title of Conference	Venue	Date
1.	Prof Muhammad Khurram	JRMC: A journey of 20 years	4 th RMU international Conference	RMU	22/3/19

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Charactersties of probable SFTS patients	Najia Mahmood	IJMDC	3(2)	2019
2.	Secondary Fahr's syndrome	Najia Mahmood	EJCRIM	10	2019
3.	Pulmonary Infection with Mycobacterium Fortuitum	Henkle E, Winthrop KL.	Clin Case Rep Open Access	2(3)	2019
4.	Secondary Fahr's disease; a consequence of post-thyroidectomy hypoparathyroidism	<u>Munema Khan, Muhammad Khuram, Salman Raza</u>	EJCRIM	6(6)	2019
5.	Effects of a high-dose 24-h infusion of tranexamic acid on death and thromboembolic events in patients with acute gastrointestinal bleeding an international randomized, double-blind, placebo-controlled trial.	Roberts, Ian, Haleema Shakur-Still, Adefemi Afolabi, Adegboyega Akere, Monica Arribas, Amy Brenner, Rizwana Chaudhri, Mohammad	Lancet	395(10241)	2020

		Khalid, Umar Riaz, Muhammad Umar, Tayyab Akhter, Javaria Khan			
6.	First report of Chikungunya fever in Rawalpindi	Meraj L, Saleem J, Manzoor S, Ashfaq A, Khurram M.	EMHJ	744-747	2020
7.	Unifocal Langerhans Cell Histiocytosis presenting as spontaneous pneumothorax	Alavi S, Ashena Z, Paydar A, Hemmati N.	JAMMR	103(10)	2021
8.	The NMT Scalp EEG Dataset: An Open-source annotated Dataset of healthy and pathological EEG recording for predictive modelling	Hassan Aqeel khan, rahat-ul- ain, Awais Mehmood kamboh, saima shafait,	Frontiers in neuroscienc e	310	2021
9.	Presenting complaints in acute Dengue infection and differences in presenting complaints between primary and secondary Dengue infections	Arshad S, Ahmed M, Khan F, Khurram M, Usman B.	Cureus	13(11)	2021
10.	Prevalence and biochemical associations of fever in adults with reverse transcription polymerase chain reaction proven coronavirus disease presenting at tertiary care hospitals in Rawalpindi.	Muhammad Sheharyar Khan, Muhammad Khuram, Shehrbano Qaiser, Najia Mahmood, Faramarz Khan, Muhammad Mujeeb Khan	Cureus	14(1)	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Editorial (JRMJ)	Madeeha Nazar	JRMU	5(4)	2019
2.	Tuberculosis case report	Noor Fatima	JRMU	23(S-1)	2019
3.	Takayasius arteritis	Sehrish Iqbal	JRMU	25 (5)	2019
4.	Gender based differences in patients of poisoning managed at a Medical Unit	Munema Khan, Muhammad	JPMA	1025(8)	2019

		Khuram, Salman Raza			
5.	Correlation of biochemical profile at admission with severity and outcome of COVID-19	Sadiq A, Khurram M, Malik J, Chaudhary NA, Khan MM, Yasmeen T, Bhatti HW.	Journal of Community Hospital Internal Medicine Perspectives	11(6)	2021
7.	Family history of cardio metabolic diseases based anthropometric and blood pressure evaluation of final year MBBS students.	Alisha Inayat, Mariam Agha, Muhammad Khurram, Maham Khalid, Sumbal Rani, Maheen Asim	RMJ	46-2	2021
8.	Hyperglycemia presenting with hemichorea-hemiballismus and T1 hyper intensity on brain.	Saima Shafait, Wasim Alamgir, Mobeen Shafique	JCPSP	10	2021
9.	Mean Platelet Volume and Acute Stroke Patient Characteristics	Najia Mahmood, Nida Anjum, Muhammad Khurram, et, al.	JPSIM	2	2021

DEPARTMENT OF NEPHROLOGY

Holy Family Hospital

CORRESPONDENCE

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Venue	Date
1.	Hands on permcatch	Dr. Noureen Chaudhri	Nephrology Department	25 th July 2019
2.	Hands on renal biopsy	Dr. Raja Asif	Nephrology Department	15 th June 2022
3.	Peritoneal Dialysis	Medcomp Pakistan	Nephrology Department	21 th July 2022

PUBLICATIONS (INTERNATIONAL)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Culprit for peritoneal dialysis decline	Dr. naureen chaudhri Kumar	Journal of clinical nephrology	03	2019
2.	Hepatitis B vaccination status in chronic kidney disease: Experience at Pakistan institute of medical sciences	Dr. naureen chaudhri Shehzad Masood	Cureus	11	2019
3.	The effect of predialysis patient education counselling on relative frequencies of renal replacement modalities	Dr. naureen chaudhri Sheikh Mirza	Cureus	10	2020

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Spectrum of acute kidney injury in nephrology ward	Dr. Naureen Chaudhri Shehzad Qureshi	JRMC	01	2019
2.	Anibody susceptibility patterns in urine cultures: a single center experience	Dr. Naureen Chaudhri Shehzad	JRMC	01	2020

3.	Spectrum of renal allograft biopsy findings in renal transplant patients at a tertiary care center in Rawalpindi	Dr. Osama Khurram Mansoor	PAFMJ	03	2021
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DEPARTMENT OF NEUROSURGERY

District Headquarters Hospital

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Venue	Date
1.	Research & Updates in Neurosurgery (RUNS) (Research Course)	Dr. Yasir Shehzad	DHQ Hospital Rawalpindi	18-03-2019
2.	Research & Updates in Neurosurgery (RUNS) (Research Course)	Dr. Soban Sarwar	DHQ Hospital Rawalpindi	18-03-2019
3.	Research & Updates in Neurosurgery (RUNS) (Research Course)	Dr. Fraz Mehmood	DHQ Hospital Rawalpindi	18-03-2019
4.	Research & Updates in Neurosurgery (RUNS) (Research Course)	Dr. kashif Ramooz	DHQ Hospital Rawalpindi	18-03-2019
5.	Research & Update in Neurosurgery	Dr. Nadeem Akhtar	Rawalpindi Medical University	20-12-2019
6.	Aneurysm clipping experience at DHQ Hospital Rawalpindi. 3 rd RMC International conference.	Dr. Nadeem Akhtar	Rawalpindi Medical University	22-3-2019
7.	Human Born with a tail: a Case Report (Poster Presentation)	Dr. Nadeem Akhtar	Rawalpindi Medical University	20-12-2022
8.	Research & Update in Neurosurgery	Dr. Nadeem Akhtar	Rawalpindi Medical University	20-12-2021
9.	Surgical separation of Pygopagus conjoined twins at Holy family Hospital Rawalpindi; a Neurosurgical perspective and outcomes: a case report	Dr. Nadeem Akhtar	Rawalpindi Medical University	21-12-2021
10.	Benefits and safety of gabapentinoids in chronic low back pain: a systematic review and meta-analysis of randomized controlled trials	Dr. Nadeem Akhtar	The Pakistan Neurosurgery Journal Club Online	5-10-2021
	Head Injury & Its Management	Dr. Nadeem Akhtar	Rawalpindi Medical University	27-5-2019

11.	Surgical separation of Pygopagus conjoined twins at Holy family Hospital Rawalpindi; a Neurosurgical perspective and outcomes: a case report	Dr. Nadeem Akhtar	Nishter Hospital Multan	January 2022
12.	Virtual Exam preparation Mocks/Toacs/ Long Cases/ short cases	Dr. Nadeem Akhtar	Online	2-3-2021
13.	Pain management associated with Neuropathies	Dr. Nadeem Akhtar	DHQ Hospital Rawalpindi (Online)	18-8-2020
14.	Hands on Skull Base Cadaver workshop (Attended by Dr. Usman Malik SR Neurosurgery)	Henry Schroeder	Civil Hospital Karachi	14-15 May 2022
15.	FIPM module on Shoulder joint with hands-on interventional pain techniques			
16.	FIPM module on Knee joint with hands-on interventional pain techniques			
17.	FIPM module on Lumbar spine and interventional pain techniquer			

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Name of Presenter	Title of presentation	Title of Conference	Venue	Date
1.	Prof. Nadeem Akhtar	Aneurysm clipping experience at DHQ Hospital Rawalpindi	International	Neurosurgery DHQ	22-03-19
2.	Dr. Yasir Shehzad	Percutaneous endoscopic lumber discectomy	International	Neurosurgery DHQ	22-03-19
3.	Dr. Soban Sarwar	Microdiscectomy via tubular system	International	Neurosurgery DHQ	22-03-19

4.	Dr. Fraz Mehmood	Microdiscectomy via tubular system	International	Neurosurgery DHQ	22-03-19
5.	Dr. kashif Ramooz	Percutaneous lumber fixation	International	Neurosurgery DHQ	22-03-19

PUBLICATIONS (INTERNATIONAL)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Effect of tranexamic acid on death, disability, vascular occlusive events and other morbidities in patients with acute traumatic brain injury (CRASH-3): a randomized placebo-controlled trial	Nadeem Akhtar, Rizwana Chaudhary, Arif Malik etc	Lancet	394	2019
2.	Surgical separation of Pygopagus conjoined twins at Holy family Hospital Rawalpindi; a Neurosurgical perspective and outcomes: a case report	Nadeem Akhtar, Yasir Shahzad, Mudassar Gondal, Muhammad Motism Shah, Mudassar Abbas, Nehal Nadeem	MSD	9	2022

PUBLICATIONS (NATIONAL)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comparison of Intraarticular Ketorolac Versus Triamcinolone Acetone Injection in Patients of Knee Osteoarthritis	Soban Sarwar Gondal, Abeera Zareen, Muhammad Haroon Anwar, Jawad Zaheer, Muhammad Salim	JRMC	25	2021
2.	Post Traumatic CSF fistulas-A Solved Problems	Sidra Aftab Satti, Kashif Ramooz, Muhammad Usman Malik, Nadeem Akhtar, Yasar Shahzad	TPMJ	5	2021
3.	Non-fatal firearm injuries, Incidence and Circumstances:	Tasneem Murad, Sheeba Shabir, Khurram Saleem,	PJMHS	15	2021

Presenting in DHQ Yasir Shehzad, Noor
Hospital Rawalpindi UI Ain, Sadaf Zahra

DEPARTMENT OF GYNAE /OBS, BBH
Benazir Bhutto Hospital



CORRESPONDENCE

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Co-investigator	Department / Hospital
1.	Dissecting pathomechanism of recurrent pregnancy loss through genomic investigations and in vivo disease modelling	2022		Dr Rubaba Abid		OB/Gyn BBH
2.	Optimization of cesarean section rate using Robson's 10 classification	2022		Dr Rubaba Abid		OB/Gyn BBH
3.	Comparison of outcome measures of early and late stimulation of labour in women presenting with PROM at terms	2022		Dr Nighat Naheed		OB/Gyn BBH
4.	Risk factors associated with placental abruption	2022		Dr Ayesha Zulfiqar		OB/Gyn BBH
5.	Association of anxiety with meconium stained amniotic fluid in low risk obstetric patients, an experience at BBH.	2022		Dr Shumaila Hamid		OB/Gyn BBH
6.	Diagnostic accuracy of transabdominal gray scale ultrasound in prenatal diagnosis of placenta accreta spectrum in comparison with per-operative findings	2022		Dr. Ismat Batool		OB/Gyn BBH
7.	Early pregnancy serum lipid profile as a predictor of hypertensive disorder of pregnancy	2022		Dr. Ismat Batool		OB/Gyn BBH
8.	Efficacy of cervical sweeping vs control	2022		Dr. Nighat Naheed		OB/Gyn BBH

	at term for vaginal delivery after previous cesarean delivery			
9.	The association of serum lactate Dehydrogenase (LDH) levels and fetal outcome in preeclampsia patients	2022	Dr. Rubaba Abid Naqvi	OB/Gyn BBH
10.	A comparison of duration of administration of prophylactic postpartum magnesium sulphate	2022	Dr. Rubaba Abid Naqvi	OB/Gyn BBH
11.	Hypoproteinemia in patients with preeclampsia and its effect on foeto-maternal outcome	2022	Dr. Rubaba Abid Naqvi	OB/Gyn BBH
12.	A new risk model to predict preeclampsia using maternal factors and mean arterial pressure in early pregnancy	2022	Dr. Rubaba Abid Naqvi	OB/Gyn BBH
13.	Comparison of efficacy between high and low dose aspirin in prevention of pre-eclampsia	2022	Dr Rubaba Abid Naqvi	OB/Gyn BBH
14.	Comparison of diagnostic accuracy of ADNEX and RMI model in predicting the nature of ovarian tumor	2022	Dr Rubaba Abid Naqvi	OB/Gyn BBH
15.	Diagnostic accuracy of SFH in detection of FGR by taking ultrasound as a standard	2022	Dr Rubaba Abid Naqvi	OB/Gyn BBH
16.	Comparison of induction-labour interval between prostaglandin E2 pessary and	2022	Dr Rubaba Abid Naqvi	OB/Gyn BBH

	intracervical foleys catheter in primigravida			
17.	Diagnostic accuracy of TVS in post-menopausal bleeding taking histopathology as gold standard	2022	Dr Rubaba Abid Naqvi	OB/Gyn BBH
18.	Association of vitamin d deficiency with uterine fibroids	2022	Dr Rubaba Abid Naqvi	OB/Gyn BBH
19.	Association of vitamin D deficiency with gestational diabetes mellitus	2022	Dr Rubaba Abid Naqvi	OB/Gyn BBH

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1	2nd National Urogynaecological Conference.	Dr Humera Noreen	1st and 2nd March 2019.	Regional Fistula Centre MCH/PIMS.
2.	Workshop on Lactation management	Prof Dr. Shagufta Saeed, Dr. Humaira Masood, Dr. Rehana Kausar	12th March, 2019	Department of Obstetrics and Gynaecology, Library, BBH.
3.	Pre-Conference Workshop on Medical research paper writing	Prof Dr. Shagufta Saeed Sia, Dr. Nighat Naheed	13th March, 2019	Department of Obstetrics and Gynaecology, Library, BBH.
4.	Woman's Heart "Cardiovascular problems in pregnancy"	Prof Dr Shagufta saeed Sial, Prof Dr Imran Saeed	23rd March, 19	Library, BBH, by Department of Obstetrics and Gynaecology and Department of Cardiology.
5.	Master trainer workshop on "Skills in synopsis and thesis writing"	Prof Dr Shagufta saeed Sial	29-30 April, 2019	University of Health Sciences, Lahore.

6.	World RCOG Congress, 2019 London, UK.	Prof Dr Shagufta saeed Sial, Dr. Humera Noreen.	17-19 June, 2019	Attended at LONDON, UK.
7.	Workshop on Synopsis writing for MS/MD students.	Prof Dr Shagufta saeed Sial	2-3 July, 2019	Department Of Medical Education, RMU.

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Vestibular leiomyoma: case report	Shagufta S, Hina G	PJOG	20 (1-4)	2019
2.	Enhanced Recovery after Obstetric Surgery (EROS): Experience at Benazir Bhutto Hospital	Shagufta S, Noreen H, Sabir S.	PJOG	20 (1-4)	2019
3.	Short term outcome measures of chromic catgut versus vicryl Rapide for Episiotomy repair	Naweed M, Noreen, H, Bilqis H, Shagufta S.	JSOGP	8 (4)	2019

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Title of presentation	Name of Presenter	Title of Conference	Venue	Date
1.	Association of Normal and Abnormal Umbilical Artery Wave Forms With Early Neonatal Outcomes In Asymmetrical Intrauterine Growth Restriction WON First Prize In Competition	Dr. Ismat Tanveer Prof. Dr. Shagufta Saeed Sial	4th International Scientific Conference RMU	OLD CAMPUS RMU	21 March 2019
2.	Intraoperative Challenges in Surgeries For Fibroid at Rare Sites	Dr. Humera Noreen Prof. Dr. Shagufta	4th International Scientific Conference	OLD CAMPUS RMU	21 March 2019

		Saeed Sial	RMU		
3.	Role of Transvaginal Sonography (TVS) For Assessment of Ovulation In Patients with Subfertility	Dr. Nighat Naheed Prof. Dr. Shagufta Saeed Sial	4th International Scientific Conference RMU	OLD CAMPUS RMU	21 March 2019
4.	Placenta Accreta, Increta, Percreta: Management Strategy at Tertiary Care Hospital	Dr. Rehana Kousar Prof. Dr. Shagufta Saeed Sial	4th International Scientific Conference RMU	OLD CAMPUS RMU	21 March 2019
5.	Frequency of Congenital Malformations in Newborn in TertiaryCare Hospital	Dr. Hina Gul Prof. Dr. Shagufta Saeed Sial	4th International Scientific Conference RMU	OLD CAMPUS RMU	21 March 2019
6.	Intraoperative Challenges in SurgeriesFor Fibroid at Rare Sites	Dr. Humera Noreen Prof. Dr. Shagufta Saeed Sial	4th International Scientific Conference RMU	OLD CAMPUS RMU	21 March 2019
7.	Role of Transvaginal Sonography (TVS) For Assessment of Ovulation In Patients with Subfertility	Dr. Nighat Naheed Prof. Dr. Shagufta Saeed Sial	4th International Scientific Conference RMU	OLD CAMPUS RMU	21 March 2019
8.	Placenta Accreta, Increta, Percreta: Management Strategy At Tertiary CareHospital	Dr. Rehana Kousar Prof. Dr. Shagufta Saeed Sial	4th International Scientific Conference RMU	OLD CAMPUS RMU	21 March 2019
9.	Frequency of Congenital Malformations in Newborn in TertiaryCare Hospital	Dr. Hina Gul Prof. Dr. Shagufta Saeed Sial	4th International Scientific Conference RMU	OLD CAMPUS RMU	21 March 2019

DEPARTMENT OF GYNAE/ OBS, DHQ

District Headquarter Hospital



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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Comparison Of Efficacy and Fetomaternal Outcomes of Prostaglandin E2 And Misoprostol for IOL In Full Term Pregnancy	2022	Obs/Gynae Department	Dr Anum	DHQ Teaching Hospital, Rawalpindi
2.	Comparison Of Outcomes of Letrozole Combined with Misoprostol Versus Misoprostol Alone for TOP In Patients with Delayed Miscarriages	2022	Obs/Gynae Department	Dr Esha	DHQ Teaching Hospital, Rawalpindi
3.	To Compare the Frequency of Neonate Mortality and Intraventricular Haemorrhage Among Preterm Neonates Treated with And Without Corticosteroids	2022	Obs/Gynae Department	Dr Irfana	DHQ Teaching Hospital, Rawalpindi
4.	Outcome In Patients with Gestational Thrombocytopenia Receiving Oral Prednisolone Versus Placebo	2022	Obs/Gynae Department	Dr Faiza	Dhq Teaching Hospital, Rawalpindi
5.	Comparison Of Efficacy of Clomipene Citrate Versus Letrozole in Ovulation Induction	2022	Obs/Gynae Department	Dr Humaira	Dhq Teaching Hospital, Rawalpindi

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Perineal Repair	Dr Attiya Begum Dr Irfan Malik Dr Sobia Nawaz Dr Asma Batool	13-03-19	Obs gynae dept DHQ Hospital
2.	Labour Dystocia	Dr Attiya Begum Dr Sobia Nawaz Dr Rubaba Abid Dr Ruqyyah Saleem	14-03-19	Obs gynae dept DHQ Hospital
3.	Critical appraisal of research paper	Dr Attiya Begum Dr Humaira Mehmood Dr Saira Maroof Dr sobia Nawaz Dr Ruqyyah Salim	16-03-19	Obs gynae dept DHQ Hospital
4.	Clinical Audit	Prof Dr Ambreen anwar	16-12-21	Obs gynae dept DHQ Hospital
5.	Hands on workshop on neonatal resuscitation	Dr Hina Sattar/ Dr Javaria Zain	17-12-21	Obs gynae dept DHQ Hospital
6.	Hands on workshop on contraception	Dr Sobia Nawaz	18-12-21	Obs gynae dept DHQ Hospital
7.	Symposium covid in pregnancy	Dr Lubna Meraj	20-12-21	Obs gynae dept DHQ Hospital
8.	Kangaroo mother care unit	Dr Sadia Khan Dr Sobia Nawaz	01-07-21	Obs gynae dept DHQ Hospital

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Name of Presenter	Title of Conference	Venue	Date
1.	Accuracy Of Modified Early Obstetric Warning System (MEOWS) In Detecting Maternal Morbidity			March 2021
2.	Diagnostic Accuracy of Trans cerebellar Diameter for Gestational Age			March 2019
3.	Comparison of Frequency of Live Birth in Women with Oligohydramnios Treated			

with Versus Without Low Molecular Weight Heparin	March 2021
4. The Effect of Chewing Gum on Return of Bowel Activity After Caesarean Section	March 2019

PROJECT ACCOMPLISHED

Sr #	Title of Research Course/Workshops	Name of Investigator & Co-Investigators	Date	Setting
1.	Flagship Health Care Project KMC GYNAE/OBS DHQ In collaboration with UNICEF	Dr Sobia Nawaz Malik Dr Sadia khan, Dr Faiza Akram, Dr Uzma Hayat		

PUBLICATIONS (INTERNATIONAL)

Title	Name of Authors	Name of Journal	Volume	Year
1. Isolation of pathogenic Candida species from oral cavity of postpartum females, and its association with obstetric and dental problems.	Dr Sadia Khan	Microbial Pathogenesis	131	2019

PUBLICATIONS (NATIONAL)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1	Clinicopathological study of patients presenting with adenexal masses	Dr Sobia Nawaz	JRMC	23(2)	2019
2.	Box Simulator for the Improvement of Laparoscopic Skills in the Field of Gynaecology.	Dr Sadia Khan	JSOGP	9(3)	2019
3.	Analysis of Patients with Previous One Scar and	Dr Sadia Khan	JSOGP	9(4)	2019

	their Outcome in Term of Successful TOLAC.					
4.	Preferences & practices of postpartum women about contraception: a study in a tertiary care hospital of Rawalpindi	Dr Nawaz	Sobia	JSOGP	9(4)	2019
5.	Evaluation of Buckwheat management of diabetes	Dr Khalid	Tabinda	PJPH	9 (4)	2019
6.	Postpartum haemorrhage: an audit of one year at tertiary care hospital	Dr Nawaz	Sobia	JSZMC	11(4)	2020
7.	Prevalence of raised Alanine Amino transaminase (ALT) in pregnant mothers: A Cross-sectional Study	Dr Khalid	Tabinda	JRMU	24 (3)	2020
8.	Induction of labour in primigravidas with Foley's catheter and prostaglandin E 2 tablet versus Prostaglandin E 2 tablet alone: a randomized control trial in a tertiary care hospital	Dr Khalid	Tabinda	JSOGP	10 (1)	2020
9.	Serum lipid levels in pregnant women complicated by preeclampsia	Dr Nawaz	Sobia	RMJ	46 (4)	2021
10.	Frequency of intrauterine growth retardation in obese pregnant females: A cross sectional study in two tertiary care hospitals of Pakistan	Dr Manzoor	Shahla	JSOGP	11 (4)	2021
11.	Fetomaternal morbidity related to multiple caesarean sections	Dr Nawaz	Sobia	RMJ	47 (2)	2022
12.	Frequency of vaginal delivery in current	Dr Sadia Khan, Dr Sobia		JSOGP	12(2)	2022

pregnancy after Nawaz, Dr
caesarean section due Ruqyyah Salim
to breech presentation
in antecedent
pregnancy

DEPARTMENT OF GYNAE/ OBS UNIT-I
Holy Family Hospital



CORRESPONDENCE

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Pregnancy of Hypocalcemia in pre-eclampsia women	2022	Gynae unit-1	Dr.Faiza Nawaz Satti Dr. Humaira Bilqis	HFH, RWP
2.	Prevalence of PPH in Anemia vs non anemia pregnant patients	2022	Gynae unit-1	Dr.Hamna Azam Dr. Sadia Khan	HFH, RWP
3.	An Evaluative study of diagnostic accuracy of color Doppler in diagnosis of placenta accrete	2022	Gynae unit-1	Dr.Afifa Zahid Prof Lubna Ejaz	HFH, RWP
4.	Comparison of effect of early oral feeding vs delayed oral feeding on gastro intestinal function in post cesarean	2022	Gynae unit-1	Dr.Afifa Akbar Dr.Sadia Khan	HFH, RWP
5.	BURN OUT-Impact of COVID-19 on Nurses and OPD Doctors in department of OB/Gyn RMU	2022	Obs / Gynae Units	Prof Dr Lubna Ejaz	HFH-1, HFHII, BBH, DHQ
6.	Micro biological pattern of SSI in obstetric/ Gynae	2022	Gynae unit-1	Prof. Shagufta Saeed Sial Dr.Humaira Rizwan, HFH-1	HFH, RWP
7.	Incidence of urinary trace injuries and infections associated with gynecological surgeries	2022	Gynae unit-1	Dr.Saima Anwar, HFH-1	HFH, RWP
8.	Comparison between fetal maturity at 36 and at 37 weeks of gestation	2022	Gynae unit-1	Dr Afreen Prof Lubna Ejaz	HFH, RWP
9.	Sustainability and scaling up of Robson Ten Group Classification System	2022	Gynae unit-1	Dr Humera Noreen Dr Humaira Bilqis	HFH, RWP

	in Pakistan. In collaboration with WHO				
10.	RMNCH -program science. In collaboration with Global Health Department, Health Services Academy	2022	Gynae unit-1	Dr. Sara Ejaz	HFH, RWP
11.	Effect of pre-operative single dose of iv dexamethasone on post-operative vomiting in patients undergoing laparoscopic gynecological procedures	2022	Obs / Gynae Units	Dr.Humera Noreen	HFH, RWP
12.	Impact of new surgical protocol on morbidity and mortality of patients with placenta accreta spectrum (PAS).	2022	Gynae unit-1	Prof Lubna Ejaz	HFH, RWP
13.	Audit of Gynae/Obs referrals to tertiary care hospital of Rawalpindi	2022	Gynae unit-1	Prof Lubna Ejaz	HFH, RWP
14.	Audit of Essential Antenatal Care Services at tertiary care hospital	2022	Obs / Gynae Units	Dr Humaira Bilqis	HFH, RWP
15.	Association of Category II CTG with fetomaternal risk factors and neonatal outcome	2022	Gynae unit-1	Dr Humaira Bilqis	HFH, RWP
16.	Association between different abnormal features of CTG and neonatal APGAR score	2022	Gynae unit-1	Dr Humaira Bilqis	HFH, RWP

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Venue	Date
1.	Long Course for FCPS & MCPS	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
2.	Long Course for FCPS & MCPS	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
3.	Long Course for FCPS & MCPS	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
4.	Hands on workshop Basic Laparoscopic Skills	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
5.	Advance Laparoscopic Workshop	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
6.	Hands on workshop Basic Laparoscopic Skills	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
7.	Labour Management	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
8.	Diagnostic Laparoscopic	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
9.	Advance Hysteroscopic Workshop	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
10.	Chorionic Villous Sampling (CVS)	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
11.	Safe Caesarean	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
12.	Maternal & Neonatal Resuscitation	Prof.Rizwana Chaudhri	Gynae/Obs Unit-I, HFH	2019
13.	Long Course for FCPS & MCPS	Prof.Shagufta Saeed Sial	Gynae/Obs Unit-I, HFH	2020
14.	Laparoscopic Workshop	Prof.Shagufta Saeed Sial	Gynae/Obs Unit-I, HFH	2020
15.	Hands on Workshop on Colposcopy	Prof.Shagufta Saeed Sial	Gynae/Obs Unit-I, HFH	2021
16.	Role of ultrasound in prenatal diagnosis	Prof Shagufta Saeed Sial	Gynae/Obs Unit-I, HFH	2021
17.	Workshop on developing portfolio, reflective writing skills and personal learning plan	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2021
18.	Hands on basic management of subfertility	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2021

19.	HANDS On workshop on Operative Laparoscopy Skills	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2021
20.	Hands on workshop prenatal diagnosis (chorionic villus sampling)	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2021
21.	Hands on basic laparoscopy skills	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2021
22.	Hands on Workshop Safe Caesarean Section	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2021
23.	Sogp robson 10 group classification system for audit of caesarean section	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
24.	WHO Labour Care Guide	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
25.	MCQ Development	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
26.	Laparoscopic Skills – Basic & Advanced	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
27.	Safe Caesarean	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
28.	Chronic villous sampling	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
29.	Colposcopy	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
30.	OSATS Workshop	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
31.	360-degree workshop	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
32.	Research Workshop Biostat	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
33.	Robson 10 group classification system for audit of caesarean section	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
34.	Contraception Workshop	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
35.	Basic Surgical Skills Workshop by Ethicon	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022
36.	Menopause Symposium	Prof Lubna Ejaz Khaloon	Gynae/Obs Unit-I, HFH	2022

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Title of presentation	Name of Presenter	Title of Conference	Venue	Date
1.	Low dose regimens of magnesium sulphate in eclampsia: A way forward to reduce maternal deaths in low-income countries	Dr. Saleema	SOGP conference	PC Lahore	26-28 Apr 2019
2.	Low dose regimens of magnesium sulphate in eclampsia: A way forward to increase its use in low-income countries	Dr. Humaira Bilqis	SOGP Biennial conference 2019	PC Lahore	26-28 Apr 2019
3.	A rare case of foreign body vagina leading to primary subfertility	Dr. Humaira Bilqis	SOGP Biennial conference 2019	PC Lahore	26-28 Apr 2019
4.	Tranexamic acid for the prevention of postpartum haemorrhage in women with anaemia	Prof Rizwana Ch	RCOG world congress 2019	Excel center London UK	17 to 19 Jun 2019
5.	Tranexamic acid for the prevention of postpartum haemorrhage in women with anaemia	Prof. Rizwana Ch	RCOG world congress 2019	Excel center London UK	17 to 19 Jun 2019
6.	ecv though a dying art but utmost important in developing countries in reducing cesarean section rate	Dr. Farhat Arshad	RCOG world Congress 2019	Excel center London UK	17 to 19 Jun 2019
7.	Comparison of single-dose vs standard regimen of magnesium sulphate in eclapsia; A way forward to increase its use and to reduce maternal deaths in low-income countries	Dr.Humaira Bilqis	RCOG world congress 2019	Excel center London UK	17 to 19 Jun 2019

PUBLICATIONS (INTERNATIONAL)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Tranexamic acid for acute gastrointestinal bleeding (the HALT-IT trial): statistical analysis plan for an international, randomised, double-blind, placebo-controlled trial	Amy Brenner, Adefemi Afolabi, Syed Masroor Ahmad, Monica Arribas, Rizwana Chaudhri	Trials	20(467)	2019
2.	Iron Supplementation in pregnancy-The most needed but the most neglected element of antenatal care	Zara A, Bilqis H, Charudhri R, Saghi A, Khan A, Mushtaq A	Archives of Nutrition and Public Health	3(1)	2021
3.	Measuring readiness for self-directed learning in medical undergraduates	Alradini F, Ahmad N, Kahloon LE, Javaid A, Al Zamil N.	Adv Med Educ Pract	13	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comparison of wound infection in skin staples versus sutures for skin closure in patients undergoing caesarean section	Sajid M, Noreen H, Sial SS, Tanveer I, Naheed N.	JSOGP	9(4)	2019
2.	Use of Box simulators for the improvement of laproscopic skills in the field of gynaecology	Khan S, Bilqis H, Arshad F, Bano N, Chaudhri R	JSOGP	9(3)	2019
3.	The Burnout amongst doctors of obstetrics and gynecology department during covid-19 pandemic	Ahmed KI, Ahmed S, Kahloon LE, Noureen H, Iftikhar T, Bilqees H.	JRMC	25(4)	2021
4.	Etiology and outcomes of post-partum acute kidney injury	Sultan K, Maqsood Z, Abbasi M, Kanwal K, Azhar M, Azhar F	Med Forum	32(7)	2021

5.	Maternal and fetal outcome among pregnant women presenting with mild, moderate and severe thrombocytopenia.	Athar A, Noreen H, Sial SS	RJRC	2(1)	2021
6.	COVID-19 and Pregnancy Outcome: An Experience in 'COVID-19 Management Designated' Tertiary Care Hospital, Rawalpindi, Pakistan.	Syed S, Noreen H, Masood H, Batool I, Gul H, Naheed N	JRMC	24(1)	2021
7.	Community acceptability of contraception after induced versus spontaneous miscarriage	Maqsood Z, Zafar M, Mazha SB, Sultan K	TPMJ	29(01)	2021
8.	Electrocautery verses scalpel in C-section	Mahmood S, Maqsood Z, Munir B, Mazhar S, Azhar M.	Med Forum	32(6)	2021
9.	Incidence of Urinary Tract Injuries and Infections Associated with Gynecological Surgeries	Jadaan A, Anwar S, Anwar S, Bibi S	JSOGP	11(2)	2021
10.	A Comparative Study of Perinatal Outcome in Monochorionic and Dichorionic Twin Pregnancies.	Anwar S, Jadaan A, Anwar S.	JSOGP	11(1)	2021
11.	Comparison of indoor vs outdoor induction of labour in full term uncomplicated pregnancies	Almas U, Maqsood Z, Qadir R, Zafar M, Tasneem N, Sultan K	PJMHS	16(3)	2022
12.	Does a short interim between two pregnancies adversely influence maternal outcome	Mehmood N, Khan B, Rasheed T, Akhtar A, Deebe F, Maqsood Z	PJMHS	16(6)	2022
13.	Comparison of Outcome Between Laparoscopic Surgery and Laparotomy for Endometrial Carcinoma.	Anwar S, Anwar S, Jadaan A, Bibi S.	JSOGP	12(1)	2022
14.	Morbidly Adherent Placenta: A Cross-sectional Study in a Tertiary Care Hospital.	Rehman S, Bilqis H, Deebe F, Sheyryar S, Urooj A, Khan S.	PJMD	11(4)	2022

15.	Outcomes of oxidative stress in spontaneous miscarriage. A cross-sectional clinical prospective study	Shahid A, Fakharunissa, Q, Muhabat Q, Maqsood Z	PJMHS	16 (3)	2022
16.	Comparison of push and pull methods of delivery for deeply engaged fetal head during cesarean section for prolong second stage of labor in preventing extension of uterine incision.	Javed A, Noreen H, Batool I, Arshad N.	RMJ	47(1)	2022
17.	Contraceptive counseling: An unaddressed issue of Post Renal transplant women of reproductive age	Sultan K, Maqsood Z, Abbasi MSR, Hussain S, Abbasi MA, Baloch MH.	PJMHS	16(8)	2022

DEPARTMENT OF GYNAE/ OBS UNIT-II, HFH
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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Synopsis writing	Dr. Amina Bibi	19 th Feb. 2019	DME, RMU
2.	Hand on workshop on new trends in contraception PPIUCS – Implanon and Jadelle insertion	Prof. Nabeela Waheed	8 th Mar,2019	GU-II, HFH
3.	Hand on workshop on new trends in contraception PPIUCS – Implanon and Jadelle insertion	Dr. Maliha Sadaf	8 th Ma 2019	GU-II, HFH
4.	Hand on workshop on new trends in con6.traception PPIUCS – Implanon and Jadelle insertion	Dr. Bakhtawar	8th Mar,2019	GU-II, HFH
5.	Hand on workshop on new trends in contraception PPIUCS – Implanon and Jadelle insertion	Dr. Khansa Iqbal	8 th Mar,2019	GU-II, HFH
6.	Basic Surgical Skills	Prof. Nabeela Waheed	13 th Mar,2019	GU-II, HFH
7.	Counselling in Gynae and Obstetrics	Prof. Nabeela Waheed	15 th Mar,2019	GU-II, HFH
8.	Counselling in Gynae and Obstetrics	Dr. Maliha Sadaf	15 th Mar,2019	GU-II, HFH
9.	Basic Surgical Skills	Dr. Khansa Iqbal	13 th Mar,2019	GU-II, HFH
10.	Counselling in Gynae and Obstetrics	Dr. Khansa Iqbal	15 th Mar,2019	GU-II, HFH
11.	Research Methodology	Dr. Farzeen Ehsan	13 th Jun 19 To 14 th Jun 19	NTB, RMU
12.	BLS	Dr. Farzeen Ehsan	19 th Jun 2019	CPSP, Islamabad
13.	Neonatal Resuscitation	Dr. Irum Riaz	2019	GU-I, HFH
14.	Communication Skills	Dr. Bakhtawar	2019	CPSP, Islamabad
15.	Introduction to computer and internet	Dr. Bakhtawar	2019	CPSP, Islamabad
16.	Research Methodology and synopsis and dissertation writing	Dr. Bakhtawar	2019	CPSP, Islamabad

17.	Primary surgical skills	Dr. Bakhtawar	2019	CPSP, Islamabad
18.	BLS	Dr. Bakhtawar	2019	CPSP, Islamabad
19.	Primary surgical Skills	Dr. Farzeen Ehsan	2019	CPSP, Islamabad
20.	Communication skills	Dr. Farzeen Ehsan	2019	NTB, RMU
21.	Computer skills	Dr. Farzeen Ehsan	2019	NTB, RMU

SEMINAR/CONFERENCE/PAPER PRESENTATION

Sr #	Name of Presenter	Title of presentation	Title of Conference	Venue	Date
1.	Assist. Prof. Dr. Maliha Sadaf	Maternal Mortality in a tertiary care hospital. A five-year review	International	RMU	2019
2.	Dr. Saira Ahmed	Pattern of Perinatal mortality among deliveries at HFH	International	RMU	2019

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Fetal outcome of pathological cardiotocography in women presenting at term pregnancy	Nabeela Waheed, Saira Ahmed, Khansa Iqbal	JSOGP	9 (1)	2019
2.	Preferences and Practices of Postpartum Women About Contraception: A Study in a Tertiary Care Hospital of Rawalpindi	Abid R, Iqbal K, Malik SN, Farkhanda T, Begum A, Jamil M.	JSOGP	9(4)	2019
3.	Comparison of Efficacy of Oral Dydrogesterone Vs Intramuscular Progesterone in Terms of Duration of Cessation of Vaginal Bleeding in Women	Sadaf M, Abbasi N	JRMC	23(4)	2019

	with Threatened Abortion				
4.	Comparison of Sampling Adequacy Between OPD Based Pipelle biopsy and in-patient conventional D&C, presented with abnormal uterine bleeding	Tabassum H, Awas AS, Ashraf S, Ashraf O, Raza A, Iqbal A	JRMC	23(4)	2019
5.	Postpartum Haemorrhage: An Audit of One Year at Tertiary Care Hospital	Farkhanda T, Nawaz S, Shahid M, Abid R	JSZMC	11(4)	2020
6.	Perinatal Outcome in Term Pregnancies with Isolated Oligohydramnios	Inayat FC, Shabana N, Iqbal S, Faisal J, Haq AI, Kanwal S	Med Forum	31(9)	2020
7.	Effect of Vitamin-D supplementation in adults presenting with chronic lower back pain. Journal Rawalpindi Medical College	Akhtar R, Ahmed R, Ashraf S, Ashraf O, Shafique U, Mureed A	JRMC	24(2)	2020
8.	Comparison of Blood Loss in Manual and Spontaneous Removal of Placenta in Caesarean Section	Ashraf S, Awan AS, Tabassum H, Ashraf O, Fatima T, Shadab W	JRMC	24(1)	2020
9.	A Case Report: Once in a Life Diagnosis, Uterine Torsion	Haq AI, Bashir S, Sadiq N, Waheed N, Ghazanfar S, Aqsa U	JSOGP	10(3)	2020
10.	40 weeks of gestation is as high-risk gestation as 41 weeks in low-risk pregnancies	Haq AI, Bashir S, Shabana N, Sadiq N, Inayat FC, Faisal J	JRMC	24(4)	2020
11.	Frequency and Severity of Primary Dysmenorrhoea in Adolescent Females. PJMHS	Shahid A, Tariq M, Sulamam H, Shaista, Bano S, Habib SA	PJMHS	14(4)	2020

12.	Burnout Amongst Doctors of Obstetrics and Gynecology Department at RMU and Allied Hospitals During Covid-19 Pandemic – Cross Sectional Survey	Iqbal K, Ahmed S, Kahloon LE, Noureen H, Iftikhar T, Bilquees H	JRMC	25(4)	2021
13.	Perinatal Outcome of Twins Delivered Vaginally in a Tertiary Care Hospital	Zulfiqar A, Sadaf M, Abbasi A, Ashraf S, Ashraf O	JRMC	25(1)	2021
14.	Role of Modified Biophysical Profile in Prediction of Fetal Asphyxia	Sadiq N, Shabana N, Haq AI, Bashir S, Waheed N, Faisal J	JRMC	25(2)	2021
15.	Association Between Irregular Labour Pains and Meconium in Low-Risk Pregnancies. Journal of Rawalpindi Medical College (JRMC). 31 Dec. 2021; 25(4):544-547	Haq AI, Bashir S, Sadiq N, Shabana N, Waheed N, Aqsa U	JRMC	25(4)	2021
16.	Emergency Trends in Peripartum Hysterectomy; A High Alert in Obstetrics	Ikram Haq A, Sadiq N, Bashir S, Waheed N, Shabana N, Aqsa U	JRMC	25(3)	2021
17.	Perinatal Outcome in Women at Term with Reduced Fetal Movements	Bashir S, Haq AI, Naizi Q, Sadiq N, Khalil AK	JSOGP	12(2)	2022

DEPARTMENT OF OPHTHALMOLOGY

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Comparison of topical proparacaine vs retrobulbar lignocaine for cataract surgery in terms of patient's satisfaction and pain relief	2022	Dept of Ophthalmology	Dr Ain us Sehar	HFH, RWP
2.	Use of topical insulin to treat refractory corneal ulcer: A comparative study	2022	Dept of Ophthalmology	Dr Maimoona Mohsin	HFH, RWP
3.	Diagnostic accuracy of spectral domain-optical coherence tomography in diagnosing choroidal neovascularization taking fundus fluorescein angiography as gold standard	2022	Dept of Ophthalmology	Dr Iqra Shah Jahan	HFH, RWP
4.	Effect of intracameral dexamethasone and its effect on postoperative outcome	2022	Dept of Ophthalmology	Dr Sehar Rehmat	HFH, RWP

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Event & Venue
1.	1 st free corneal transplant workshop live surgical session	Dr. Qamar farooq	19 th Mar 2019	Eye OT HFH, RMU
2.	Hands on workshop on Diabetic Retinopathy	Dr. Fuad Ahmad Khan Niazi	18 th Mar 2019	Eye Ward HFH, RMU

3.	Pre-Conference Workshop: Machine Learning Course (In collaboration with COMSATS, Islamabad)	10 th Dec, 2021	RMU International Conference
4.	Live DSAEK/DMEK Surgical Session	15 th & 16 th Dec, 2021	RMU International Conference
5.	Hands-on workshop on Micropulse Cyclodiode Laser in Glaucoma	20 th Dec, 2021	RMU International Conference
6.	Phacoemulsification Wet Lab (in collaboration with OSP, Islamabad)	18 th Dec, 2021	RMU International Conference
7.	Masterclass: Optic Disc at risk	19 th Dec, 2021	RMU International Conference

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comparison of Bilateral Lateral Rectus Recession vs Unilateral Rectus recession along with medial rectus resection in patient with large angle exotropia: A randomized controlled trial	Naseem S, Khan FA, Gull R.	Med Forum	30 (3)	2019
2.	Phacoemulsification in white mature cataract; its safety and efficacy	Dr Ambreen Gul	Pak J ophthalmol	35(4)	2019
3.	Visual Function tests as cost-effective screening tools for diabetic retinopathy	Dr Ambreen Gul	Pak J ophthalmol	35(4)	2019
4.	Role of Nepafenac 0.1% Ophthalmic Solution in preventing operative miosis	Ahmed S. Ghazanfar I, Khan Niazi FA, Raza A	Pak J ophthalmol	37(1)	2020

	during phacoemulsification					
5.	Clinical outcome of Pars Plana vitrectomy with or without intravitreal bevacizumab as a pretreatment in advanced diabetic eye disease	Gul A, Ahmed S, Niazi FAK, Raza A	Pak J ophthalmol	36(4)	2020	
6.	Cognitive dispositions to respond in post graduate trainees of surgery	Muhammad Waqas Raza, Maria Zubair, Mailk Irfan Ahmed, Rehan Ahmed Khan	JRMC	24(3)	2020	
7.	Frequency of raised intraocular pressure in pseudophakes undergoing high and low energy neodymium YAG Laser capsulotomy	Maria Zubair, Uzma Ali Kant, Muhammad Rizwan Baloch, Misbah Munshi, Bilal Humayun Mirza, Fuad A K Niazi	JRMC	24(2)	2020	
8.	Severe Recalcitrant Fungal Keratitis Treated with subconjunctival Fluconazole as adjunctive therapy	Ambreen Gul, Fuad Ahmad Khan Niazi, Ali Raza	Pak J ophthalmol	37(2)	2021	
9.	SARS COV2 virus in Tears and conjunctival secretions of COVID-19	Ambreen Gul, M. Raffaq Saleem, Fuad Ahmad Khan Niazi	Pak J ophthalmol	37(3)	2021	
10.	Challenges and Future Implications for Ophthalmologists in COVID – 19 Environment	Ambreen Gul, Maryam Noor, Fuad Ahmad Khan Niazi	Pak J ophthalmol	37 (4)	2021	
11.	Frequency, Etiology and Leading Causes of Pre-Senile Cataract: A Descriptive Study	Uzma Ali Kant, Maria Zubair, Fuad A K Niazi, Qamar	JRMC	25(2)	2021	

		Farooq, Sumra Munir, Seher Ume			
12.	Success rate of Nasolacrimal Duct Probing in children with Congenital Nasolacrimal Duct Obstruction after the age of one year	Misbah Munshi, Kanwal Zareen Abbasi, Areeba Zia3, Wajeeha Rasool, Maria Zubair, Fuad A. Khan Niazi	JRMC	25(1)	2021
13.	Impact of Covid 19 on Ophthalmologists	Wajeeha Rasool, Kanwal Zareen Abbasi, Maria Zubair, Misbah Munshi, Rehmah Sarfray, Fuad A K Niazi	JRMC	25	2021
14.	Effect of Nd-Yag Capsulotomy on refractive status of the eye	Wajeeha Rasool	JRMC	25(3)	2021

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sur #	Title of presentation	Name of Presenter	Title of Conference	Venue	Date
1.	Phacoemulsification in white mature cataracts its safety and efficacy	Dr Ambreen Gul Senior Registrar	4 th RMU international Conference 2019	RMU old campus	21 st Mar 2019
2.	Role of 0.1% nepafanic ophthalmic solution in reducing intraoperative miosis During Phacoemulsification	Dr. Sairm Ahmad PGT	4 th RMU international Conference 2019	RMU old campus	21 st Mar 2019
3.	Final visual outcome of open globe in pediatric patients	Dr Abreen Gul Senior Registrar	21th Annual Islamabad conference of ophthalmology	PC Bhurban	27 th Apr 2019
4.	Clinical outcome of pars plana vitrectomy with or without bevacuzmab as a pretreatment in diabetic vitreous hemorrhage and tractional retinal detachment	Dr Abreen Gul Senior Registrar	21th Annual Islamabad conference of ophthalmology	PC Bhurban	27 th Apr 2019

5.	Etiological factors present in pre senile cataract population at BBH, RWP	Qamar Farooq	International	Hall C, Old campus RMC, RWP	21 st Mar 2019
6.	Etiological factors present in pre senile cataract population	Uzma Ali Kant	International	Hall C, Old campus RMC, Rwp	22 nd Mar 2019
7.	Micropulse diodelaser outcomes in refractory glaucoma (Paper Presentation)	Dr. Ambreen Gul	RMU International Scientific Conference	RMU	2021
8.	Use of topical insulin to treat refractory corneal ulcer: A comparative study (Paper Presentation)	Dr. Maria Waqas	RMU International Scientific Conference	RMU	2021
9.	Case Report of Scleral Melting in cutaneous porphyria tarda	Dr. Ameera Jamil/Dr. Jawad Awan/Dr. Nida Hafeez	RMU International Scientific Conference	RMU	2021
10.	Case Report: Ocular Manifestation of Toxic Epidermal Necrolysis Syndrome	Dr. Omaimah Qamar/Dr. Mohammad Ali Khalid/Dr. Muhammad Irfan	RMU International Scientific Conference	RMU	2021
11.	Case Report: Cytomegalovirus Retinitis is patient of HIV/AIDS	Dr. Nida Hafeez/Dr. Laila tul Bushra/Dr. Bushra Ali/Dr. Jawad Awan	RMU International Scientific Conference	RMU	2021

DEPARTMENT OF ORTHOPEDIC SURGERY, BBH
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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Total Knee Arthroplasty Workshop	Prof.Dr. Riaz Ahmed	8-3-2019	Department of Orthopaedic Surgery Benazir Bhutto Hospital
2.	Basic Orthopaedic Trauma Workshop	Prof.Dr. Riaz Ahmed	09-3-2019	Department of Orthopaedic Surgery Benazir Bhutto Hospital
3.	Basic Skill in Knee Arthroscopy Workshop	Prof. Dr. Riaz Ahmed, Dr. Zubair javed	04-5- 2019	Department of Orthopaedic Surgery Holy Family Hospital
4.	Basic skills in knee arthroscopy workshop	Prof. Dr. Riaz Ahmed, Dr. Zubair Javaid	4-5-2019	Rawalpindi Medical University

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Title of presentation	Name of Presenter	Title of Conference	Venue	Date
1.	Vitamin-D levels and severity of forearm fractures in children	Junaid Khan Riaz Ahmed	20 th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Congress	Lisbon, Portugal	5 th Jun 2019
2.	Effect of Dexamethasone on post-operative pain management in patients undergoing Total Knee Arthroplasty	Junaid Khan, Riaz Ahmed	20 th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Congress	Lisbon, Portugal	5 th Jun 2019
3.	Comparison of efficacy of above elbow POP versus below elbow POP in distal forearm displaced fractures	Rahman Rasool Akhtar, Riaz Ahmed	20 th European Federation of National Associations of Orthopaedics and	Lisbon, Portugal	5 th Jun 2019

			Traumatology (EFORT) Congress		
4.	Awareness of Orthopaedic doctors and theatre assistants on radiation exposure	Junaid Khan, Riaz Ahmed	20 th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Congress	Lisbon, Portugal	5 th Jun 2019
5.	Incidence and complications of fractures managed by Traditional Bone Setters	Junaid Khan, Riaz Ahmed	20 th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Congress	Lisbon, Portugal	5 th Jun 2019
6.	Comparison between Intra-articular and Intravenous Tranexamic acid application in primary unilateral knee joint replacement.	Rahman Rasool Akhtar, Riaz Ahmed	20 th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Congress	Lisbon, Portugal	5 th Jun 2019
7.	Plantar Fasciitis; Intra-lesional steroid injections versus intra-lesional autologous blood injections	Raja Umar Liaqat	20 th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Congress	Lisbon, Portugal	5 th Jun 2019
8.	Comparison of efficacy of traditional and accelerated ponseti in club foot	Raja Umar Liaqat	20 th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Congress	Lisbon, Portugal	5 th Jun 2019
9.	Effect of Dexamethasone on post-operative pain management in patients undergoing Total Knee Arthroplasty	Junaid Khan	4 th Scientific Conference, Rawalpindi Medical University	Rawalpindi, Pakistan	2019

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Outcome of congenital pseudoarthrosis tibia treated with Illizarov fixator in children: Our experience	Javaid MZ, Khan J, Javaid MM	International Journal of Orthopaedics	7(3)	2020

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Plantar Fasciitis; Intra-lesional steroid injections versus intra-lesional autologous blood injections	Umar Liaqat, Junaid Khan, Fareeha Chaudhry, Riaz Ahmed	TPMJ	26(1)	2019
2.	Plantar Fasciitis; Intra-lesional steroid injections versus intra-lesional autologous blood injections	Liaqat RU, Khan J, Chaudhry F	TPMJ	26(1)	2019
3.	Comparison of minimally invasive total knee arthroplasty with standard approach total knee arthroplasty in terms of length of post-operative hospital stay	Haider MU, Liaqat RU, Khan J	TPMJ	26(8)	2019
4.	Effect of pre-operative serum vitamin-D levels on post-operative outcome in total knee arthroplasty	Khan J, Ahmed R, Akhtar RR	Journal of Postgraduate Medical Institute	33(1)	2019
5.	Comparison of Rocuronium and succinylcholine for rapid sequence induction in	Wahid F, Hussain A, Faiz-ur-Rahman, Obaid-ur-Rahman	JRMC	24(2)	2020

	patients undergoing surgery under general anaesthesia				
6.	One year mortality in elderly patients with fracture proximal femur managed surgically in District Head Quarter hospital Rawalpindi	Anjum S, Obaid-ur-Rahman, Riaz S, Bashir A, Qayyum N.	JPOA	32(2)	2020
7.	Meeting the challenge of COVID-19 in DHQ Orthopaedic Department	Obaid-ur-Rahman, Qayyum N, Aslam MA, Haider SZ.	JRMC	24(Supp 1)	2020
8.	Prevalence of Hepatitis 'B' and 'C' and Importance of coagulation profile in patients presenting to Orthopaedic ward of a tertiary care hospital	Khan J, Rahim S, Akhtar RR	PJPH	9(3)	2020
9.	Unilateral versus bilateral total knee arthroplasty: a prospective study	Obaid-ur-Rahman, Hafeez S, Amin MS, Ameen J, Adnan R.	JPMA	71(8)	2021
10.	Case Report Black Joints; A Rare Entity	Obaid-ur-Rahman, Anjum S, Riaz S, Bashir A, Qayyum N, Wahab A	JPOA		2021
11.	Unilateral versus simultaneous bilateral total knee arthroplasty, A comparative study	Obaid-ur-Rahman, Sohail Hafeez, Muhammad Suhail Amin, Jahanzeb Ameen, Rana Adnan	JPMA		2021
12.	Impact of COVID pandemic on the mental well-being of Orthopaedic patients – A single centre study	Ahmed R, Khan J, Akhtar RR	JRMC	25(1)	2021

13.	Proximal Fibular Osteotomy (PFO) in Medial Compartment Osteoarthritis Knee	Riaz S, Obaid-ur- Rahman, Mughal AM, Anjum S, Hanif M, Bashir MA, Qayyum N	Esculapio	18(1)	2022
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DEPARTMENT OF PAEDIATRICS

Holy Family Hospital

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Paediatric Oncology workshop	Dr. Muhammad Shamual Ashraf, Dr Rafi Raza	19 th Jun 2019	Paeds HFH

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Frequency of childhood ischemic stroke in children presenting with sickle cell anemia	Sami ul Haq, Tosif Ahmed, Israr Liaqat, Sadaqat Ali, Zahoor ul Haq	Medical Forum	30 (6)	2019

DEPARTMENT OF PAEDIATRIC SURGERY

Holy Family Hospital



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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Venue	Date
1.	Endnote	Dr.Naeem Liaqat	RMU	2019
2.	World Federation of Associations of Pediatric Surgeons	Dr Muddasar FGondal	Sidra Medical Centre Doha Qatar	2019
3.	World Federation of Associations of Pediatric Surgeons Neonatal Surgical skills	Hugh Greenwood	Doha Qatar	2019
4.	World Federation of Associations of Pediatric Surgeons	Dr Muddasar FGondal	Prague Czech Republic	2022

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Name of Presenter	Title of presentation	Title of Conference	Venue	Date
1.	Dr.Navira Javed	Pseudocyst of Pancreas	APSP-FAPSS	Children Hospital, Lahore	18/02/19
2.	Dr.Laraib Rasul	Adrenal Teratoma	27 th International congress Association of Paediatric surgery of Pakistan	Lahore	22/02/2019
3.	Dr.Laraib Rasul	Ruptured Duplication cyst of transverse colon	27 th International congress Association of Paediatric surgery of Pakistan	Lahore	22/02/2019

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Assessment of Environment of Pediatric Surgery Residents of Pakistan using PHEEM	Liaqat N, Iqbal A, Dar SH	Iranian Journal of Pediatric Surgery	5 (1)	2019

2.	Is Button battery more dangerous than a bullet?	Khawar Abbas, Khurram Arif, Muhammad Amjad Chaudhry, Ali Raza, Adnan Khan	EC PAEDIATRICS	8 (8)	2019
3.	Surgical Separation of Pygopagus Conjoined twins at Holy Family Hospital Rawalpindi; a Neurological Surgery Perspective and Outcomes: a Case Report	Nadeem Akhtar, Yasir Shahzad, Mudassir Gondal, Muhammad Motsim Shah, Mudassir Abbas, Nehal Nadeem	MSD	9(7)	2022
4.	Use of propranolol versus Intralesional bleomycin in the management of infantile hemangioma	Ali Raza Chaudhary, Mudassar Fiaz Gondal, Rashid Khan, Inayat ur Rehman, Rumaisaa Saman, Khawar Abbas	African Journal of Paediatric Surgery	22	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Esophageal Atresia: Mangement and outcome in resource limited settings	Muhammad Umar Nisar, Nisar Ahmed Khan, Noshela Javed, Samar Sikander, Muhammad Amjad Chaudhary, Ali Raza Chaudhary	PJMR	58	2019

2.	Amyand's Hernia in children: 10 years single center experience	Iqbal A, Liaqat N, Zahid IA, Hassan S, Wasti A, Dar SH, Bashir F	Esculapio	15(1)	2019
3.	To identify the factors that led the resident to choose surgery as career	Ashfaq R, Shoukat QA, Liaqat N	Esculapio	15 (1)	2019
4.	Foreign body ingestion and inhalation in pediatric age: Our experience at a tertiary carehospital	Khawar Abbas,Aftab Ali,Muhammad Rashid,Nadeem Akhtar,Ali Raza,Inayat ur Rehman	JPAS	2	2021
5.	Congenital Epulis: Report of two cases	Ali Chaudary, Rum Aisaa Saman, Muhammad Umar Nisar, Khawar Abbas, Samer Sikandar	JPAS	1	2022

DEPARTMENT OF PATHOLOGY
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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Co-investigator	Department / Hospital
1.	Sentinel Surveillance for Assessment of Burden of Rotavirus in Children in Pakistan	2022	Dept of Pathology	Prof. Dr. Wafa Omer	Dr. Kausar Izhar	BBH, RWP
2.	Sentinel Surveillance for Assessment of Burden of Salmonella in Children in Pakistan	2022	Dept of Pathology	Prof. Dr. Wafa Omer	Dr. Kausar Izhar	BBH, RWP
3.	Microbiological Surveillance of Operation Theatres: Five-year retrospective analysis of tertiary care hospital	2022	Dept of Pathology	Prof. Dr. Wafa Omer	Dr. Tayyaba Fayyaz	BBH, RWP
4.	Comparing efficacy of imitinib and nilotinib therapy by determination of side effects and assessment of molecular response in patients of CML	2022	Dept of Pathology	Dr. Aimen Saulat	Dr. Qurat-ul Ain	BBH, RWP
5.	Association between serum uric acid and hypertension in subjects presenting to Benazir Bhutto hospital	2022	Dept of Pathology	Prof. Wafa Omer	Dr. Asma Nafisa/ Naveed	BBH, RWP
6.	Predictive significance of human chorionic gonadotrophin in pre-eclampsia	2022	Dept of Pathology	Prof. Wafa Omer	Dr. Asma Nafisa/ Alishba Waheed	BBH, RWP

7.	Association of vitamin d deficiency with gestational diabetes mellitus in Pakistani women	2022	Dept of Pathology	Prof. Wafa Omer	Dr. Asma Nafisa/ Amna Nayyab	BBH, RWP
8.	Hyperferritenemia and inflammatory markers in covid 19	2022	Dept of Pathology	Prof. Wafa Omer	Dr. Asma Nafisa/Shanza Shafqat	BBH, RWP
9.	Arterial blood gas analysis and acid base disorders in severe covid 19 patients	2022	Dept of Pathology	Prof. Wafa Omer	Dr. Asma Nafisa/Ramsha Naeem	BBH, RWP

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Bone Marrow Morphology	Maj. Gen.(R) Parvez Ahmad (QIH)	28-02-19	DME NTB RMU
2.	Quality Assurance in Blood Coagulation	Dr. Samina Amanat (PAEC Hospital)	28-02-19	DME NTB RMU
3.	Transfusion Medicine	Dr. Sajid Yazdani (AFIT)	02-03-19	AFIT
4.	Bio Safety in Laboratory Medicine	Brig. Dr. Amir Ikram (NIH)	07-03-19	DME NTB RMU
5.	Standard precautions of infection control	Brig Aamir Ikram	07-03-19	NTB RMU
6.	Sample Collection and Handling Hazards for Health Care Workers	Dr. Afreenish Amir (NIH)	09-03-19	DME NTB RMU
7.	Diagnosis of Endocrine Disorders	Lt. Col. Nayyar Chaudhary (AFIP)	09-03-19	DME NTB RMU
8.	Molecular Diagnostics in Collaboration with AFIP	Lt. Col. Nayyar Chaudhary (AFIP)	09-03-19	DME
9.	Fundamentals of Health Care Waste Management	Dr. Muhammad Arfat Yameen (COMSATS)	09-03-19	CPC NTB RMU

10.	Diagnostic challenges in histopathology	Brig. Sajid Mushtaq	20-03-19	NTB RMU
11.	Histopathology Workshop	Brig. (R) Dr. Sajid Mushtaq (SKMCH&RC)	20-03-19	CPC NTB RMU
12.	Standard Precautions of Infection Control	Prof. Naeem Akhtar	21-03-19	Rawalpindi Medical University
13.	Outbreak of Pan resistant Acinetobalctor infection in ICU of Tertiary care hospital during 2018	Dr. Kiran Fatima	21-03-19	Rawalpindi Medical University
14.	International Academy of pathology (IAP)/HCSP workshop	Dr Nafisa Willkinson	20-4-2019	Marriott hotel Islamabad
15.	Hands on workshop on Bone Marrow Morphology,		15 th Dec, 2021	
16.	Workshop on Problem Based Learning in Bleeding Disorders,		16 th Dec,2021	
17.	Masterclass on Sample Collection, Transportation and Storage,		29 th Oct,2022	
18.	Awareness session on Anti-Microbial Stewardship		22 nd , November,2022	
19.	Master class on Waste Disposal and Infection Control		20 th Oct,2022	
20.	Workshop on Hemoglobinopathies		20 th Dec, 2021	
21.	Workshop on Research Grant and Research proposal writing		9 th Dec, 2021	

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Title of presentation	Name of Presenter	Title of Conference	Venue	Date
1.	Diagnostic Challenges in Histopathology	Dr. Ammara Ijaz	4 th RMU Scientific Conference 2018-19	RMU	20 th Mar 2019
2.	Biochemical profile among patients undergoing gene Xpert	Fatima-Tuz-Zuhra	International scientific conference RMU	RMU	15 March, 2019
3.	Annual Diagnostics Symposium, The Strength behind the cure'				22 nd Dec, 2021

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Effect of Coronary Artery Disease risk SNPs on serum cytokine levels and cytokine imbalance in Premature Coronary Artery Disease	Ansari, Wafa M., Steve E. Humphries, Abdul K. Naveed, Omer J. Khan, Dilshad A. Khan, and Ejaz Hassan Khattak	Cytokine	122	2019
2.	Assessment of multidrug resistance in bacterial isolates from urinary tract-infected patients.,	Khan MI, Xu S, Ali MM, Ali R, Kazmi A, Akhtar N, Bilal M, Hu Y and Li F	Journal of Radiation Research and Applied Sciences	13(1)	2020
3.	Telemedicine Services at Rawalpindi Medical University: An Initiative to Optimize Healthcare of the Patients during COVID-19 Pandemic	Shahid R, Umar M, Zeb S, Akhtar N, Ali SM, Haider SI, Zaidi N, Ahmed M, Ahmad H	RRHOAJ	5(3)	2020

4.	Determination of Pooled Serum as a Better and Cheap Method for Internal Quality Control in Clinical Laboratory	Jiskani, Shahzad Ali, Ali Akbar Pirzado, Muhammad Wasif Saleem, Lubna Naz, Anam Shaikh, and Noreen Atzaz	Linguistica Antverpiensia	3	2021
5.	Carvacrol Alleviates Hyperuricemia-Induced Oxidative Stress and Inflammation by Modulating the NLRP3/NF-KB Pathway	Riaz, Muhammad, Lina Tariq Al Kury, Noreen Atzaz, Abdullah Alattar, Reem Alshaman, Fawad Ali Shah, and Shupeng Li	Drug Design, Development and Therapy	16	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Clinico-Pathological Features in patients of Peshawar Region	Huma Amin, Zufishan Mohsin	KJMS	12(1)	2019
2.	Assessment of knowledge, attitude and practice towards hepatitis among patients visiting the hepatitis clinic in tertiary care hospital, Rawalpindi, Pakistan	Mustafa RE, Mushtaq S, Akhtar N and Yameen MA.	JPMA	69(8)	2019
3.	Changing trends of pyogenic microorganisms in a tertiary care hospital	Babar, Nazish, Zaheer Ahmed Chaudhary, Rubina Riaz, Hijab Shah, Bushra	Annals of PIMS	15(2)	2019

		Anwar, and Rabia Anjum			
4.	Extensively Drug-Resistant Salmonella typhi XDR Infection at Rawalpindi Medical University and Allied Hospitals	Izhar, Kausar, Kiran Ahmed, Maryyam Rehan, Muhammad Umar, Nadeem Ikram, and Naeem Akhter.	JRMC	24(4)	2020
5.	Special Pathology in the course content of Third Year MBBS: Views of students and teachers	Janjua, Riaz Shahbaz, Jamilah Riaz, and Wafa Omer.	PJMS	36(5)	2020
6.	Preventive Effect of Turmeric against Anti-Mosquito Smoke Induced Pulmonary Fibrosis in Laboratory Rat	Jawed, Saira, and Wafa Omer	JIIIMC	15(4)	2020
7.	Predictive Efficacy of Haematological Biomarkers in COVID-19 infection	Ikram, Nadeem, Asma Nafisa, and Rabia Anjum	JRMC	24(4)	2020
8.	Knowledge and attitude of medical students and Young Medical College Teachers towards genetic risk testing for premature coronary artery disease	Omer, Wafa, Young Omer Jamshed Khan, and Ejaz Hassan Khan Khattak	TPMJ	28(3)	2021
9.	Stressors associated with change in academic and social attributes due to covid-19 pandemic and their psychological impact on medical students	Omer, Wafa, Riaz Shahbaz Janjua, Jamilah Riaz, Saira Jawed, and Momin Iqbal	KMUJ	13(3)	2021
10.	Epidemiologic Profile of Thyroid Disorders in a Tertiary Care Hospital, a Five Years Analysis	Nafisa, Asma, Nadeem Ikram, Soffia Khursheed,	JRMC	25(4)	2021

Rabia Anjum,
and Naeem
Akhtar

DEPARTMENT OF PHARMACOLOGY
Rawalpindi Medical University New Teaching Block



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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Evaluation of a life-style change, two meals a day with only liquids in between, for the management of Gastroesophageal Reflux Disease (GERD)	2022	Dept of Pharmacology & Gastroenterology Unit of Medicine Dept	Dr. Sadia Khan Dr. Javeria Khan, Dr. Aqsa Naseer & Prof. Bushra Khaar & Prof. Mohammad Akram Randhawa	HFH, RMU
2.	Estimation of frequency, knowledge and attitude of Female Sex Disorders (FSD) in elderly women and evaluation of topical use of black seed oil & cream and olive oil & cream for management	2022	Gynecology, DHQ and Medicine Depts	Dr. khaula Noreen Dr. Lubna Mehraj Dr. Tabinda Khalid, Dr. Sobia Nawaz & Sadia Khan, Javeria Malik & Prof. Mohammad Akram Randhawa	DHQ & BBH, RMU
	Determination of beneficial effects of black seed addition with allopathic medicines in mild to moderate hypertensive patients	2022	Dept of Medicine	Dr. Haseeba Talat, Dr Asma Khan, Dr. Saima Usman & Prof. Mohammad Akram Randhawa	HFH, RMU
	Clinical studies for the evaluation of Black Seed oil and gel/cream for the treatment of oral and vulvo-vaginal candidiasis	2022	Gynae Dept	Dr. Zoofishan, Dr. Zonaira Hakim, Dr. Rubaba & Prof. Mohammad Akram Randhawa	BBH, RMU
	Clinical studies for the evaluation of Black Seed oil and for the		Dept. of Dermatology	Dr. Zaheer, Dr Attiya Munir, Shawana	RMU

treatment of fungal skin infections (Tinea or Dermatophyte infections)	2022		Sharif & Prof. Mohammad Akram Randhawa
Comparative metabolic effects of <i>Aloe vera</i> extracts with sitagliptin in type 2 diabetes mellitus	2022	Dept. of Medicine BBH,	Dr. Sobia Javaid, Dr. Lubna Mehraj & Prof. Mohammad Akram Randhawa BBH, RMU
Drug utilization study regarding herbal drugs abused for female infertility	2022		Dr. Uzma Hayat & Prof. Mohammad Akram Randhawa
Drug utilization study pertaining to allopathic drugs used and abused for female infertility	2022		Dr. Shagufta Sayyal & Prof. Mohammad Akram Randhawa
Prevalence and outcomes of herbal drug related problems reported in teaching hospitals, RMU	2022	Com Med & Med Depts	Prof. Mohammad Akram Randhawa. Collaboration with RMU RMU

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Venue	Date
1.	4 th RMC International Scientific Conference	Prof Jahangir Sarwar Khan	RMU	21-22.3.19
2.	Leadership in Health Care	Dr. Zakiuddin Ahmed	RMU	8,9 .10.19
3.	1st Annual Faculty Research Conference	Dr. Hanif	RMU	23-12-19
4.	International conference on Medical Education	Dr. Raheela	Pak China Centre	Oct 2019
5.	Introduction of SPSS	Dr Aashi	HITEC-Taxilla	Dec,2019
6.	2 nd Annual Faculty Research Conference	Dr.Hanif	RMU	15-12-20

7.	Ionization status of drugs has poor association with their transmembrane diffusion	Mohammad A Randhawa and Salman A Malik	Virtual Conference of Canadian Society of Pharmacology & Therapeutics (CSPT)	10-06-20
8.	Long term benefits of a new life-style change for the management of GERD – A case report	Mohammad A Randhawa, and Mohammad T Baqai	Virtual Conference of Canadian Society of Pharmacology & Therapeutics (CSPT)	10-06-22
9.	Workshop on Leadership	Dr.Sammad	RMU	12.12.21
10.	Rationale prescription writing and Pharmacovigilance	Dr Attiya	RMU	15.12.21
11.	International conference on "The University Forum-Quality Education	Prof Umar	Online	June,2021
12.	Teaching & Learning	Dr Saadia	RMU	July,2021
13.	5 th International Conference on Health Professional Education	Dr. Raheel	University of Lahore	Nov, 2021
14.	Workshop on Leadership	Dr Saamad	RMU	Dec 2021
15.	Rationale prescription writing and Pharmacovigilance	Dr Zunera Hakim	RMU	Dec 2021
16.	5 th RMC International Scientific Conference	Prof. Umar	RMU	Dec 2021
17.	2 nd International Lifestyle Medicine Conference	Dr Shagufta Feroz	Riphah University	Dec 2021
18.	Medical writing in wider perspective	Dr.Shagufta Sial	RMU	15,16 Dec.2021
19.	Workshop on SPSS	Dr.Saba	RMU	17-12-2021
20.	5 th INT.SCI.CONF	Prof. Umar	RMU	21-23 Dec.2021
21.	Workshop on Leadership	Dr. Sammad	RMU	12 Dec.2021
22.	CONSORT, STROBE, PRISMA, GCP Guidelines	Dr. Asma khan	RMU	16.12.21

	for reporting Health Research & CTU standards			
23.	5 th RMC International Scientific Conference	Prof. Umar	RMU	21-23. 12 .21
24.	Workshop on Leadership	Dr. Sammad	RMU	12.12.21
25.	Rationale prescription writing and Pharmacovigilence	Dr. Asma Khan	RMU	15.12.21
26.	2 nd International Lifestyle Medicine Conference	Dr Shagufta Feroz	Riphah University	Dec 2021
27.	RMU & UHS Workshop on Undergraduate Postgraduate Curricula & Research Reforms in Medical Institutions of Punjab	Prof. Umar Dr. Asma Khan	RMU	13.10.22
28.	3 rd International Lifestyle Medicine Conference	Dr Shagufta Feroz	Marriot ISD	26 Oct,2022
29.	PIMA international scientific conference	Prof Dr Amir	Convention center	29-30.12.22
30.	PIMA international scientific conference	Prof Dr Amir	Convention center	29-30.12.22
31.	Benefits of long-term practice of a new life-style change for management of GERD- a case report	Mohammad A Randhawa, Sadia Khan and Mohammad Tariq Baqai	British Pharmacological Society Meeting, Liverpool, UK	14.09.22
32.	Interaction of black seed with allopathic medicines in hypertensive patients - cases report	Mohammad A Randhawa, Rubina Kausar and Sadia Khan	British Pharmacological Society Meeting, Liverpool, UK	13.09.22
33.	An update on management of gastroesophageal reflux disease (GERD), with particular reference to a new intervention	Mohammad Akram Randhawa, Sadia Khan, Aqsa Naseer and Javeria Khan	Research Day: CMH Lahore Medical College & Institute of Dentistry, Lahore	22.05.22

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Compliance rate of surgical antimicrobial prophylaxis and its association with knowledge of guidelines among surgical residents in a tertiary care public hospital of a developing countries	Muhammad Zubair Satti, Muhammad Hamza, Omaima Asif	Cureus	11(5)	2019
2.	Relaxant effect of pioglitazone on the guinea-pig isolated trachea through the modulation of endogenous prostaglandins	Asma Khan	Iranian J Pharmacol Ther	17(1)	2019
3.	Clinicopathological correlation of leprosy and response to treatment in Eastern Saudi Arabia	Alakloby OM, Alabdulkareem AS, Aljabre SH, Randhawa MA, Alakloby EO, Aljabr AS	J Dermatol Dermatol Surg	23	2019
4.	Antimicrobial Effects of the Water Immiscible Solvent Extracts of Olive Tree Leaves	Abdulahkim Bawadekji, Mohd. Imran and Mohammad Akram Randahawa	JPAM	13(4)	2019
5.	Awareness of uses and risks of Paracetamol in students of Northern Border University, Saudi Arabia	Majed Gorayan Alrowaili, Mohammad Akram Randhawa, Elhassan Hussein Eltom, Ahmed Hashash Alruwaili, Alwaleed Oqab Altimyat, Fatimah Yousef Albedaiwi, Mona salah Alenzi, Nujud Mohammed Alghasham	IAJPS	(06)	2019

6.	Comparison of hepatoprotective effect of aqueous and ethanolic extracts of <i>Berberis lycium</i> Royle (Sumbloo) in isoniazid induced hepatotoxicity in male mice model	Dr. Attiya Munir	IJBCP	9(6)	2020
7.	Knowledge and awareness of doctors about herbal drugs in the Northern Border Region of Saudi Arabia	Elhassan Hussein Eltom, Alenezi, Hamayun, SulaimanAlenezi, Hajar Alruwaili, Muhammad Akram Randhawa	Ann Clin Anal Med	12(1)	2021
8.	Quaternary amines affect the pupil size comparable to their tertiary amine counterparts	Shahnawaz Channa, Elhassan Hussein Eltom, Muhammad Akram Randhawa	Ann Clin Anal Med	12 (3)	2021

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Hepatoprotective effect of aqueous extract of <i>Cichorium Intybus</i> (kasni) on pyrazinamide induced hepatotoxicity in male mice	Attiya Munir, Adnan Jehangir, Farhana Ayub	JIIMC	14(2)	2019
2.	Nephroprotective Effect of Aqueous Extract of <i>Carica Papaya</i> Seeds	Dr. Attiya Munir	JIIMC	14(2)	2019
3.	Aloe Vera Gel for Streptozotocin Induced Diabetes Mellitus in Rats	Dr. Sobia Javaid	IJP	18(4)	2020

4.	Effect of paroxetine on intestinal motility in the presence of ondansetron	Dr Asma khan	PJPS	33(3)	2020
5.	Nitric Oxide Pathway-Mediated Relaxant Effect of Ppar (Peracisome Proliferator Activated Receptor)-Gamma Agonist in The Guinea-Pig Isolated Trachea.	Dr Asma Khan	TPMJ	27(9)	2020
6.	An update on epidemiology, pathophysiology and management of dyspepsia	Mohammad Akram Randhawa, Mohammad Tariq Baqai	PJP	37 (2): 115-123	2020
7.	Nigella sativa can Cure Hepatotoxicity Caused by Pyrazinamide Administration; A Lead from Animal Experiment.	Dr. Zunera Hakim	Proceedings	34(1)	2020
8.	Protective Effect of Chichorium Intybus (Kasni) Roots on Hepatotoxicity Induced by Pyrazinamide in Male Mice	Dr. Attiya Munir	PJMHS	15(11)	2021
9.	Effect of Ethanolic Extract of Carica Papaya seeds in Drug-Induced Acute Nephrotoxicity	Dr. Attiya Munir	PJMHS	15(11)	2021
10.	Role of Corticosteroids in Dengue Fever in Pakistan	Dr. Zunera Hakim	PJMHS	15(11)	2021
11.	Nigella sativa Seeds Protective Ability in Pyrazinamide Induced Hyperuricemia in Mice	Dr. Zunera Hakim	Proceedings	36(1)	2022

12.	Glycemic Response to Metformin and Its Association with Age and Gender in Type II Diabetes: Glycemic Response to Metformin	Dr. Zunera Hakim	PBMJ	5(7)	2022
13.	Comparative Metabolic Properties of Aloe Vera Extracts and Sitagliptin in Diabetic Rats	Dr. Sobia Javaid	JRMC	26(3)	2022
14.	Nigella sativa seeds protective ability in Pyrazinamide induced hyperurecemia in mice	Dr. Attiya Munir	Proceedings	36(1)	2022
15.	Histopathological Impact of Carica Papaya Seed Extract in Rat Model of Gentamicin Nephrotoxicity	Dr. Attiya Munir	PJMHS	16(3)	2022

DEPARTMENT OF PHYSIOLOGY

Rawalpindi Medical University

CORRESPONDENCE

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PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Eating habits of adolescent students	Dr. Sidra Hamid	JRMC	22 (4)	2019
2.	Effect Of Nifedipine on Serum Luteinizing Hormone and Serum Testosterone in Male Sprague Dawley Rats	Sidra Hamid, Qaiser Aziz, Aneela Jamil, Lubna Meraj, Shazia Muazam, Omera Naseer	TPMJ	26 (2)	2019
3.	Variation Of Systolic Blood Pressure in Relation to Biological Variables and Risk Factors in Sialkot	Maha Kaif, Syed Arshad Ali Sabir, Sidra Hamid, Aneela Jamil, Tauqeer Ahmad, Noreen Maqbool Bokhari.	JRMC	23 (2)	2019
4.	Role Of Physical Activity in Mental Well Being of Medical Students of Pakistan	Yusra Bint-e-Hafeez Sidra Hamid	Pak J Physiol	15(4)	2019
5.	Protective Effect of Tribulus Terrestris on Nefidipine Induced Changes in Serum Luteinizing Hormone and Testosterone	Sidra Hamid Aneela Jamil	Pak J Physiol	15(4)	2019
6.	Attitude of Adults towards Educating Children to Protect Themselves from Sexual Abuse in Pakistan	Haddaya Umar Sidra Hamid	JIIIMCT	14(4)	2019

7.	Awareness, Attitude and Knowledge About Thalassemia Among Students of Different Disciplines	Sidra Hamid	JIMCT	16(2)	2021
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RAWALIAN BURN & RECONSTRUCTIVE SURGERY

Holy Family Hospital



CORRESPONDENCE

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Tissue Expander workshop	Dr. Husnain Khan Asisstant Professor Plastic Surgery/ Burn Unit HFH	18-19 Feb 2019	Plastic Surgery Department, HFH
2.	Tendon Repair workshop	Dr. Husnain Khan Asisstant Professor Plastic Surgery/ Burn Unit HFH	29 Mar 2019	Plastic Surgery Department, HFH
3.	Mohs Micrographic Surgery Workshop		2021	RMU
4.	Rotationplasty Presentation			CPC-RMU
5.	Bilateral Hand Replant Presentation			CPC-RMU
6.	Brachial Plexus Repair			CPC-RMU

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Name of Presenter	Title of Presentation	Title of Conference	Venue	Date
1	Dr. Ali Adil	Cross hand transfer	RMU International Scientific Conference 2019	RMU	Mar 2019
2.	Dr. Zulfiqar Ranjha	Sternal Osteomyelitis	RMU International Scientific Conference 2019	RMU	Mar 2019
3.	Dr. Tayyab Saleem	Acquired Radial Club Hand	RMU International Scientific Conference 2019	RMU	Mar 2019
4.	Dr. Umbreen Mishas	Bracheal plexus Injuries	RMU International Scientific Conference 2019	RMU	Mar 2019

5.	Dr. Bushra	Perioral Reconstruction after Electric Burn	RMU International Scientific Conference 2019	RMU	Mar 2019
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PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Outcome of buried versus exposed Kirchner wires in terms of infection in fractures of phalanges and metacarpal bones of hand	Husnain Khan, Ali Adil, Noor Ul Ain, Bilal Qureshi, Umer Chishti, Tayyab Malik	Cureus	14(2)	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	To Assess the Efficacy of Tranexamic Acid to Prevent Seroma Formation at Donor Site of Latissimus dorsi Flap	Bilal Ahmed Qureshi, Muhammad Nasarullah, Husnain Khan, Ali Adil, Tayyab Saleem and Abdul Malik.	Med Forum	30 (2)	2019
2.	Outcome of Ultra-Thin Abdominal Flap for Wrist and Forearm Wounds Coverage	M. Nasrullah, Waseem Humayun, Haseena Khan	Med Forum	30(2)	2019
3.	Outcome of Combined Use of Topical Coconut Oil and Oral Gabapentin to Control Post-Operative Itching on Split Thickness Graft Donor Site	Husnain Khan, Bilal Ahmed Qureshi, Muhammad Waqas and Zulfiqar Ranjha	Med Fourn	30(1)	2019
4.	Comparison of graft survival between fat	Shohreh Ahmadi, Abdul Malik Mujahid, Husnain	JCPSP	29(5)	2019

	harvested from abdomen and medial thigh for facial contour deformity	Khan, Farrukh Aslam Khalid, Muhammad Saleem, Muhammad Younas Mehrose			
5.	Early active mobilization vs immobilization following modified Kessler repair of extrinsic extensor tendons in zone V to VII	Muhammad Jibrani Rabbani, Muhammad Amin, Kamran Khalid, Husnain Khan, Imran Shahzad, Ammara Rabbani, Muhammad Nasrullah, Moazzam Nazeer Tarar, Sarah Rabbani	JAMC	31(3)	2019
6.	The consistency of the proximal perforator by using Color Doppler in anterolateral thigh flap	Husnain Khan, Naeem Abbas, Zahid Iqbal Bhatti, Naveed Arshad, Kamaludin Khan, Abdul Malik Mujahid	TPMJ	27(11)	2020
7.	Role of topical papaya application in debridement of deep burn wounds	Sajid Rashid, Hasnain Khan, Yasir Iqbal	JRMU	25(2)	2021
8.	Outcome of the acellular dermal matrix and split thickness skin graft in release of post burn contractures in hand	Abdul Malik Mujahid, Husnain Khan, Yawer Sajjad, Kashif Mehmood Sheikh, Noor Ali, Moazzam Nazeer Tarar	TPMJ	28(2)	2021
9.	Comparison of heparin dressing and conventional dressing in second degree burn patients in term of pain relief and wound healing	Iftikhar Alam, Abdul Malik Mujahid, Husnain Khan	TPMJ	29(2)	2022

DEPARTMENT OF PSYCHIATRY

Benazir Bhutto Hospital



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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Liver function abnormalities in schizophrenic patients	2022	Psychiatry Department	Dr Hina Asif	Department of Psychiatry, BBH, RWP
2.	Prevalence and Typology of Somatic Symptoms in Depression	2022	Psychiatry Department	Dr Sara Afzal	Department of Psychiatry, BBH, RWP
2.	Frequency of suicidal ideation among students of a government medical university	2022	Psychiatry Department	Dr Haris Kamran	Department of Psychiatry, BBH, RWP
3.	Relationship between hepatitis and severity of depression and its impact on quality of life	2022	Psychiatry Department	Dr Azfar Maqsood	Department of Psychiatry, BBH, RWP
	Is deranged lipid profile related to suicidal ideation in patients' bipolar affective disorder	2022	Psychiatry Department	Dr Zahid Hanif	Department of Psychiatry, BBH, RWP
	Assessment of internalized stigma and its association with socio demographic in remitted bipolar disorder	2022	Psychiatry Department	Dr Bahjat Najeeb	Department of Psychiatry, BBH, RWP
	Comparison of Cognitive Dysfunction in moderately and severely Depressed patients	2022	Psychiatry Department	Dr Amir Sohail	Department of Psychiatry, BBH, RWP
	Frequency of anxiety and depression in pregnant women presenting in	2022	Psychiatry Department	Dr Siara Bano	Department of Psychiatry, BBH, RWP

outpatient department in tertiary care hospital during COVID 19 pandemic				
Prevalence and factors associated with stress anxiety and depression among health care workers in RMU and Allies hospitals Rawalpindi among health care workers treating diagnosed cases of corona	2022	Psychiatry Department	Dr Liaqat Ali Khan	Department of Psychiatry, BBH, RWP
Association between hypertension and diabetes mellitus and depression and its impact on quality of life	2022	Psychiatry Department	Dr Saad Ullah Khan	Department of Psychiatry, BBH, RWP

INTERNATIONAL PROJECTS

Sr #	Title	Status	Principal Investigator	Department / Hospital
1.	Baseline survey of prevalence of physical illnesses and health seeking behavior in SMI patients (SMI Study)	Completed	Prof Asad Nizami	Dept of Psychiatry, BBH
2.	CMD-NCD intervention study with packages of behavior change interventions of patients Of Non communicable diseases with common mental disorder(BEACON)	Completed	Prof Asad Nizami	Dept of Psychiatry, BBH

3.	Happy Mother Completed Dr. Atif Rehman	Dept of Psychiatry, BBH
4.	Healthy Baby SMI-LIFE STYLE Intervention study with packages of behavior change interventions Completed targeting the modifiable health risk behaviors(tobacco use)IMPACT 4S Study	Prof Asad Nizami Dept of Psychiatry, BBH

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Title of presentation	Name of Presenter	Title of Conference	Venue	Date
1.	Guest Lecture	Prof Atif Rahman Professor of Child Psychiatry, Liverpool University, UK	21/10/22	Department of Psychiatry, BBH, RWP	
2.	Guest Lecture	Dr Shahzad Ali Vice Chancellor, Health Services Academy	28 th /10/22	Department of Psychiatry, BBH, RWP	

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	World Mental Health Day & Launch of President School Mental Health Programme	Prof Malik H. Mubbashar, Prof Atif Rahman, Dr Zafar Mirza and Prof Asad	10 th /10/19	Department of Psychiatry, BBH, RWP
2.	Training of Staff by Institute of Psychiatry, Rawalpindi Medical University		17 th /05/20	COVID Hospital (RIUT)
3.	Series of Workshops Allied Hospitals During COVID -Facilitated by Institute of Psychiatry and attended by RMU Allied Hospitals staff		19 th /05/20	Department of Psychiatry, BBH, RWP

4.	World Mental Health Day & Launch of President School Mental Health Programme	Prof Muhammad Umar and Prof Asad	10 th /10/20	Department of Psychiatry, BBH, RWP
5.	World Mental Health Day & Launch of President School Mental Health Programme	Prof Abdul Wahab Yousafzai, Prof Muhammad Umar and Prof Asad	10 th /10/21	Department of Psychiatry, BBH, RWP
6.	Health Care Quality Management	Dr Azeem Rao	October, 2021	Department of Psychiatry, BBH, RWP
7.	Stress Management Workshop HFH	Azeem Rao	August, 2022	Department of Psychiatry, BBH, RWP
8.	Communication Skills Workshop, University Residency Programme	Dr M. Azeem Rao	September, 2022	Department of Psychiatry, BBH, RWP
9.	World Mental Health Day	Prof Fareed Minhas, Dr Zafar Mirza, Dr Muhammad Munir Ahmed	10 th / 10/22	Department of Psychiatry, BBH, RWP

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Knowledge about Occupational Therapy among People in Saudi Arabia	Meny AH, Hayat AA, Ain QU, Tariah HS, Almarhoon AJ, Eldigire MH, Ahmed S.	JEMDS	10(22)	2021
2.	Seeing the unforeseen: an insight into kingdom-wide psychological impact of COVID-19 pandemic	Hayat AA, Meny A, Hamdan QU, Sami W, Albadrani G	European Review for Medical and Pharmacological Sciences	26(16)	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Rehabilitation services at a tertiary care Psychitric unit a collaborative model of developing services between private and public sector	Khan Shahida, Fatima, Sundus, Minhas Fareed Aslam	JPPS	16 (1)	2019
2.	Effect of laparoscopic cholecystectomy on serum levels	Faiza Mujeeb	JMRU	22(1)	2019
3.	Pattern of fast-food consumption among medical students and its association with obesity	Faiza Mujeeb	JMRU	22(1)	2019
4.	Correlation of academic performance of medical stuedents with their attendance	Faiza Mujeeb	JMRU	22(2)	2019
5.	Affecting Happiness among Students of Rawalpindi Medical University: A Cross-Sectional Study	Javed H, Arshad D, Dhillon AI, Rishi AI, Zaidi SM, Kashif M. Factors	JRMC	23(S-2)	2019
6.	Psychiatry as a Career Choice	Amna Awais, Neha Nadeem, Muhammad Kashif Mehmood, Ayesha	JRMC	23(S-1)	2019
7.	Relationship of suicide attempt with depression and other socio-demographic factors among the trans-genders	Zubair UB, Khan MA, Jalil A, Kamal A, Nizami A, Minhas F, Tasleem S	JAMC	31(4)	2019
8.	Prevalence of suicide ideation and its relationship with depression among transgender population	Rao Azeem UB, Jalil A, Kamal A, Nizami A, Minhas F	JCPSP	29(4)	2019
9.	Magnitude of Neurocognitive Impairment and Severity of Depression in Geriatric Population	Yasir S, Yasir SB, Haider N, Fatima S, Mazhar M, Chaudhry S, Nizami AT	Biomedica	36(4)	2020
10.	Prevalence and correlates of depression among the trans-genders of Pakistan. Sep 30;):181-6.	Khan MA, Jalil A, Zubair UB, Tasleem S, ul Haq I, Afzal S	JRMC	24(30)	2020

11.	Frequency of Psychological Symptoms amongst the Caregivers of the Mentally Unwell	Muhammad S, Gani N, Choudhary ZI, Irfan S.	PJMHS	14(4)	2020
12.	Frequency and determinants of postpartum depression	Ghafoor MU, Usmani RA, Choudhary ZI	TPMJ	27(5)	2020
13.	Prevalence and determinants of depression in females with primary infertility	Fatima S, Choudhary ZI, Haider N, Minhas FA	TPMJ	28(3)	2021
14.	Frequency and risk factors of internet addiction in medical students: a cross-sectional study	Ehsan A, Iqbal F, Rao MA.	JPMA	71(8)	2021
15.	Attitude & Perceptions towards Psychiatry Amongst Medical Under-graduates in Faisalabad	Choudhary ZI, Gani N, Muhammad S	Ophthalmology Update	19(3)	2021
16.	Effect of Parenting Style on Adolescent Depression	Anum Fatima, Muhammad Munir Ahmed, Jazib Munir Slatch, Iznah Munir Slatch	PJMHS	16(1)	2022
17.	Frequency of Vitamin D Deficiency in Patient with Depression	Rizwan-UI-Husnain Mm, Yasir S, Fatima S, Slatch IM	PJMHS	16(1)	2022
18.	Comparative Study on the Sensitivity of D-Dimer with Doppler ultrasound in the Diagnosis of Deep Venous Thrombosis	Jalil A, Khan MA, Farhan A, Jalil A, Jalil H, Elahi F. A	JRMC	26(3)	2022

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RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Co-investigator	Department / Hospital
1.	Diagnostic Accuracy of ultrasound in diagnosing morbidly adherent placenta taking intraoperative findings as gold standard	05-04-2019 05-10-2019	Benazir Bhutto Hospital, Rawalpindi	Dr. Anum	Dr. Misbah Durrani	Benazir Bhutto Hospital, Radiology department

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Colour Doppler Techniques	Dr. Lubna Farooq Dr. Ume Kalsoom	18-03-2019 19-03-2019	Holy Family Hospital Radiology Department

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Title of Presentation	Name of Presenter	Title of Conference	Venue	Date
1.	Rare viable cervical pregnancy	Dr. Isma	National	RMU	21/03/2019 22/03/2019
2.	Successful regression of stage IV hepatoblastomatosis after radiotherapy	Dr. Isma	National	RMU	21/03/2019 22/03/2019
3.	Actinomyces of hip and CNS in an elderly lady	Dr. Anum	National	RMU	21/03/2019 22/03/2019
4.	Hepatic adenomatosis a rare but clinically imperative entity	Dr. Khoala	National	RMU	21/03/2019 22/03/2019

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
2.	Pre and Post COVID-19 Situation of Mucormycosis across the Subcontinent	Shakir, A., Bhinder, K., Asrar, A., Aslam, S., & Sukaina, M	J Intensive Crit Care	7(8)	2021
3.	Artificial Intelligence in Radiology in Pakistan; Pros and Cons	Shakir, A., Asrar, A., Bhinder, K. K., Aslam, S., & Sukaina, M.	Journal of Biomedical Science	3(5)	2021

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Diagnostic Accuracy of endovaginal scan in detection of retained products of conception after incomplete abortion	Dr. Ume Kalsoom	JRMC	23 (2)	2019
2.	Diagnostic Accuracy of Pulsatility Index Umbilical Artery and Middle Cerebral Artery in Detecting Intra Uterine Growth Restriction	Jabeen, Mahwish, Qurat Ul Ain Arif, Kaukab Naeem, Tariq Mahmood Irshad, Babar Khan, and Palwisha Gul	JSOGP	10(1)	2020
	Accuracy of FAST (Focused Abdominal Sonography in Trauma) scan in diagnosis of significant abdominal trauma using CT abdomen as gold standard	Hanif, Hina, Tahira Bibi, Riffat Raja, and Sara Malik	TPMJ	27(10)	2020
3.	Role of HRCT for Rapid Triage of Patients with COVID-19 Pneumonia	Abbasi, Hina Hafeez, Misbah Durrani, Umme Kalsoom, Anum Zahoor, Fizza	JRMC	25(1)	2021

	Batool, and Shawana Sharif.			
4.	Comparison of Dynamic Hip Screw and Proximal Femoral Nail in Intertrochanteric Femur Fractures	Ashraf, Raja Adnan, Ahmed Javed, Kamran Asghar, Ayesha Amin, and Sohail Iqbal Sheikh	JPOA	33(3) 2021
5.	Diagnostic Accuracy of Diffusion Weighted Magnetic Resonance in Differentiating Between Malignant and Benign Endometrial Soft-Tissue Lesions	Mughal, Hina Hanif, Sana Yaqoob, Hina Hafeez Abbasi, Fizza Batool, and Irum Qaiser.	PJMHS	16(6) 2022

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WORKSHOPS/CONFERENCES/PRESENTATIONS/SEMINARS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	BLS/ACLS		2022	CPSP, AHA
2.	URP Workshop		2022	RMU
3.	CHPE		2021	RIPHAH University
4.	1 st International Faculty Research Conference. Poster presentation on topic "Dialysis AV fistula		2019	RMU
5.	1 st International Faculty Research Conference. Poster presentation on topic "Choriocarcinoma".		2019	RMU
6.	Urocon		2019	Abudhabi
6.	2 st International Faculty Research Conference. 3rd prize in oral presentation on topic "HRCT Spectrum of RT-PCR Negative COVID-19 Patients		2020	RMU
7.	International Radiology Conference		2020	Lahore
8.	3 rd International Faculty Research Conference. Poster presentation topic "Mesenteric Artery Pseudoaneurysm"		2021	RMU
9.	International Radiology Conference		2022	Peshawar

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Poor Man's Cell-block Preparation, a Novel Idea which Can be Applied to Basic Health Care Facilities in Resource-poor Settings	Saleem H, Javed M, Saleem A, Atif S, Rafi R.	APJCB	6(3)	2021
2.	Diagnostic Accuracy of Strain USG Elastography in Thyroid Lesions Compared to Fine Needle Aspiration Cytology	Aniqua Saleem, U Kalsoom, S Yasin, M. Durrani, S. Akram, R. Mushtaq	Cureus	14(7)	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Periosteal Desmoplastic Fibroma of Radius: A rare Tumor	Dr. Aniqua Saleem, Dr. Hira Saleem	APSP Journal of Case Reports	10(3)	2019
2.	Occurrence of Portal Vein Thrombosis in Patients with Hepatocellular Cancer on Doppler Ultrasound	Akram S, Ali S, Maqsood S, Saleem A, Hussain M, Akhtar S, Ahmed A	PJMHS	18(1)	2020
3.	Atypical Imaging Features of Tuberculosis on Computed Tomography That Presented as a Diagnostic Dilemma and To Suggest Possible	Saleem A, Saleem H, Sheikh SSA, Akram S, Ali S, Maqsood S	PJMHS	14(4)	2020

	Factors Responsible for the Unusual Presentation				
4.	Diagnostic Accuracy of Doppler in Identifying Malignant Ovarian Neoplasms Taking Histopathology as Gold Standard	Aniqua Saleem, Hira. Saleem, S.S. Sheikh, TU. Sheikh	JIMC	15(4)	2020
5.	A Cut-off Parameters of Renal Doppler Ultrasonography to Determine End Stage Renal Disease in Patients with Chronic Kidney Disease	Maqsood S, Ali S, Akram S, Saleem A, Hussain M, Akhtar S, Ahmed	JAIMC	19(2)	2021
6.	Comparison of the Morbidity after Laparoscopic Cholecystectomy for Acutely Inflamed Gall Bladder with and without Drain Insertion: A Randomized Controlled Trial	Saleem H, Saleem A, Siddiq G, Sheikh SS, Saleem H.	JRMC	25(2)	2021
7.	Comparison of Male and Female Medical Student's Motivation towards Career Choice	Sattar H, Zain Z, Sheikh AM, Saleem A, Arshad M, Meraj L. A	JRMC	25(3)	2021
8.	Mesenteric Artery Pseudoaneurysm: A Rare and Complex Complication of Abdominal Surgery	Saleem A, Saleem H, Sheikh SS.	JCPSP	32(1)	2022
9.	Comparative Diagnostic Accuracy of Sonographic Strain Elastography and FNAC in Breast Lesions.	Shabbir I, Saleem A, Durrani M, Kalsoom U, Qasim A, Mumtaz H.	InProceedings	36(3)	2022

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RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Date	Venue
1.	Color doppler techniques	Dr Lubna Farooq, Dr Umme Kulsoom, Dr Naheed Jhangir, Dr Qudsia Mushtaq, Dr Zeenat saulat	Mar, 2019	Radiology department, HFH
2.	Basic and advanced MRI techniques	Dr Sana Wasim, Dr Riffat Raja Sarfaraz Walter, Haseeb Junaid	Ma,r 2019	Radiology department, HFH

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comparison of chest HRCT severity score in PCR positive and PCR negative clinically suspected COVID-19 Patients.	Mughal HH, Zaidi SMJ, Bhatti HW, Maryum M, Khaliq M, Khan N, Kaneez M.	Afr Health Sci	21(4)	2021
2.	An Analysis of High-Resolution Computed Tomography Chest Manifestations of COVID-19 Patients in Pakistan	Khaliq M, Raja R, Khan N, Hanif H.	Cureus	24;12(7)	2021
3.	Diagnostic Accuracy of Strain Ultrasound Elastography in Thyroid Lesions Compared to Fine-Needle Aspiration Cytology	Kalsoom U, Saleem A, Yasin S,	Cureus	14(7)	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Diagnostic Accuracy of MRI in Detecting Parametrial Invasion in Carcinoma Cervix	Riffat Raja, Maria Khaliq, Sana Wasim, Sidra Nadeem, Sadaf Arooj, Khoala Riaz	PJMR	58 (1)	2019

2.	Diagnostic accuracy of splenorenal index for detection of esophageal varices in patients of liver cirrhosis	Zeenat Saulat, Sana Wasim, Maria Khaliq, Bilal Altaf	JRMC	23 (2)	2019
3.	Diagnostic accuracy of endovaginal scan in detection of retained products of conception after incomplete abortion	Kalsoom, U., Iqbal Kalsoom, Manzoor, S., & Waseem, R.	JRMC	23(2)	2019
4.	A Rare Bone Tumor	Saleem A, Saleem H. Periosteal Desmoplastic Fibroma of Radius	APSP Journal of case Reports	10:3	2019
5.	Chest X-ray findings in COVID-19	Khan N, Umar M, Khaliq M, Hanif H, Durrani M, Raja R	JRMC		2020
6.	Chest X-rays findings in COVID 19 patients at a University Teaching Hospital-A descriptive study	Kalsoom, U, Durrani, M, Inam ul Haq, & Yousaf, A	PJMS		2020
7.	Diagnostic Accuracy of Transvaginal Doppler Ultrasound in Differentiating Malignant and Benign Ovarian Masses	Kalsoom, U, Arooj, S, Raja, R, Mushtaq, R, & Masood, M.	AKEMU	26(2)	2020
8.	Role Of Contrast Enhanced Flair Mri as a New Tool in Diagnosing Tuberculous Meningitis	Kalsoom, U, Mushtaq, R, Arooj, S, & Raja, R.	PAFMJ	70(5)	2020
9.	Role of MRI in pre operative evaluation of obstructing reproductive tract anomalies in young girls presenting with hematometrocolpos	Khaliq M, Raja R, Raza SM, Riaz K, Nadeem S	RMJ	45(1)	2020

10.	Chest X-ray findings in COVID-19: A Pictorial Review	Khan N, Umar M, Khaliq M, Hanif H, Durrani M, Raja R	JRMC	44(9)	2020
11.	Diagnostic Accuracy of Transvaginal Doppler Ultrasound in Differentiating Malignant and Benign Ovarian Masses	Kalsoom U, Arooj S, Raja R, Mushtaq R, Masood M	AKEMU	26(2)	2020
12.	Challenges And Response of Radiology Resident Training Program to The Impact of Global Pandemic of COVID-19	Raja R, Arooj S, Mahmood H	PJR	30(3)	2020
13.	Accuracy of FAST (Focused Abdominal Sonography in Trauma scan in diagnosis of significant abdominal trauma using CT abdomen as gold standard	Hanif H, Bibi T, Raja R, Malik S.	TPMJ	27(10)	2020
14.	Role of contrast enhanced FLAIR MRI as a new tool in diagnosing tuberculous meningitis	Mushtaq R, Arooj S, Kalsoom U, Raja R.	PAFMJ	70(5)	2020
15.	Diagnostic Accuracy of Hepatic Vein Resistive Index in Detection of Hepatic Fibrosis in Patients of Chronic Liver Disease	Nadeem S, Wasim S, Manzoor S, Ata H, Raja R, Arooj S	JRMC	24(3)	2020
16.	Mayer-Rokitansky-Küster-Hauser Syndrome: MR Manifestations of Typical and Atypical Cases.	Khan N, Khaliq M, Azam MM, Raja R	JAMC		2021
17.	Role of HRCT for Rapid Triage of Patients with COVID-	Abbasi HH, Durrani M, Kalsoom U,	JRMC	25(1)	2021

	19	Pneumonia. Journal of Rawalpindi Medical College	Zahoor A, Batool F, Sharif S				
	18.	Role of HRCT for Rapid Triage of Patients with COVID-19 Pneumonia	Kalsoom, U, Abbasi, H. Durrani, M, Zahoor. M., Batool, F, Sharif, Shawana,	JRMC	25(1)	2021	
	19.	Diagnostic Accuracy of Ultrasonography in diagnosing morbidly adherent placenta, taking intra-operative findings as gold standard	Kalsoom, U, Yousaf A, Durrani M, Riaz K, Parvez H	Esculapio	17(01)	2021	
	20.	Diagnostic Accuracy of Magnetic Resonance Spectroscopy in Diagnosing Carcinoma Prostate. 316-319	Aslam N, Arooj S, Imdad M, Mansoor M, Raja R	JPSIM	2(4)	2021	
	21.	Chest Radiograph Findings in Critical and Non-Critical Patients with Covid-19: A Study from Pakistan.	Mansoor A, Masood M. Arooj S, Haroon J, Asghar A, Raja R	Esculapio JSIMS	17(04)	2021	
	22.	Assessment of Diagnostic Accuracy of MRI in Diagnosing and Characterizing Intra-axial Brain Gliomas	Mushtaq M, Arooj S, Khaliq M, Raja R, Iqbal S	PJMR	60(4)	2021	
	23.	Mayer-rokitansky-küster-hauser syndrome: MR manifestations of typical and atypical cases	Khan N, Khaliq M, Azam MM, Raja R	JAMC	33(1)	2021	
	24.	Role of Occiput Spinal Angle-A Novel Sonographic Index to	Mughal HH, Naqvi S, Raja R, Bhatti HW, Gohar K, Ali W	JRMC	25(3)	2021	

	predict the outcome of labour					
25.	Evaluation of Knowledge of Patients Undergoing CT Examination Regarding Radiation Risks and their Involvement in Decision Making	Raja R, Khaliq M, Mahmood H, Raza SM.	PJPH	11(1)	2021	
26.	Comparison of Chest X-rays findings in COVID-19 suspected and confirmed cases at a university teaching hospital: A retrospective comparative study	Kalsoom, U, Durrani, M. Shahid. A, Haq, Inam, Yousaf, A, & Naveed, S	PJMS	38(1)	2022	
27.	Portal Vein Thrombosis in Hepatocellular Carcinoma: Where the CT Leads Us? Role of CT in PVT	Kalsoom, U, Arooj, S, Mansoor A, Masood, M & Mansoor, M	Esculapio	18(01)	2022	
28.	Study of Lower Respiratory Tract Infections in Children in a Tertiary Care Hospital. Pakistan,	Kalsoom, U, Mehmood, T, Kulsoom, Rabia, Wahid, Asghar A	J Med Sci	16(4)	2022	
29.	Comparative Diagnostic Accuracy of Sonographic Strain Elastography and FNAC in Breast Lesions	Kalsoom, U, Durrani, M Saleem. A	SZMC	36(3)	2022	
30.	Portal Vein Thrombosis in Hepatocellular Carcinoma: Where the CT Leads Us? Role of CT in PVT	Kalsoom, U., Arooj, S., Mansoor A., Masood, M. & Mansoor, M.	Esculapio	18(01)	2022	
31.	Study of Lower Respiratory Tract Infections in Children	Kalsoom, U., Mehmood, T.,	PJMS	16(4)	2022	

	in a Tertiary Care Hospital	Kulsoom, Rabia, Wahid, Asghar A			
32.	Correlating CT Chest with RT-PCR in Diagnosing COVID-19: Experience at a Tertiary Health Care Hospital in Pakistan	Raja R, Khaliq M, Khan MI, Khan N, Riaz K, Arooj S	JRMC	1(1)	2022
32.	Comparative Diagnostic Accuracy of Sonographic Strain Elastography and FNAC in Breast Lesions	Shabbir I, Saleem A, Durrani M, Kalsoom U, Qasim A, Mumtaz H	InProceedings	36(3)	2022
33.	Outcome of Ultrasound-Guided Core Needle Biopsy of Various Breast Lesions	Akram S, Ali S, Maqsood S, Saleem A, Hussain M, Akhtar S, Ahmed A.	JAIMC	18(1)	2022

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PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Medical professionalism: comparing views of public and doctors	Bano, Uzma, Anis Ahmed, and Noreen Tassadaq	PAFMJ	71(2)	2021
2.	Emotional intelligence and job satisfaction among medical teaching faculty	Bano, Uzma, Ahmed Anis, Shahid Aziz, Noreen Tassadaq, Omar Ahsan, and Minahil Wasim	PAFMJ	71(2)	2021
3.	Spectrum of surgical site infections on the surgical floor; increasing resistance to routine antibiotics	Muhammad Iqbal, Muhammad, Naveed Akhtar Malik, and Muhammad Hanif.	JRMC	25(2)	2022
4.	Surgical site infection; effect of contamination and duration of surgical procedure	Iqbal M, Zia M, Ijaz S, Malik N	JRMC	26(3)	2022

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PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Mesenteric Ischemia due to Thrombosis Involving the Aorta, Celiac Artery, and Superior Mesenteric Artery in a Young Female with Protein C Deficiency	Mhammad Hamza, Huma Sabir Khan, Amna Ashraf, Muhammad Hanif	Cureus	11(11)	2019
2.	Doctor-patient communication in surgical practice during the coronavirus (COVID-19) pandemic	Muhammad Hamza, Huma Sabir Khan, Zain Ali Sattar, Muhammad Hanif	BJS	107	2020
3.	An effective way of intradepartmental and interdepartmental communication regarding patient consultations	Muhammad Hamza, Huma Sabir Khan, Muhammad Hanif	JRCPE	50(1)	2020
4.	Brucellosis As a Cause of Intestinal Perforation	Iffat Naureen, Muhammad Hamza, Huma Sabir Khan, Muhammad Hanif	Cureus		2020
5.	EP.TH.96 Recurrent retroperitoneal Liposarcoma presenting as Irreducible Inguinal Hernia	Maryam Riaz Farooqi, Hamza Waqar Bhatti, Noman Ahmed Chaudhary, Huma Sabir Khan, Muhammad Hanif	BJS	108	2021
6.	Colonic mucosal dehiscence in a patient with ischemic colitis-A case report	Fatima Rauf, Fakhar Munir Siyal, Muhammad Hanif, Tashfeen Farooq, Alifa Sabir, Huma Sabir Khan	BJS	109	2022
7.	EP-138 Pseudomyxoma peritoni induced by appendiceal mucinous adenocarcinoma-a case report	Fatima Rauf, Muhammad Hanif, Fakhar Munir Siyal, Muhammad Naveed Malik, Huma Sabir Khan, Adam Umair Asharf Butt	BJS	109	2022

8.	Pseudomyxoma peritoni induced by appendiceal mucinous adenocarcinoma-a case report	Fatima Rauf, Muhammad Hanif, Fakhar Munir Siyal, Muhammad Naveed Malik, Huma Sabir Khan, Adam Umair Asharf Butt	BJS	2022
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PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Open versus Plastibell Technique of Circumcision: A comparative Study	Huma Sabir Khan	RJRCM	1(16)	2020
2.	Comparison of hemorrhoidectomy combined with lateral internal sphincterotomy and Open hemorrhoidectomy	Sajid Rashid, Naveed Malik	TPMJ	27(11)	2020
3.	Spectrum of surgical site infection on the surgical floor; Increasing resistance to routine antibiotics	Muhammad Iqbal, Naveed Akhtar Malik, Muhammad Hanif	JRMC	25(2)	2021
4.	Frequency of surgical complications and recurrence rate after extracapsular dissection of benign tumors of the parotid	Muhammad Arham, Jahangir Sarwar Khan, Muhammad Arish, Naveed Akhtar Malik, Usman Qureshi, Gohar Rasheed, Salman Shafique, Sarosh Afzal Farooqi	TPMJ	28(7)	2021
5.	Surgical site infection; effect of contamination and duration of surgical procedure	Muhammad Iqbal, Muhammad Naeem Zia, Sadaf Ijaz, Naveed Akhtar Malik	JRMC	26(3)	2022

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PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Management of COVID-19 related arterial thrombosis leading to acute limb ischemia	Muhammad Waqas Raza	iMedPub	10	2021
2.	Comparison of Ultrasonic Dissection and Suture Ligation for Mesoappendix in Laparoscopic Appendectomy	Muhammad Umar Qaiser	Cureus	13(4)	2021

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comparison of early versus delayed laparoscopic cholecystectomy in acute cholecystitis: A randomized control trial	Fatima Abbasi, Saeed Ahmed	TPMJ	26(3)	2019
2.	Emergency Surgery during Lockdown: Experience at a tertiary care hospital	Muhammad Waqas Raza	JRMC	24(1)	2020
3.	Cognitive disposition to respond in trainees of general surgery	Muhammad Waqas Raza	JRMC	24(2)	2020
4.	Frequency and management of intraabdominal hypertension after laparotomy for abdominal trauma and peritonitis	Muhammad Waqas Raza	JRMC	24(3)	2020

5.	Emergency Surgery during Lockdown: Experience at a tertiary care hospital	Muhammad Zafar Iqbal	JRMC	24 (1)	2020
6.	Cognitive disposition to respond in postgraduate trainees of general surgery at Rawalpindi Medical University	Maik Irfan Ahmed	JRMC	24(3)	2020
7.	Incidence of COVID-19 in random trauma patients at DHQ Teaching Hospital, Rawalpindi, measures to prevent its spread among patients and health care workers	Maik Irfan Ahmed	JRMC	24 (1)	2020
8.	Emergency Surgery during Lockdown: Experience at a tertiary care hospital	Maik Irfan Ahmed	JRMC	24(1)	2020
9.	Incidence of COVID-19 in random trauma patients at DHQ Teaching Hospital, Rawalpindi, measures to prevent its spread among patients and health care workers	Muhammad Umar Qaiser	JRMC	24(1)	2020
10.	Intra-abdominal Hypertension and Abdominal Compartment Syndrome in patients undergoing emergency laparotomy	Maik Irfan Ahmed	JRMC	24(3)	2020
12.	Infective agents in diabetic foot ulcers and their Sensitivity patterns	Maik Irfan Ahmed	JRMC	25(2)	2021
13.	Comparing the Outcomes of Thyroid Surgical Procedures for Benign Diseases	Maik Irfan Ahmed	JIMDC	16 (05)	2021

	with Expertise of the Surgeon in a Tertiary Care Hospital in Rawalpindi, Pakistan				
13.	Comparison of Tzanakis and Alvarado scoring system in diagnosis of acute appendicitis, with Histopathology as gold standard	Samra Riaz	JRMC	26	2022
14.	Early Experience of Laparoscopic Colonic Surgery and its Associated Factors	Mailk Irfan Ahmed	PJMHS	16	2022
14.	Comparison of outcome of desrda's repair with lichenstein mesh repair in inguinal hernia	Muhammad Waqas Raza	PJMHS	16	2022
15.	Early Experience of Laparoscopic Colonic Surgery and its Associated Factors	Muhammad Zafar Iqbal	PJMHS	16	2022
16.	Comparison of Tzanakis and Alvarado scoring system in diagnosis of acute appendicitis, with Histopathology as gold standard	Muhammad Zafar Iqbal	JRMC	26	2022
17.	Comparison of Tzanakis and Alvarado scoring system in diagnosis of acute appendicitis, with Histopathology as gold standard	Mailk Irfan Ahmed	JRMC	26	2022

DEPARTMENT OF SURGERY UNIT-I, HFH

Holy Family Hospital



Surgical Unit-1, Holy Family Hospital Rawalpindi
 Rawalpindi Medical University, Rawalpindi
 Wednesday, March 09th, 2022



CORRESPONDENCE

Name	Dr. Jahangir Sarwar Khan
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Date	

RESEARCH PROPOSALS

Sr #	Title	Date	Study site & Setting	Principal Investigator	Department / Hospital
1.	Prevention of seroma formation after MRM by hydrocortisone injection	2022	Surgical Unit-1		HFH, RWP
2.	Comparison of hemorrhoidectomy done by ligasure VS open	2022	Surgical Unit-1		HFH, RWP
3.	Biological subtypes of breast carcinoma	2022	Surgical Unit-1		HFH, RWP
4.	Risk of surgical site infection in patients with ERCP prior to Laparoscopic cholecystectomy	2022	Surgical Unit-1		HFH, RWP
5.	Comparison between Sublay and onlay hernioplasty	2022	Surgical Unit-1		HFH, RWP
6.	Impact of bactibilia on cholecystectomy patients	2022	Surgical Unit-1		HFH, RWP
7.	Evaluation of diagnostic accuracy of Alvarado scoring combined with focused ultrasound in the diagnosis of acute appendicitis	2022	Surgical Unit-1		HFH, RWP
8.	Early cholecystectomy in mild pancreatitis	2022	Surgical Unit-1		HFH, RWP

SEMINAR / CONFERENCE / PAPER PRESENTATION

Sr #	Name of Presenter	Title of presentation	Title of Conference	Venue	Date
1.	Prof. Jahangir Sarwar Khan	A Novel 3 serum micro-RNA based diagnostic panel for breast cancer	Rawalpindi Medical University	RMU	12 Mar 2019

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Venue	Date
1.	Certificate in health professional education (CHPE)		RMU	2019
2.	Train the trainer workshop for emergency medicine foundation program		Royal College of Emergency Medicine ,Uk	June 2019
3.	Train the trainer workshop for emergency medicine foundation program		Royal College of Emergency Medicine ,Uk	Jan 2020
4.	Training in Trauma One Day Symposium	Dr Salman	Department of surgery	26 Nov 2021
5.	Master class On Peadriatic trauma & Sepsis management	Dr Asim Ijaz	A collaboration b/w RMU & University Hospital of Morecambe Ba-UK	24 Nov 2021

PUBLICATIONS (INTERNATIONAL)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	2-year retrospective study of viral and host-associated risk factors in Pakistani hepatocellular carcinoma patients	Zain Ul Abideen Shafiq Siddique Izza Nasrullah Jahangir S Khan	EJGS	31(9)	2019
2.	Erbilirubinemia as an indicator of complicated appendicitis	Muzna Iftikhar, Usman Qureshi Jahangir Khan, Salman Shafique	IJSM	5(2)	2019

PUBLICATIONS (NATIONAL)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Comparative study of effectiveness of vitamin E and evening primrose oil for pain relief in moderate cyclical mastalgia.	Ramlah Ghazanfor, Usman Qureshi, Rafay Ghazanfer Adil Sara Malik, Maham Tariq, Jahangir Sarwar Khan	TPMJ	26 (8)	2019
2.	Comparative study of effectiveness of vitamin e and evening primrose oil for pain relief in moderate cyclical mastalgia	Dr Usman Qureshi	TPMJ	26(8)	2019
3.	Role of gum chewing after small gut anastomosis	Usman Qureshi, Muhammad Salman Shafique, Jahangir Sarwar Khan, Dr Sarosh Afzal Farooqi, Sara Malik	JRMC	23(3)	2019
4.	Efficacy of alovera cream for healing diabetic foot ulcers	Dr Usman Qureshi	JRMC	23(2)	2019
5.	Exploratory laparotomies in the emergency room: increasing burden and implications in pakistan	Dr Usman Qureshi	RMJ	45(4)	2020
6.	Comparison of insulin-soaked dressing with the conventional dressing in diabetic ulcers	Dr Usman Qureshi	TPMJ	28(6)	2021

DEPARTMENT OF SURGERY UNIT-II, HFH

Holy Family Hospital

CORRESPONDENCE

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RESEARCH PROPOSALS

3.	Post MRM complications	2022	Surgical Unit II	HFH, RWP
4.	Organisms in biliary tract	2022	Surgical Unit II	HFH, RWP
5.	Post hemicolectomy evaluation	2022	Surgical Unit II	HFH, RWP
6.	Acute pancreatitis Morbidity evaluation	2022	Surgical Unit II	HFH, RWP

RESEARCH COURSE / WORKSHOPS

Sr #	Title of Research Course/Workshops	Name of Presenter	Venue	Date
1.	Master class of laparoscopic Colorectal surgery		SU-II, HFH	
2.	Workshop on Research Methodology		SU-II, HFH	
3.	Orientation session on Medical Ethics		SU-II, HFH	
4.	Surgical Symposium conducted by SU-II		SU-II, HFH	

PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Ovary and fallopian tube as contents of indirect inguinal hernia: A case report	Maqbool, S, Huma, A, Anwar, M.I., Khan, M.A. and Lee, K. Y	IJSCR		2022

**DEPARTMENT OF UROLOGY, BBH
BENAZIR BHUTTO HOSPITAL****CORRESPONDENCE**

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PUBLICATIONS (International)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Reflective research of Single Stage Versus two Stage urethroplasty to better define best therapy of penile strictures; A comparative longitudinal Study	Ayaz Ahmad Khan, Naeem Ahmed Butt, Kamran Munir Bajwa, Ruqia Tahir, Muhammad Ameen, Saadat Hassan Shah Hashmi	Annals of R.S.C.B	26(1)	2022
2.	Observing the outcome of ureter stones expelled with medical Expulsive therapy; A perspective longitudinal Study	Saadat Hassan Shah Hashmi, Muhammad Ameen, Ruqia Tahir, Kamran Munir Bajwa, Naeem Ahmed Butt, Ayaz Ahmad Khan	International Journal of Current Research and Review	14(7)	2022

PUBLICATIONS (National)

Sr #	Title	Name of Authors	Name of Journal	Volume	Year
1.	Common uropathogens and their antimicrobial susceptibility patterns at a tertiary care hospital in Pakistan	Faraz Khan, Shahzad, Basharat Zaufishan Zahoor Khurram Mansoor	Basharat Khubaib Nida Khan, Kokab, Iqbal, Mirza	JRMC	24(4) 2020
2.	Stricture Urethra - Management and Outcome	Zein el Amir, Zeeshan Qadeer, Umer Javed Chughtai, Hammad Rauf, Ayesha Mushtaq and Rameez Ahmed Mughal	Med Forum	32(3)	2021
3.	Percutaneous Nephrolithotomy: A Comparison of Tubeless	Zein El Amir, Muhammad Ali Shahiman, Zeeshan	JRMC	25(1)	2021

	versus the Standard technique	Qadeer, Rameez Ahmed Mughal, Ashfaq Ali			
4.	Outcomes of Patients on Maintenance Hemodialysis Admitted to a Tertiary Care Hospital with COVID19	Mudassar Murtaza Cheema, Zein El Amir, Zeeshan Qadeer, Ahmed Trimzi	JRMC	25(1)	2021

Section C

Research Workshops conducted by Department of Medical
Education

Research Workshops conducted by Department of Medical Education
Rawalpindi Medical University

CORRESPONDENCE

Name	Dr. Irum Kalsoom
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2019

S.#	Workshop	Date	Conducted by	Venue	Target group
1.	Synopsis Writing	11&12-01-2019	DME Prof. Shagufta Saeed Sial	DME/NTB/RMU	New Induction PGT MS/MD Program
2.	Workshop on "Professionalism"	28-01-2019	Dr. Arsalan Manzoor Mughal	DME/NTB/RMU	New Induction PGT MS/MD Program
3.	Research Methodology	30&31-01-2019	DME Community Medicine Prof. Syed Arshad Sabir	DME/NTB/RMU	New Induction PGT MS/MD Program
4.	"Screening Workshop"	12-02-2019	With DME Collaboration	CPC Hall/NTB/RMU	Faculty & Student
5.	3-DAY National Consultation Meeting To Launch Mental Health Diploma For GPS and Family Physician	12-to-14-02-2019	DME/Psychiatry	DME/NTB/RMU	Faculty
6.	END NOTE	15-02-2019	Dr. Naeem Liaqat	DME/NTB/RMU	Faculty
7.	Synopsis Writing	19&20-02-2019	DME Prof. Shagufta Saeed Sial	DME/NTB/RMU	New Induction PGT MS/MD Program
8.	"Guest Lecture forum on Patient safety and Quality Why and How"	21-02-2019	Dr. Faisal Masud MD	CPC Hall/NTB/RMU	Faculty

9.	Workshop on Bone Marrow Morphology & Quality Assurance in Blood Coagulation	28-02-2019	Maj.Gen (Retd) Dr. Pervaiz Ahmed Prof. Atifa Shuaib & Prof. Samina Amanat, Dr. Nadeem Ikram	DME/NTB/RMU	Faculty
10	Rescue TrainingWorkshop for MAS (Medicos Aid Society) CR, GR of all Medical Classes, RMU	06-03-2019		DME/NTB/RMU	Students All Classes
11	Standard precautions of Infection Control & Bio-Safety in Laboratory Medicine	07-03-2019	Pathology Department	DME/NTB/RMU	Faculty
12	Small Group Discussion	08-03-2019	DME Department	DME/NTB/RMU	Faculty
13	Diagnosis of Endocrine Disorders in Collaboration with AFIP	09-03-2019	Pathology	DME/NTB/RMU	Faculty, Students & Nurses
14	Research Funding & Grant Proposal Writing	12-03-2019	Community Medicine	DME/NTB/RMU	Faculty, Students & Nurses
15	Health Research Focus on Clinical Trials	13-03-2019	Community Medicine	DME/NTB/RMU	Faculty, Students & Nurses
16	MCQ's Development	16-03-2019	ENT, DHQ Prof. Musharf Baig	DME/NTB/RMU	Faculty, Students & Nurses
17	Time Management	16-03-2019	Department of Medical Education Dr. Shazia Zeb &	DME/NTB/RMU	Faculty, Students & Nurses

			Dr. Rizwana Shahid		
18	Essential Skills for Coordinators in Integrated Modular Curriculum	18-03-2019	Anatomy Dr. Arslan Manzoor Muhgal Dr. Ifra Saeed	DME/NTB/RMU	Faculty, Students & Nurses
19	Interacting Large Group Teaching	19-03-2019	Bio Chemistry	DME/NTB/RMU	Faculty, Students & Nurses
20	Dengue Awareness program	02-04-2019	Dr. Mujeeb Khan	CPC Hall/NTB/RMU	Students & Staff
21	Research Methodology	02&03-05- 2019	Prof. Syed Arshad Sabir Community Medicine	DME/NTB/RMU	New Induction PGT MS/MD Program
22	SPSS	25.6.2019- 27.6.19	PASTIC	DME/RMU	Faculty

Section D

5th RMU International Scientific Conference 2021
Schedule of Pre-Conference Workshops / Symposia

S.#	Date	Time	Title	Venue	Facilitator	Director	Co-Director	Specialty
1	23-11-2021	09:00am to 12:00pm	Sepsis Management	MU-I HFH	Dr. Asim Ijaz Uk	Prof. Muhammad Khurram Dr. Saima Ambreen	Dr. Muhammad Arif Dr. Madiha	MU-I HFH MU-II HFH
2	23-11-2021	12:00pm to 2:00pm	Management Of unconscious Patient Emergency Medicine	MU-I HFH	Dr. Asim Ijaz Uk	Prof. Muhammad Khurram Dr. Saima Ambreen	Dr. Muhammad Arif Dr. Madiha	MU-I HFH MU-II HFH
3	24-11-2021	09::00am to 02:00pm	Master class on pediatric trauma and sepsis management	Conference Room SU-I HFH	Dr. Asim Ijaz	Prof. Jahangir Sarwar Khan Dr. Usman Qureshi	Dr. Gohar Rasheed Dr. Sehrish Siddique Dr. Aimen Malik	SU-I HFH
4	26-11-2021	09::00am to 02:00pm	Symposium Training in trauma	Conference Room SU-I HFH	Dr. Salman Khan	Prof. Jahangir Sarwar Khan Dr. Usman Qureshi	Dr. Gohar Rasheed Dr. Sehrish Siddique Dr. Aimen Malik	SU-I HFH
5	27-11-2021	08:00am to 02:00pm	Essential Leadership skills for faculty of medicine	Deans Meeting Hall Main Campus RMU,	Dr. Arsalan Manzoor Dr. Sidra Hamid	Prof. Rai Muhammad Asghar Prof. Shagufta Sial Prof. Tehzeeb ul Hassan	Dr. Arsalan Manzoor Dr. Sidra Hamid	Basic Sciences DME
6	01-12-2021	09:00am to 12:00pm	Learning the Basic of Pediatric	Pediatric BBH	Dr. Hina Hanif	Prof. Rai Muhammad Asghar	Dr. Mudassir Sharif	Pead's BBH

			Neuroradiology					
7	03-12-2021	8:00am to 2:00pm	Cardiac Life Support	Skill Lab NTB	Prof. Jawad Zaheer Dr. Arshad Shahani	Prof. Rai Muhammad Asghar Prof. Jahangir Sarwar Khan	Dr. Rizwana Shahid	Department Medical Education
8	04-12-2021	9:00am to 01:00 pm	Safe C-Section	Academic Corridor GU-I HFH	DR. Farhat Arshad Dr. Humaira Bilqis Dr Saima Khan	Prof Lubna Ejaz Khalon	Dr. Humaira Bilqis	GU-I HFH
9	4-12-2021	10:00am to 12:00pm	Knowledge & practice for foot-care in diabetics	Conference Room MU-DHQ	Dr. Zahid Miyan	Dr. Shahzad Manzoor	Dr. Lubna Meraj	MU-DHQ
10	04-12-2021	9:00am to 10:30 am	A Clinic Conundrum: How to Assess and diagnose complex ADHD	Conference Room IOP, BBH	Dr. Muhammad Zeeshan	Prof. Asad Tamiz ud Din	Dr. Qurrat ul Ain	Institute of psychiatry
11	04-12-2021	8:00am to 2:00pm	Cardiac Life Support	Skill Lab NTB	Prof. Shagufta Sial Dr. Rizwana Shahid Dr. Uzma Hayat	Prof. Rai Muhammad Asghar Prof. Jahangir Sarwar Khan	Dr. Rizwana Shahid	Department Medical Education
12	6-12-2021	8:00am to 2:00pm	How to take LGIS effective	Deans Meeting Hall Main Campus RMU,	Dr. Arsalan Manzoor Dr. Sidra Hamid	Prof. Rai Muhammad Asghar Prof. Tehzeeb ul Hassan Prof. Samia Sarwar	Dr. Arsalan Manzoor Dr. Sidra Hamid	Basic Sciences DME
13	6-12-2021	09:00am to 2:00pm	Approach to a patient with joint pain	MU-II HFH	Dr. Muhammad Salman Mushtaq	Dr. Muhammad Khurram	Dr. Najia Mehmood Dr. Nida Anjum	MU-II

14	07-12-2021	10:00am to 1:00pm	Pediatric Mechanical Ventilation	Conference Room pediatric Ward DHQ	Dr. Atta Ullah Dr. Nazia Bibi Dr. Aziz Batool	Prof. Rai Muhammad Asghar	Dr. Israr Liaquat Dr. Javeria zain	Pead's-DHQ
15	7-12-2021	8:00am to 2:00pm	Exploring the spoken and Unspoken "Communication"	Deans Meeting Hall Main Campus RMU,	Dr. Abdus Sammad Dr. Fauzia Sammad Dr. Sadia Ch	Prof. Rai Muhammad Asghar Prof. Shagufta Sial Dr. Tehmina Qamar Dr. Sadia Ch	Dr. Murraf Hussain Dr. Ifra Saeed Dr. Ayesha Yousaf Dr. Shumyla Hamid	ENT DHQ Hospital Basic Sciences DME
16	7-12-2021	8:00am to 2:00pm	Medical Writing	Pro-Vice Chancellor Office Main Campus	Prof. Shagufta Sial Dr. Rizwana Shahid Dr. Uzma Hayat	Prof. Rai Muhammad Asghar Prof. Jahangir Sarwar Khan	Dr. Rizwana Shahid	Department Medical Education
17	7-12-2021	9:00am to 12:00pm	Role of ultrasound in prenatal diagnosis	Academic corridor GU-I HFH	Dr. Iqbal Ahmed Malik	Prof. Lubna Ejaz	Dr. Sadia Waheed Dr. Farah Deebea	GU-I HFH
18	08-12-2021	08:00am to 02:30pm	Workshop on upper aerodigestive tract endoscopy in ENT	ENT-DHQ	Prof. Musharraf Baig	Dr. Sadia Ch	Dr. Asher Alamgir	ENT-DHQ
19	08-12-2021	9:00am to 11:30 am	Assessing a child with Autism: a hands-on skills training	Conference Room IOP, BBH	Dr. Alia Akhtar	Prof. Asad Tamiz ud Din	Dr. Zarmain Umar	Institute of psychiatry
20	8-12-2021	8:00am to 2:00pm	Medical Leaders or Master What do we need?	Deans Meeting Hall Main Campus RMU,	Dr. Abdus Sammad Dr. Fauzia Sammad Dr. Sadia Ch	Prof. Rai Muhammad Asghar Prof. Shagufta Sial Dr. Sadia Ch Dr. Sidra Hamid	Dr. Murraf Hussain Dr. Tehmina Qamar Dr. Shumyla Hamid	ENT DHQ Hospital Basic Sciences DME

21	8-12-2021	8:00am to 2:00pm	Medical Writing	Pro-Vice Chancellor Office Main Campus	Prof. Shagufta Sial Dr. Rizwana Shahid Dr. Uzma Hayat	Prof. Rai Muhammad Asghar Prof. Shagufta Sial Dr. Sadia Ch Dr. Sidra Hamid	Dr. Rizwana Shahid	Department Medical Education
22	09-12-2021	8:00am to 2:00pm	MCQ construction and Common pitfalls	Skill lab GU-BBH	Prof. Lubna Ejaz Khalon Prof. Shazia Syed Dr. Humeria Noreen Dr. Ismat Batool	Prof. Lubna Ejaz Khalon Prof. Shazia Syed	Dr. Humira Noreen Dr. Ismat Batool	GU-BBH
23	09-12-2021	9:00am to 12:00pm	Research Grant & Research Proposal Writing	Deans Hall Main Campus RMU	Dr. Saba Bashir	Prof. Wafa Umer	Dr. Kashif Rauf Makhdoom	Post Graduate Main Campus RMU
24	09-12-2021	9:00am to 12:00pm	Antibiotic in Covid-19	MU-I HFH	Dr. Hassan Butt	Prof. Muhammad Khurram	Dr. Saima Ambreen	MU-I HFH MU-II HFH
25	09-12-2021	8:00am to 2:00pm	Master Class Research and Pandemic	MU-I HFH	Dr. Hassan Butt	Prof. Muhammad Umar Prof. Muhammad Khurram	Dr. Saima Ambreen	MU-I HFH
26	10-12-2021	9:00 am to 12:00pm	Workshop on primary trauma care	Library Hall BBH	Prof. Azam Yusuf Prof Asif Zafar Malik	Prof. Naeem Zia	Dr. Anis Ahmed	SU-I BBH
27	11-12-2021	08:30am to 2:00pm	Professionalism in HCQM	Pro Vice Chancellor Office	Prof. Shahzad Ali khan Dr. Azeem Rao	Prof. Rai Muhammad Asghar	Dr. Rabia Khalid	QEC

28	11-12-2021	9:00 am to 12:00pm	Hands On Workshop on Coloscopy	Academic corridor GU-I HFH	Prof. Lubna Ejaz Prpf. Shagufta Sial Saeed Prof. Tahira Batool	Prof. Lubna Ejaz	Dr. Sadia Khan Dr. Humaira Bilqis	GU -I HFH
29	11-12-2021	09::00am to 02:00pm	Master Class non-technical skills for surgical excellence	Conference Room SU-I HFH	Col.Shahid Nafees	Prof.Jahangir Sarwar Khan	Dr. Usman Qureshi Dr. Gohar Rasheed	SU-I HFH
30	11-12-2021	9:00 am to 12:00pm	A master class on required role off first level contact health providers in timely identifyin g disease outbreaks: well predicted phenom en on	DME Hall NTB	Dr. Mumtaz Ali Khan	Prof. Syed Arshad Sabir Dr Sadia Khan	Dr. Nargis Zaidi	Community Medicine
31	11-12-2021	9:00 am to 12:00pm	Workshop on primary trauma care	Library Hall BBH	Prof. Azam Yusuf Prof Asif Zafar Malik	Prof. Naeem Zia	Dr. Anis Ahmed	SU-I BBH
32	11-12-2021	9:00 am to 12:00pm	Instrumental delivery: A dying art	Conference Room	Prof. Fehmida Shaheen	Prof. Nabeela Waheed	Dr. Khansa Iqbal Dr. Maliha Sadaf	GU-II, HFH
33	13-12-2021	9:00 am to 12:00pm	Basic Cardiac life Support	Conference room, Anesthesia HFH	Dr. Jawad Zaheer	Dr. Jawad Zaheer	Dr. Arshad Shani Dr. Usman Qureshi	Anesthesia HFH
34	13-12-2021	9:00 am to 12:00pm	Workshop p on prenatal Diagnosis and CVS	Academic Corridor GU -I HFH	Dr Saima khan	Prof. Lubna Ejaz	Dr. Sadia Khan Dr. Humaira Bilqis	GU -I HFH

							Dr. Saima Khan	
35	13-12-2021	9:00 am to 1:00pm	Achieving Standard Milestones in Revascularization Therapy of Acute Stroke IN Our Region	Conference Room	Dr Asim Javed	Prof. Fazal ur Rehman	Dr Abdus Salam Azad	MU-I BBH
36	13-12-2021	8:00am to 2:00pm	Professionalism	Deans Meeting Hall Main Campus RMU,	Dr. Madeeha Dr. Neelofar Shaheen Dr. Sadia Ch Dr. Sidra Hamid	Prof. Shagufta Sial Prof. Samia Sarwar Dr. Sadia Ch Dr. Sidra Hamid	Dr. Tehmina Qamar Dr. Ifra Saeed Dr. Ayesha Yousaf	ENT DHQ Hospital Basic Sciences DME
37	13-12-2021	08:00am to 02:00pm	ECG Basis for Anesthetist	Main OT DHQ	Dr. Hafsa Shahid Malik Dr. Ayesha Mansoor	Prof. Jawad Zaheer	Dr. Ayesha Mansoor	Anesthesia -DHQ
38	13-12-2021	08:30am to 02:00pm	Master class on management of thyroid diseases	SU-II HFH	Prof. Asif Zafar Malik	Brig. Muhammad Idrees Anwar	Dr. Qasim Ali Dr. Amna Dr. Asad	SU-II HFH
39	13-12-2021	09:00am to 12:00pm	Instrumental Delivery: A Dying Art	GU-II HFH Conference Room	Dr. Shama Bashir Dr. Amna Abbasi Dr. Saba Yousaf	Prof. Nabeela Waheed	Dr. Maliha Sadaf Dr. Khansa Iqbal	GU-II HFH
40	13-12-2021	09:00am to 2:00pm	Synopsis writing and Medical Ethics	Pro Vice Chancellor Office	prof. Shagufta Sial Saeed Dr. Naseer Ahmed Khan Dr. Rizwana Shahid	Prof. Shagufta Sial Saeed Prof. Ria Muhammad Asghar	Dr. sara Rafi Dr Uzma Hayat	Research & Development
41	14-12-2021	10:00am to 02:00pm	Infection prevention and control and safety	Conference room MU-DHQ	Dr. Naseem Akhter	Dr. Shahzad Manzoor	Dr. Lubna Meraj	MU-DHQ

			of health care Workers					
42	14-12-2021	8:00am to 2:00pm	Perineal Repair	Skill lab GU-BBH	Dr. Nighat Naheed Dr. Rehana kauser Dr. Asima Khan	Prof. Shazia Syed	Dr. Humira Noreen Dr. Ismat Batool	GU-BBH
43	14-12-2021	08:00am to 03:00pm	Workshop on Basic laparoscopy Skills	Academic Corridor GU -I HFH	Prof. Lubna Ejaz Dr. Farhat Arshad Dr. Sadia Khan	Prof. Lubna Ejaz Khalon	Dr. Sadia Khan Dr. Humaira Bilqis	GU -I HFH
44	14-12-2021	11:30am to 02:30pm	NIV for Medicine Resident	MU-II HFH	Dr. Robina Aman	Prof. Muhammad Khurram	Dr. Abrar Akbar	MU-II HFH
45	14-12-2021	08:00am to 02:00pm	Stentless Minimally invasive dacryocystorhinostomy	ENT&HNS -BBH	Prof. Muhammad Ajmal Dr Nayyar Ayub	Dr. Ahmed Hasan Ashfaq	Prof. Fuad khan Niazi	ENT-BBH
46	14-12-2021	8:00am to 2:00pm	Synopsis Writing	Pro-Vice Chancellor Office Main Campus	Prof. Shagufta Sial Dr. Rizwana Shahid Dr. Uzma Hayat	Prof. Rai Muhammad Asghar Prof. Jahangir Sarwar Khan	Dr. Uzma Hayat	Department Medical Education
47	14-12-2021	08:30am to 01:00pm	Hand on workshop on Bone Marrow Morphology	Pathology Lab no 1 NTB, RMU	Prof. Dr Nadeem Ikram Prof. Dr Samina Amanat	Prof. Dr Wafa Omer	Dr. Raana Zeeshan	Pathology (Hematology), BBH
48	14-12-2021	9:00am to 2:00pm	Leadership, Emotional intelligence & Professionalism	SU-II HFH	Prof. Muhammad Idrees Anwar	Dr. Qasim Ali	Dr. Amna Dr. Asad	SU-II HFH
49	14-12-2021	09:00am to 02:00pm	Mini PCNL	Urology OT BBH	Dr. Muhammad Nawaz	Prof. Zein ul Amir	Dr. Zeeshan Qadeer	Urology BBH

50	14-12-2021	8:00am to 02:30pm	Workshop on Tendon Repair and Hands on Training	Rawalian Burn and Reconstructive surgery department, HFH	Dr Husnain Khan Dr. Zubair Dr. Bilal Ahmed Dr. Rehman Rasool Dr. Imtiaz Ahmed Dr. Tayyab	Dr Husnain Khan Dr. Imtiaz Ahmed Dr. Jameel	Dr. Bilal Ahmed	Reconstructive surgery & Orthopedic department, HFH
51	14-12-2021	09:00am to 2:00pm	Synopsis writing and Medical Ethics	Pro Vice Chancellor Office	prof. Shagufta Sial Saeed Dr. Naseer Ahmed Khan Dr. Rizwana Shahid	Prof. Shagufta Sial Saeed Prof. Ria Muhammad Asghar	Dr. sara Rafi Dr Uzma Hayat	Research & Development
52	15-12-2021	09:00am to 12:00pm	Optimizing Insulin Therapy Workshop	Conference Room SU-I HFH	Dr. Muhammad Mujeeb Khan Dr. Usman Qureshi	Dr. Muhammad Mujeeb Khan	Dr. Safiullah	DID
53	15-12-2021	09:00am to 12:00pm	Workshop On Basic Cardiac Life Support	ENT ward	Dr. Jawad Faisal Dr Syed Fahad Shah	Prof. Nosheen Qureshi	Dr. Haitham Akash	ENT HFH
54	15-12-2021	09:30am to 12:00pm	Hospital Management during Crises. An anticipated issue, challenge and need for preparation	DME Hall NTB	Prof. Shahzad Ali Khan	Prof. Syed Arshad Sabir Dr. Shazia Zeb	Dr. Mahjbeen Qureshi	Community Medicine
55	15-12-2021	8:30am to 3:30pm	Live Dsaek/Dmek Surgical Session	Eye-HFH	Dr. Zaman Shah Col.Dr. Teyyeb Azeem Janjua	Prof. Fuad AK Niazi	Dr. Ambreen Gull Dr. Saira Bano Satti	Eye-HFH
56	15-12-2021	8:00am to 2:00pm	Workshop on basic laparoscopic Skills	SU-II BBH	Prof. Muhammad Hanif Brig.Dr. Syed Mukarram Hussain	Prof. Dr Naveed Malik	Dr. Ruqia Mushtaq Dr Muhammad Hamza	SU-II BBH

57	15-12-2021	8:00am to 2:00pm	Use of technology in teaching and learning in today's digital age	Deans Meeting Hall Main Campus RMU,	Dr. Naushaba Sadiq Dr. Syeda Hanna Fatima Dr. Sadia Ch Dr. Sidra Hamid	Prof. Shagufta Sial Prof. Samia Sarwar Dr. Sadia Ch Dr. Sidra Hamid	Dr. Tehmina Qamar Dr. Ifra Saeed Dr. Ayesha Yousaf	ENT DHQ Hospital Basic Sciences DME
58	15-12-2021	09:00am to 02:00pm	Hypospadias	Urology OT BBH	Dr. Mudassir Gondal	Prof. Zein ul Amir	Dr. Zeeshan Qadeer	Urology BBH
59	15-12-2021		Hands on workshop on total knee arthroplasty	Conference Room Ward 14	Maj.Gen. Suhail Amin	Prof. Nayyar Qayyum	Dr. Muhammad Zubair Javed	Ortho BBH
60	15-12-2021	8:30am to 2:00pm	Workshop on Management of Inguinal Hernias	SU-II HFH	Dr. Qasim Ali Dr. Atif	Prof. Muhammad Idrees Anwar	Dr. Amna Dr. Asad	SU-II HFH
61	15-12-2021	08:00am to 2:00	Synopsis Writing	Pro-Vice Chancellor Office Main Campus	Prof. Shagufta Sial Dr. Rizwana Shahid Dr. Uzma Hayat	Prof. Rai Muhammad Asghar Prof. Jahangir Sarwar Khan	Dr. Uzma Hayat	Department Medical Education
62	15-12-2021	08:00am to 2:00	Rationale prescription Writing & Pharmacovigilance	DME Conference Hall NTB	Dr Nailla Ibrar Dr Attiya Munir Dr Zunera Hakim Dr Omaima Asif Dr Uzma Umar	Dr Akram Randhawa Dr Asma Khan	Dr Usman Qureshi	Pharmacology Department
63	15-12-2021	09:00am to 12:00pm	Workshop on High Resolution Manometry	Center for Liver & Digestive Diseases HFH	Dr. Tayyab Saeed Akhter	Prof. Muhammad Umar Prof. Hamamataul Bushra Khaar	Dr. Tanveer Hussain	Gastro
64	15-12-2021	8:00am to 2:00pm	Medical Writing+	Pro Vice Chancellor Office	Prof. Shagufta Sial	Prof. Muhammad Umar	Dr. Uzma Hayyat	Research &

			journal Selection		Dr. Yasir Waheed		Dr Sara Rafi	Developm ent
65	16-12-2021	09:00am to 2:00pm	Master Class Management of Head Injury	Neurosurge ry HFH	Dr. Ashraf Mahmood	Dr. Usman Qureshi	Dr. Shafiq Umar Dr. Ali Tassadaq	Neurosurg ery HFH
66	16-12-2021	8:00am to 2:00pm	How to make Effective Power Point Presentation	Skill lab GU-BBH	Prof. Shazia Syed Dr. Humira Noreen Dr. Ismat Batool	Prof. Shazia Syed	Dr. Humira Noreen Dr. Ismat Batool	GU-BBH
67	16-12-2021	09:30am to 2:00pm	Workshop On Dialysis	Nephrology HFH	Dr. Naureen Ch Dr. Raja Asif Masood	Dr. Naureen Ch	Dr. Mudassar Murtaza Dr Saima	Nephrolog y HFH
68	16-12-2021	08:00am to 3:00	Hands on Workshop Operative Laparoscopy Skills	Academic Corridor GU-I HFH	Prof. Lubna Ejaz Dr. Farhat Arshad Dr. Sadia Khan Dr Humaira Bilqis	Porf. Lubna Ejaz	Dr. Sadia Khan Dr Humaira Bilqis	GU-I HFH
69	16-12-2021	08:00am to 2:00	ELECTROCARDIOGRAPHY Workshop	Library BBH	Brig. Azmat Hayyat Dr. Qurban Hussain Khan Dr. Muhammad Talha bin Nazir Prof. Muhammad Asad Saleem	Prof. Imran Saeed	Dr. Muhammad Asad	Cardiology BBH
70	16-12-2021	09:00am to 12:00pm	Gateway to Dermatology	Conference room Derma BBH	Dr. Neelam Ayub	Dr. Abdul Qadoos Butt	Dr. Shawana Sharif	Dermatolo gy
71	16-12-2021	09:30am to 12:00pm	Consort, Strobe & Prisma Guidelines for Reporting Health Research	DME Hall NTB	Dr. Khola Noreen	Prof. Syed Arshad Sabir	Dr. Imrana Saeed	Communit y Medicine

72	16-12-2021	8:30am to 3:30pm	Live Dsaek/Dmek Surgical Session	Eye-HFH	Dr. Zaman Shah Col.Dr. Teyyeb Azeem Janjua	Prof. Fuad AK Niazi	Dr. Ambreen Gull Dr. Saira Bano Satti	Eye-HFH
73	16-12-2021	9:00 am to 12:00pm	Postpartum Hemorrhage, A life Threatening Emergency	Conference Room	Dr Alia Malik Dr. Nadia Sadiq	Prof. Nabeela Waheed Assoc. Prof. Dr. Attiya Begum	Dr. Maliha Sadaf Dr. Khansa Iqbal	GU-II, HFH
74	16-12-2021	08:00am to 02:00pm	Clinical Audit	Gynae/Obs DHQ	Prof.Ambreen Malik	Prof.Tallat Farkhanda	Dr. Rubaba Abid Dr. Sobia Nawaz	GU-DHQ
75	16-12-2021	09:00am to 02:00pm	Nephrectomy	Urology OT BBH	Dr. Muhammad Hanif	Prof.Zein ul Amir	Dr. Zeeshan Qadeer	Urology BBH
76	16-12-2021	08:00am to 2:00	Innovative Teaching Methods	Lecture hall 2	Dr Muhammad Ali Dr Omaima Asif Dr Attiya Munir Dr Zunera Hakim	Dr Rai Asghar Dr Akram Randhawa	Dr Asma Khan	Pharmacology Department
77	16-12-2021		Hands on Workshop on Basic Knee Arthroscopy	Conference hall ortho BBH	Prof. Nayyar Qayyum Dr. Shamas Tabraiz	Prof. Nayyar Qayyum	Dr. Muhammad Zubair Javed	Ortho BBH
78	16-12-2021	8:00am to 2:00pm	Clinical Management of a Typical Genital Difficulties and Challenges	New lecture complex Lecture Hall No 02	Dr. Gul Been Shahid Dr. Mudassir Gondal Dr. Rehmana Waris Dr. Aqeela Ayub	Prof. Rai Muhammad Asghar Dr. Hina Sattar	Dr. Sidra Hamid	DME Pediatric Surgery
79	16-12-2021	8:30am to 01:00pm	Symposium on Problem-Based	DME Conference Room, NTB, RMU	Prof. Dr Lubna Zafar Prof. Dr Tahira Zafar	Prof. Dr Wafa Omer	Dr Raana Zeeshan	Pathology (Hematology), BBH

			Learning in Bleeding Disorders					
80	16-12-2021	9:00am to 01:00pm	Symposia on Diabetes	Conference room MU-II	Dr. Rizwan Muhammad Dr. Imran Arshad	Dr. Muhammad Ali Khalid	Dr. Arshad Rabbani	MU-II
81	16-12-2021	8:00am to 2:00pm	Medical Writing+ journal Selection	Pro Vice Chancellor Office	Prof. Shagufta Sial Dr. Yasir Waheed	Prof. Muhammad Umar	Dr. Uzma Hayyat Dr Sara Rafi	Research & Development
82	17-12-2021	09:00am to 12:00pm	Ambulatory Teaching Workshop	Conference room MU-DHQ	Dr. Mehwish Jameel Dr. Lubna Meraj	Dr. Shahzad Manzoor	Dr. Lubna Meraj	MU-DHQ
83	17-12-2021	09:00am to 11:00am	Infection Control in Endoscopy	Gastro HFH	Dr. Aqsa Naseer Sr. Misbah Noureen	Prof. Bushra Khaar Dr. Shazia Zeb	Dr. Tanveer Hussain	Gastro HFH
84	17-12-2021	09:00am to 2:00pm	Ultrasound Guided Renal Biopsy	Nephrology HFH	Dr. Naureen Ch Dr. Raja Asif Masood	Dr. Naureen Ch	Dr. Mudassar Murtaza Dr Saima	Nephrology HFH
85	17-12-2021	09:00am to 12:00pm	Workshop on Basic Management of Subfertility	Academic Corridor GU-I HFH	Dr. Farhat Arshad Dr. Sadia Khan	Porf. Lubna Ejaz	Dr. Sadia Khan	GU-I HFH
86	17-12-2021	08:00am to 02:00pm	Workshop on Microbiology, AMR & Biosafety	Patho HFH	Dr. Afreenish Amir Dr. Waseem Sajjad Dr. Faisal Hanif Dr. Uzma Amir Dr. Rabia Mumtaz	Prof. Mobeena Dhody	Dr. Kiran Ahmad Dr. Amber Habib	Patho HFH
87	17-12-2021	09:30am to 12:00pm	Uncontrolled Environmental Degradation & visible Threat to	DME Hall NTB	Dr. Sohail Ahmed	Prof. Syed Arshad Sabir Dr. Sana Bilal	Dr. Farhan Hassan	Community Medicine

			Life on Our Planet					
88	17-12-2021	08:00am to 02:00pm	Advanced Laparoscopic Upper Gastrointestinal Surgery & Bariartic Surgery Workshop	SU-II BBH	Prof. Muhammad Hanif Prof Azam Yusuf	Prof Naveed Malik	Dr. Rabia Arshad Dr. Fakkhar Munir	SU-II BBH
89	17-12-2021	09:00am to 02:00pm	Uro-Oncology	Urology OT BBH	Dr. Kashif Nawaz	Prof.Zein ul Amir	Dr. Zeeshan Qadeer	Urology BBH
90	17-12-2021	08:00am to 02:00pm	Hands on snatal Resuscitation	Gynae/Obs DHQ	Dr. Hina Sattar Dr. Israr Liaqat Dr. Javeria Zain	Prof.Tallat Farkhanda	Dr. Rubaba Abid Dr. Sobia Nawaz	GU-DHQ
91	17-12-2021	09:00am to 12:00pm	Infection Prevention & Control and Hand Hygiene	Sughra Diabetic Center BBH	Dr. Muhammad Mujeeb Khan Dr. Muhammad Ali Khalid	Dr. Muhammad Mujeeb Khan	Dr. Safiullah	DID
92	17-12-2021	09:00am to 2:00pm	SPSS	Deans Hall Main Campus	Dr. Saba Mr. Amir	Prof. Muhammad Umar Prof. Shagufta Sial Saeed	Dr. Uzma Hayat	Research & Development
93	17-12-2021	08:30am to 2:00pm	Airway Management	Simulation Lab RMU	Brig. Muhammad Saleem	Dr. Abeera Zareen	Prof. Jawad Zaheer	Anesthesia and Pain Management BBH
94	18-12-2021	10:00am to 02:00pm	Awareness of organ donation and ethical Issues	Conference room MU-DHQ	Prof. K.H. Mujtaba Qadri Dr. Syed Mudassir Laeeq Dr. Omer Rahman	Dr. Shahzad Manzoor	Dr. Lubna Meraj	MU-DHQ
95	18-12-2021	11:00am to 02:00pm	Master Class some antibiotic Stewardship is	MU-I HFH	Dr Faisal Hanif	Dr. Saima Ambreen Dr. Usman Qureshi	Dr. Umar Draz Dr. Madiha	MU-I HFH

			Better than none					
96	18-12-2021	10:00am to 1:00pm	Neonatal resuscitation Program (NRP) workshop	Conference room Pead's HFH	Prof. Rubina Zulfiqar Dr. Nauman Naseer	Prof. Zulfiqar Ali	Dr. Tariq Saeed	Pead's HFH
97	18-12-2021	08:00am to 2:00pm	Review Literature Zotero	Pro Vice Chancellor Office	Col. Nosheen Bakht	Prof. Shagufta Sial	Dr. Uzma Hayyat Dr. Safina	Research & Development
98	18-12-2021	09:00am to 2:00pm	Perma Catheter Insertion	Nephrology HFH	Dr. Naureen Ch Dr. Raja Asif Masood	Dr. Naureen Ch	Dr. Mudassar Murtaza Dr Saima	Nephrology HFH
99	18-12-2021	09:00am to 1:00pm	Workshop on Developing Portfolio Reflective Writing Skills and Personal Learning Plan	Academic Corridor GU-I HFH	Prof. Lubna Ejaz Dr. Arsalan Manzoor Dr Sadia Waheed Dr. Farah Deebea	Porf. Lubna Ejaz	Dr Sadia Waheed Dr. Farah Deebea	GU-I HFH
100	18-12-2021	09:00am to 12:00pm	Mastering the Art of time Management in Distracted World	MU-I HFH	Dr. Sehar Khaliq	Dr. Saima Ambreen	Dr. Muhammad Arif Dr. Madiha	MU-I HFH MU-II HFH
101	18-12-2021	08:30am to 03:30pm	Phacoemulsification Wet Lab	Eye-OT-BBH	Col.Dr. Shahzad Saeed	Prof. Fuad Ak Niazi	Dr. Bilal Humayun Dr. Muhammad Rizwan Khan	Eye-BBH
102	18-12-2021	09:00am to 12:30pm	Master Class on MRCP	Conference Room Radiology HFH	Dr. Maria Khaliq Dr. Misbah Durrani Dr Hina hanif Dr. Balqees Yawar	Dr. Nasir Khan	Dr Maria Khaliq	Radiology HFH

103	18-12-2021	9:00am to 11:30 am	Impact of cultural differences on presentation of Personality disorder	Conference Room IOP, BBH	Dr. Shahid Latif	Prof. Asad Tamiz ud Din	Dr. Sadia Yasir	Institute of psychiatry
104	18-12-2021	09:00am to 02:00pm	Perma Cath.	Urology OT BBH	Dr. Mudassir Cheema	Prof. Zein ul Amir	Dr. Zeeshan Qadeer	Urology BBH
105	18-12-2021	8:00am to 04:00pm	Hands on acetabulum and Pelvic Workshop	Ward 14 BBH	Maj. Gen. Prof. Suhail Amin Prof. Muhammad Hanif Mian Prof. Muhammad Ayaz Khan	Prof. Nayyar Qayyum	Dr. Obaidur Rehman	Orthopedics Department DHQ Hospital Rawalpindi
106	18-12-2021	08:00am to 02:00pm	Hands on Workshop Contraception	Gynae/Obs DHQ	Dr. Sobia Nawaz	Prof. Tallat Farkhanda	Dr. Rubaba Abid Dr. Sobia Nawaz	GU-DHQ
107	18-12-2021	09:00am to 12:00pm	Workshop on Hands on Colonoscopy	Center for Liver & Digestive Diseases HFH	Brig. Amjad Salamat	Prof. Muhammad Umar Prof. Hammatul Bushra Khaar	Dr. Tanveer Hussain	Gastro
108	18-12-2021	09:00am to 12:00pm	Labour Care Guide, New Generation Program of WHO	GU-II HFH Conference Room	Dr. Humaira Bilqis Dr. Khansa Iqbal Dr. Maliha Sadaf	Prof. Nabeela Waheed	Prof. Lubna Ejaz	GU-II HFH
109	18-12-2021	08:00am to 01:00pm	Workshop on Microbiology, AMR & Biosafety	Patho HFH	Dr. Afreenish Amir Dr. Waseem Sajjad Dr. Faisal Hanif Dr. Uzma Amir Dr. Rabia Mumtaz	Prof. Ambreen Dhody	Dr. Kiran Ahmad Dr. Amber Habib	Patho HFH

110	19-12-2021	09::00am to 02:00pm	Hands on Workshop on Basic Vascular Anastomotic Techniques	Conference Room SU-I HFH	Col. Samael	Prof.Jahangir Sarwar Khan	Dr. Usman Qureshi Dr. Gohar Rasheed	SU-I HFH
111	20-12-2021	08:00am to 02:00pm	Design Thinking for Innovation	Pro Vice Chancellor Office	Mr. Muhammad Adnan Azam	Dr. Masood Javed	Dr. Uzma Hayat	Research & Development
112	20-12-2021	08:30am to 03:30pm	Hands On Workshop on Micropulse Cyclodiol Laser in Glaucoma	EYE-OT HFH	Col.Dr. Ahsan Mukhtar Dr. Mahmood Ali	Prof. Fuad AK Niazi	Dr. Sidra Jabeen Dr Sidra Naseem	EYE-HFH
113	20-12-2021	09:00am to 02:00pm	Uro-Oncology	RMU Main Campus	Dr. Farrukh Muhammad	Prof.Zein ul Amir	Dr. Zeeshan Qadeer	Urology BBH
114	20-12-2021	09:00am to 02:00pm	Symposium Covid in Pregnancy	Gynae/Obs DHQ	Dr. Lubna Mehraj	Prof.Tallat Farkhanda	Dr. Rubaba Abid Dr. Sobia Nawaz	GU-DHQ
115	21-12-2021	10:00am to 01:00	Symposium Research & Update in Neurosurgery	Syndicate Hall Old Campus RMU	Prof. Arif Malik Prof. Sajjad Nazir Bhatti Prof. Muhammad Nadeem Dr. Soban Sarwar Gondal	Prof. Muhammad Akhtar	Dr. Yasir Shahzad	Neurosurgery
116	21-12-2021	09:00am to 02:00pm	Neonate as a Surgical Patient	RMU Main Campus	Dr. Mudassir Gondal	Dr. Mudassir Gondal	Dr. Laraib	Pediatric Surgery

ABBREVIATIONS

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JDUHS	Journal of the Dow University of Health Sciences
PJMR	Pakistan Journal of Medical Research
JSOGP	Journal of the Society of Obstetrics and Gynaecologists of Pakistan
CPSP	College of Physicians and Surgeons Pakistan
DME	Department of Medical Education
PJOG	Philippine Journal of Obstetrics and Gynecology.
SOGP	Society of Obstetricians & Gynecologists of Pakistan
JCPSP	Journal of College of Physicians and Surgeons Pakistan
JIIMC	Journal of Islamic International Medical College
JKAU	journal of king abdulaziz university
RMJ	Rawal Medical Journal
PJMR	Pakistan Journal of Medical Research
APSP	Association of Pediatric Surgeons of Pakistan
PJMHS	Pakistan Journal of Medical and Health Sciences
JAMC	Journal of Ayub Medical College
JPMA	Journal of Pakistan Medical Association
PJNS	Pakistan Journal of Neurological Sciences
TPMJ	The Professional Medical Journal
PAFMJ	Pakistan Armed Forces Medical Journal
JRMC/JRMU	Journal Of Rawalpindi Medical College/University
PJP	Pakistan Journal of Pharmacology
IJP	International Journal of Pathology
JDDS	Journal Of Dermatology And Dermatologic Surgery
IAJPS	Indo American Journal of Pharmaceutical Sciences
IJBCP	International Journal Of Basic And Clinical Pharmacology
JPAM	Journal Of Pure and Applied Microbiology
PBJ	Pakistan Biomedical Journal
ACAM	Annals Of Clinical and Analytical Medicine
RJRMJ	Resident Journal of Rawalpindi Medical College
JSOGP	Journal Of the Society of Obstetricians and Gynecologists Of Pakistan
RRHOAJ	Research And Reviews on Health Care, Open Access Journal
JMCRR	Journal Of Medical Case Report and Reviews
JCAD	Journal Of Clinical and Aesthetic Dermatology
IJMDC	International Journal Of Medicine In Developing Countries